Carruthers, the eminent British botanist. We are very glad indeed to welcome both of the above gentlemen to Ottawa. The Ottawa Field-Naturalists' Club will doubtless receive much benefit from their presence.

In the removal of the Rev. G. Eifrig from Ottawa to Addison, Ill., the Club has lost from the ranks of its active members a most valued officer and leader. From almost the first day he came Mr. Eifrig took a deep interest in the work of the Club. As an ornithologist of recognized standing, he was a welcome addition to our Society, and during his stay with us he did splendid work in encouraging the study of local birds. His papers in the OTTAWA NATURALIST have given much pleasure to our readers and we shall certainly miss his kindly face and interesting talks at our excursions in the field, and at our meetings during the winter months. He has been a faithful member of the Council of the Club, being at the present time the 2nd Vice-President and Chairman of the Excursions Committee. As a true and enthusiastic student of bird life his departure will be keenly felt by many members who followed him at our outings. Mr. Eifrig left Ottawa on September 27th to take up his new work at the College of the Lutheran Church at Addison, Ill. As Professor of Ecclesiastical and Secular History, his best thoughts will be directed along lines of favourite studies. It is also probable that he will teach Natural History. The Addison College is the principal one of its kind of the Lutheran Church in the United States. We extend to Mr. Eifrig our congratulations on this further recognition of his ability, and at the same time wish him continued success and happiness in his new field of labor. We hope to publish in our pages many more of his interesting papers.

BOOK REVIEW.

Hygiene for Young People.—A Reader for Pupils in Form III of the Public Schools. By Professor A. P. Knight, M.A., M.D., Queen's University, Kingston. 8vo., pp. 211.

Toronto: The Copp-Clark Co.

It was a happy suggestion which prompted the gifted Professor of Physiology in Queen's University, Kingston, Dr. A. P. Knight, to prepare the handsome elementary guide to health, "Hygiene for Young People," just issued in Toronto, under the recommendation of the Ontario Minister of Education. It is published as a reader for Public School use and for School Libraries, and no book could be more admirably adapted for both purposes. As a Birthday or Christmas Gift-book it would be valued by any thoughtful boy or girl. A more attractive and fascinating little work could not be imagined, and it is