THE SEMI-WEEK YTELEGRAPH. ST. JOHN, N. B., SEPTEMBER 30, 1899.

African race. They have been under bondage for centuries. Give them a chance, and they develop a Frederick Douglass or a Toussaint L'Ouverture. And, if the white race shall be brought from under the serfdom of sin, wha shall be the body, what shall be the soul Religion has only just touched our world. Give it full power for a few centuries, and who can tell what will be the strength of man and the beauty of wo-

men and the longevity of all?

My design is to show that practical religion is the friend of long life. I prove it first from the fact that it makes the care of our health a positive Chris-tian duty. Whether we shall keep early or late hours, whether we shall take food or late hours, whether we shall take food digestible or indigestible, whether there shall be thorough or incomplete mastication, are questions very often deferred to the realm of whimsicality. But the Christian man lifts this whole problem of health into the accountable and the divine. He says, "God has given me this body, and he has called it the temple of the Holy Ghost, and to deface its altars or mar its walls or crumble its nillars is or mar its walls or crumble its pillars is a God defying sacrilege " He sees God's caligraphy in every page, anatomical and physiological. He says, "God has given me a wonderful body for noble purposes" —that arm with 32 curious bones—wielded by 46 curious muscles and all under the brain's telegraphy, 350 pounds of ed by 46 curious muscles and all under the brain's telegraphy, 350 pounds of blood rushing through the heart every hour, the heart in 24 hours beating 100, 000 times, during the 24 hours the lungs taking in 57 hogsheads of air, and all this mechanism not more mighty than delicate and easily disturbed and demolished. The Christian man says to hinself, "If I hurt my nerves, if I hurt my brain, if I hurt any of my physical faculties, I insult God and call for dire retribution" Why did God tell the Levies bution" Why did God tell the Levites not to offer to him in sacrifice animals not to offer to him in sacrifice animals imperfect and diseased? He meant to tell us in all the ages that we are to offer to God our very best physical condition, and a man who through irregular or gluttonous eating ruins his health is not offering to God such a sacrifice. Why did Paul write for his cloak at Troas? Why should such a great man as Paul be anxious about a thing so insignificant as an overcoat? It was because he knew that tith pneumonia and rheumatism he would not be worth half as much to God and the church as with respiration easy and foot free.

onsider it an absurdity to kneel down at night and pray and ask 'God's protection while at the same time he kept the findows of his bedroom tight shut against fresh air. He would just as soon against fresh air. He would just as soon think of going out on the bridge between New York and Brooklyn, leaping off and then praying to God to keep him from getting hurt. Just as long as you refer this whole subject of physical health to the realm of whimstoality or to the pastry cook or to the butcher or to the baker or to the apothecary or to the clothier you are not acting like a Christian. Take heare of all your physical forces—nervous. you'are not acting like a Christian. Lake care of all your physical forces—nervous, muscular, bone, brain, cellular tissue—for all you must be brought to judgment of the control of the c

to take the man across the ocean? And if a man jumps over the gunwale of his religion and goes down never to rise, is that any reason for your believing that religion has no capacity to take the man clear through? In the one case, if he had kept to the steamer, his body would have been saved; in the other case, if he had kept to his religion, his morals would have here saved.

kept to his religion, his morals would have been saved.

There are aged people who would have been dead 25 years ago but for the defenses and the equipose of religion. You have no more natural resistance than hundreds of people who lie in the cemeteries to-day, slain by their own vices. The doctors made their case as kind and pleasant as they could, and it was called congestion of the brain or something else, but the snakes and the blueflies that seemed to crawl over the pillow in the but the snakes and the blueflies that seemed to crawl over the pillow in the sight of the delirious patient showed what was the matter with him. You, the aged Christian man, walked along by that unhappy one until you came to the golden pillar or a Christian life. You went to the right; he went to the left. went to the right; he went to the left. That is all the difference between you. If this religion is a protest against all forms of dissipation, then it is an illustrious friend of longevity. "With long life will I satisfy him."

Again, religion is a friend of longevity in the fact that it takes the worry out of our temporalities. It is not work that kills men; it is worry. When a man becomes a genuine Christian, he makes over to God not only his affections, but his family, his business, his reputation, his body, his mind, his soul, everything. Industrious he will be, but never worry

his body, his mind, his soul, everything. Industrious he will be, but never worrying, because God is managing his affairs. How can he worry about business when in answer to his prayers God tells him when to buy and when to sell? And if he gain, that is best, and if he lose, that is best. is best.

Suppose you had a supernatural neighbor who came in and said: "Sir, I want

you to call on me in every exigency. I am your fast friend. I could fall back on \$20,000,000. I can foresee a panic ten years. I hold the controlling stock in 80 of the best monetary institutions of New York. Whenever you are in trouble call or me, and I will help you. You can

in a certain enterprise, and he lost \$5,000 in it. Explain that."

I will. Yonder is a factory, and one wheel is going south, and one wheels and your manufacturer, and I say: "O manufacturer, your machinery is a contradiction! Why do you not make all the wheels go one way?" "Well," he says, "I made them to go in opposite directions on purpose, and they produce the right result. You go downstairs and examine the carpets we are turning out the time. The

THE SEMI-WEEK2. YRTELEGRAPH.

TONGEVITY RECIPES.

It is own attributes after different particles of them. His ownstates the maniference—it is God served to the miningstone—it is God served to the miningstone to the miningstone to the miningstone to the miningstone to the miningstone—it is God served to the miningston for the eyes, good for the ears, good for the spleen, good for the digestion, good for the muscles. When David in another part of the psalm prays that religion may be dominant, he does not speak of it as a mild sickness or an emaclation or an attack of moral and spiritual cramp. He speaks of it as "the saving health of all nations," while God in the text promises longevity to the plous, saying, "With long life will I satisfy him." The fact is that men and women die too soon. It is high time that religion joined the hand of medical science in attempting to improve human longevity. Adam lived 980 years, Methuslahl health we are mere dwarfs and sylears of age. I do not say that religion mill ever take the race back to antediluvian longevity, but I do say the length of life will be increased.

It is said in Isaiah, "The child is to be a hundred years old." Now, if, according to Scripture, the child is to be a hundred years old." Now, if, according to Scripture, the child is to be a hundred years old." Now, if, according to Scripture, the child is to be a hundred years old." Now, if, according to Scripture, the child is to be a hundred years old." Now, if, according to Scripture, the child is to be a hundred years old. "Now, if, according to Scripture, the child is to be a hundred years old." Now, if, according to Scripture, the child is to be a hundred years old." Now, if, according to Scripture, the child is to be a hundred years old." Now, if, according to Scripture, the child is to be a hundred years old, may not the men and women reach to 300 and 400? The fact is that we are mere dwarfs and skeletons compared with some of the generations that are to come. Take the African race. They have been under the fact is that we are mere dwarfs and skeletons compared with some of the generations that are to come. Take the African race. They have been under the fact is that we are mere dwarfs and skeletons compared with some of the generations that are to come. Take the African race. They have been under the fact is that w possible," you say. "There is something that tells me that death is not the appeadix, but the preface, to life. There is something that tells me that on this side of the grave I only get started and that I shall go on forever. My power to think says "forever." my affections say "forever," my capacity to enjoy or suffer "forever."

Well, you defeat me in my three experiments. I have only one more to

periments. I have only one more to make, and if you defeat me in that I am make, and if you defeat me in that I am exhausted. A mighty One on a knoll back of Jerusalem one day, the skies filled with forked lightnings and the earth filled with volcanic disturbances, turned his pale and agonized face toward the heavens and said: "I take the sins and sorrows of the ages into my own heart. I am the expiation. Witness, earth and heaven and hell, I am the expiation." And the hammer struck him, and the spears punctured him, and heaven thundered: "The wages of sin is death!" "The soul that sinneth, it shall die!" "I will by no means clear the guilty!" "I will by no means clear the guilty!"
Then there was silence for half an hour,
and the lightnings were drawn back into and the lightnings were drawn back into the scabbard of the sky, and the earth ceased to quiver, and all the colors of the sky began to shift into a rainbow woven out of the falling tears of Jesus, and there was red as of the bloodshedding, and there was green as of the bruising, and there was green as of the heavenly foliage, and there was orange as of the day dawn, and along the line of the blue I saw the words, "The blood of Jesus Christ cleanseth from all sin," and along the line of the green I saw the Jesus Christ cleanseth from all sin," and along the line of the green I saw the words, "The leaves of the Tree of Life for the healing of the nations," and along the line of the orange I saw the words, "The day spring from on high hath visited us," and then I saw the storm was over, and the rainbow rose higher and higher until it seemed retreating to another heaven, and, planting one column of its colors on one side the eternal hill, and planting the other column of its colors on the other side the eternal hill, it rose upward and upward, "and, behold, there was a rainbow about the throne." Accept that sacrifice and quit worrying. Take the tonic, the inspiration, the \$20,000,000. I can foresee a panic ten years. I hold the controlling stock in 30 of the best monetary institutions of New York. Whenever you are in trouble call to me, and I will help you. You can have my money, and you can have my money, and you can have my money, and you can have my influence. Here is my hand in pledge for it. How much would you worry about business? Why, you would say, "I'll dopend on my friend's generosity for the rest."

Now, more than that is promised to every Christian business man. God says to him: "I own New York and London and St. Petersburg and Peking, and Australia and California are mine. I can foresee a panic a hundred years. I have all the resources of the universe, and I am your fast friend. When you get in business trouble or any other trouble, call on me, and I will help. Here is my hand in pledge of omnipotent deliverance." How much should that man worry? Not much. What lion will dare to put his paw on that Daniel? Is there not rest in this? "Oh," you say, "here is a man who asked God for a blessing in a certain enterprise, and he lost \$5,000 in it. Explain that."

I will. Yonder is a factory, and one wheel is going north, and the other There are your children waiting to kies you, waiting to embrace you, waiting to twist garlands in your hair. You have been accustomed to open the door on this side the sepulcher. I open the door on the other side the sepulcher. You have been accustomed to walk in the wet grass on the top of the grave. I show you the underside of the grave. The bottom has fallen out, and the long ropes with which the pallbearers let down your dead which the pallbearers let down your dead let them clear through into heaven.

Glory be to God for this robust, healthy religion! It will have a tendency to make

you live long in this world, and in the world to come you will have eternal life. "With long life will I satisfy him." Mushrooms as a Vaccine. According to a paper recently communicated to the Academie des Sciences Paris, M. Phisalix has found that some kinds of mushrooms afford a "vaccine" against the venom of snakes. The juice of the mushroom renders a person immune against vipers for a month er two.

A custom peculiar to Buddhists is that ity in that?
Suppose a man is all the time worried hammer and chisel and carving hely about his reputation? One man says he symbols upon rocks by the wayside.

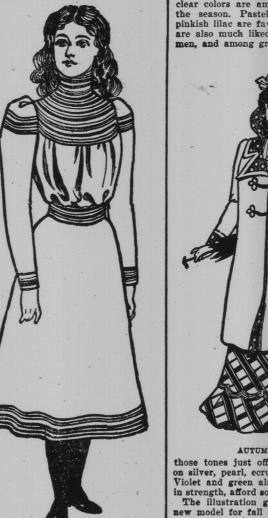
FASHION HINTS. What Will Be Worn During Autumn

and Winter. Little jackets for fall wear are made of cloth, the revers being faced with the same plaid or checked silk which forms the lining of the jacket.

For children there are straight sacks, trimmed around the edge with a circular

Blouses of various kinds are still worn with different skirts. They do not, however, hang over the belt.

The half length cape, smooth around the shoulders and flaring toward the edge, retains its position in general favor.



SCHOOL DRESS. It is sometimes draped a little across the front, fastening across the shoulder with a clasp or other ornament.

The newest traveling wrap is a half length straight sack, having around the shoulders two little circular capes. The revers and pocket flaps are like those of

a man's coat.

The cut shows a school dress for a girl 11 years old. It is of brown serge and has a skirt gathered into a band at the waist. The foot of the skirt is edged with several rows of gold and brown braid. The bodice has a plain back gathered at the waist and a blouse front rounted on a voke. The voke is front mounted on a yoke. The yoke is covered with lines of gold and brown braid, which are carried around to the back to simulate a yoke there also. sleeves have lines of the braid at the top and wrist, and the collar and belt are also covered with braid. JUDIO CHOLLET.

THIN GOWNS.

Modes of Making and Ornamenting

Charming decorations for thin gowns are obtained by applying muslin or ba-tiste upon the surface, outlining the de-sign with cord and then cutting away the goods beneath the application. Many plain foulard gowns are thus ornamented. The muslin or batiste used for the incrustation may be plain, or it may have a printed floral design which is followed in the application.

With foulard a pretty effect is obtained



DINNER GOWN.

ward the waist and extend half way down the skirt, where their termination forms points or scallops. The fullness which is thus left free at the foot affords the desired flare at the base.
Foulard may be used for gowns of both the simplest and most elaborate character. All depends upon the color and style of cut chosen.

The dinner gown illustrated is of pink

The dinner gown illustrated is of pink velvet covered with black chantilly. It is in the princess form, with a very low decolletage, the lace portion appearing as a redingote, which opens over a loose, straight front of pink mousseline de sole, which continues around the front of the skirt as a flounce. The edge is adorned with applications of black chantilly. The lace redingote has a deep flounce of lace, headed by a puffing of black mousseline de soie. The sleeves are of sullned chantilly, and the decolletage is bordered by tilly, and the decolletage is bordered by a drapery of pink mousseline de sole, a bow of black talle being placed in front.
JUDIO CHOLLET.

NEW FASHIONS. Changes For Men-Light and White They Are In Great Favor For Indoor Costumes.

There is a prospect that the masculine wardrobe will once again rival the femi-nine in fancifulness of color and decorawardrobe will once again rival the feminine in fancifulness of color and decoration, as it has in times past. The entering wedge may be perceived in the new materials for waistcoats. Damask, silk and velvet of decided colors are being introduced, and for evening wear metal buttons are appearing on waistcoats. In some cases the buttons match the shirt studs.

Gaiters are being abandoned by smartly dressed men.

Gowns of plain foulard in delicate but clear colors are among the prettiest of gathered.

clear colors are among the prettiest of the season. Pastel blue, petunia and pinkish lilac are favorite shades. Grays are also much liked by fashionable wo-men, and among grays may be included



AUTUMN SACK.

new model for fall coats. It is of gray covert cloth and is straight at the back and in front. It is double breasted and fastens with cords and frogs. The collar, revers and upright collar are faced with blue taffeta having woven white spots, and the entire garment is lined with spotted taffeta. The sleeves are plain, with turned back cuffs faced with taffeta. The accompanying hat of blue braided felt is trimmed with a drapery of white lace, some yellow flowers and a black feather.

Series of trills around the foot of the skirt. Tinted plain silk is usually employed for these underdresses.

An illustration is given of one of the new directoire hats. The form is smoothly covered with sky blue moire, and the high crown is encircled by many bands of narrow black velvet. Clusters of loops of the velvet are fastened at the back by jeweled ornaments and fall on the hair. In front is a group of black plumes held by a chou composed of black reather.

JUDIC CHOLLET.

FASHION HINTS.

Notes Upon the Phases of the Fashionable Wardrobe. Long, clinging sleeves, extending upon will remain so for some time to come. The part which covers the hand may be cut in one with the sleeve or may be added in the form of a circular ruffle,

tabs or frills. Princess gowns must be perfect if they exist at all, and that is why they are al-



ways an exclusive style, for only the best of dressmakers can properly achieve one. They will continue to be worn by those women who have the figure and the purse to permit it. Only a slender, well formed woman should attempt to wear a princess gown, as no other costume so pitilessly reveals redundancy or deficiency of form.

The waterproof coat is no longer hide-

ous. At least, it need not be, for there are now thin waterproof materials which resemble cloth and which may be made resemble cloth and which may be made in the form of a redingote, long coat or mantle of the prevailing mode.

The mauve poplin gown illustrated has a circular skirt trimmed with two wide bands of old guipure, rising in a point in front. The coat bodice of guipure over mauve silk has a cutaway basque and opens over a plastron of tucked mauve silk. Two bands of black velvet, fastened by steel buttons, connect the fronts. The plain sleeves of poplin are embroidered at the wrists and have a full cap of lace. The hat of chenille and felt moussline edged with lace, which forms of lace. The hat of chenille and felt braid matches the gown in color and is trimmed with purple anemones and a black plume. Judic Choller.

Western Relative—Do zey make 'ittle tootsey wootsey eat with an ugly old spooney?

Boston Infant—They compel me to receive my aliment from an objectionable implement of aliver.—Jewelers' Weekly.

THIN GOWNS.

The pression for thin and sheer materials has had a most delightful influence

gathered.

These transparent gowns are worm

over a colored lining, which is or can be made separate from the gown itself, as-



those tones just off white which verge on silver, pearl, ecru, beige or verdigris. Violet and green also, much attenuated in strength, afford some charming tints.

The illustration given today shows a new model for fall coats. It is of gray

FASHION'S FANCIES.

Attractive Additions to the Elegant

Evening wraps are elaborate and luxu-Evening wraps are elaborate and luxurious. A new cape model is composed of puffings of mousseline de soie over taffeta and clings to the figure as far down as the waist. At that point there is a voluminous flounce of plaited mousseline de soie, trimmed with finer plaitings. Under the chin is an immense cravat

Under the chin is an immense cravat with long, floating ends.

Accordion plaited gowns of mousseline de soie are to be worn; also gowns of puffed mousseline, the puffs separated by insertion or lines of spangles.

Costumes of chiffon with accordion plaited tunics and applications of cream guipure over white satin are a charming and expensive populty. and expensive novelty.

Many tunics are cut in points or scal-

lops, and the same idea is repeated in the bodice, the points extending upon the



guimpe. These tunics may match the body of the skirt or may be different. In lace or mousseline de soie they are

very attractive. The picture given illustrates an attractive fichu arrangement to be worn with a plain bodice. Its foundation is a round yoke composed of lines of insertion, each line being edged with fine passementerie. Around this yoke is a bettha of lace, and across each shoulder in the being edge of the passementeries. is a bretelle drapery of mouseline de soie, forming a chou at the tons. In front is a large bow of mousseline diped with insertion and borde passementerie. From this fal ng ends of mousseline edged with lace, which forms coquilles, and trimmed at the bottom with bands of insertion. A frill of lace finishes the back of the high collar, which matches the yoke.

Judic Chollet.

It is a very difficult matter to make a church the right size. Every one we saw was too small for weddings and too large for prayer meetings.—Atchison Globe,