

IMPORTANT FOOD SAVING.

Analysis of the Returns from Hotels and Restaurants.

Receipt of additional returns has made possible a more extensive analysis of the saving for November of beef, bacon and white flour in representative hotels and restaurants throughout Canada than could be given in the last issue of The Food Bulletin. The aggregate saving for the places reporting is about the same as in October, running into many tons. The per capita consumption of beef was reduced to 58.39 per cent of the consumption in November 1916, while the per capita bacon consumption was only 44.85 per cent of that of a year ago. The use of white flour has been curtailed to the extent of more than 20 per cent, but this figure does not take into account the increased use of whole wheat or graham flour. The report shows an increase in the use of fish of about 14 per cent, as compared with a somewhat larger increase for October, 1917, but this is partly explained by the small fish consumption in some places which were not included in the October report. There is abundant evidence, however, that the consumption of fish in the public eating places of Canada is not anything like as great as it should be. St. Catharines, Ont., reports an increase of 55 per cent in the use of fish and Hamilton also records an increase of 40 per cent. Reports from fish dealers all over Canada, which have been received by the Fish Committee of the Food Controller's Office,

indicate a very large increase in the consumption of fish in private houses, etc.

One hotel in Victoria, B.C., has discontinued entirely the use of white wheat flour. A Toronto restaurant reports a saving of 4½ tons of white flour for November. A considerable number of hotels and restaurants each saved more than one ton of white flour. With almost all cases, splendid reductions in the consumption of bacon and ham are shown. One hotel which used 1,003 lbs. of bacon and ham in November, 1916, used only 54 lbs. in November of this year. An Ottawa hotel saved 1,247 lbs. of bacon during the month and was only slightly ahead of establishments in Winnipeg, Quebec and Toronto. Seven eating places in Toronto saved in the aggregate more than 8 tons of beef as compared with the amounts for November, 1916. In a number of cases splendid increases are reported in the use of fish but in others this substitute for meat is not being used to the extent that it ought to be.

The reports show a marked tendency towards an increase in the use of cornmeal and oatmeal, but in many places these products are being served for the first time and the consumption as yet, although steadily increasing, is small.

The following table summarizes the returns from a number of cities:—

Place.	Consumption per capita per Meal in Pounds.								Comparison of Consumption, Nov. 1917, with Nov. 1916, in percentages.			
	Flour.		Bacon.		Beef.		Fish.		White flour.	Bacon.	Beef.	Fish.
	November.		November.		November.		November.					
	1917	1916	1917	1916	1917	1916	1917	1916				
Brandon, Man.....	.175	.142	.016	.041	.087	.151	.068	.071	123.24	39.02	57.62	95.77
Calgary, Alta.J.....	.225	.273	.023	.057	.119	.217	.139	.128	82.42	40.35	54.84	108.60
Fred. ricton, N.B.....	.043	.040	.055	.086	.087	.114	.078	.071	107.50	63.95	76.32	109.86
Hamilton, N.B.....	.190	.240	.008	.030	.090	.170	.070	.050	79.12	26.60	52.90	140.00
London, Ont.....	.126	.221	.022	.035	.074	.145	.089	.095	57.00	62.80	51.00	93.60
Montreal, P.Q.....	.283	.351	.022	.032	.151	.209	.152	.146	83.60	60.12	64.34	113.52
Port Arthur, Ont.....	.190	.301	.020	.052	.075	.085	.201	.170	63.12	38.46	88.24	118.24
Quebec, P.Q.....	.233	.242	.019	.053	.089	.149	.091	.083	96.28	35.85	59.33	109.64
Ottawa, Ont.....	.126	.164	.011	.032	.059	.142	.095	.085	90.57	38.03	41.18	102.32
St. Catharines, Ont...	.099	.098	.014	.034	.103	.278	.076	.049	101.02	41.18	37.05	155.10
Toronto, Ont.....	.122	.164	.017	.049	.082	.164	.086	.070	79.10	42.86	57.18	128.11
Vancouver, B.C.....	.200	.284	.019	.025	.088	.151	.123	.124	70.42	76.00	58.28	99.20
Victoria, B.C.....	*	.274	.012	.034	.107	.174	.131	.115	*	35.29	61.49	113.91
Winnipeg, Man.....	.187	.283	.011	.038	.082	.139	.070	.068	68.34	27.37	57.74	103.34
Average.....	.157	.220	.019	.043	.092	.163	.105	.095	78.70	44.85	58.39	113.66

* Use of white flour has been entirely discontinued in the only hotel reporting from Victoria