Only by a method that will so change human nature that a mother may be entrusted with the moral welfare of her own children, through infancy and even their later years, will the race be permanently uplifted.

The writer will not have lived in vain, if, through reading these pages, woman is inspired to learn something of the laws to which she owes her own personality; of how, through the law of heredity operating in the higher selective process, children may be born good: so infallibly good that even evil influences, by a natural law of repulsion, will only establish them more surely in the way that leads to higher happiness and more marvellous progress than the race has ever yet dreamed of. For nature is a forgiving mother, and ever stands with outstretched hands, her pulses throbbing full and high with those mighty forces that are for man's uplifting whenever he becomes sane enough to order his life in harmony with them. Sanity comes by inheritance, therefore marriage is the point at which a rational mode of life may most successfully be inaugurated.