

It is against all sense to send patients, in winter or in the fall, to Southern health resorts, to stay there for a short time, if they have to return during the inclement season to their unfavorable condition.

Attention may be called here further to two incorrect actions. One is especially committed in sanatoriums supported by philanthropists. Patients severely sick are not received in order to have a more favorable statistic. Sanatoriums, however, are established for the best possible relief they can give, and not for the favorable statistic.

Very nearly criminal, at any rate censurable, is the abuse practised in health resorts, in sending away patients in a dying condition, who then die in a coupe or in a way station. The excuse that death and funerals disquiet and harrow the other patients does not hold good. We know nearly all sanatoriums where many operations take place and many die. It can be as easily arranged in health resorts as in sanatoriums, that the survivors are kept in ignorance. "They have gone away on a journey," might as readily be said of travelers to the other world.

What must be done in order to make infected hospitals, also barracks and prisons in character harmless need not be elucidated.

Here a weighty moral question comes in for consideration. Those interested must have the courage of conviction and their courage must not bend before official force.

Lying, white-washing and denials must be banished from public life.

The dangers of infection in large and small factories are at least theoretically decreased by sanitary industry and factory laws; only care must be taken that the laws are carried out. The same applies to schools and to school hygiene.

#### VIII. TREATMENT OF CONSUMPTION.

We now come to the treatment of consumption. Here the already mentioned measures, which prevent the constantly renewing auto-infection plays the first role. All treatment which improves nourishment—and to this belongs the furnishing the starving with food; further all those which better the condition of the general strength and the resistive power of the tissues, are important for the treatment of consumption. Hardening by timely applied hydrotherapy and strengthening of muscles by proper athletics, must never be lost out of sight. Good air with much tarrying in the open atmosphere, and a good deal of sunshine, will remove the germs in the body.

For all patients who cannot find in private treatment all they need, the treatment in a sanatorium is fundamental for cure.

From all said heretofore, the first rule ascertained is that we should not build as sanatoriums either palaces or barracks. These will become in time breeding places for the tubercle poison. It cannot be denied that