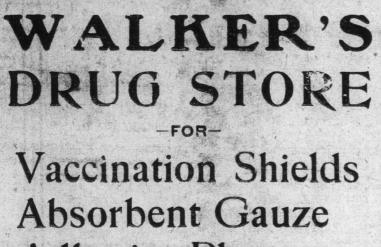


ti Get a small trial bottle Irom cr chops-the kind, you know, that your drugggist; pour a little in your make your guests praise your hoshand and rub it gently on the sore, pitality, your cooking, your entertain- aching nerves ,anc before you realize ages-no tonic is more certain. Sold ment. Why not this kind of meat in-stead of the doubtful cuts and in-neuralgia disappear. It's almost mag-by mail from The Catarrhozone Co., ferior meats ? We want you to know ical but the joy is, that the misery Kingston, Ont. our meats. A sirloin or porterhouse doesn't come back. The nerves are

steak, a roast, chops from the loin, soothed and congeston is relieved and etc., will enable you to judge quality. talgia and pain of all kinds, either in **H. SHELLY** C. the face, head, lmbs or any part of

MEATS AND PROVISIONS Ja ob's Liniment" is perfectly harm-LAKE ST. AND CHAPLIN AVE. less and doesn't burn or discolor the Phone 1853 skin. In use for half a century.



Adhesive Plaster



THE CANADIAN BANK **OF LOMMERCE**

Announce that a branch of their bank has been opened at Nlagara-ou-the-Lake, Onto This bank has now 433 branch ... a Canada and fore su countries, and is in a position to mier the public usescelled service.

St. Catharines Branch-R. G. W. Conolly, Manager Thorold Branch-S. H. Falkner, Manager Niagara-on the-Lake Branch-F. W. Wilson. Manager

life of spirit and robust health For growing girls, women of all

dge your neuralgia is overcome. Stop suffering! It's needless_neu-

the body, is instantly banished. "St. Mysteries and Marvels in Its Production and Life.

> How Milk Is Secreted—Thunder Does Not Sour Milk, But Bacteria Does the Business-Agalactia, or Absence of Milk, Occurs More Frequently With Cows Than In the Females of Other Live Stock.

Contributed by Ontario Department of Agriculture, Toronto.) CONDITION known as "aga-

lactia." or absence of milk in the mammae at the time of parturition, probably ocmore frequently in cows than in females of other classes of stock. It may occur in a female in any conition as regards general health, genral care and surroundings. The conditions to which it is due, are not well understood. It occurs even though pregnancy has been apparently normal and has

reached full term. It is probably frequently seen in females which have not bred for a long time, or in those which have produced their first young, though themselves aged. While it may occur in an animal under any conditions, there are onditions that appear to predispose an animal to the trouble. In such cases there appears to be a want of development in the lacteal apparatus, which may have been caused by previous or present chronic disease of the udder, a chronic lessening in bulk, called "atrophy" of the udder, exhaustion following disease, sever labor, insufficient food, either during or immediately after pregnancy, natural debility, emaciation, etc. The mammae is usually small and soft, and attempts to milk produce only a few drops of a yellowish fluid, in some cases followed by a few drops of a whitish, watery fluid. Treatment is frequently unsuccessful. It con-sists in feeding liberally on easily digested milk-producing food, mas-saging the udder frequently and stripping the teats three or four times daily. Great attention should be paid to the digestive organs in order to keep them as normal as pos-sible, and the patient should be kept so that she will take considerable exercise. The writer's experience has been that the administration of drugs is non-effective. In many cases the gland becomes perfectly inactive, and remains so

Incommence of the second part of the second provide seconds.

begin bearing at about seven or True. Second prize Mr. E. J. Jupe. Third prize Mr. C. Garland and Mr. Jas. Shearer winning the booby prize After the games were all finished an' improvised dance was started and the of age.

evening ended up in good style with everybody having had 'a good time looking forward to another visit.



There is no better New Year's esolution you could make than to pledge that you will grant your teeth the Dental attention they require.

Sound, healthy teeth are a physical and mental confort and you cannot afford to go through another year without them. We pledge to you Dentistry of

the finest and most skilled character, gently performed and at costs of extreme modesty.

Our organization of trained Specialists will serve you court eously and with infinite care ever mindtul of your comfort

and welfare. In all, we will continue the practices that have won for these Dental offices the enviable reputation of honesty and reliability.

DR. ARTHUR B. COBB Dentistry Offices: Corner of Main and Eagle Streets Buffalo, N.Y. known as "White (Formerly Offices", Dr. Cobb. Dental

Proprietor). until after the next parturition, when, in most cases, it becomes nor-Open until eight. No Sunday work mal .- J. H. R., O. A. College, Guelph,

eight years, but Blenheim and Spy are notorious exceptions to this, and fre quently do not produce fruit until they reach fifteen to eighteen years The varieties which are least sublect to apple scab are Duchess, Ribston, Blenheim, Hibernal, Baldwin and Russet .- Prof. J. W. Crow, O. A. College, Guelph. Keep Potato Rot From Spreading. When harvesting potatoes, more specially in damp seasons, it is es sential to pick them over and discard any specimens that are diseased, par ticularly those that show any indica-tion of rot. If this is not done, the

disease is liable to spread through the whole mass during storage. If wilt or dry rot (Fusarium) or black leg and wet rot (B. solanisaprus) or late blight (Phytophthora infestans) has been noticed in the growing crop. it may be taken for granted that a percentage of the tubers will be infected. These diseases may be found in all stages of development in the tubers produced by an affected plant These are the diseases most hable to spread to a greater or less extent through a pile or bag of stored tubers If any of them are affected at the time they are stored away. Conse quently, the greatest care should be taken when harvesting a crop that has shown diseases when growing in the field

These diseases show themselves on the tubers, either as a dry moldy rot or a wet slimy rot, or as brown or blackish discolorations. On some tubers the diseased condition may be fairly well advanced and conse quently easily noticed. On other tubers the disease may be of recent development and not easily seen.

Where practicable it is desirable to pick out all tubers in which the disease is readily seen and then to wash the remainder either in a tub of water or by turning a hose on to them. This washing not only removes any soil that may be sticking on, but it intensifies the discolora-tions produced by the disease, and so makes it a comparatively easy mat-ter to pick out those tubers which are only lightly affected. After washing, the undesirable specimens should be removed and the remainder thrown out in a thin layer to dry before being stored away.-Prof. D. H. Jones, Ontario Agricultural College, Guelph.

Fertile Soils for Alfalfa.

Alfalfa will not thrive on pool and, or that which is deficient in lime. Even soils that are moderately fertile and produce good average grain crops will not produce profit-able crops of alfalfa unless first limed and then planted in sweet clover, which should be turned under while it is green and juicy in the fall or late summer.

Instal farm motors for pumping water, pulping turnips, cutting straw, tc. Ottawa Winter Fair opened with the finest displays of horses, hogs and sheep in its eighteen years' his-

SAVE AND PROSPER

The companions of Victory are Work and Thrift. If the people of Canada practise these essentials, our great problems of reconstruction can be settled to the mutual benefit of all.

Don't waste! Save and prosper. 78A

THE CANADIAN BANK OF COMMERCE PAID-UP CAPITAL \$15,000,000 \$15,000,000 RESERVE FUND ST. CATHARINES BRANCH, R. G. W. Conolly, Manager.



the bottle. Look for the name "California"

and accept no other "Fig Syrup."-Beware

either did any of h aid, however, he had hea lain because the money dn't Captain Gander te ore to ask if an order f be accepted as the m kins said he didn't know, knew of either Colonel I employees soliciting ord ked by Colonel Burleigh not persistently refused ay roll, Adkins said he l didn't know if Colonel 1 ordered the decactions He admitted they mig to any shoe store in to a question if they co Captain Rothwell

ptain J. E. P. Rothweii, e protective force at and is now on the ret called. He was appoin t on August 1, 1915. I e Falls till October whe to St. Catharines. Ma ell commanded the pos a Falls. He couldn't s men got field allywan not heard of any stoppa . There were stoppage at he did not know of this money. ng to St. Catharines er the duties of Ca as paymaster. Capta ving joined the 81st verseas. No audited urned over to him. used, no books. as a large amount over to you?" aske hank. don't know what th

new of no regiments eceived no special i ing field allowance. made with reference nce and he heard one id full pay this month med apparent the m receiving their field arly at least. He the men before ea He had had some "dead men" being p id you muster the ho President. no, but I saw hors far as he knew h oyed, but he knew of Falls. An auto was He had used his ou lot even get gasoline simply carried on the