

World of Missions.

Sects of Islam.

This is yet one of the most aggressive religions. Under the personal rule of the Sultan there are about 18,000,000 Moslems, while in China, Turkestan, Persia, Beloochistan, and India there are about 99,000,000 of the followers of the prophet. The system has made great progress in Africa during the last half century, and the adherents are now believed to number in that continent \$36,500,000. Under the rule of the British in India there are said to be 60,000,000. The greater part of these are Sunnis, the title of one of the two great factions into which the Moslem world is divided. The other is called Shiah, who hold much aloof from the former faction. At the head of the Sunni sect is the Sultan of Turkey, and with him range the vast majority of the followers of Mohammed. In addition to the two principle divisions of the cult there have been sects almost without number, and the bitterness between different sects is said to have been almost beyond expression or belief. There must be a good deal of conjecture in the matter of the above numbers, as there are thought to be \$20,000,000 in China, and this reckoning can hardly rise above guesswork.

Outcome of Livingstone's Work.

It is but twenty-six years since Livingstone died near the shores of Lake Tanganyika, in South Central Africa, and his body was carried in triumph to his native land and laid with England's greatest heroes in Westminster Abbey. To day more than 30 steamers are run on the two great lakes, Nyassa and Tanganyika, in the interests of Bible missions and a growing commerce, while scores of towns, with their schools, churches, and cultivated fields and gardens, are found in this land, first opened to Christian civilization through the efforts of Livingstone and the army of missionaries, inspired by his heroic life.

Only one-seventh of the subjects of King Edward VII, says The Chronicle, are even nominally Christian, but of 350,000,000 inhabitants of the empire, 240,000,000 are heathens, and 60,000,000 are Mohammedan.

The first Protestant church in the Philippines has been opened in connection with the Methodist Episcopal Church. There is a great movement in favor of Protestantism, and it is expected that many congregations will soon be formed. There is much hatred of the friars, and a determination to prevent their return to power.

The Norwegian Missionary Society has in Zululand and Natal 15 main stations and 60 out-stations. There are upwards of 1,200 communicants, 235 catechumens, 2,070 baptized persons, and nearly 2,500 adherents. There are 20 Norwegian missionaries, 44 native evangelists, 670 school-children, and nearly 200 adults at 35 schools.

The Moravian station Montgomery, on the little West-Indian island of Tobago, near Trinidad, lately celebrated a jubilee. It is named after the father of the poet James Montgomery, who was once pastor there. It is one of the most important congregations in the *Unitas Fratrum*, having 1,400 members, 800 being communicants. It is the middle point of 13 villages. The Rev. Theodore Clemens is now the president of the Tobago mission.—*Missions-Blatt der Bruder-Gemeinde*.

Health and Home Hints.

Camphor is not only most useful for warding off the attacks of moths, but it will also drive away mice if placed in cupboards infested by them.

Window cleaning should be done once a week in dusty weather or during the foggy or misty season, but otherwise every fortnight is often enough.

When the hands have become soft and shrunken by using soda and hot water, rub them with common salt and it will help to make them smooth again.

Spanish Tarejars.—Cut stale bread moderately thick. Beat well two eggs, add one pint of milk. Dip each slice into egg and milk, and fry in maple syrup. No butter.

Breakfast Eggs.—Make a stuffing of smoked salmon, fresh bread and mushrooms, and with it fill a puff such as is used for cream puffs; on top put a poached egg, fit the upper crust in place and serve while warm.

Chocolate Bread Pudding.—One pint of milk, one pint of dried crumbs soaked in milk, boil another pint of milk with a teaspoonful of grated chocolate, mix with bread crumbs. Add yolks of four eggs and one cupful of sugar. Bake one half hour.

Fig Cakes.—Beat the whites of three eggs to a stiff froth; add one tablespoonful of water, a dust of salt and sufficient quantity of confectioner's sugar to make a stiff dough. Form this into flat cakes and into the top of each press a fresh fig. Set into a warm place to harden on sheets of oiled paper.

Boston Bread Pudding.—Three quarters of a pound of crumbs, one and one half pounds of currents, half pound of suet, one and one quarter of moist sugar (brown), four eggs, two tablespoonfuls of sweet cream. Grated nutmeg to taste. Chop suet fine, add to crumbs, with currants and other ingredients. Beat well. Steam in buttered mold four hours.

Peppermint Drops.—Boil a half cupful of white sugar until it hardens when dropped in water, add one-half teaspoonful essence of peppermint and stir a very little, once or twice around the pan is sufficient. Oil a pane of glass, set it in a cool place and drop five drops of the hot syrup for each candy upon the glass. In forming these be careful that they are not close enough together to spoil their shape.

Spanish Cream.—One-half box of gelatine, soak in one-half pint of milk, then put one quart of milk on to boil, beat the whites of six eggs to a stiff froth; when the milk is boiling hot, stir in the beaten yolks, and sugar to taste; add the gelatine; let it thicken as you would soft custard, then pour it boiling hot on the whites, stirring all the time; flavor with vanilla and pour into molds to cool. Let it stand at least twelve hours in a cool place before using.

Infectious Diseases.—The duration of the infectious stages of various diseases is thus given by Dr. T. F. Pearce, an English physician: Measles, from the second day of the disease for three weeks; small-pox, from the first day for four weeks; scarlet fever, from the fourth day for seven weeks; mumps, from the second day for three weeks; diphtheria, from the first day for three weeks. The incubation periods, or intervals occurring between exposure to infection and the first symptoms are as follows: Whooping cough, fourteen days; mumps, eighteen days; measles, ten days; small-pox, twelve days; scarlet fever, three days; diphtheria, fourteen days.

RED, RICH BLOOD

ABSOLUTELY NECESSARY TO HEALTH AND STRENGTH.

THROUGH THE BLOOD EVERY ORGAN, EVERY NERVE AND EVERY TISSUE IN THE BODY IS NOURISHED—IF THE BLOOD IS IMPURE DISEASE TAKES POSSESSION OF THE SYSTEM.

If you want to be well take care of the blood. The blood is aptly termed the vital fluid, and it is through it that every organ and every tissue of the body is nourished. If the blood becomes impoverished, the entire system is in danger of a breakdown, and what is termed anaemia, general debility, or even consumption may be the result. Prudent people occasionally take a tonic for the purpose of keeping the blood pure, but the unwell are those to whom this article is chiefly valuable, as it will point out an easy and speedy means to renewed health. Mrs. Joseph Herbert, who keeps a grocery at the corner of St. Germain and Hermoine streets, St. Sauveur, Que., tells the following story of broken health and renewed vigor: "I suffered for many months," said Mrs. Herbert, "from an impoverished condition of the blood, coupled with extreme nervousness. I was very pale and felt languid and indisposed to exertion. A dizzy sensation on rising quickly from a chair, or coming down stairs, often troubled me. The least exercise would leave me almost out of breath, and my heart would palpitate violently, while at other times I would feel a smothering sensation. Often my face and arms would swell and puff, and the arms became almost useless. I doctored more or less for the trouble, but did not get any real benefit until I began the use of Dr. Williams' Pink Pills. I had been using the pills only for a few weeks when I found myself growing stronger and better in every way. I continued taking the pills for nearly three months—for I was determined the cure would be thorough—but sometime before I discontinued using them I felt in better health than I had enjoyed for years before. My sleep is now healthful and refreshing, my appetite excellent and I feel equal to almost any exertion. I feel that I owe all this to Dr. Williams' Pink Pills, and it will always give me pleasure to recommend them."

It is the mission of Dr. Williams' Pink Pills to make rich, red blood, nourish the nerves, tissues and various organs of the body, and thus by reaching the root of the trouble drive disease from the system. Other medicines act only upon the symptoms of the disease, and when such medicines are discontinued the trouble returns—often in an aggravated form. If you want health and strength, be sure you get the genuine with the full name, "Dr. Williams' Pink Pills for Pale People," on the wrapper around every box. If your dealer cannot supply you the pills will be sent post paid at 50 cents a box, or six boxes for \$2.50, by addressing the Dr. Williams' Medicine Co., Brockville, Ont.

The latest despatches report a renewal of fighting in China, and that on a very extensive scale. This bodes ill for a speedy settlement between China and the allied Powers, and will necessarily increase the indemnity falling to be paid by the former.