THROUGH THE DARK SHADOWS

Or The Sunlight of Love

CHAPTER NNVI.—(Con'd)

It look some time to settle up all though asker the consent of both, he departed a few months later for Africa, on a bit-grame betains of "later's" Ltd." Japen very more than the consent of both, he departed a few months face the though askertisements were sected. The money, therefore, reverted to the consent of the head of the money, therefore, reverted to the money,

tablespoon of borax and a tablespoon-ful of soda to a basin of water. Dip the brush up and down in this and

Home Calendar.

then rinse and dry.

7. Eat regular meals at the table Dip do not hurry.

8. Get eight hours of sleep.

9. Cultivate a hobby, or have daily intercourse with some friend who is

> A device that enables persons in any seat of an automobile to regulate its speed without the knowledge of the chauffeur has been invented by a Ger-

not a housekeeper.

MOTHER SEIGEL'S SYRUP

The proof of Mother Seigel's Syrup is in the taking. That is why former sufferers, whose vitality was being sapped by Indigestion, say it is just ex cellent for stomach, liver and bowel troubles. Thanks to Mother Seigel's Syrup, they are now strong and well.

IS EXCELLENT FOR

If you are afflicted by Indistomach, liver and bowels take Mother Seigel's Syrup regularly for a few days; long enough to give it a fair chance to make its beneficial influence felt. Then note the improvement in your appetite, your strength, your general condition.

HEADACHES, BILIOUSNESS CONSTIPATION INDIGESTION.

The 1.00bottle of Syrup contains three times as much as the 50c, size.

Lo make your farm more profitable

There is money to be made by using Concrete. Many hundreds of farmers have hundreds to proved it.
We will gladly send our book "What the Farmer Can do with Concre e" to any farmer who writes for it.

Canada Cement Company Limited 58 Herald Building MONTREAL





The Guide to True Economy

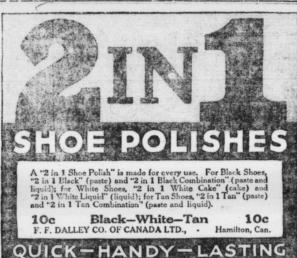
This year, instead of buying new clothing and household effects, let Parker restore those you have already. You will gain in every way. We are specialists in

DYEING and CLEANING

Gloves Gowns, Feathers, Lace Curtains, Blankets, Car-

PARKER'S DYE WORKS, LIMITED

pets, Gent's Clothing. We are known through Dominion for our thorough work. Send for our Catalogue on Cleaning and Dyeing. 791 Yonge Street - - Toronto



Clean out chests and closets where you are going to store furs and flannels. Clean furs by first gently beating them with a length of rubber hose to remove all dust. After getting them with a length of rubber hose to remove all dust. After getting dust out, rub hot bran or cornmeal well into the fur, lay away for a few days and then brush out thoroughly. Coarse furs—bear, buffalo or even for may be washed with lukewarm was

Formula.

Eggless Cream Muffins.—Mix together two cupfuls of white flour, one-half level teaspoonful of salt, two teaspoonfuls of sugar, and two rounded teaspoonfuls of baking-powder. Stir in a cupful of cream or enough for a stiff batter (first beating in the pinch of soda if sour). Beat yery thoroughly and bake in buttered gem-pans in a hot oven.

For other varieties of muffins omit one cupful of the white flour and substitute a cupful of rye or Graham flour, bran, rolled oats or wheat, or corn-meal, and proceed as before Any of these may be baked either in shallow loaf form or in gem pans.

For his twell when he said, reflisted quire lots of water, but they are not aquatic."

Ferns should be watered well from the top both the top and the bottom; should not add the fern given no more water for several days. The soil at the top dries out more rapidly than that at the bottom; therefore the fern should not be watered from the bottom. Store furs in closet room having a small window if possible, as this will help keep moths away and afford air to come somgwhat musty. Pour a little turpentine in the corners of closets, where the furs are stored and moths will not molest them.

For other varieties of muffins omit one cupful of the white flour and substitute a cupful of rye or Graham flour, bran, rolled oats or wheat, or corn-meal, and proceed as before Any of these may be baked either in shallow loaf form or in gem pans.

For his true days and then brush out thoroughly. Coarse furs—bear, buffalo or even fox—may be washed with lukewarm water and pure white soapsude. Wipe days and then brush out thereof for may be washed with lukewarm water and pure white soapsude. Wipe with a clean cloth, hang where fur with a clean cloth, hang were fur with a clean cloth, hang were fur with a clean cloth, hang were and pure white soapsude. Wipe with a clean cloth, hang were fur with a clean cloth, hang were fur with a clean cloth, hang wer

men thick, bake and put together with any fruit desired.

Fruit buns may be had by rolling the dough into a sheet about one half an inch thick, spread with a thin layer of soft jelly or marmalade. Sprinkle over this a layer of currants or chopped raisins, or of stoned and halved dates, pressing them slightly into the dough. Roll, cut in halfinch slices and bake.

For a delicious steamed pudding, lay the roll in a steamer over boiling water, steam one and one-half hours and serve in slices with hot lemon sauce, or sugar and cream.

The wholesome and economical ways of using cream scrans in habits and farchm of sugar; mix; let it stand for daily with the lemon and contained in the lemon suce.

Ferns Not Aquatic.

Many women are unsuccessful in raising ferns because of too much or too little watering. Usually, hovever, the trouble is too much wate often the pot containing the fern Usually, how allowed to stand in a plate of water for several days at a time. The soil at the bottom of the pot quickly be-comes sour under such conditions. A

orn-meal, and proceed as before Any of these may be baked either in shallow loaf form or in gem pans.

For biscuit, use the same formula, adding merely enough cream for a rather firm dough. Knead lightly, roll three-quarters of an inch thick, cut in rounds, prick twice with a fork, let stand for ten minutes and bake in a quick oven.

For shortcake roll this dough into two round sheets about one-third of an inch thick, bake and put together with any fruit desired.

If the bottom soil has a grayish-white color and is soggy, the feen has been expet wet too long at a time. In such cases it is best to refill the pot with new soil.

In general it is best not to water the fern every day. If the temperature of the room is about 65 degrees, watering from both the top and bottom once a week is sufficient. If the temperature is 80 degrees or above, water every day.

Sold for the bottom soil has a grayish-white color and is soggy, the feen has been been them.

A Handy Laundry-bag is a great improvement over the old-fashioned creater of the bag, and is been done them.

The wholesome and economical ways of using cream scraps in baking and cooking are legion, and are limited cosking are legion, and are limited cosking are legion, and are limited casionally.

Dissolve a little in warm water to 5. Read one chapter

ount of cream at her disposal. clean the teeth. good book every day.

To clean your hairbrush, add a 6. Drink plenty of water





better sugar is ever produced than the present REDPATH Extra Granulated, you may be sure it will be made in the same Refinery that has led for over half a century - and sold under the same name - REDPATH.

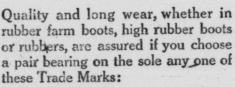
"Let Redpath Sweeten it."

2 and 5 lb. Cartons— 10, 20, 50 and 100 lb. Bags. Canada Sugar Refining Co., Limited, Montreal.





Thrift is served, and health preserved, by wearing rubber footwear around the farm in rainy, sloppy weather.





"MERCHANTS" "GRANBY"

"JACQUES CARTIER" "MAPLE LEAF"

"DOMINION"



Canadian Consolidated Rubber Co., Limited

Largest Manufacturers of Rubber Goods in the British Empire SEXECUTIVE OFFICES . MONTREAL, P.Q. SEVEN LARGE, UP-TO-DATE MANUFACTURING PLANTS IN CANADA 28 "SERVICE" BRANCHES AND WAREHOUSES THROUGHOUT CANADA 44

INCREASE YIELDS OF FARM PRODUCTS

BRAIN POWER MUST REPLACE PHYSICAL POWER,

Waste Must Be Prevented and Care Taken to Ensure an Increase of Fifteen Per Cent.

The year of supreme effort by the British Empire is 1917, when every British subject will do his duty. The farmer is asked for food products in large quantities. Labor is scarce and wages are abnormally high, Brain power must be substituted for physi-

Brain Instead of Brawn.

That large, plump seed will produce more bushels per acre than will the

average seed used by many, is an established scientific fact. Fifteen per cent. is a rational in-crease that can be had from every acre sowed if the necessary precau-

tions are taken.

Throughout Ontario the approximate increase becomes an enormous

4,000,000 bushels 17.000.000 bushels

without the expenditure of any extra labor at seeding time, and with but little at harvest time.

Careful preparation of the seed is

the secret.
All necessary seed should be properly cleaned and bagged during the perly cleaned and bagged during the late winter season. Every farmer has time to do this after March first and before seeding time. Will you assist in the greater production of foodstuffs by careful cleaning of the seed? Perhaps pedigreed seed cannot be secured. If not, select out of your

granary three times the amount of grain required for seed purposes. By use of the fanning mill, clean and reclean until you have just sufficient for seed purposes.

Use proper sieves and plenty of wind in the mill and the third part remaining for seed will be the largest and plumpest seeds, which naturally

are the most vigorous.

Do this work before seeding com-Do not hesitate to purchase pedi-

greed seed at an advanced price. Two bushels of oats will sow an acre. The extra return from "good seed will be from 5 to 10 bushels per acre, and decidedly more in some

The market value of the increased yield represents the additional outlay that can be made for good seed per

Vigor in seed grain is just as essen-

Prevention of Waste.

Many thousands of bushels of oats est annually due to the ravages

This waste can be largely eliminaty proper treatment of the seed. ed by proper treatment of the seed.
Secure I pint of formalin for every
20 to 30 bushels of oats required for
seed purposes. Dilute with 42 gals.
of water, and use a barrel in which
the bags of grain may be immersed
for 20 minutes. Spread out to dry, and then place in new bags or in bags that have been treated in a similar manner and thoroughly dried, thus

preventing re-contamination.

The adoption of these two suggestions would mean millions of bushels of grain extra with practically no appreciable extra labor. Your country asks your careful consideration and

co-operation.

Consult the nearest District Repreconsult the hearest District Representative of the Department of Agriculture if you are not familiar with this work, or communicate with the Department of Agriculture at Toronto.

SMALL FRUITS ON THE FARM.

Why Not Enjoy Fresh Fruit Grown in

Among the 400 farmers visited in 1916 in Dundas county in connection with an agricultural survey conducted by the Commission of Conservation, it was found that 80 per cent. of the was found that 80 per cent. of the farmers were growing no small fruits. Bush fruits, such as the currants, raspberries, gooseberries, etc., could be easily grown and would yield an abundant supply of wholesome, fresh fruit for the table and for canning purposes, on the farms of Dundas county, and in many other counties, where they are now not being grown. There are farmers who are successfully growing small fruits in their fully growing small fruits in their gardens in parts of Canada where the difficulties are great, while thousands of farmers who care difficulties are great, while thousands of farmers who are more favorably situated and who could grow small fruits with the greatest ease, are neglecting to do so. This is a matter which should receive the earnest attention of all. It is poor business for the farmer to be paying out his money for canned fruits, or for fresh fruit to be canned at home, when a sufficient supply of most of the varieties desired can easily be grown in the home garden.

People usually have the blues after skimming the milk of human kind-

With a piano keyboard a Kansas musician's musical instrument repro-duces the parts of the four violins of an orchestra, including the bass viol.