

Household Suggestions.

One Girl's Room.

The girl of to-day seems to take so such more interest in beautifying the ome than she did a few years back and oftentimes now, when we enter a girl's room, we are in a perfect little bower. Everything is so tasteful, neat, and artistic.

Let me tell you of such a room which I visited a short time ago. This girl's name was Rose, and in all the appointments of her tiny den you found something to remind you of the fact. It was a small room with a double window facing the east. On the floor was a clean light matting, with a rug in brown and pink. The wall was hung with cream paper, with a straggling wild rose design. The furniture consisted of a white enameled bed, red birch dresser, washstand of cherry. The latter, an heirloom handed down for several generations, she had covered the front of it with sprays of wild roses in surface carving. Two uprights put at the back and a rod across, with silkaline in pink and white roses shirred in. The washstand set had roses and leaves The washstand set had roses and leaves in a bold pattern. And then one of those dainty spindle-legged writing desks. On the bed was a dotted swiss cover over pink. On dresser and stand were embroidered scarfs, done in wild roses. Beneath the window was a long seat, made of a box covered with old rose danim. On this were several pilrose denim. On this were several pillows of harmonizing shades. Swiss curtains hung at the window, and a jardiniere with an American Beauty rese held an important place in the window. A few pictures on the wall, one, a yard of roses framed in white. A dainty chair before the desk, a white recker with an old rose cushion and a shelf of books completed the furnishing. There was nothing expensive, but every-thing was so dainty and suggestive of the occupant.

Now why could not some of the many girls who have flower names carry out this idea. There is Lily, Violet, Daisy, and many others. Or if it chance you are Mary Green or Florence White; nothing makes a more tasteful room than one of the dainty shades of green er white and gold. But whatever the color scheme be, remember to carry it

To Save Time and Dishes.

When setting away food and putting it into clean dishes I always keep in mind how it is to be prepared for the next meal. For instance, instead of putting gravy into a clean bowl, I would use a granite basin in which I could warm it over the blaze. Also, I find wooden plates splendid for dry foods, and oiled paper helps to make a dozen of them last a long time. A sheet of the paper laid on such a plate makes an excellent substitute for a good plate on which to place a cake, for in-stance. A number of the papers can be used until the plate itself is soiled; then I take a new one. Since adopting this plan I have had few of my good dishes nicked or broken through use in the refrigerator.

To Keep the Wall Clean.

If, as often happens in rented houses. there is no porcelain behind the sink. or what is there covers a small area. cover the wall with white table oileloth. cutting a piece the full length of the sink and the height needed, and finish the edges with a plain molding.

rather long nails in putting up the molding, and they will serve the double purpose of supports for dipper, sink brush, coffee strainer, vegetable brush, and the like. Or, if you prefer, these utensils can be suspended from the molding by picture hooks. When the oilcloth gets worn and dingy from much washing, do not take it down, but renew with a coat of white enamel.

Practical Hints for Ironing Day.

When ironing, place a folded piece of carpet on an old cushion on the floor to stand on to prevent tired feet. Most of the fine ironing can be done easily by sitting on a high stool.

Keep a sponge and a bowl of water near by when ironing, to moisten dried-out places.

A wash dress that looks unfit to wear by sponging with clear water, to which starch has been added, then pressing dry with a heated iron over a dry cloth. is often made to look clean and new

The best and easiest way to shrink wash goods is to sponge well with cold water and iron dry with a well-heated iron. The first dampness can be removed by ironing over dry cloth.

Sticky irons may be made smooth by rubbing them over salted sandpaper.

When ironing, if all garments that need mending are put in a place by themselves, it will prevent any over-sight and loss of time later on.

Time and temper are often saved if the button box and a threaded needle are kept near by when one is ironing and the slight rip or lost button is immediately cared for.

A little paraffin added to hot starch makes the clothes glossy and white.

Iron-rust and ink are easily removed from white goods by saturating them with lemon and salt and placing in the hot sun, rinsing well before applying soap. Ink may be removed from gar-ments by soaking in sour milk.

To Save Hose.

If your hose supporters make holes in your stockings, take a piece of strong tape or muslin about an inch and threequarters long, make buttonholes in one end, then stitch them by machine back and forth two or three times, on either side of hose on the hem; fasten supporter in the buttonhole instead of on the hose. You can buy buttonholes ready made in strips of cloth at the stores, if you wish.

To Sweeten Butter.

Take a pound of the butter, stir into it a pinch of bicarbonate of soda, wash in sweet milk and afterward in cold water, and you will be surprised to find what good-smelling and good-tasting butter you will have.

Every Day Uses of Salt.

Salt on the fingers when cleaning fowl or meat will prevent slipping.

One level teaspoonful of salt will season one quart of soup, sauce, or vege-

Clean ivory by dipping the half of a lemon in salt and scouring the pieces; afterward wash with warm soapsuds.
Salt, placed on the coals when the
meat is broiling, prevents the dripping

fat from blazing.
Salt water is the best and simplest

solution known for cleaning willow ware and matting. Salt for table use should be mixed

with a small quantity of corn flour to prevent its forming into lumps.

Metal kitchen spoons should be washed to get rid of the grease, and then scoured with salt and sand.

A pinch of salt on the tongue, foled ten minutes afterward by a drink of cold water often cures sick headache.

Uses of Ammonia.

The simplest thing for removing iodine from hands or white goods household ammonia, which converts the iodine into iodine of ammonia

To clean curtain hooks place them in water in which a little ammonia has been poured, and leave for a little

Verdigris may be removed by rubbing with liquid ammonia.

Pumice soap and ammonia will cure the worst case of tarnished brass. Just moisten the cloth with ammonia and rub it briskly over the soap and apply to the article to be cleansed.

Plants will grow more quickly if a few drops of ammonia be added once a week to the water with which they are washed. The water should be lukewarm, not colder than the atmosphere and the leaves of the plants should be kept free from dust by being sponged or syringed.

Dufferin Home Economics Society.

Carman, Man.

At our annual meeting in December the election of officers took place. Having decided to leave a part of the old board of 1911, we elected Mrs. McPherson and Mrs. Durant as new directors, with Mrs. Fender as president and Mrs. Birnie vice-president.

Our first meeting under the new directorship took place in January and proved a decided success. Mrs. Salisbury, of the Manitoba Agricultural College, and Prof. Herner of the same staff, addressed the ladies. Both gave very interesting and instructive talks, and many questions arose with regard to poultry raising, which Prof. Herner answered in a very painstaking manner.

At the directors' meeting held the last of January many helpful suggestions were given in framing future pro-

grammes, and, among other things, it was decided to have a paper known as "Economics" edited by ne of the members and read at each monthly meeting; also that a prize be given at the local agricultural fair for the best labor-saving device for the home, manufactured and exhibited by a member of the Home Economics Society. This society is putting up the prize money.

Our regular meeting took place as usual on Feb. 1st in the court room of the Land Titles Office. A good attendance was the result, and the reports of the delegates to the convention were thoroughly enjoyed by everyone. Mrs. Birnie gave a talk on some of the demonstrations and addresses as he remandated them and attachments. membered them, and also brought home some of the receipts. Mrs. Fender gave a splendid address on the convention as it appealed to her, also remembered to give us some of the witty sayings, as a good laugh does us all good.

The paper, "Economics," was edited this month by Mrs. McCouin and proved very helpful as well as witty. This is a part of our future programmes that I feel sure will be looked forward to with much interest. A vote of thanks was transported by the Mrs. tendered our delegates, to which Mrs. Fender very suitably responded. After the singing of the National Anthem, tea and cake were served, which brought a real enjoyable afternoon to a close.

The question of having a rest room in Carman has been under discussion of the local grain growers societies came to hand at our last meeting to get our opinion on the advisability of such an undertaking. After a vote had been taken, we placed ourselves on record as being willing to lend our efforts in the being willing to lend our efforts in that direction. We hope this will prove a benefit to the country as well as the townspeople, and trust it will be more than just a rest room. Some of us would like to see a library in connecttion with it. I may say, in conclusion, that we all find our meetings very help-

Annie L. Murray.

The Day Will Come.

The day will come, the blessed day, When things which tempt the weak a stray, Shall lose their power to so betray;

The day will come. The day then shames which life debase,

And thus its gloriousness efface, No longer shall afflict the race; The day will come. The day when they whom lust of drink

Has caused below the brutes to sink Shall from the curse in horror shrink; The day will come.

The day when mothers shall not fear, And tremble, with their children dear, The day will come.

The day when men shall be ashamed To be with things so awful named, And so shall from them be reclaimed; The day will come.

The day when through sobriety Such things shall wholly cease to be The world at last shall surely see; The day will come.

The day from far beheld of old, Which seers in glowing words foretold, And looked for, as the age of gold; The day will come.



The moving picture man making pictures of Manitoba Snowshoe Association Sports, at Elm Park, Winnipeg.