

use we have made of His gift. when we stand before His Judgment-Seat. And though you, my friends, may easily satisfy a sleeping conscience now, it will be wakeful enough then, and you will be forced to *accuse yourselves* of wasted Sundays, whether you will or not.

But, perhaps, you will ask me "How then ought the Lord's Day to be spent?" I will try to tell you

"Upon the first day of the week .....the disciples came together to break bread." (Acts xx. 7.) This was what every true believer did, in the first and purest days of the Gospel. In those days of true love and zeal, all Christians who had been confirmed felt that they suffered a great spiritual loss, if they were hindered from being present at the Lord's Supper. If you and I wish to be like those faithful souls here, and to go where they are, when we die, *our* heart's desire must be where *theirs* was. We must never neglect Holy Communion. if it be in our power to partake of it. If ever you really are unable to come to the celebration of the Lord's Supper, still do your best to attend the forenoon and evening Service on Sunday, and for the rest of "The Lord's Day," spend it in some holy and religious employment. If you have leisure and ability teach the ignorant, visit the sick, relieve the needy. Read good books. If the other days of the week are spent in hard labour, pass some of the remainder of "the Lord's Day," in a quiet walk with your families, or in some other quiet, innocent employment, such as will not make you forget what you have been hearing and doing in the House of God. But

all of you, rich and poor. old and young, learned or ignorant, must spend this holy day "as unto the Lord." Do this, and then each "first day of the week" will bring down a blessing on the other six. Do this, and then the grace of Christ will make you more and more fit to join that blessed company, who rest not day or night singing praises to Him that "sitteth upon the throne and unto the Lamb." (Rev. v. 13.) Oh, dear friends, be in earnest. Let there be no more wasted Sundays in your lives; count up the years that are past and all that has been forgotten and neglected in them. Look forward and think of all that lies before you, for good or evil, in the world to come, and then act accordingly.

"Let us search and try our ways, and turn unto the Lord."—(Lam. iii. 40.)—*New and Old.*

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### DIFFICULT TEXTS.

9.—"According to the course of this world, according to the Prince of the Air, the Spirit that now worketh in the children of disobedience."—*Ephesians* ii. 12.

There are two words in the Greek translated world in our version. They are *aion* and *kosmos*. The two are here combined. "The course of this world" is the *aion* of this *kosmos*. *Aion* expresses an age or period definite or indefinite. It is sometimes used for a lifetime, a generation, or more often for eternity. *Kosmos* is the material world. "God so loved the world." *Kosmos* is often a term of reproach denoting the world of sense and matter, or the world as affected by sin. The first clause of the text means, then: "According to the true state of this material world."