

(a) The players form a ring, join hands, and walk round slowly, singing :---

Can you show me how the farmer, Can you show me how the farmer, Can you show me how the farmer, Sows his barley and wheat?

(b) The ring stands still, with hands unloosed. They sing :--

Yes, I'll show you how the farmer, Yes, I'll show you, etc.

At the same time they suit the action to the work mentioned (sowing, reaping, etc.).

(c) The ring joins hands and dances round more quickly, singing :---

Now I've shown you how the farmer, Now I've shown you, etc.

In other verses, "sows" is changed to "reaps," "thrashes," etc., and the action varies accordingly.

The last verse has the words, "How rests the farmer when harvest is done ?"

For (b) section children lie down and pretend to go to sleep, humming the tune with closed lips.

At (c) they rise up suddenly and, dancing more and more quickly, they sing, "Now I've shown you, etc."

This is a Swiss game, with its own melody.