

YOUNG FOLKS

Redlegs and Bunny.
Redlegs was a big mallard drake, the boxer and the bully of the farmyard. He got his name from the deep orange color of his short legs. With two ducks he had a fine time grubbing in the grass behind the barn and swimming in the little pond by the roadside.

Redlegs was very proud of his wings, which were so strong that he could fly almost as well as his wild cousins. He boasted to the hens and picked quarrels with the roosters until no one in the barnyard family liked him. Most of all he enjoyed plugging Bunny, a little buff-colored rabbit that lived in a snug house of his own near the barn—a little house with wire netting over the front and a glass window in the end.

Redlegs had a way of banging his flat bill against the glass window and of hissing through the wire until Bunny crouched in a corner and shivered with fear.

"Ho, ho, Master Bunny!" Redlegs would call through the netting. "It's lucky for you that they made your house so strong! Don't you ever dare to come out here in the yard where I am!"

Bunny would answer not a word, and at last Redlegs would tire of making threats and boasts and would stroll off for a swim in the little pond down by the roadside.

One day, after a warm rain had softened the earth floor of his house, Bunny fell to digging in one corner near the wire netting, for the want of something better to do. Before he knew it, the earth had caved in and there was a hole big enough for him to crawl through.

At first he was frightened at what he had done. He did not dare to venture out for fear the Redlegs would pounce on him before he could scramble back again; but it looked very inviting outside, and Bunny was tired of being a prisoner. Redlegs was nowhere to be seen. Little by little Bunny got up courage enough to push his way through the hole into the grassy yard. He looked all round, but Redlegs was not in sight.

Then the warm sun and the green grass made him forget all his fears. How good it was to stretch his legs! He jumped into the air and skipped back and forth, and chased his own shadow. Then, when he had stopped a moment to nibble some tempting shoots of grass, he jumped higher and farther than before. Faster and faster he went, first this way and then that way, and all of a sudden he fairly flew round the corner of the barn where he had never been before.

My! What was that? Just in front of him were Redlegs and the two ducks! Bunny was so frightened that he thought his heart was going to jump right out through his side. He tried his best to stop, but in spite of all he could do he went sliding on, right among the ducks.

Then what happened? Did Redlegs turn and attack Bunny? No. There were frightened cries from Redlegs and the ducks, and a great flapping of wings, as all three rose heavily into the air and flew to the safety of the little pond where Bunny could not go. It was some time after Bunny had made his way back to his house before he could figure out what it all meant. But at last he made up his mind that Redlegs was a coward at heart and had really been afraid of him, in spite of all the boasts and threats. After that, Bunny felt no more fear, and life became much happier for him.

As for Redlegs, he felt very sure that only his strong wings had saved him from a bad beating when Bunny came dashing round the corner so madly. He bore himself very meekly, and made no more boasts or threats, for after that day he always had a fear that at any time Bunny might take it into his head to come out and attack him.—Youth's Companion.

WAR PRICES FOR HUNSMEN.

Rifles, Shotguns and Shells Are All Costing More This Year.

Whether arms and ammunition manufacturers have been so busy supplying the European demands that they have not so much of their output to devote to supplying hunters is immaterial.

The fact remains that those who desire to hunt this season are to pay higher prices for the necessities.

Those who have to buy shotguns will not suffer quite so much, on the average, as those who have to buy rifles, for the jump in prices of the two kinds of guns has not been commensurate. Rifles for which \$10 was charged last year are retelling this year at about \$15; rifles that sold for \$24 last year are selling for about \$35 this year.

Shotguns, on the other hand, have only gone up from about \$20 to \$24—a percentage of from 14 to 16 per cent, against a 50 per cent. increase in the price of rifles.

Shells, too, are going to come higher this year, the price for nearly all sorts having advanced about 10 cents per box.

Leggings and hunting suits will retail for the same this year they did last year. There has been a slight increase in the price to the retailer, but this increase will not mean an advance in price to the user. The retailer will simply make a little less on the goods he sells.

School-Days are Joy-Days

To the boy or girl whose body is properly nourished with foods that are rich in muscle-making, brain-building elements that are easily digested.

Youngsters fed on **Shredded Wheat Biscuit** are full of the bounce and buoyancy that belong to youth. The ideal food for growing children because it contains all the material needed for building muscle, bone and brain, prepared in a digestible form. One or two biscuits for breakfast with milk give a boy or girl a good start for the day. Ready-cooked and ready-to-serve.

Made in Canada

A PLAGUE OF LOCUSTS

Jerusalem Was Visited By Them For Several Days.

In an article in the National Geographic Magazine, Mr. John D. Whitin describes the ravages of the locusts that descended on Jerusalem in 1915 and wrought destruction to gardens, farms and vineyards throughout Palestine. He says:

In Jerusalem they were first seen one day early in March, at noon. The sunshine was suddenly darkened, and then came a veritable shower of their excretions, which fell thick and fast, and resembled those of mice. At times the insects were hundreds of feet in the air; again they came down quite low, and some of them alighted. The clouds of them were so dense as to appear quite black, with the edges lighter, until they faded away into the blue sky.

When they first reached Jerusalem countless numbers poured into the broad-walled road that leads into the city from the west. For three or four days an unending stream filled the road from side to side, like troops marching on parade, and in spite of the traffic at that point, their ranks, although thinned, entered the ancient gateway and the New Breach. The most round "David's Tower" was so filled that the dry earth seemed to be a living mass. Up the city walls and the castle they climbed to the very top.

They were disastrous to the crops in the country, and obnoxious in the houses, for they squeezed through the cracks of doors and windows, and even scaled the walls to the roofs, and then got into the houses by throwing themselves into the open courts. Women frantically swept the walls and roofs of their homes, but to no avail.

For several days Jerusalem was thus visited, but the insects evidently sought greener and less populated districts; so, after the first few days, we saw nothing more of them. At Bethlehem heavy showers of rain brought them to the earth, and the poorer people gathered quantities of them. A few ate them roasted; but the main reason for collecting them was to get the small bounty offered by the local government of Bethlehem. Tons of the insects were destroyed, most of them were buried alive, until several ancient abandoned cisterns were filled.

The native vineyards and orchards were stripped bare to the bark of the trees and vines. Of all things fig leaves best suited their taste; and once a tree fell a prey to them, the ground about would be literally layers deep.



"Another Article Against Tea and Coffee"

In spite of broad publicity, many people do not realize the harm that the drug, caffeine, in tea and coffee does to many users, until they try a 10 days' change to

POSTUM

Postum satisfies the desire for a hot table drink, and its users generally sleep better, feel better, smile oftener and enjoy life more.

A fair trial—off both tea and coffee and on Postum—shows

"There's a Reason"

Canadian Postum Cereal Co., Ltd., Windsor, Ont.

When the daintier morsels were gone, the locusts ate the bark of the topmost branches. Then they would gnaw off small limbs, perhaps to get at the pith within. They stripped all the fruit trees and many shade trees of their foliage.

118 SUICIDES IN WEEK.

Despair of Hunger in Germany is Evident.

News from Munich states that during a recent week, owing to the misery of starvation, 118 suicides, the majority of whom were women, happened in Germany.

One mother, accompanied by three young children, shot herself before the gates of the Royal Palace of Munich and in the presence of the sentries. A placard found pinned to her breast stated: "Your Majesty, feed my children, I cannot."

Parents are abandoning children in the parks in increasing numbers. The police have collected nearly 200 children in Rhine towns.

The Lokalanzeiger is indignant because thirty-two children were abandoned in Berlin one Sunday. Thefts of food are becoming frequent.

RELIEF FROM INDIGESTION

The Most Common Cause of This Trouble is Poor Blood.

All conditions of depressed vitality tend to disturb the process of digestion. There is not a disturbed condition of life that may not affect digestion. But few causes of the trouble are so common as thin, weak blood. It affects directly and at once the process of nutrition. Not only is the action of the gastric and intestinal glands diminished but the muscular action of the stomach is weakened. Nothing will more promptly restore digestive efficiency than good, red blood. Without it the normal activity of the stomach is impossible.

Thin, pale people who complain of indigestion must improve the condition of their blood to find relief. The most active blood builder in such cases is Dr. Williams' Pink Pills. They make the rich, red blood which quickly restores the digestive organs to their proper activity, and the dyspeptic who has hated the sight and smell of food now looks forward to meal time with pleasure. As proving the value of Dr. Williams' Pink Pills in curing indigestion Miss Edith M. Smith, R. R. No. 4, Perth, Ont., says: "I can honestly say I owe my present good health to Dr. Williams' Pink Pills. My stomach was terribly weak and I suffered from indigestion and sick headache, and was always very nervous. I was troubled this way for nearly three years, and in that time took a great deal of doctors' medicine, which, however, did not help me. I could not eat anything without experiencing the most agonizing pain. My sick headaches were most violent and I could not rest night or day. I was asked one day by a friend to try Dr. Williams' Pink Pills, and consented to do so. After taking them some time I found they were helping me, and I continued to take them steadily for several months, until I found that I was completely cured. While taking the pills I gained both in strength and weight, and I feel it impossible to praise Dr. Williams' Pink Pills too highly."

You can procure these pills through any dealer in medicine or by mail, post paid, at 50 cents a box, or six boxes for \$2.50, from The Dr. Williams' Medicine Co., Brockville, Ont.

DEAF MAN IN WAR.

He Faces Silent Death Rescuing the Wounded.

Some day the stretcher bearers who are working steadily throughout the big advance ought to have a monument all to themselves. They have already earned it by their magnificent courage under terrific fire. One officer of a Manchester "Pals" regiment which fought at Mametz and elsewhere is now in a London hospital, his life saved by the courage of the men who dashed through a curtain of fire to his rescue when he fell helplessly wounded.

He says that all the time the stretcher bearers were doing these things which deserved the Distinguished Conduct Medal, and he told of at least one man who he thinks has won it. This is a man so deaf that he was unfit for work in the trenches. He was a cheerful sort and the men liked the queer things that happened when he failed to hear an order.

Every one but the deaf man stood to attention. He took no notice. "Stand to!" shouted the colonel. The deaf man turned pathetic eyes on him. "Is it true, sir?" he asked anxiously, "that the Government have stopped the rum ration?" During the big battle he was ordered to the clearing station just behind the lines, but he spent the whole day under the murderous fire of the machine guns and the artillery between the first line trenches and a shorter trench far advanced in the most exposed part of the ground, picking up the wounded, twisting them on to his broad back, and staggering back with them under fire until he reached a place of comparative safety.

Then he went back into the thick of it again. He was the one man in that toiling, devoted company who did not hear the awful clamor of the shells, but calmly faced a silent

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death. The "Pals" whom he has so often amused are now hoping that he will get the medal he deserves.

BATTALION HAS FAMOUS CHEF.

Allan Line Chief Cook to Feed Soldiers on Delicacies.

The 245th Battalion, which has just started recruiting in Montreal, does so under the most favorable auspices conceivable, for through the agency of Capt. Andrew Allan, one of its officers, there has been engaged as chef the famous superintendent of the Allan Line, cooks, M. de Gorog, who will devise the menu for the soldiers. "We are going to see that the men of the 245th get every possible benefit in the way of feeding that knowledge and skill can supply," said Capt. Allan. "As a rule the men do not get much variety in their diet, with a round of food that comes with monotonous regularity and is often not near the standard that the men who have enlisted were previously used to."

"In order to overcome this we have decided to try a new experiment with the 245th Battalion, and to that end I have enlisted the services of M. de Gorog, who is known as one of the most famous chefs in the world." M. de Gorog was delighted at the opportunity of turning his culinary skill to the aid of Canada's soldiers, and at once volunteered his services. M. de Gorog has held many important gastronomic posts in Europe. He was for some time in an important position with the King's household, and was decorated by King George. He conducted a restaurant in London for some time and was chef of the Reform Club before he was brought here by the Allan Line to take charge of their catering from this end.

Minard's Liniment Cures Burns, Etc.

Cause for Wrath.

Jones (to his grocer)—You seem angry, Mr. Brown.
Brown—I am. The inspector of weights and measures has just been in. Jones—Ha, ha. He caught you giving 15 ounces to the pound, did he?
Brown—Worse than that. He said I'd been giving 17.

Sore Eyes
Granulated Eyelids.
Eyes inflamed by exposure to sun, dust and wind are quickly relieved by **Murine Eye Remedy**. No Smarting, Just Eye Comfort. At Your Druggist's 50c per Bottle. **Murine Eye Salve** 25c. **Dr. J. C. Murphy & Co., Chicago**
Druggists or **Max Eye Remedy Co., Chicago**

The Observing Child.
A woman said to a little boy with his hair bobbed in his neck: "Franklyn, when are you going to have your hair cut like papa's?"
"I don't want my hair cut like papa's," he replied, "with a hole in the top."

Reliably Informed.
Ned—I was just introduced to Miss Petie. That's the woman for you!
Ted—Not for me—I've asked her!

Minard's Liniment Co., Limited.

Dear Sirs,—I can recommend MINARD'S LINIMENT for Rheumatism and Sprains, as I have used it for both with excellent results.

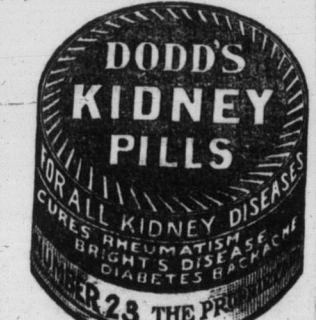
Yours truly,
T. B. LAVERS,
St. John.

The Silver Lining.

The Tender-hearted Cook—No bad news, I 'ope, ma'am?
Mistress—The master's been wounded.

The Cook—There now, ma'am, don't let that worry you. They tells me they can patch em up so they're better than before.

Heard in a Cafe.
"Walter, two eggs and boil them four minutes."
"Yes, sir; be ready in half a second, sir."



Minard's Liniment Relieves Neuralgia.

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and receive highest cash prices. We send money the same day the furs are received. Charge no commission—and pay all charges. We have paid out millions of dollars to thousands of trappers in Canada, who send their furs to us because they know they get a square deal, and receive more money for their furs. This winter, we lay more traps than ever before for made-up furs and skins from trappers. Send us your furs and skins to be made up. **JOHN HALLAM** Building, Toronto.

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Purely Canadian, safe, sound and economical.
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Good wages paid in all departments, and steady work assured. We have several openings for experienced help. Where energy and ability will bring promotion. Wages paid to apprentices while learning weaving. Satisfactory inducement to family workers. Satisfying full experience, if any, age etc. to
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BRANTFORD, — ONTARIO.

"BILL SADLER'S LEG BOX."

How Donald A. Smith Satisfied the Fisherman.

How to get a man into a bunk that was a foot too short for him, and how to keep him from being discontented with his bed, was the Procrustean problem solved by Lord Strathcona when, as Donald A. Smith, he was a chief factor of the Hudson's Bay Company. A solution at which he arrived is described by Mr. Beckles Wilson in his "Life of Lord Strathcona and Mount Royal."

The company had a number of boarded huts for the fishermen in their employ, of such narrow dimensions as to afford sleeping accommodations only for persons of normal length. On one occasion a very honest and active man presented himself to Chief Factor Smith for a bunk in one of these huts. The difficulty was that he was six feet six inches in length—nearly a foot longer than the bunk. On an inspection of his quarters he rejected Mr. Smith's offer summarily, declaring that he was not going to be cramped for any agent or planter living, and neither was he content to be saved in two.

"Will a bed seven feet long suit you?" asked the chief factor.

The fisherman said it would. Thereupon Mr. Smith sent for the company's carpenter, a hole was cut in the wall of the building, to which a box lined with deer skin was applied outside and rendered stable by props. The man afterwards told Mr. Smith it was the first thoroughly comfortable bed he had occupied in years. The receptacle was afterwards exhibited at the store at Rigolet and enjoyed much local fame as "Bill Sadler's leg box."

BITS ABOUT ANTWERP.

A Bell Which Is Rung Only When the Nuns Want Food.

Antwerp, the city of churches and chimneys, is crowned with history, and its name will figure prominently when the page of the future comes to be written. The romantic Belgian city, that ever resounds with the sound of church bells, will doubtless have heard lately the sinister chime of a bell that has not been rung within the history of living man. The bell hangs in a convent supported by nuns of a curious order. These nuns have all been great ladies who have renounced the world and all its ways, and consecrated their wealth to the church. Having taken the vow of poverty they walk through life barefooted, and hold no communication whatever with the busy populace outside their walls. For their daily bread they depend solely on the charity of the townspeople, who religiously leave food on their doorway every day. The bell hanging in their convent is never tolled, it being kept as a last desperate resort to inform the city that the nuns can live no longer unless they have food.

One half the population of a village knows all about how the other half lives.

Minard's Liniment Relieves Neuralgia.

A GREAT CONVENIENCE.

What the Canadian Pacific Railway Is Doing For Its Employees.

For the convenience of the employees, of whom there are nearly 2,000 in the Windsor Station buildings, Montreal, the Canadian Pacific Railway has recently set up a cafeteria luncheon at 15 cents in a large apartment which will accommodate 251 persons at a sitting. Judging by the attendances, it is bound to be one of the most popular features the company has put its hand to. There are hundreds of girls, especially, who have not time to go home, or who, if they do go home, are greatly pressed for time. With this service at their disposal they will save car fare; they will get a thoroughly satisfying luncheon; and they can have the comfort of the lounge room in connection on wet or cold days—a lounge room which contains a piano, magazines and papers and in which the employees can rest for the balance of their lunch hour. The arrangement is four to a table; all the appointments are harmonious; there is an air of quiet dignity about the place. Mr. W. A. Cooper, manager of the sleeping and dining car department, said that this was in accordance with the well-known policy of the Canadian Pacific for taking care of its employees. The people in the offices constituted quite a little city in themselves. Many could not go home with convenience. This lunch room would meet the wants of many. Of course, there would still be the 30-cent luncheon upstairs, and the regular dining room in which you could have what you wanted and pay for the same as much as you liked; but this was strictly for the employees, male and female, who would prefer to have their luncheon inside the building to going to restaurants—those of them who were in the habit of going to restaurants.

Minard's Liniment Cures Dandruff.

Irish Wit.

Dr. X hired O'Brien to clean off the walk from his house to the front gate. At the close of the day, when he examined Pat's work, he was dissatisfied with it.

"O'Brien," he said, "the whole walk is covered with gravel and dirt. In my estimation, it's a bad job."

Pat looked at him in surprise for a moment and replied: "Shure, doctor, there's many a bad job of yours covered with gravel and dirt."

It's easy to teach a boy to obey; it's a hard, bitter job to teach the lesson to a man.

THE NATION'S FUTURE Depends Upon Healthy Babies

Properly reared children grow up to be strong, healthy citizens

Many diseases to which children are susceptible, first indicate their presence in the bowels. The careful mother should watch her child's bowel movements and use

Mrs. Winslow's Soothing Syrup

It is a corrective for diarrhea, colic and other ailments to which children are subject especially during the teething period.

It is absolutely non-narcotic and contains neither opium, morphine nor any of their derivatives.

Mrs. Winslow's Soothing Syrup

Makes Cheerful, Chubby Children

Soothes the fretting child during the trying period of its development and thus gives rest and relief to both child and mother.

Buy a bottle today and keep it handy

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DOMINION RAINCOATS

Best for quality, style and value. Guaranteed for all climates.

Ask Your Dealer

Still Healthy.

"Do you see that strong, healthy-looking man over there?"

"I was just admiring his physique."

"The doctors gave him up years ago."

"You surprise me."

"Yes; they found out they couldn't get anything out of him."

Minard's Liniment for sale everywhere.

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ABSORBINE, JR., for mankind—an antiseptic liniment for bruises, cuts, wounds, strains, painful, swollen veins or glands. It heals and soothes. \$1.00 a bottle at druggists or postpaid. Will tell you more if you write. Made in the U. S. A. by W. F. YOUNG, P. O. F., 516 Lyman Bldg., Montreal, Can. Absorbine and Absorbine, Jr., are made in Canada.

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