

GROWING GIRLS

Should be Bright, Cheerful, Active and Strong.

A Great Responsibility Rests Upon Mothers at This Period as it Involves Their Daughter's Future Happiness or Misery—So as Useful Hints.

Rose cheeks, bright eyes, an elastic step and good appetite are the birthright of every girl. These are the conditions that bespeak perfect health. But unfortunately this is not the condition of thousands of growing girls.

MARRIAGE AND SUICIDE.

Statistics showing the relation of marriage to suicides:

Table with columns: ITALY, FRANCE, ENGLAND, AUSTRIA, UNITED STATES. Rows: Married, Widowed, Divorced, Single.

Prof. Goldwin Smith's "Theories on Suicide," which were recently published in the Herald, have aroused the interesting question as to the effect of higher civilization on suicide.

Prof. Dana also looked on marriage as a safeguard against suicide, and said that statistics prove the proportion of suicides to be less among married than among single persons.

both sexes the proportion of widowed is large. The German records are the only ones including divorced persons, as follows—

Table with columns: Married, Widowed, Divorced. Rows: Men, Women.

From 1868 to 1876 suicide increased in all countries for which records were kept, and the figures for subsequent years show little improvement.

France, with a population of 38,000,000, in 1868 had 5,347 suicides; England, a population of 21,000,000, had 1,508, and Austria, with a population of 20,000,000, had 1,986 suicides.

France, with a population of 36,000,000 in 1878, had 5,804 suicides; England and Wales, with a population of 24,000,000, had 1,770, and Austria, with a population of 21,000,000, had 2,438.

France, with a population of 37,000,000, in 1882 had 7,213 suicides; England and Wales, with a population of 25,000,000, had 1,965, and Austria, with a population of 22,000,000, had 3,530.

The number of suicides in the United States in 1880 was, according to the census, 321 (each 100,000). In 1890 it was 449 (each 100,000) deaths.

The number of suicides in twenty American cities in 1897 was 2,014. The same cities in 1898 had 1,999 suicides, an increase of 15, or 75 of one per cent.—New York Herald.

Deafness Cannot be Cured by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional means.

Imitations of Dodd's Kidney Pills are legion.

The outside coating and shape of the pills are imitated and the name—Dodd's Kidney Pills is imitated. Imitations are dangerous. The original is safe.

D-O-D-D'S KIDNEY PILLS

Sapphires of Many Hues. It is used to be supposed that a perfect sapphire must be of a dark, rich blue tint.

Complimentary to English Women. The gallant old Emperor of Austria remarked once to the Duke of Cambridge: "Whenever I see an English woman, I think, 'What a pity it is a man cannot have more than one wife.'"

Do Not Forget It. It is a fact that Nervine cannot be surpassed by any combination for the relief of pain.

Papa was Wearing the Laundry. The little girl was inclined to answer the servant about as soon as it sounded, and sometimes she gave answers to whoever might be there that were curious.

Where Spiders are Useful. At a recent meeting of arboriculturists in France the question was debated whether spiders should be kept to spin their webs on fruit walls.

Just as Good! Perhaps it don't run the risk though, but always buy the well-tested and sure-pop corn cobbler.

How it Occurs. Wait—! Can't understand why so many of these prizefighters eventually drift into acting.

The Masculine View. "That typewriter girl isn't in love with anybody around this office."

With Gold Arabesques. An afternoon caller wears a topcoat with a soft brim dipping downward over the ears and turned up in front.

Keeping Ants at a Distance. Ants will leave closets where sea sand is sprinkled or where shells are laid.

Prisate Theatres in Slam. Each Slavese mandarin has his own theatre. The actresses are his slaves.

Next to excellence is the appreciation of it.—Thackeray.

BRONCHITIS PERMANENTLY CURED.

For Fifteen Years Mr. Jno. G. Pearson, Well Known in Melburn Square, N. S., Suffered from Bronchitis and Sore Throat Irritation.

CATARHOZONE CURED.

"For fifteen years," writes Mr. Pearson, "I have been a constant sufferer from bronchitis and severe throat irritation."

CATARHOZONE

Is a guaranteed cure for Catarrh, Bronchitis, Asthma, Complete relief, containing a beautifully polished hard rubber inhaler and sufficient Catarrhazine for six weeks use, price \$1. Extra bottle of Inhalant \$2. Regular size, sufficient in most cases to cure, and one thousand testimonials, for sale in stamps from N. C. Farnam & Co., Kingston, Ont.

COMING FROM THE CLOUDS.

There is Little Danger and Much Pleasure in a Parachute Drop.

"Coming down from the clouds in a parachute is like a dream," said a circus balloon artist.

It is used to be supposed that a perfect sapphire must be of a dark, rich blue tint.

Complimentary to English Women. The gallant old Emperor of Austria remarked once to the Duke of Cambridge: "Whenever I see an English woman, I think, 'What a pity it is a man cannot have more than one wife.'"

Do Not Forget It. It is a fact that Nervine cannot be surpassed by any combination for the relief of pain.

Papa was Wearing the Laundry. The little girl was inclined to answer the servant about as soon as it sounded, and sometimes she gave answers to whoever might be there that were curious.

Where Spiders are Useful. At a recent meeting of arboriculturists in France the question was debated whether spiders should be kept to spin their webs on fruit walls.

Just as Good! Perhaps it don't run the risk though, but always buy the well-tested and sure-pop corn cobbler.

How it Occurs. Wait—! Can't understand why so many of these prizefighters eventually drift into acting.

The Masculine View. "That typewriter girl isn't in love with anybody around this office."

With Gold Arabesques. An afternoon caller wears a topcoat with a soft brim dipping downward over the ears and turned up in front.

Keeping Ants at a Distance. Ants will leave closets where sea sand is sprinkled or where shells are laid.

Prisate Theatres in Slam. Each Slavese mandarin has his own theatre. The actresses are his slaves.

Next to excellence is the appreciation of it.—Thackeray.

ISSUE NO 44. 1900.

Are You Well?

Unusual question! If your digestion needs a rest—whatever else may be true—you can get it from SCOTT'S EMULSION of Cod Liver Oil.

Whatever else it may be—it is a vacation for stomach and partly for bowels.

It feeds you a little without any work at all by the stomach. That little may be enough to set your whole body going again; for it helps you more than it feeds you.

If you have not tried it send for free sample, its "taste" will surprise you.

SCOTT & BOWNE, Chemists, Toronto. 50c. and \$1.00; all druggists.

Nonsense. "What is love?" queried the editor. He has since been deluged with answers, mostly from the fair sex.

Be not merely good; be good for something.—Theodore.

A WONDERFUL CURE FOR SICK HEADACHE

The most wonderful effects produced by KIDD'S LITTLE LIVER PILLS in curing Sick Headache, Biliousness, Constipation, Nervousness, Dyspepsia, Heartburn, Liver and Kidney Trouble, has placed them at the head of all medicines.

GRAND TRUNK RAILWAY SYSTEM HUNTERS' EXCURSIONS

FROM BROCKVILLE AND STATIONS WEST IN CANADA TO Penetang, Midland, Lakeshore, Severn to North Bay, inclusive; Argyll to Coburn, inclusive; Lindsay to Haliburton, inclusive; and all points on Muskoka Lakes and Magnetawan River, with Muskoka Navigation Co., and Huntsville and Lake of the States Route.

FRIDAY, OCT. 26, TO SATURDAY, NOV. 3, 1900 AT SINGLE FIRST-CLASS FARE (except on Business passing Through Toronto).

MUSKOKA NAVIGATION CO.—The Muskoka Navigation Company will run a special steamer, leaving Muskoka Wharf at 7 A.M. Saturday, October 27th, for ALL PORTS ON MUSKOKA LAKES.

FRUIT FARM FOR SALE. One of the finest in the Niagara Peninsula, at Winona, 10 miles from Hamilton, on two railroads.

STAMPS. Persons having old collections or odd stamps will find it to their advantage to correspond with P. G. Box 63, Hamilton, Ont.

PERMANENTLY CURED BY DR. KLINE'S GREAT NERVE RESTORER. No fits or nervousness after first day's use.

ST. LAWRENCE SUGAR REFINERY. NOTE IT: WE DID THIS.

The Largest Handlers of Apples in the World. Simons, Shuttleworth & Co., Simons, Jacobs & Co., Garcia, Jacobs & Co., Glasgow, Scotland, London, England.

W. M. FRENCH, 185 McGill Street, Montreal, will attend to the prompt despatch of all consignments made to the above named firms.

WEDDING RELATIVES

Are Consanguineous Marriages Injurious to the Race. Lawrence Irwell concludes that consanguineous unions are, in the great majority of cases, undesirable, not because they originate diseases de novo, but because they intensify existing disorders or diatheses from which very few families are exempt.

Maligning a Rooster. "That rooster of yours," complained the irascible neighbor, "wroke me a dozen times last night. I don't think people living in a crowded community ought to keep chickens."

The Cook's Remark. Husband—Didn't you tell that cook I wanted my breakfast right on the minute? Wife—I did. "And what did she say?" "She said that we all have our disappointments."—Life.

Smart Dressing at Carlsbad. The international character of the visitors at Carlsbad never alters. Rothschilds, Russians, French, Spaniards, Egyptians, Persians, and, of course, Viennese, English and Americans, the conventionalists of the springs is a very babel of tongues.

Minard's Liniment Cures Garget in Cows. Husband—Didn't you tell that cook I wanted my breakfast right on the minute? Wife—I did. "And what did she say?" "She said that we all have our disappointments."—Life.

Encouraging. Whyte—They tell me your daughter is learning to sing. Brown—I am glad to hear you say so. She is trying hard enough. I know, but I must say that so far I haven't seen any evidence of success myself.

Rewards for British Generals. The present British commander-in-chief, Lord Wolseley, received a grant of \$125,000 for his successful conduct of the Ashante campaign of 1873-74, while for the Egyptian campaign of 1882 and the Nile expedition of 1894 he received a peerage and a viscountcy respectively.

Minard's Liniment Cures Diphtheria. Mr. R. B. Denike is the Liberal nominee in East Northumberland.

Statistics showing the relation of marriage to suicides: ITALY, FRANCE, ENGLAND, AUSTRIA, UNITED STATES. Rows: Married, Widowed, Divorced, Single.

Prof. Dana also looked on marriage as a safeguard against suicide, and said that statistics prove the proportion of suicides to be less among married than among single persons.

Dr. Spitzka found, however, that where the literary women were married to literary men, the proportion of mortality among the men was even less than in the general population, it being only 1.6 to 1, while in the general population it is 2 to 1.

Five of the husbands of these 280 literary women were suicides. This is a very large proportion, and again Dr. Spitzka's theory of needful literary mating steps in, in extenuation of the literary woman.