THURSDAY, JUI

There were four Convent and Aca-perables," It we vieve often lau "where one is, the

four of them, from staid, sobe Lawrence from Plair forest city; dark-eyed beauty Southland, and Coron a famous ca

from a famous ca

in the "Golden W Katharine was slight girl with golden-brown hair (too large, perhap hands with long t

finds with long almond-shaped na complished, played markable skill, as

markable skill, as "she made it talk essays, worked w needle, and out-ri

in china-painting
She had a strong,
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est citizens, and o great deal of the

few cares, an indu adoring father, to one thing prevent

piness vouchsafed low, ill health.

Beatrice was seve

Beatrice was seve dari-haired, prin a frank, cordial n an only girl, but Seven brothers pe voted parents tau feetion and adher wended a peaceful unruffled brow, goodness and the the Blessed Virgin do with our story pass one of the " out, at least, a w

out, at least, a w

Helen! eighteen ed on her. Natu

ed on her. Natu with her gifts. I with an almost form. No pen co subtle allurement azure eyes, shelter or the soft brillia

or the soft Drilling black hair as the it. Every one levoice was wonderfern melodies flow one forgot all exc She was the only ful but delicate m died when she was

died when she wa

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"Helen, take care
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kept her promise
in many ways bef
surrounded her me
watchfulness and
travelled bither or

watchulness and travelled hither an continent to anoth quired no book-lee imparted by stray up here and there. English maiden au long visit to her wife, and Mrs. By Helen to, conveyer.

wife, and Mrs. Byr Helen to a conven-the child's fondest

school under the c Sisters." When Helen was complet at the Academy. Constance Duran "Boy," was a slen

"Boy," was a slen She was not partic

She was not partit as Sister Generiesv bright girl, and v hair, a woman's cr her chief beauty. Ing mass of gold—'would have called were of a fine of complexion of the eyes, blue mirror soul. Her father old English furnit

old English family had emigrated to with one of his and they had m

"pile." He marri Western girl who enough after their

birth to a girl. shipped the child. four years old he mistake of his life,

try immediately, bithief, but as a fe forged his brother's

money enough to eoone of those specularson sure until after

china-painting

Con

## HOUSE MY HOME

CONDUCTED BY HELENE.

Why do you wear a harrassed and troubled look! Are you really in trouble or are you allowing the little worries of life to grind furrows in your face? Take a glance at yourself in the mirror and reform—that is, re-shape your face into the lines and comfort and good cher which it ought to wear. Take an honest inventory of your troubles, and decide whether or not they are given the same chances with us, they and decide whether or not they are really worth advertising in your

countenance.

It may seem a little thing to you whether or not you wear a smiling face, but it is not a little thing. A serene look advises the tired and troubled men and women whom you meet that there is peace and joy in at least one heart. And there may

at least one heart. And there may be among them some who have begun to doubt if peace and joy exist at all. "A merry heart doeth good like a medicine."

Many a poor soul has laid down her life in fear of the miseries that never happened and the hard luck that never materialized. The sweetdestroyed by anticipating the dreadful things that are not likely to occur. You can overcome this inclination to worry and fret if you will result results are not likely to occur. pull yourself together instead of swinging with the current of every

foolish thought. When you are an old woman and you realize that your old woman and you realize that your days are few and limited, you will wish that you had invested your fortune of months, and years so that it would have brought you a steady income of happiness and content.

## True Witness Beauty Patterns



SEMI-PRINCESS GOWN FOR A YOUNG GIRL.

Misses' Semi-Princesse Dress Sizes for 14, 15 and 16 years. The 16 year size will require 6 1-4 yards of 36 inch material. This is an of 36 inch material. This is an especially modish and attractive mode, adaptable for development in gingham, chambray and linen, as well as taffeta, challis and wool batiste. The over-blouse is in low rounded outline with Japanese sleeve. The back is attached to the skirt at the waistline by buttons and but-tonholes. The skirt is a five gored model laid in deep pleats stitched to yoke depth and pressed to position

to the lower edge.

A pattern of this illustration will be mailed to any address on receipt of 10 cents in silver or stamps.

PATTERN COUPON.
<del>.</del>
Please send the above-mentioned pattern as per directions given below.
Size
Name
Address in fuli:

N.B.—Be sure to cut out the illustration and send with carefully filled out. the coupon.

"It is surely not necessary," says some one, "to be on one's best behavior at all times; one does not need to wear company manners at home or in the office, the factory, the store, with those with whom one is in constant association; is that not in danger of becoming at

that miles; they are ready enough to tell miles; they are ready enough to tell miles. Good breeding never forgets that amour propre is universal."

To a certain point we are responsible for those around us. Beyond that point we are not. Having been given the same chances with us, they wour ust either take and use these chances or suffer the consequences and find the doors locked when they would have return with their belated material. return with their belated material Such is the penalty for unpreparedness, either in matters material or matters spiritual

We occasionally meet a wol whose cld age is as beautiful as bloom of youth. We wonder it has come about-what her secret Here are a few of the reasons: She knew how to forget disagree-

able things able things.

She kept her nerves well in hand and inflicted them on no one.

She mastered the art of saying pleasant things.

She did not expect too much from

her friends. She made whatever work came to

her congenial. She retained her illusions, and did not believe all the world wicked and unkind.
She relieved the miserable and sym-

pathized with the sorrowful. She never forgot that kind words and a smile cost nothing, but are priceless treasures to the discourag-

She did unto others as she would be done by, and now that old age has come to her and there is a halo of white hair about her head, she is loved and considered. That is the secret of long life and a happy one. the

RULES FOR EATING.

Dr. Horace Fletcher's four rules

for eating:
Do not eat until a plain piece of bread or a dry cracker tastes good.
Chew all solid foods until it is liquid and almost or quite swallows

Sip all liquids that have taste, including soups, sodas, lemonades, etc., until all the taste is out of them. It is well worth while. Pure water for

ns well worth while. Fure water for quenching thirst has no taste and may be swallowed immediately.

Nover eat while you are worried or angry; only when you are calm. Waiting for a calm mood will bring good appetite; without it there is poor direction. digestion.

Those who espouse and advocate deas and principles rule the world. ideas and principles rule the world. There is no such thing as public opinion—if there seems to be, it is only because the public clamors for what it has been taught to believe. The race is swayed and controlled by the few who think, by the men who, with the power of originality superendowed by education, see great things where others see only little things, think strong thoughts and hold to them, say what everyone wants to say but lacks the ability to say, do what everyone knows should be done but lacks the courage to do.—Rev. G. P. Jennings.

THE DIGNITY OF MARRIAGE.

Some talk of love. Love is a grand Some talk of love. Love is a grand thing and a powerful factor in many lives. But I wonder how many enter into matrimony with well defined ideas of love. When one reflects on the neglect that comes so soon after marriage and on the evident want of cordiality and of courtent want of cordiality and of courtent want of cordiality and of courtents and cold bearing of many married couples—we may doubt if love had been the prevailing motive or if serious attention had been paid to their characters by the contracting pair.

to their characters by the contracting pair.

If a man loves the woman he marries Re will not run away from her as soon as he discovers some defect, but he will bear with it, make the best of it, and try patiently to curb or destroy it. If there be love, he will not tire of her company and hasten to spend his evenings else.

In the word has trongers and currants, strawbers of the small wild cherries are carelessly fastened on hat brims and crowns in a most tempting way. Velvet and silk geraniums in their natural tones, set up high, conforming the total triple of the agreet idea, or in garbands around the crown, are used in the world and its cares. But the world and its cares er company and his evenings elseto spend his evenings else-If there be love, he will not. where. If there be love, he will not abuse her, make life unbearable for her, vent his anger on her; he will be always considerate for her, tender in his care of her, always gentlemanly in his conduct to her. He will not be unkind to her. His drunkenness and violence will be proof that love evised years. ordinations and violence will be proof that love existed not, or has flown. If he love her, he will remember the sacredness of his union to her, and he will not value her solely from the use he can make of

The sentiment of affection that will the union of husband wife must not be born of admiration wife must not be born of admiration or contemplation of the physical and is not easiest elicited by corporeal exhibition. Let it be founded on something higher and more sacred. "Keep thy love holy or it will desirrly thee." Someone has recently said that holy love will make holy marriages.

It has been written that wedlock is "a royal road broader and less will be something.

meed to wear company manners at home or in the office, the factory, the store, with those with whom one is in constant association; is that not in danger of becoming attestation?" Listen to what the "Au-tocrat of the Breakfast Table" has to say on this point:

"Den't flatter yourself that friendship authorizes you to say disagreeable things to your intimates. On the contrary, the nearer you come tato relation with a person the

OUR DUTY.

There is a general disposition to measure ourselves by others. So far as duty is concerned, nothing could be more dangerous. We lack the data for an absolutely correct estimate of others. Possibly we may correctly judge. But what others do or neglect to do, at least apart from relation to us, really does not determine or medity our duty. What determine or modify our duty.
is due from me? What ought
do? These are the vital and What ought I to tinent questions for each individual.

Nothing is easier than fault finding. No talent, no self-denial, no brains, no character is required to set up in the grumbling business, but those who are moved by a genuine desire to do good have little time for murmuring or complaint.

There is no sadder symptom of There is no sadder symptom of a generation than such general blindness to the spiritual lightning. with faith only in the heap of barren dead fuel. It is the last consummation of unbelief. In all epochs of the world's history, we shall find the great man to have been the indispensable savior of his epochs—the lightning, without which the fuel never would have burnt. The history of the world is the biography of great men,—Thomas Carlyle.

A SIMPLE BREATHING EXER-

Stand before an open window the early morning, rest the weight of the body on the balls of the feet, abdomen in, chest out, head erect. Take long, deep inhalations through the nose, hold the breath for a few moments and exhale through nose. Repeat five times, rest a few moments, and repeat again five

CRACKED LIPS.

When the lips are cracked they should be anointed two or three times a day with a salve composed of spermaceti, 1-40z., alkanet root, 1-40z., white wax, 6drs., almond oil, 1 1-20z., otto of roses, 1-4dr.,

There is either ice to cut, or
There is grass for you to mow.

The popularity of the Grecian idea in evening dress as well as in street and house costumes suggests the Grecian form of hair dressing. The large pointed knot at the back of the head, with the hair drawn back softly from the face, is an eminently fitting coffure for the provailing hats.

A WORD FOR THE BOY.

A boy at 15 years of age, in our opinion, is at the most important period of his life. He is at the forks of the road. What he needs more than anything else is sympathy and advice. It would be strange, indeed, if boys did not build eastles in Spain at that age and what they need is if boys did not build eastles in Spain at that age, and what they need is the practical suggestion of some one who is himself a success in life, to guide them. Most people think that boys do not need either sumpathy or advice. It is a great misake. They need it as much as girls. We have never known one of them to refuse to take advice if it were tendered to him at the right time, in the right place, and in the right spirit. The mistake that most people make in talking to boys is that they lecture them in season and out, persecute them in season and out, persecute them with all sorts of suggestions, and expect a good deal more from them than they would from a man. If we had any word of counsel to give it would be: Don't lecture a boy. Don't nag him. Do not persecute him if he has done some wrong. secute him if he has done some wrong. Don't laugh at him if he has failed, perhaps in some over-ambitious boy-ish shemes. Don't crush him. Give ish shemes. Don.
the boy a chance.

THE RIGHT KIND OF CHARITY.

A thoughtful woman asked the A thoughtful woman asked the other day, in the course of conversation, "Are we charitable enough? Not the charity that consists in almsgiving, do I mean, but the charity that thinketh no evil and speaketh none. Are we not too prone to judge our fellow travellers on life's highway? And do we not credit too white the subjected reports of evil

FUNNY SAYINGS THE POWER BEHIND.

At a prayer meeting a good brother stood up and said he was glad to give the following testimony:

"My wife and I," he said, "started in life with hardly a cent in the world. We began at the lowest round of the ladder, but the Lord has been good to us and we have worked up—we have prospered. We bought a little farm and raised good crops. We have a good home and a nice family of children, and," he added with much emphasis, "I am the head of that family."

After he sat down his wife prompt-

head of that family."

After he sat down his wife promptly arose to corroborate all that he had said. She said that they had started in life with hardly a cent, the Lord had been good to them and they had prospered; they did have a farm and good crops, and it was true they did have a fine family of children. But she added with satisfaction, "I am the neck that moves the head."

REMEMBERED HIM TOO WELL.

"Did young Skinnick's uncle re-member him when he made his will?"
"Must have. Didn't leave him any-

INS AND OUTS.

"Whae's that noise?" asked the visitor in the apartment house.

"Probably some one in the dentist's apartments on the floor below

getting a tooth out."
"But this seemed to come from the floor above."

"Ah, then it's probably the Popleys baby getting a tooth in." floor above."

WHAT THEY SAID.

Maybe it didn't mean just what to the casual listener it see but this is what the farmer was overheard to say to his wife as they looked over the market reports in the daily paper:

"Well, M'ria, hogs is up, an' that

means we're wuth a good deal more to-day'n we was yisterday.'' "Are you sure, Aunt Susan, there is nothing deleterious in this pie?"
"Sure, honey. My recipe don t call for none of that kind of stuff."—Bal-

Pater—'And did that young man have the nerve to think that he was in a position to propose to my daughter?' Oh he was pane! He

Daughter—"Oh, he was, papa! He was on his knees."—Cleveland Lead-

"He is a man of great imagination, isn't he?"
"I should say so. He has been keep-

ing the books of a mining corpora-tion."—Life.

"Yes," said the fair maid, "my parents want me to marry Mr. Oldgold, but I'm not going to do it. I shall marry whomever I please."

"Then it's up to you to name the day," rejoined the young man, "for you certainly please me."—Chicago Daily News.

ANOTHER THRUST.

Eva (reading novel)-"She riveted

her eyes."

Dick—"You don't say?"

Eva—"And then she dropped them"

Dick-"My! my! Just like a wo-

Dick—"My! my! Just like a woman. She can never nail or rivet anything securely."—Chicago News.

The left property of the secure of the secure of the secure of the most attractive attire. She used as an illustration the paw of a cat.

"Now," she said, "you have all seen the paw of a cat. It is as soft as velvet, isn't it?"

"Yes'm:" from the class.
"And you have seen the paw of a dog?"

dog ?"
."Yes'am." "Yes'am."
"Well, although the cat's paw seems like velvet, there is, nevertheless, concealed in it something that hurts. What is it?"

No answer.

"The dog bites," said the teacher,
"when he is in anger; but what
does the cat do?"

"Scratches," replied the boy.
"Correct," said the teacher, nodding

"Correct," said the teacher, nodding her head approvingly. "Now, what has the cat got that the dog hasn't."
"Whiskers," said the boy on the back seat; and the titter that ran around the class brought the lesson to an end. to an end.

HER SWEET REVENCE.

Difficult subjects require careful handling, and for this reason a room Difficult subjects require careful handling, and for this reason a room clerk at a woman's hotel must have special qualifications. One of the many applicants to approach a clerk of this class was a young, prepossessing woman, who, a few days ago, walked to the desk and hesitatingly asked if a room could be had at a moderate price. "Would you like a room at a dollar and a half a day?" With a starled look she replied. "I want one at \$8 a week." "We have rooms at that price, but none vacant. You can see that the office is full of guests, and it is not probable that we shall have such a room as you desire until one of our guests dies—or gets married.," Sweeping the office with her eyes, the young woman replied sweetly. "Oh, then, it is hopeless!"

CHANGED ACCOMPANIMENT.

One can hardly be expected to have "music in his soul" when there is discord in his stomach. Husband—What was that you were playing, my dear?
Wife—Did you like it?
"It was lovely—the melody divine, the harmony exquisite!" "
"It is the very thing I played last

ng, and you said it was Well, the steak was burned last

THE SON'S ANSWER.

After his son's great success with the "Dame aux Camelias," Alexandre Dumas wrote to him as though a stranger, congratulating him on the book and expressing a desire to make the author's acquaintance. "I myself am a literary man," said he in conclusion, "and you may have heard my name as the author of Morte Christo."

Monte Christo."

Dumas fils was equal to the occasion. He wrote immediately in reply, expressing the great pleasure he would have in making his correspondent's acquaintance, principally on account of the high terms in which had always heard his father speak of the author of "Monte Christo."

MAKES A DIFFERENCE.

"Isn't Jebbs a believer in the faith ure ?"
"He is."

"He is."
"Is it true that he wouldn't have
t doctor for his wife the other day
when she was ill?"
"It is quite true."
"Well, I saw a doctor go into his
ouse just now."
"Oh, that's all right. He's ill now
imself."

THEY WEVE QUITS.

A city fellow while hunting went A city fellow while hunting went out into the country one day and lost his way, and as he was standing by a crossroad he saw a furmer a little way off. He walked over to the farmer and said: "Say, Pat, which road leads to the station?"

"How do you know my name is

"How do you know my name is Pat?" asked the farmer.
"I guessed it," said the fellow.
"Well," replied the farmer, "then guess the way to the station."

VERSATILE.

"She has a very versatile pen."
"Yes, I've seen her use it for pulling out basting threads and manicuring her nails."

A Sinking, Hollow, "All-

Gone" Sensation at the

Pit of the Stomach. "THAT IS DYSPEPSIA"

A remedy which has rarely failed to give prompt relief and effect permanent cures even in the most obstinate cases, is

BURDOCK **BLOOD** 

**BITTERS** It acts by regulating and toning the digestive organs, removing costiveness, and increasing the appetite, and restoring health and vigor to the system.

health and vigor to the system.

Mrs. Alice Steves, Springfield, N.S., writes:—"I have used Burdock Blood Bitters and find that few medicines can give such relief in Stomach Troubles and Dyspeysia. I was troubled for years with Dyspepsia and could get no relief until I tried B. B. B. I took three bottles and became cured, and now I can eat anything without it hurting me. I will recommend it to all having Stomach Trouble.

THE PAPAL COLORS.

We are so used to the yellow and white as the Papal colors that we are apt to forget that they are of only comparatively recent date. As a matcomparatively recent date. As a matter of fact this year marks the centenary of their adoption. The Marchese MacSwiney has just brought out a book, in which he describes the occasion on which the present colors were introduced. In the year 1808, when the French troops were occupy the Renne the general in account. ing Rome, the general in command, Miollis, incorporated the pontifical the postulical troops in the French army, and left them still to wear the old Papal colors of gold and purple, Pius VII, who was then Pope, protested against this incorporation, and to avoid conthis incorporation, and to avoid con-tusion gave to the Swiss Guard and those attached to the Campodoglio and the Finance the now familiar col-ors of yellow and white. It is a sign of the tyranny that the French then exercised over Rome, that their offi-cers, irritated by this change, forced the remaining Papat troops to take off the new colors. This act of the French, says the marchese, led to an interchange of diplomatic notes be-tween the Papal Government and the French, which ended in an order that the troops in Italy were not to wear the new colors. After the downfall of the troops in Italy were not to wear the new colors. After the downfall of the French power, when the lope re-ceived back his rights, instead of re-suming the old colors he retained the new ones of yellow and white, which are those in use at the present day.

Rollingstone Nomoss—"Dis paper sayn dat labor is ennobling."
Tatterdon Torn—"Dat's all right, but I'm agin' de nobility, anyhow."
—Philadelphia Record.

To MRS. ST. TOWN

Digest the alkanet in the almond of this one or that one, nor asking Digost the alkanet in the almond oil over a water bath until a deep color is produced, then strain, and in the colored oil dissolve the wax and spermaceti. Then remove from the source of heat, and stir until it thickens, adding the perfume towards the last.

PARSLEY WATER FOR THE FACE

The latest cure for a thick or spot-ty complexion is to wash it with parsley water. Take half a pint of rain water and soak in it a large parsiery water, and soak in it a large rain water and soak in it a large bunch of parsiey, letting it remain in the water all night. In the morning when you dress rub the face well with a dry cloth, then dip your sponge in the parsley water, and pass the damp sponge over the face, leaving it on without drying it. If this is done three times daily, at the end of a forthight tear with end of a fortnight you will be sur-prised to see there are no more spots

or roughness on your face. TRIMMINGS FOR THE HATS.

All kinds of fruit have a revival, peaches, plums and cherries in natu-ral and fancy hues, branches of

he great quantities.

Masses of small tight rosebuds, placed on the sharply turned-up brims of small hats, or set closely around for the beret crowns, produce an extended of the sharply good effect.

Woodbine in scattered, strangling

Woodbine in scattered, straggling sprays trim tulle and straw crowns,

and is very much in favor. His Very long and narrow pheasant be quilts and those made of lophopore quilts and those made of lophopore plumage, slightly curving and hav-ing as a finish a head of the same or in contrasting colors, with jewel-ed eyes, are frequently the sole trim-ming of the very large sailors worn this season.

Of the new colors, blue after rain is a new tint of take blue.

and is a new tint of pale blue.

Fuchsia is a vivid shade of great
and beauty, showing the same purplish
undertone as the flower.—Vogue.

A JINGLE OF INDUSTRY

There's always something doing
As this world keeps rolling round,
Its yearly course pursuing
Through the depths of space profound.

If you know no stories funny
You can laugh and still be gay;
If you're not the man with mone You can work and earn your pay So feel no anxious flutter

whom you are convinced is not worwhom you are convinced is not worthly of your regard. But, good friend, I would rather be imposed upon and trust an unworthly person than to charge with evil, even in my heart, one who is, to all intents, trying to live right." to- charge who

you to accept as your associate one

THE RESTFUL HOME.

As a matter of fact, the average woman pays very little attention to the subject of color in her home, yet the subject of color in her home, yet it is the most important factor in its general makeup and makes for beauty or ugliness according to the way the color is used.

When a house gives you a feeling of indescribable charm and trangulity

as you enter it you may be sure this effect is due to choice of color. The effect is due to choice of color. The mysterious something that gives an air of individuality to the home is from the same cause—the right distribution of color and its powerful mental influence on the inmates and mental influence on the ifriends of the household.

should be such that tired nerves may be rested within its walls, the mind and body refreshed and invigorated and the whole being cheered and at the same time rendered peaceful by its influence.

THE INSTINCT OF GOODNESS

The instinct of self-control, of The instinct of self-control, of gen-tleness, of consideration and fore-thought and quick sympathy, which go to make up what we call breeding; the absence of noise and hurry, the thousand and one little hurry, the thousand and one little ways by which we can please people, or avoid displeasing them—are all taught us by our own hearts. Good mammers are the fine flowers of civilization. And everybody can have them. I always say that one of the best bred men of my acquaintance is Mr. Jarvis, the Mason. I have known him to come out of a cistern to speak to me, dressed in overalls and a flannel shirt; and his bow and his mammer and the politeness of his address would have done credit to any gentleman in the world.—Susan Collidge.

THOUGHT FOR TO-DAY.

Thou wouldst not wade through sewers. It is more defiling to dip the mind into the scandals on which gossip fattens.—Bishop Spalding.

The Foe of Indigestion.-Indig The Foe of Indigestion.—Indigestion is a common ailment and few are free from it. It is a most distressing complaint and often the suffering attending it is most severe. The very best remedy is Parmelee's Vegetable Pills taken according to directions. They rectify the irregular action of the stomach and restore healthy action. For many wears they have been a standard remedy for dyspepsia and indigestion and are highly esteemed for their qualities.

Weary Willie—"Firemen has a cinch, dey don't do nothin' most o' de time but loaf around de fire house. I'd like dat job, wouldn't you?"
Ragson Tatters—"No 'onot I seen a fireman get soaked wid water from a hose."—Philadelphia Press.

sure until after as not a success; ace the money, a scovered his disho one of those good, there one reads about to "forgive and forgake. Mr. Durand and pleas Sur

The pure soap dirt in a nat cleanses eas injury. F

SURPRISE