#### Miscellaneous.

The Transfiguration (By Samuel Greg.) Stay, Master, stay upon this heavenly hill; A little longer, let us linger still With these three mighty one of beside, Near to the Awful Presence still

And catch a glimpse into the spirit land. Stay, Master, stay! we breathe a purer air; This life is not the life that waits us there; Thoughts, feelings, flashes, glimpses come

know; Wrapt in this cloud of light we seem to be

" No !" saith the Lord, "the hour is pastwe go; Our home, our life, our duties lie below, While here we kneel upon the mound of prayer,
The plough lies waiting in the furrow there!
Here we sought God that we might know Here we sought God that we might know
His will;
There we must do it—serve Him—seek Him

If man aspires to reach the throne of God, O'er the dull plains of earth must lie th He who best does his lowly duty here Shall mount the highest in a nobler sphere; At God's own feet our spirits seek their rest, And he is nearest Him who serves Him best.

#### Household Economics.

BY MRS. MATTIE S. E. BENT

(Before Banning Farmer's Institute.) The words " Economics" and " Economy" often, if not usually convey a meaning quite our best shall accomplish the most possible. One thing is noticeable, that all our little apart from their general and better significcapital—and how small it seems—might be put into any one of these departments, and done. You may be all housekeeper or all serving woman, or all mother, or all society we can get along without, which we have been wont to enjoy in happier-and better woman, or all missionary woman, like Mrs.
Jellby, and still you will see more beyond, days—do we say to ourselves that we are going to "economize?" When the school board, elected en an "economy" platform, in either line, which you cannot do. If this cuts off from the force the music teacher, the drawing teacher and the kindergartner, do they not call the admiring taxpayers to follows—and this is the most serious con him live by himself either in a second house witness that they have "economized" so clusion to which I have come in some years many hundreds of dollars a year? One instinctively looks about for some tax payer it all, what one will do, and what is even o call them to account for not dismissing the arithmetic teacher, be geography teacher also, and so economizing more hundreds of dollars.

No; we may be obliged to do without things-even teachers, perhaps-but that is not economy; it is retrenchment, depriva tion, loss, misfortune. Economics is not the

also worthy?

the largest returns.

The home and the household present a field for the application of such a science touching more nearly and more directly than any other the welfare and happiness of those who dwell therein. Into the hands of certain ones of us, often designated for consels," there is given the making of the most important thing in society-its homes. With us it lies to create them, with all their deep and wide and far reaching possibilities, and dessert at dinner mean also "boiled we love best. To this end there is given said, who can doubt that the cheerful face to each of us a certain amount of capital to at the head of the table will be a treasured be invested, and the ability we prove to possess in this sort of financiering, measures
and fixes the fate of those who are at its
carpet spotless, but you are too weary to ge mercy. Can any study be-for us-oi great er or more immediate and practical importance than that of how to so invest that capital as to produce the largest and most

hours every day; one head, one pair of

with being rather vague in ordinary money matters, as mistily supposing that having emptied one's purse on the pleasure of yesterday and the requirements of today, some how, to meet the necessity of tomorrow However, this may be-tho' I by no means admit it-any such vagueness on the part of the home make must be most disastrous. She must clearly understand that she has twenty-four hours, and only twenty-four, far more artistic than with heavy carpet and and that nothing can make it any more that she has her share of strength and nerves, and no more, and when she has used crowded pictures, entangling stools and these, there is no more of either to be had

at any cost or upon any consideration. Another fact which needs to be faced and "the trail of the dust cloth is over them considered is the complex nature of that we all." seek to create. (I address myself chiefly to that all conquering and much-to-do-admired person, the woman "who does her own work," because while servants may change the character of a woman's actual occupa tions, they do not-unless it may be a single naid-simplify the difficulties of keeping the house subordinate to the home. The ments and many kinds of thought and labor enter into it. First, there is the house with all of a material kind which it contains. It must be orderly and cleanly, it must be- keeping good will, which may be of value however, unpretentiously—adorned and beautified. The table, too, with its impera-tive, its multiplied, its unceasing demands, ust be set forth attractively and furnished with a thought for the needs of each one who has a place there. And not his needs only, but his special tastes and desires; and these all must be modified and limited by possibilities of purse and market. Again, our families are not clothed like the birds of the air, in garments that wax not old, but are compelled, as Charlotte Perkins Stetson expressed it, "to wear a lot of stuff outside their proper skins," and much taking thought for the morrow does it require. Besides, all the snipping and stitching, there is all the planning and considering for one's seil, and John and the children, not forgeting any of the conditions, of cold and heat, healthfulness and beauty, of school and ess and beauty, of school and

#### Agricultural.

children at supper and round the evening lamp. Surely you cannot do less than rethat he has been studying economics, too, in another field, and that this bit of home that he gets now is really the best thing life has to give him in return for all his labor. Even yet, this is not all. You are giving out constantly of your vital forces, and mind and heart must have sustenance as well as body to maintain themselves. You must meet friends, you must think, you oust read, if you would avoid degenerating into a machine. Ten years hence your chil-

werst behind, as he joins you and your

iren will need you even more than they do now, if possible, and you must be making yourself the kind of companion you will then farm, and far be it from us to lesson his the body and hold it for a ransom, as was yourself the kind of companion you will then wish and need to be.

Surely we have reached the end of our responsibilities now. But stay—this home of yours is not on Robinson Crusoe's island—are you not indebted in countless ways to are you ome must hear its share in the labors, as well as the blessings of those institutions. John can do something here, but John will John can do something here, but sonn wan probably—perhaps because he thinks you can do it so well—leave it chiefly to you, and you cannot ignore the sick neighborover women of the farmer's household would not women of the farmer's household women o and you cannot ignore the sect heignose over the way, or the merry-making next door, or have to board and lodge the help employed of orchids, lilies of the valley and white the Sunday school class where you are on the farm.

The amount of extra work though it is sometimes more than should be placed upon some of the women on the farm, wars is fer the poorer men who now fight the battles to refuse to fight them any long-the progress of humane ed-The amount of extra work entailed, Is it not an interesting catalogue? Or is it heartening? It is both, I believe, at dif ferent times, according to whether we look at the grandeur of the task or its magnitude. Surely it is grand enough to call to exercise the very best that is in us, and great enough of the farm will agree with us that the really then it would be no more than perfectly Nothing is so conducive to a happy and by any foreign element that is not a part and parcel of the family.

in either line, which you cannot do. If this be true, and if you are unwilling to invest difficulty is for every farmer as far as poson the farm or elsewhere. This question is of pondering—that one must choose out of well worth discussing, and we would like to have the views of some of the farmers wives more difficult, choose what one will leave undone. To attempt all is to be constantly who are most directly interested.

undone. To attempt all is to be constantly wearied and baffled by attempting the impossible. To do now this, now that, which is desirable, but not weighed with reference to its comparative desirability, is to become to its comparative desirability in the ordinary way; then drill in science of doing without things, but the By what touchstone shall we find out what one half bushel per acre at right angles to is the most werthy, from so much which is the first seeding. If good seed is used, one A wise woman has written a book which you cover the ground better, get a finer and she calls "What is Worth While?" and she firmer seed-bed, and a better yield. The concludes that that is worth while which rows of grain running both ways of the endures, and that is most worth while which | field will prevent the dry winds from blowlongest endures. Since we must choose, can ing through and evaporating the moisture from the soil. Reports received from eleven farmers along the Soo line of North Dakota, we find another principle of selection which will be so sound and so satisfactory? As between the frill on Susie's apron and the story or hymm at twilight, which will enter average increase of over five bushels to the the mere into Susie's life? If soup and salad acre. One Richland county farmer, who made a careful test in two large fields adlady for the first course," as Charles Lamb joining, reports an increase of seven bushels of wheat per acre from the field that was drilled both ways. Cross seeding requires a memory, long after the dinner is forgotten? little more work, but it pays big returns.

up and tuck John Jr., into his bed, and find out whether he has been a good boy. Verily, you have your reward-the windows are brilliant, the carpet is speckless, but-how about John Jr.? Will you feel by and by, when you sit down to contemplate your only by continual and perpetual vigilance It differs with different individuals. Yet, carpet and windows while you sing "where after all, not so much as we are won't to is my wandering boy tonight?" that you raw product and only by the same methods we share alike. We each have twenty four time in jellies and jams, to the exclusion of best product. A cent a pound added to the newspaper and book, essay and story; John | value of the butter produced in the Elgin hands, one nervous system and a certain and the children will partake of the jam district, would have amounted to a vast amount of money, varying in different cases and jelly which they find at home, and go sum, and what would it have been for the away for the companionship which they do

discovery has been made, it is this—simplicity is beauty. Can it be that we can invest

less and receive more? Why, here is economy indeed! But it is even so. The simple Curry Cows Before Milking. garment is the most graceful. The simple enu, gaining its zest in its variety from day to day, is not less, but more attractive and healthful. The sitting room, with mat

eggs.

Keep Your Temper.

e good tempered; you owe it to your man-

recable for yourself; you are gaining an

and help to you hereafter; you are accumu-

lating a capital of popularity and good re

—At an Australian mining town recently, during the opening performance of a "Jack and the Beanstalk" pantomime, a st. ll's natron w.e accompanied by a sull-terrier

port, which may be used to advantage, per-

haps, at a gritical time. Good temper is a

hood, to your own self respect. In making others comfortable, you are making things

ting and rugs, light furniture, few pictures, and harmonious coloring, is not less, but curtains, stuffed furniture, easels and tripods, a confusion of drapes and tidies, adhering to the hands of the milker, drop footrests, china degs of bisque shepherdesses with other bric a brac innumerable, while in afterward. All of the cows should be curried and their sides and udders brushed before the milking process has begun.

-Good cultivation is the most effective fertilizer to be applied to the average seil, Maritime province farmers do not as a rule Be good-tempered. It pays, in every way; half prepare their seed bed. A very good rule is to make the seed bed as fine as you it pays, if you are an employer; it pays if you are an employee; it is profitable, in think is necessary and then go to work and ery walk of life. And this is taking the do as much more cultivating and harrowing on it. The broad tooth cultivator and the most selfish view. You owe it to others to disc and spring tooth harrow all save labor in plewing and are very necessary imple-ments for fitting the ground.

Universal Agreement. every paper devoted to the dairy

The Hired Man in the Home About a year ago we discussed very fully the question of "hired help on the farm.'s
In that discussion comelderable attention
was given to the relation of the hired man to the farmer's home, and it was pointed out by more than one who took part that his presence there was not conducive to that privacy and seclusion so requisite in every other duty. There is no secret about the to the farmer's home, and it was pointed out

We are not entering upon this subject again because we have any animosity towards the person who figures as the hired is to handle explosives. The body is decked country. The manufacturer or business man in the city does not have the help employed in his factory or place of business board in his house. And what we would like to see it a company to the anatomists table, all these are given as reasons. Perhaps all are true.

Mrs. Whitney's coffin was not laid in a yault but in the ground state of the see it.

practice of having the hired man in the home. We think that most of the women of the farm will agree with us that the really of the farm will agree with us that the part of the plan is the fact that the presence of the hired man, no matthat the presence of the hired man, no mathematical that the hired man, no math and privacy which a home should have. contented home as the pleasant intercourse of father, mother and children, untrammelled

-If the creamery man was more strict in enforcing what he knows to be the prope rules for the production of milk by his pat rons he would have a better product and necessarily would make better butter. It is whole country? Consider this for a moment

Cows should be curried and brushed in the morning before milking, as then they have just arisen from an all night's recum bency and are as dirty and dusty as at any time during the 24 hours. A prevalent custom for some milkers is to brush off the udder and teats after they have sat down to milk. This is wrong, as then more or less of the dirt will get into the empty pail, or,

Here is a good test for watered milk which is simplicity in itself. A well polished; knitting needle is dipped into a deep vessel of milk and immediately withdrawn in an upright position. If the milk is pure, some of the fluid will hang to the needle, but if water has been added to the milk, even in a small proportion, the fluid will not adhere.

Heading.

TICEL

that clothe Mrs. William C. Whitney's grave on a hilltop overlooking the Little Neck meadows, the freshly turned earth is sown with powerful torpedees. The coffin is hemmed about with them, and the ghoul

On and after MONDAY, JUNE 197H. 1899, the Steamship and Train Service of this Railway will be as follows (Sunday extorpedoes. They were not planted there by the grave digger, but by strangers sent to

Trains will Leave Bridgetown: Express for Yarmouth...... Express for Halifax..... 

-" Some of you young men," once said the late Bishop of Derry to a congregation of undergraduates at Oxford, "are very proud to call yourselves 'Agnostics.' It's Greek word: but I don't think you're equally fond of its Latin equivalent, 'Ignoramus

-Under the wealth of hothouse flower

who undertook to strike his spade ben-

the surface would invite swift destruction

and night and day two men are posted to

# LIFE LASTS LONGER

If Puttner's Emulsion be taken regularly by Consumptives and all weak & ailing people

Always get Puttner's, it is the Original and Best.

# NOTICE OF SALE

the County of Annapolis, Farmer, an HENRY S. JONES, of Upper Granville, the County of Annapolis, Farmer, and all others whom it shall and may concern: The undersigned as mortgagee of the lands and premises and property hereinafter mentioned by virtue of a mortgage executed to him a rule.

and varying at different times in each case.
This last will determine the size and shape and furnishings of the house—the others will produce the home.

Of course while we abide in the body, it must have care, but we must see to it that the immortal and invisible are not made subordinate to it, and herein lies the gravity of our use of them; and what is still more serious, that enly this coin of yours can buy a home at all—if you fail, you and yours must suffer, and that at the very easter of life.

The next consideration is that we have just so much to invest, and no more. Perhaps nothing, at once so obvious and important, is so often forgotten. If we put it in one place, we simply cannot put it in another, no matter how much we may desire to do so. The feminine mind is commonly charged with being rather vague in ordinary money that is be houred to the subordinate to it, and herein lies the gravity of our task. Only so much of our capital must go into house and food and clothing, as once so obvious and important, is so often forgotten. If we put it in one place, we simply cannot put it in another, no matter how much we may desire to do so. The feminine mind is commonly charged with being rather vague in ordinary money that is be houred on the sub the body and surely the course of the principal mone and see whether you and your factory and your patron cannot secure by a little extra care. —Eigin Dairy Report.

Dirty Eggs.

The shell of an egg is porous, and any off-invited in the promance of the covenants and agreement the immortal. A bright and well-ordered home is the gravity of our task. Only so much of our capital must go into house and food and clothing, as well minister at once to the mortal, and to the immortal and invisible are not made subordinate to it, and herein lies the gravity of our task. Only so much of our capital must go into house and food and clothing, and we what is immortal. A bright and well-ordered home is the greatest of present comforts to the house of Graville it to be allowed to make ning at the north-cast corner of the above cribed premises at right angles acroes I Durling's land to the east after coming to Is owned by Wallace Young to follow the Young's hay road to the Post Road being same land deeded to Elias Messenger Fletcher Durling."

Dated this 23rd day of May, A. D. 1899. EDMUND BENT,

SPRING OPENING Millinery

Tuesday and Wednesday, April 11th and 12th,

when we will show the latest

novelties in Pattern Hats and Bonnets. A cordial invitation is extended to the ladies to

MISS A. LeCAIN. Building Material!

FRAMES of all kinds sawn to order at short notice. SHINGLES: A large quantity of White Hemlock Shin-Laths, Barrel Staves &

> ock warranted to be sound. BALCOM, Manager. RENCETOWN.

nerves?

### ing exhausted? RAILWAY

Land of Evangeline" Route

Trains will Arrive at Bridgetown: Express from Halifax .....

BOSTON SERVICE, S. S. "Prince George,"

Royal Mail S.S. "Prince Rupert,

1,260 Gress Tonnage; 3,000 Horse Power. ST. JOHN and DICBY. Daily Service Leaves Digby...... 1.00 p.m. Arrives in St. John...... 3 45 p.m.

S. S. "Evangeline" makes daily trips be-tween Kingsport and Parrsboro.

Boffet Parlor Cars run each way daily on Express trains between Halifax and Yar-Trains and Steamers are run on Eastern

P. GIFKINS, Superintendent, Kentville, N. S.



Yarmouth S. S. Co., Limited The Shortest and Best Route between

Nova Scotia and United States. THE QUICKEST TIME. 15 to 17 hours be

Four Trips a Week. The fast and popular Steel Steamers BOSTON" and "YARMOUTH

Commencing July 1st, one of the above steamers will leave Yarmouth for Boston every TUESDAY, WEDNESDAY, FRIDAY and SAT-URDAY EVENING after arrival of the Express train from Haifax. Returning will leave Lewis Wharf, Boston, every MONDAY, TUESDAY and FRIDAY at 2 p.m.,

W. A. CHASE, Sec. and Treasurer

INION BANK OF HALIFAX. Incorporated 1856, Head Office, Halifax, N. S.

REST.....\$225,000 WM ROBERTSON, Eso., President. E. L. THORNE, Cashier

Savings Bank Department. Interest at the rate of 3 1-2 PER CENT. allowed on deposits of four dollars and up

AGENCIES .-Kentville, N. S.—A. D. McRae, agent. Annapolis, N. S.—E. D. Arnaud, agent. New Glasgow, N. S.—R. C. Wright, agt. Dartmouth, N. S.—F. O. Robertson, agent.
North Sydney, C. B.—C. W. Frazee, agent.
Little Glace Bay, C. B.—J. W. Ryan, agt.
Barrington Passage—C. Robertson, agent.
Clarke's Harbor, sub. to Barrington Pas-

Age. Liverpool, N. S.—E. R. Mulhall, agent. Sherbrooke, N. S.—W. R. Monigomery,

wolfville, N. S.-J. D. Leavitt, agent.

CORRESPONDENTS.—
London and Westminster Bank, Yandon, Eng.; Merchante' Bank of Halifax, St. John's, Nild.; Bank of Toronto and Branches Upper Canada; Bank of New Brunswick, St. John, N. B.; National Bank of Commerce, New York; Merchants' National Bank, Boston.

Bills of Exchange bought and sold, and a general banking business transacted. N. R. BURROWS,

PALFREY'S CARRIAGE SHOP -AND-

REPAIR ROOMS. Corner Queen and Water Sta THE subscriber is prepared to furnish the public with all kinds of Carriages and Buggies, Sleighs and Pungs, that may be

buggies, Sleighs and Pungs, that may desired. Best of Stock used in all classes of work. Painting. Renairing and Vanishing execu ARTHUR PALFREY.

Mone Cabe Fasilaling Anchiagua's PAIN BALSAM. but the best hot medicine for COUGHS. COLDS. CRAMPS. CHILLS CHOLERA, COLIC.

FARM FOR SALE!

Lost flesh lately? Does your brain tire? Losing control over your

Are your muscles becom-

You certainly know the remedy. It is nothing new; just the same remedy that has been curing these cases of thinness and paleness for twenty-five years. Scott's Emulsion. The cod-liver oil in it is the food that makes the flesh, and the hypophosphites give tone to the nerves.

50c. and \$1.00, all druggists.
SCOTT & BOWNE, Chemists. Toronto.

## EDDY'S Indurated Fibre Ware. TUBS, PAILS, Etc.,

When you ask your storekeeper for

INDURATED FIBRE WARE Insist on getting E. B. EDDY'S Goods. Our Name is a guarantee of quality.

Inferior Imported Goods eing offered in some places a rices as Eddy's. If you co viil find they contain only

JNO. PETERS & CO., Agents, Halifax.

# You Can Buy

ORSE BLANKETS, SURCINGLES, HALTERS, CURRY COMBS, BRUSHES BITS, TEAM COLLARS, LIGHT COLLARS COLLAR PADS, LAP ROBES, WHIPS, LEIGH BELLS, ANKLE BOOTS, AXLE GREASE, HARNESS OIL, HARNESS SOAP, GALL CURE, NDITION POWDER, LEAMING'S ESSENCE. FRIARS' BALSAM,

ing to make your Horse shine ALSO Flour, Meal, Feed,

Groceries and Confectionery cheap that it will make you laugh

Because he gives no credit, it will pay you to et prices before purchasing elsewhere. ALL GOODS FIRST-CLASS,

E. YOUNG.

Lawrencetown, Nov. 25th, 1898. HANDSOME RESIDENCE

FOR SALE!

DOCH, Esq., late of Bridgetewn, is now offered for sale. best marketable varieties, besides plum, and cherry trees, with small fruits.

thas on it a large and well-built brick that one is a large and well-built brick

poroches. Also a large barn, coach-nouse an other outbuildings.

The property is beautifully situated on the main street leading out of Bridgetown to Ann polis. It is about sixty rods from the railwestation, and five minutes welk to town, of the control of the state of the street, adorned with beautiful strubbery are ornamental shade trees, and is capable of beit divided into several building lots if desired.

For price and further particulars apply to



Abbott Wilkes, 2.11

During the season of 1899, and beginning st at Annapolis, Abbott Wilkes, 2.11, Reg 1892, will stand at the various stations bet Annapolis and Kentville, returning to station at intervals of 21 days.

F A. B. McLEOD, 237½ Congress St., BOSTON, MASS April 26th, 1899. AS USUAL

The Prettiest WALL PAPERS

Central Book Store WANTED! WANTED!

5,000 Hides. 15,000 Pelts. For which the highest prices will be paid, Spot Cash. Those having hides to sell-will please bring them.

MacKenzie, Crowe & Company CAUTION

All persons indebted to the estate of the a J. AVARD MORSE, either by accounts I romissory notes, are hereby notified that I syments of the same must be made to

ALOUND DE

### The Rousehold.

The Family Diet.

A certain balance of food is ne of the nerves. One sees remarkable statements on the value of cereal foods made by persons whose studies in hygiene and physi-ology are less than their theories derived from observation and the natural supposition that reverting back to simpler habits would enable a disordered system to recover. When a man is not living an animal life in the open air he can not digest in the least like an animal. Also he lacks the apparatus which suits itself to rough cereal food in quantity. Consequently while he by theory eats vegetables and porridges they, if they happen t be too rough for him, do not actually intro duce into his tissues the materials for which he chose them, while they do by bulk distend his apparatus and produce much gas, uneasi ness and irritation or leave him in a sluggist state of brain which drives a brain worker from his task. Supposing that a diet wholly of these things contained proper proportion which alone they do not, to supply the body still a theorist may not be able to get the materials in necessary quantity out of food declared to be rich in brain and bone foods. We always find, however, there are two side to every question, and those who bring children up on fine wheat flour bread, preserves and cake or sweet crackers will find it out by the teeth, digestion and nervous weakness after their ill-fed tissues begin to have to endure the wear and tear of life. A plain, attractive, and various diet is most likely to feed persons as they need. The following may be a help in considering diet suitable to a family :- Cereals are useful, such as barley, oatmeal, or whole wheat once a day, as a porridge with milk-unless well "I want my ewn money! boiled they will not yield their benefits. At least, a glassful of milk, or two if possible in a day with butter and cream in modera" tion. Vegetables carefully prepared may eaten as freely as found to agree at one meal, giving them at least five hours before \$10 bills, \$100 in silver, \$50 in 50 cent pieces eating again. Meat roasted or not too much an \$50 in quarters! I want my own money. boiled, or white fish and poultry or nourishing soup may be taken once a day. Eggs, salt relishes, salad or cheese once a day.

After much arguing and explanation he was persuaded to leave with his \$300, but as ing soup may be taken once a day. Eggs, salt relishes, salad or cheese once a day. every meal, eaten with other things, as should only appear occasionally. Plenty of John would ha' done it."-Atlanta Constituoure water is a necessity. Fruit should be tion enstantly, but very moderately taken. Cake, preserves, syrups and honey should ither be withdrawn or eaten with the greatst moderation. Children can easily l rained to like food which is not very sweet, and this preserves teeth and temper, very valuable to a family. Rice, tapioca, sago, ornstarch, are pure starch, but cooked with milk or fruit are valuable as demulcents,

while the milk and fruit used thus are easi digested, as puddings. Carelessly prepared puddings helped largely to children is a sure way to make them disliked .- Montreal Wit-

Care of Old People. Many people when old require something to eat in the night; a more comfortable bed and pillows than they once needed; light but warm clothing on the bed. A flannel night dress and bed slippers would give better est. Sometimes the sheets are too cold. and a rubber bag filled with hot water to warm the bed would prevent the less of heat from the weakened body. A cup of coffee, if it agrees, strengthens the pulse. As much as can be digested of cream, butter, marrow and fat are often useful. Gelatine in boile

shanks of beef is good in soup with cayenne pepper.

Many old persons starve partially because their food, which cannot digest as well as how the poor crave ice this sultry weather! before. See that your grandfather gets some good neurishment at every meal, of a kind he can digest, and a cup of gruel or hot milk what a luxury it is to them! That little and bread, or something comforting before fellow is happy because he has reso retiring if he stays up until ten at night. If | mersel of coolness from a filthy gutter ! he goes early to bed he should get some | Come here a minute, my boy." ourishment early in the merning. Old people often wake at four. Young people way | shifting his ice from one hand to the other not have any idea how a weak pulsed person feels, who wakes early and must wait to a vertain hour for breakfast. A cup of coffee glass of lemonade. You mustn't cat that or tea on rising or regularly at six in the stuff; it may make you sick." morning, will enable an old man to enjoy the "I wasn't goin' t' eat it," replied the freshest hours of the day, instead of enduring gamin, seizing the coin.

Passing on Your Pleasures. It is a good plan to make a resolution to be as kind to everybody as we possibly can while they are alive. When they are dead,

A friend of mine-and I may mention she is an Irishwoman, and a delightful onemakes a rule, whenever she receives a present or an unexpected windfall of any kind, to 'pass something on," as she herself words I wish every one would make the same rule. Some one gave her a set of furs once. nmediately she sent off a warm dress to a oor woman of her acquaintance, who was in need of comfortable winter clothing. 'Now I can enjoy my cosey furs," she re marked, as she addressed the parcel. Another friend seat her a necklet of beautiful Indian workmanship. She immediately selected a pair of earrings from her by no means unlimited store of jewelry, and gave them take effect?" o a girl she knew who gets few presents. Why not teach our children to "pass things on" in this delightful sense? It would bring to them riches we could never ount-the habit of self-denial, of thinking of others, of making generosity a pleasure instead of regarding it as a disagreeable duty, "How does the little ground squirrel dig his

which only a generous heart can exercise.-Philadelphia Inquirer.

Denim for Tablecloths, Etc. For tablecloths denim is used plain, fringed all around, with a strip of white cordurey ald down the center of the table, says The Decorator and Furnisher. Linea may be used in place of the corduroy if desired. The etched denim is used with the white one, but that depends upon the color of the bowls and flowers to be used for the decoration. With the plain blue pale yellow bowls filled with dark red and red brown crysanthemums may be used with the best effect. The rookwood ware is exceedingly pretty with the work where the same time to go home. As the guests were leaving, the hos test offered the little girl a bun. "No, thank you, ma'am," said the mite; "I could not est any more." I fooled to put it in her pocket. She roplied: "I can't, it's full already: but the avertine I come I did. is rich background, and it is well to make the decorations of flowers and chiua. A ablespread to use in a sitting room or

hamber might be embroidered with good Counterpanes and bolster covers are made of denim, some very elaborately ornamented, others plain with only a raveled fringe on three sides or a white knotted fringe is oc-

The following from an exchange is worth preserving: If a splinter has been driven into a child's hand it can be extracted with team. Nearly fill a wide mouth bottle with very hot water, place the injured part over the mouth and press it slightly. The suction

Lost Trust in John. PT POOR JOHN DESERVED A RETTER He came in from the rural districts a approached the village bank cautiously with fear and trembling.

He and the cashier had been friends

pened for business. In fact, he hadn' been to town" in three years. " John," he said, to the

you got time to step outside a minute?"
When the cashier did so, he led him to a fence corner, pulled out a bag of money and

"John, you an me has been ole fr'ens? " Yes." "Knowed each other sence boyhood?

"Certainly."
"Eat at the same table?"

"Tended the same church !

"Frequently." "I'm listening.

" Here's \$300 "Three hundred"-"Three hundred dollars, John ed square an fair !"

" Well ?" "Now, you keeps money fer people, don's "I do."

fer one week, John-jest fer one week! An I want it when I come fer it, John-I want t jest like I give It to you!" In about a week's time the rural depo was in the bank demanding his money.

The cashier counted it out to him in crisp, new bills. "That ain't my money, John," he said.

"You want \$300, don't you?" " Yes."

" Well here are \$300 !" "But it ain't my money, John-my money what I left with you. I give you \$100 in an \$50 in quarters! I want my own money,

Fine white bread, or whole wheat bread at every meal, eaten with other things, as "I reckon it's all right, but I didn't think nilk, eggs, cheese, fish, meat or cooked fruit | that John would take an spend my moneyby turns Graham bread and corn bread the money I left with bim-I didn't think

> Still in Doubt. She-You will love me always? He-Passionately, my darling. She-And you will never cease to love me? He-Never, my darling.

He-Every penny. She-And you will never speak harshly to He-Never She-And you will give up all your bad

She-And you will save your money!

He-Every one of them. She-And you will get along with mamma? She-And papa?

He-Yes. amma wants you to do? He-Yes. She-And just what papa wants you to do?

He- Yes. She-And just what I want you to do? He-Of course.
She-Well, I will be yours; but 1 fear I

am making an awful mistake. Its Pathos Lost. "Now, is not thet pathetic?" said a ben You and I, who can get any sort of refre

The child approached by cautious detours, "Here is a dime for you," said the old gentleman, kindly. "Go buy yourself a

"Indeed!" exclaimed the philanth In surprise. "What did you want with it, then?"

The urchin grinned. "I wanted ter put it dewn de blind man's back," he replied. Only One Way.

control his temper, and so could not courrel disorder in the court room, and at last the judge could endure it no longer. "It is impossible to allow this persistent contempt of court to go on," he exclaimed, and I shall be forced to go to the extreme

length of taking the one step that will stop

A story is told of a judge who could not

leading counsel rose, and with just a trace of a smile, inquired: "If it please Your Honor, from what date will your resignation.

Pat's Puzzle. In a jovial company each one asked a quastion. If it was answered, he paid a forfait,. or if he could not answer it himself he paid a forfeit. An Irishman's question was,

and that power of turning dross into gold hole without showing any earth about entrance?" When they had all given it up, Pat said, "Sure, do you see, he begins at the othe end of the hole." One of the company exclaimed, " Run how

does he get there "Ah," said Pas, "that's your quar ation ! -A little girl went out to tea. the other enterplece and sometimes with a pale yellow day, and after tea differ ent game were in-

"So I do," "

with the etched table covers. These covers may be embroidered if desired, but the color bring a basket." to ask for an incree as of salary. "Salary!" said the deacon, " I thought you worked for