

# Sports and Recreation

## York's women hoopers loom as possible league challengers

By WALTER RIGOBON

A single season of competition has made a great difference in the play of York's basketball Yeowomen as evidenced by their convincing 62-47 win over Brock here last Saturday afternoon.

Following the previous nights victory over Ryerson, the Yeowomen seemed slow to start and it was not until they found themselves on the wrong side of a

15-7 score that they awoke from their slumber.

With a much more aggressive and mobile effort York soon gained a 29-21 lead, showing particularly good play on rebounds.

High scorer for the Yeowomen was Sylvia Peluso with 18 points. Peluso revealed quite a repertoire of twists and turns as her special touch around the basket seldom

failed to net a couple of points.

Commenting on Peluso's performance, coach Skip Letheren noted, "It takes the discipline of a team for one player to score points. The player who brings down the rebound and the player who makes the pass are just as important."

Conspicuous in their presence under the net were Kaarina Bubalo and Sandy Malins.

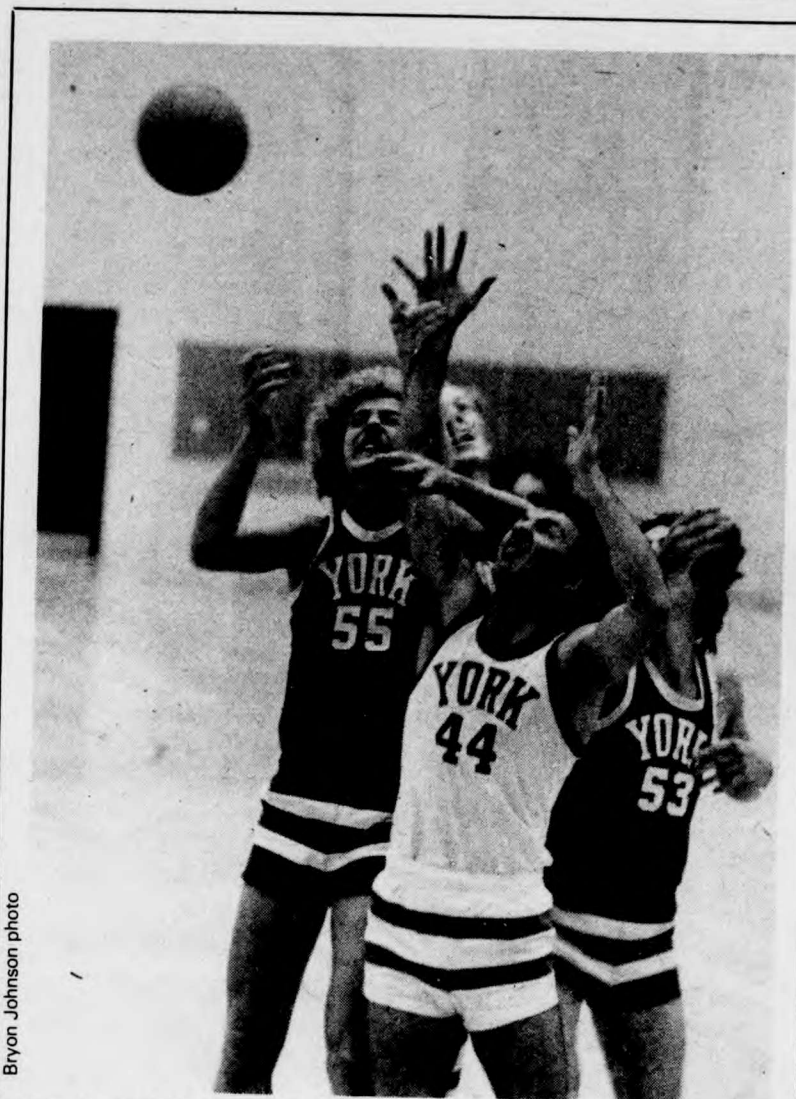
Maria Lima, Mary Lou Parissi and Patti Colmer all performed excellently at the guard position.

"Today was our best performance yet", said Letheren, "we're really starting to become disciplined, we've got a young team and they give a total team effort."

That effort stems mainly from the fact that Letheren makes liberal use of his bench strength. All members of the York team saw action in the Brock game and the team has such depth that they look impressive no matter who is on the court.

"If we play to our capacity", he said "we can beat anyone. We've got a fast team with a lot of offense."

York looms as a powerhouse in the OWIAA, closing out their exhibition season with a 4-0 record. The regular season begins November 9th at Waterloo.



Bryon Johnson photo

Chris Donald (55) and Mike Bilcher (53) tussle with alumni player at last week's annual exhibition match. York won 95-67 after a very close score at the half. Coach Bob Bain feels this is the strongest team he has ever coached and certainly the strongest at York for some time. "We've got twelve good players out of twelve" said Bain, "it's just a question of whether we can overcome the size problem."

## Rugby team wins

By DUDLEY CARROTHERS

The York Varsity rugby team remains in OUAA playoff contention after last Saturday's win over Brock University in St. Catharines. York is tied with U of T for second place and must accumulate more points than their cross-town rivals during league play in order to qualify for a berth in the championship final.

The Brock rugby team is winless this season despite some close scores. Thus York had to rely on superior teamwork and experience to run up a good score. For the first fifteen minutes however, Brock's stubborn defense thwarted York's scoring drives, until centre Fraser Cattell intercepted an errant Brock pass and ran the ball 60 yards for a try.

Three minutes later, Cattell broke through a gap in the centres and ran 50 yards down field. Before being tackled he passed to prop Paul Ambrose, who carried the ball the remaining 10 yards for the touchdown.

Bruce Matheson missed the converts but hit on a penalty kick a few minutes later.

York kept up the pressure and widened their lead to 15 points. From a tap penalty, John Spanton, a hard running forward, broke several tackles to score a try under the posts. Matheson added the conversion.

Cattell capped the second half scoring with another long touchdown run, sidestepping and swerving around the Brock tacklers. Matheson again added the

conversion giving the Yeomen a 23-0 lead at the half.

The second half was entirely different in character as the Yeomen found it difficult to maintain a disciplined team effort in the face of a frustrated and disorganized opposition who adopted a scrappy and vindictive style of play.

The tight positional play of York's attack broke down and became a series of individual attempts to run through the Brock defenders.

Aggressive runs by forwards John Spanton, Dominic Scuglia and Bruce Olmstead could have resulted in tries. Some broken field running by backfielders Ev Spence, Dave Hubbs and Bruce Matheson was thwarted by a combination of listless support by their teammates and stubborn goal-line defense by Brock.

There were excellent individual efforts however, culminating in tries by Dave Hubbs, Kevin Connolly and Wally Urbanski. Matheson added the three conversions making the final score 41-0 for York.

This Saturday the rugby Yeomen play the last regular season game at home against R.M.C. This promises to be an exciting encounter as the cadets are always a rugged side who enjoy running the ball.

York must win this game to assure themselves a play-off position. Kick-off is at 2:00 p.m. at the field behind the Ice Palace. Spectator support is appreciated.

## Waterpolo wizards sink RMC

York's up and coming Waterpolo wizards managed a third place finish last weekend as they edged out RMC in OUAA league competition at Queen's.

Trailing 7-4 at half time the Yeomen fought back and closed the gap to only two points as RMC lead 10-8.

A determined rally in the fourth quarter resulted in four unanswered goals giving York a 12-10 lead and the win.

The loss relegated the Cadets to the cellar position in the OUAA's

Eastern division, behind U of T, Queen's and York.

Leading scorer for the Yeomen was captain Jamie Thomson with four goals against RMC and a total of six for the tournament. Other scorers were Neil Harvey with two, Rolf Renz, Joe Lamb, Chuck Gaviller, Gabor Mezo, George Skene and Brian Head all with one goal each.

Demonstrating that experience always makes the difference, Toronto and Queen's both out-

distanced the rookie Yeomen after being held at bay for the first part of their respective matches. York lost to U of T 12-3 and to Queen's 15-6.

Before the finals at Queen's on the 27th, York will visit U of T on the 13th for another series of games against their three Eastern division rivals.

Game times are 12:30 (U of T), 2:30 (Queen's), and 4:30 (RMC) and all spectators are welcome to come out and cheer another fine York effort.

## Ski Tips

By Stan Stitzturn

If the last time you made a good impression with your ski technique was that double cheeeked snow angel on turn one, then read on for the first in a new series of regular ski tips.

Beginning this week and continuing for as long as it takes to transform the countless number of neophytes at York into slope slashing wizards, Excalibur will feature Stan Stitzturn, the noted ski instructor and mogul masher.

Answering your skiing questions as well as explaining the latest techniques, Excalibur also invites readers to write in and share their ski tales with everyone.

Address all letters and queries to Stan Stitzturn c/o Excalibur Room 111, Central Square.

This week's column will deal with the first two movements a new skier is most likely to make, falling down and trying to get up again.

Seriously though, if a fall is inevitable, it is usually safer to fall backwards and sideways, keeping the skis and legs together.

When you are ready to regain your feet, place the skis horizontally across the fall line, (the line a ball makes when rolled down the hill) and below your body.

Drawing the skis as close to your upper body as possible, plant your poles on the uphill side and push up. In deep snow it is best if the poles are laid flat, affording you better support when you push.

Once you are on the flat again, a simple manoeuvre known as the step turn should have you changing directions with a minimum of difficulty.

Using the tails of the skis as your pivot point, the tips are raised alternately and turned in the direction of travel, until you are headed for the tow and your next run.

## Sports Briefs

On their annual field trip to Ohio State this past week-end, the hockey Yeomen came away with more than just two more victories. As coach Dave Chambers explained, the outing is more to aid team moral and cohesion. Team leaders Roger Dorey and Gord Cullen help to keep the team loose while newcomers Dave chalk and John Goodish have emerged as spiritual leaders.

The Yeomen take on cross-town rivals U of T blues in an exhibition match at Varsity tomorrow night, game time is 8 p.m.

After an impressive second place finish in the OWIAA singles final, the women's tennis team has landed in third place in the overall standings with 27 points.

Enduring a marathon match that lasted 12 hours the Yeowomen's effort put them just behind second place U of T and first place Western. Congratulations girls.

In women's field hockey the York senior team wound up the season fourth overall after last weekend's round of the OWIAA



Ian Wasserman photo

finals. The intermediate girls fought to a well deserved third place finish. In addition seven of York's senior players were asked to try out for the Ontario squad team. They include, Thelma Eisan, Mary Deveaux, Marilyn Payne, Brenda Stewart, Laurie Green, Pat Lohman and Julie Stein.

Attention all skiers! The York ski team is looking for new recruits to fill out their ranks for the '77 season. Last winter the team was 3rd in Ontario and qualified for a spot in the Can-Am Eastern Ski Championships.

Be you race veteran or nay the team has need of you. Anyone interested is asked to call Glen McKay at 622-8752.

And last but by no means least, we offer both congratulations and our apologies to volleyball coach Wally Dyba. Congrats are in order after the Yeomen, playing Ontario senior league teams, took top honours in an exhibition meet at the Peterborough YMCA. Apologies because we've left you to the briefs section once again. Watch for a feature on the volleyball rookies in the near future.