FOUNDED 1866

decoration of drooping mauve

m was occupied monstrations, in e Food Controlmen's Institutes ent of Agriculhad been put in paces, and here es cooked toothts of substitutes c flour. On the es, in bottles, of ler glass covers, ade from them. to that all might with pencil and

ollows: Stuffing crumbs, ¼ teaayenne to taste, teaspoon choppers or chopped

flaked fish, 2 mbs, seasonings. —One-half teaustard, cayenne, plespoon flour, 1 r oil, ½ cup hot

wo cups rolled , 2 cups boiling ted fat, 1 cake cup lukewarm 2 tablespoons as not indicated, will understand etc.

one-third cups two-thirds cup ½ cup fat. .-- One-quarter

ons fat, ¼ cup cup cooked oatteaspoon bakcinnamon, ¼

e small orange, eggs, 1½ cups aspoons baking-¼ cup orange

egg, ¼ cup hot ocolate, ¾ cup powder, ¼ teavanilla, ¼ cup

g, ¼ cup sugar, ¼ cups flour, 1 an, 1 teaspoon boons hot water, bur milk.

f cup milk or r, 1½ teaspoons 4 cups mashed ed yeast, ¼ cup hour.

ntly displayed might well be n it is necessary EAS AND BEANS ISSUE-BUILDING TS OF MEATS."

nown in bottles, re barley flour, ur, yellow corn e flour, with the

ndid exhibit of oles, put up unelard, attracted re told that she



would also give a canning demonstration, but were unfortunate enough to miss it, perhaps because that was the day that "it rained and the rain was never weary," and the "crowd" was unusually small. Elsewhere were shown all sorts of dried products—peas, corn, green beans, pumpkin, carrot, soup mixtures, etc.—with samples of driers very similar to those of which pictures were given some weeks ago in these pages. Of these the most practicable for most farms was evidently the one made of three screens, one above the other, to be hung above the kitchen stove.

A Mecca of attraction in this building was, of course, the French chef, M. Derouet. Making way to his booth we found him to be a very dapper little Frenchman, who could talk English fairly well, his assistant a Parisian with very fair hair who cannot talk it at all. M. Derouet waited over on his way to New York to demonstrate for the Exhibition. When he goes to New York he will be great mogul over 300 cooks, and the 301 of them will provide delicious things to eat for the thousands of people who will restrengthen themselves at the great Hotel Commodore. It is said that he has 10,000 recipes.

* * * *

lamb trotters (feet) smothered in a tasty golden sauce, and chocolate cake made without wheat flour.

"We make all our own flour," he said, indicating several grinders at one side, and we could not but think how useful such a household mill would be in any farm home, where grains are plentiful and a variety in flours could be secured independently of trips away from home.

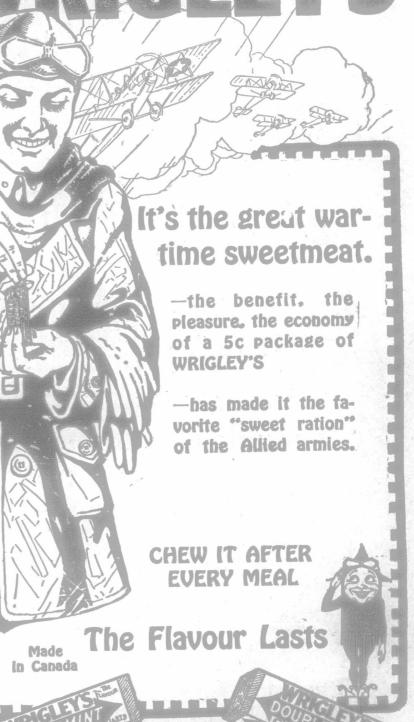
As a gratuituous hint he said that when flour made of rye and cornmeal is used it is always advisable to add a little corn starch.

Since sugar is taboo, he had invented an icing of honey and white of egg which, put on in balls, looked exactly like "Harvesters of the sea" are these men doing their stint, with toil and in danger, to feed the world. Do we harvesters of the land ever think of them and send them a goodspeed in our thoughts as we work among our easier harvests of field and garden?

Transportation and Horticultural Buildings.

PASSING into the Transportation Building, one found the usual attractive exhibits of the C. P. R., G. T. R., and C. N. R. In one corner of the C. P. R. department a representation of Winnipeg and the prairie lines, with trains running, brought back memories to those who have travelled across to the coast, while in another was a clever facsimile of the locks and railways at Sault Ste. Marie, with the Bascule bridge, the largest of its kind in the world. ferns, dracænas, orchids, callas and other plants that need green-house conditions in this country to make them think they are still growing in their native lands—but outside of a very fine showing of asters and gladioli the cut-flower exhibit, as usual in Toronto, was not particularly striking. While searching for plants that might be recommended for farm gardens, we found, however, several new to most growers. Among these were: a very pretty blue *platycodon*; a beautiful mauve scabiosa; a lovely feathery little plant, statice latifolia, that resembled, somewhat, the beautiful plant known as "baby's breath;" a glorified milkweed, asclepias inberosa, a brilliant orange red in color; a pink rudbeckia; and an odd eryngeum, or sea holly, with gray foliage

KINDS



JUICY FRUIT

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In the Conservation Building, however, M. Derouet confined his cookery to the very simplest and most economical things.

"But you French can make anything good," said one of us, and finding that we were burrowing in behalf of a paper, M. Derouet smiled and proceeded to make good the claim by treating us to fish soup,

marshmallows.

I N an annex off the Conservation Building were shown Government movies of the fishing operations, in calm and storm, off Nova Scotia and along the Pacific coast. The pictures were beauti-

storm, off Nova Scotia and along the Pacific coast. The pictures were beautiful, and as instructive as a real trip, and one could not but wish, when looking at them, that the public would demand more of such pictures instead of the senseless productions so often shown.

"My, isn't that great!" exclaimed an enthusiastic little boy next to us, as a great net containing a 10,000-lb. catch was swung up and emptied on the deck

of a fishing trawler. "Whew!" he exclaimed again, as a huge empty one was thrown over into a heaving sea, the film inscription proclaiming that the mouth of it measured 90 feet,—truly a vast web in which to snare the finny tribes for our tables. In every room fine exhibits of grain, vegetables, minerals and other resources told of the greatness of this Canada whose possibilities we have just begun to fathom.

Particularly interesting to budding artists and "camera fiends" were the exhibits in the *Applied Arts Building*, where some very clever—and also some comparatively indifferent—work was shown. In etching, particularly, the Americans seem yet to be in advance of Canadians. There was more freedom and dash about their work, more poetry and imagination.

Beyond, in the *Horticultural Building* was to be found one of the finest florists' exhibits yet seen at the Exhibition, of eryngeum, or sea holly, with gray follage and bur-like flower heads which turn blue in fall. An evergreen plant,—very beautiful in winter, the man in charge informed us—was a holly-like bush labelled makonia aquifolia.

Elsewhere in the building was the exhibit of vegetables and fruit, very fine, this year, we thought, so far as quality goes.

The Government and Industrial Buildings.

BUT a step from the Horticultural Building is the Government Building with its showing forth of the resources of Canada in fish, grain, vegetables, minerals, marbles, etc., its natural history exhibits, and the "object-lesson" department of the Ontario Bureau of Health, whose exhibit has travelled over much of the province