

Examining the membership lists of the University Women's Club of Mississauga are Mrs. Wendy Davies (left), publicity convenor, and Mrs. Pat Lambert, president.

Universary Women's Club members are still learning

BY BERYL LOUCHEZ

Today's women university graduates don't vegetate at housework and what the neighbors are up to. In Mississauga and Port Credit, 240 of them have joined the University Women's Club of Mississauga "for intellectual stimulation and to meet congenial people," as Mrs. Pat Lambert, president of the club, puts it

Founded in 1953 under the name the University Women's Club of Port Credit, the club has grown through the years and continues to grow. Mrs. Lambert says that most of the early members of the club hailed from Port Credit, but in recent years more and more Mississauga women joined-and she estimates that only one-sixth of the members are Port Credit

residents today.

To keep pace with the altered this year to the Iniversity Women's Club of

community is raising money work. for university scholarships

able to give more money than ever before. Two \$500 university entrance scholarships have been awarded, as well as a \$300 scholarship for a mature woman entering Erindale College and a \$50 book prize for the Erindale College female student with the

The club raised \$1,000 last continued this year.

attending the club's monthly system going sufficiently

meeting on the first Monday smoothly after three years of Today's women university of each month in the operation to hand over graduates don't vegetate at Riverside School control of the society with home obsessed with auditorium. The interest everything paid for. The groups study investing, art, society is still a going congourmet cooking, cern, holding shows in the Canadiana, international Texaco Room of the Port affairs, great books, modern Credit Public Library where

among other subjects. With 15 new members this Many members have study sessions.

getting fascinating guest organizations.
speakers to speak at its meetings. Speakers are not member of the University with people in many walks of life who are willing to talk on Women from the club have growth the club's name was life who are willing to talk on their subject.

Because of the high Ask-in phones for Peel educational levels attained Community Services, and Mississauga. educational levels attained Community Services, and All members hold degrees by its members, the club is others have judged creative from a recognized univer- able to provide an im- writing contests at local high sity, and the greatest service pressive number of social schools. the club provides to the services through volunteer

or girls and women.

This year the club has been school children on an inreached at 822-9257. dividual basis once a week in Mississauga area schools. The program was developed you about the club and under the supervision of the welcome you to a meeting. Peel County Board of Education's psychology department, with each volunteer sitting down with "her" child in a private room at the school. Children her first year.

A \$300 bursary was also given to a Sheridan College student.

The description with either emotional or learning problems were assisted through the program which was very successful and will

year through the sale of hasti-notes designed by past president Dorothy MacAulay and the money was sent to responsible for establishing the Art Loan Society which rents original paintings to and the money was sent to the national organization's local residents at a nominal rental fee Month. University women par-ticipate in any or all of 18 canvas bags for each interest groups as well as painting and to get the

books, art tours and art films patrons can pick out paintings for their homes.

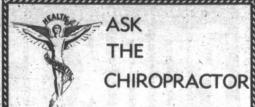
fall, the club is considering volunteered to work with the additional study groups. Any Canadian Mental Health subject can be chosen if Association, both with its there are several interested Christmas gift for patients members and a woman program and in the willing to chair monthly association's office. Past president Isabelle Johnston The University Women's Club of Mississauga has an CMHA and other members enviable reputation for hold memberships in both

paid for coming out, but still women's Club, was the club seems to have little secretary of the Social difficulty making its Planning Council until she meetings really worthwhile. resigned this year to return Many members have contact to Erindale College for

It's an active club that welcomes new members who Last year 14 women are university graduates.

They will be happy to tell

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QUESTION: Whenever I sit down, or get up from a chair, I experience pain and a feeling of weakness in the lower back. My family doctor has had x-rays taken, but says they show nothing wrong. Can you suggest any remedy or treatment?

ANSWER: Physicians and chiropractors look at x-rays from two different points of view, both perfectly valid.
When your doctor says there is "nothing wrong", he probably means there is no indication of bone disease in your pelvis or spine. The chiropractor, however, analyzes the function and mechanical structure of your pelvis and spine, and this may be where the trouble lies. The pain you describe may be caused by irritation of the nerves in your lower back, resulting in the gradual development of muscular weakness. Your nerves are the centres controlling the functioning of your muscles, and the longer the nerve irritation lasts the greater the weakness and pain may become. A thorough spinal and nerve examination may reveal the problem, which your chiropractor can then treat, since he specializes in the nervous and muscular systems.

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