

What is a perfect food?

IT'S the food that develops both *tissue* and *energy* in the right proportions. And science says the right proportions are 5 1/2 to 1.

Why do babies thrive on milk?

Because milk is the perfect food. It furnishes 5 1/2 parts energy to 1 part tissue.

Why do both youngsters and grown-ups thrive on porridge?

Because it also furnishes almost exactly 5 1/2 parts energy to 1 part tissue. And it is about the only food besides milk that is practically perfect.

But use the right kind of Oats for your porridge.

Tillson's Rolled Oats make porridge that is porridge.

Not a flake broken. That means porridge that is not a sticky, jellied mass, but inviting and delicious.

Every flake rolled so that Tillson's cooks perfectly in 15 minutes—no more.

Try Tillson's tomorrow.



Tillson's Oats

Your grocer has Tillson's. Two sizes—10c and 25c. Each 25c package contains a handsome piece of English Porcelain Tableware.

CANADIAN CEREAL & MILLING CO., Ltd. Toronto, Ont.

MORNING NEWS OVER THE WIRE

The Moncton city council has invited citizens of Sunny Brae, Lewistown and Humphreys Mills to a conference to discuss a proposal to include these places in the city. This would add about 2,000 to the population of Moncton.

Donald B. Winslow, retiring secretary of the provincial public works department, received a handsome travelling bag, and Miss Mary Thompson, who is leaving the education office after thirty years of service, was given a canoe brooch in Fredericton yesterday. The presentations were made by Hon. John Morrissey and Dr. W. S. Carter on behalf of the staff. Mr. Winslow is going to Regina and Miss Thompson to Ottawa.

Phil deClancy, also known as "Duke De Nevera" was yesterday sentenced to between six and ten years imprisonment in state prison by Judge Saunders of Boston, for swindling and cashing a bogus check. He had been unwittingly entertained by Mayor Fitzgerald, and other well known men about the city.

According to Chinese papers received at San Francisco, Princess Lai, mother of the baby emperor of China, and wife of the prince regent, has eloped with an actor, Yung Shu Lei.

That the Liberal government was defeated by Ontario was shown by the official figures, complete except for the Yukon. Ontario gave the Conservatives a majority of 66,000, while the rest of the Dominion gave the Liberals a majority of 23,699. The Liberals carried New Brunswick, Nova Scotia, Quebec, Alberta and Saskatchewan. The figures in New Brunswick were Liberals, 40,104; Conservatives, 38,068.

Premier Borden may have to hold an investigation into the cement merger in which Sir Max Aitken and others were declared interested. It is said that Sir Sanford Fleming, a life-long Conservative, is pressing the matter, and has submitted a statement to a foremost member of the government.

GOOD RUN TO BARBADOS.

The schooner Annie M. Parker, owned by R. C. Elkin, arrived at Barbados yesterday after an unusually good run of eighteen days from this port.

PILES QUICKLY CURED AT HOME

Instant Relief, Permanent Cure—Trial Package Mailed Free to All in Plain Wrapper.



Many cases of Piles have been cured by a trial package of Pyramid Pile Remedy without further treatment. When it proves its value to you, get more from your grocer at 25c a box, and be sure you get the kind you ask for. Simply fill out free coupon below and mail today. Save yourself from the surgeon's knife and its torture, the doctor and his bills.

FREE PACKAGE COUPON

PYRAMID DRUG COMPANY, 402 Pyramid Bldg., Marshall, Mich. Kindly send me a sample of Pyramid Pile Remedy, at once by mail, FREE, in plain wrapper.

Name.....
Street.....
City..... State.....

NEW VIENNA AUTO OR OUTING CAP



This might be a mediæval helmet and armor of some crusading prince, from all appearance, but it is not. It is a new combination headgear for ladies and expected to be very popular in Canada this winter. It is one-piece, woven knitted, and draws on over the head, and keeps the hair tidy and the ears warm. While it was invented as an auto cap, it will be most acceptable for snow-shoeing, tobogganing, and other outdoor sports. It is said that the Princess Patricia has already worn it while automobiling in England, and as she is due to arrive in Ottawa about Christmas, and will doubtless have something to do with setting the pace of fashions for the youth of Canada, the new cap may be said to have already secured its entry.—(Copyright by Underwood.)

MORNING LOCALS

Rev. Alfred Hall, senior chaplain of the British and Foreign School Society yesterday visited Kerr's Business College and presented to the school one of the Nelson shields. It is a striking piece of artistic work.

Friends of Wm. F. Skillen yesterday presented to him a gold-headed cane. He is going to Boston, possibly to make his home there.

Wilfred McKenzie, a carpenter, fell from a staging in Rockland road yesterday afternoon, and besides being internally injured, suffered a dislocated shoulder blade. He was taken to the hospital.

The members of the St. John's Conservative Club held a smoker in their new rooms in the market building last night.

Ald. R. E. Wigmore presided. Speeches were made by Dr. J. W. Daniel, ex-M.P.; W. F. Hethcote, M.P.; Hon. Robert Maxwell; Recorder Baxter, M.P.; Agat, J. C. Chesley, James Bryant, L. P. D. Tilley and others. A musical and literary programme was enjoyed and refreshments were served.

FREQUENT WASHING NOT GOOD FOR THE HAIR

(Marian Harlow in Woman's Sphere.)

"The best method of promoting a healthy scalp, and a growth of long, glossy hair, is to use a good dry shampoo once a week. Women find that frequent washing of the head hardens the scalp and makes the hair brittle, scaly and thin.

"Dry shampoo is necessary to clean and invigorates the hair, and keeps it in its condition. It is a light, airy powder of all kinds, and is used by the hairdressers of the world.

"The best dry shampoo powder is made by mixing 4 ounces of cornstarch with 1 ounce of talc, and 1 ounce of hair oil. The mixture is then thoroughly brushed through the hair, makes the head feel good and gives the hair a rich, glossy appearance.

"With such a condition of things," he said, "our church work is not effective. Our expenses being large enough to sustain the affairs of a church seven or eight times as great. Our ministers receive station stipends and for this very cause there is growing up a degraded conception of the Christian ministry due to the fact that the people do not recognize the principle that the laborer is worthy of his hire.

"It is not a question of soil that our farms are being worked instead of being taken up, for the soil in this land cannot be cultivated, and it is not a matter of climate.

"It is because," declared the bishop, "that of according the judgments of God to the people."

Our subscribers will earn a blessing if they will telephone items of news that they know about. The editor works eighteen hours a day in the office and seldom has time for outside work. If a member of the family is ill, dead, born or married, kindly tell us. If you have a visitor out of town, or if you visit elsewhere, let us know. Your friends like to hear from you.

DENIES ITALIAN ATROCITIES.



Commander Decker, of the U. S. cruiser Chester, arrived at Marseilles a few days ago from Tripoli. Adverse newspaper criticism of the Italian action in Tripoli, he thought, could only be based upon fabricated news owing to the strict manner in which the censorship is applied.

OPENING OF CONGRESS OF MEN WORKERS

Laymen's Mission Convention in St. John Given Good Start

HOME TALK BY BISHOP

Conditions in New Brunswick and the Lure of Glowing Pictures, Half True, Half False, of the West—Canon Gould and Sir Andrew Fraser

The Laymen's Missionary Congress for New Brunswick opened yesterday with a large attendance, which is expected to increase today more than 1,000. Sessions were held in the afternoon and evening in Centenary church.

The formally registered commissioners occupied the body of the church last evening but the galleries were nearly empty and the committee wish to have it known that all men are welcome to attend from the city or province, whether or not they have paid any fee.

A choir was organized last evening from the delegates and will sing at the evening meetings during the convention. C. A. Munro assisted last evening with a solo.

When the convention opened in the afternoon the body of the church was well filled, a remarkably good showing for the opening session. T. H. Bullock presided and those on the platform included Rev. Canon Gould, the speaker of the afternoon, Rev. C. R. Flanders, D. D., chairman of the executive committee, H. K. Chesley and Rev. J. T. Tucker.

After the devotional exercises, the chairman introduced the speaker in a brief address. Such a convention, he said, could not have been held three or four years ago and was only made possible by the work of the laymen's missionary movement. An awakened heathen world was the challenge to the Christian world.

Rev. Canon Gould, general secretary of the M. S. C. C., proved an eloquent and convincing speaker. His thoughts were clothed in beautiful language and he had a very striking delivery. In flowery periods he described visits to famous churches of Europe, where soldiers of the cross had made their last stand, and then he passed on to a word picture of the scene at Calvary which made a deep impression on his hearers.

Rev. Dr. Flanders dismissed the meeting with a benediction.

Nearly every seat was taken in the auditorium of the church in the evening, and about fifty men were in the gallery. Laymen's Missionary Congress is a new thing here and there will be those who will agree with me when I say that in certain parts of the province the whole system of morality is being gradually, slowly but surely, broken down.

In speaking of the Christian faith as the remedy, his lordship said the work of the church is to be face to face with the fact that every period was dominated with doubt and national differences with churches on every corner. He did not see at present any hope of this condition of things being changed.

"While I believe thoroughly in maintaining separate and distinct bodies, yet there is every opportunity for fair play and for honorable Christian rivalry. For one thing I hope the day will soon arrive when the corporate conscience of the community will not set the seal of approval upon every wandering evangelist, described at a Methodist conference as 'irresponsible peddlers of a ragtime gospel.'"

In closing, Bishop Richardson made the reference to religious instruction in the public schools, spoken of above, which was received with hearty applause by the delegates. He said teaching the Bible in some form would be a great help to the Sunday schools and remove the danger of a generation growing up, knowing not the Word of God.

Sir Andrew Fraser's address was on religious lines, tracing of the effect of the gospel upon the people of India. He told many interesting stories of his own experience and observation during his long term of office in British India's dependency. His text he gave as "The Works of the Lord are great, sought out by all who take pleasure therein."

Although a disinterested witness of the efficacy of missionary work, because he had not been a missionary, he was by no means uninterested in his oldest son, now a missionary and he himself had at ways made every effort to learn something of what missions were being in India.

Sir Andrew spoke for three-quarters of an hour and held the close attention of an audience throughout.

This evening, 8 p. m., Chairman, Bishop Richardson, Devotional exercises, led by Rev. Dr. MacOrdn, Moncton. The Canada of Today and Tomorrow, the Ven. Archbishop Remison, diocese of Moncton. Personal Experiences With Missions in India, Sir Andrew Fraser, K. C. S. I., Offorty, The Call to Service, J. Campbell White, New York.



TOYS

TOYS

TOYS OF ALL KINDS

Wednesday, November 22nd, is a Special Toy Day

Mechanical, Friction and Bell Toys at prices that will surprise you. On Wednesday, Nov. 22, for that day only, our Toys will be sold on a special premium plan.

It Will Pay You

To call and examine them. Don't miss this opportunity, and remember that Asepto products are the best and our premium plan a great money saver.

ASEPTO LIMITED

Cor. Mill and Union Sts.

TOYS

TOYS



Smokers Who Know

Will Always Select

"Master Mason"

Cut Plug Tobacco

The reliable brand cut from our original "American Navy" Plug; made from the finest selected American leaf tobacco.

SOLD BY ALL DEALERS

Manufactured by

ROCK CITY TOBACCO CO., QUEBEC.

LANDS FOR THE INDIANS

Spokane, Wash., Nov. 21.—Poor Lot coming into his own. He and his fellow and their squaws and offspring will be rich in their own name instead of living off the bounty of Uncle Sam. Clair Hunt, United States aiding agent, now in Spokane, reports that of the 300,000 acres of desirable agricultural and grazing lands to be allotted on the Colville Indian reservation, north of here, practically every homestead worth the while will go to the Indians, leaving little or nothing for prospective white settlers.

The reservation contains about 1,400,000 acres of land, and of the 1,000,000 acres are mountains, mineral and timber lands and grazing lands too rough and stony for practical purposes. The Indians receiving allotments are those who are living on the reservation and the children of the red men who received allotments on the north half of the reserve in 1909. Many of the Wenatchee Indians, who have established their rights, also received choice lands. Twenty-five hundred allotments will be made, the average allotment being 12 acres.

Spokane, Wash., Nov. 21.—Seeds from 20,000 bushels of white pine cones, recently gathered on the Kootenai national forest reserve, in northern Idaho, will be planted on the Clear Lake, St. Joe, Idaho and Cabinet forests next spring in districts swept by fire in the summer of 1910. A seed extracting mill is being installed by the government and it is expected to secure 10,000 pounds of seed at about 80 a pound. Henry H. Farquhar, chief of planting of the United States forest service, who is in Spokane, reports that the cones were collected entirely from squirrel caches. Operations were spread over a territory twenty-two miles in length and five miles in width, 100 men being located in four camps. The cones were paid by the day, with a bonus if they averaged a certain number of seeds each day. Several collected more than ten two-inch seeds a day during the thirty days they were at work.

The funeral of Mrs. Richard Sage took place yesterday from the residence of her son, E. L. Sage, 21 Golding street, to the Union Station. The body was taken to Harvey, Alberta county for interment to-day. If not, send to The Times Co.

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