

* This matter which this page contains is carefully selected from various sources; and we guarantee that, to any intelligent farmer or housewife, the contents of this single page, from week to week during the year, will be worth several times the subscription price of the paper.

THE FARM.

Flavor of Eggs.

The flavor of eggs depends very much on the kind of food given to the poultry. When hens are fed largely or almost exclusively on mill, the yolk is lighter in color, the white has a milky look, and the whole egg is watery and less firm in texture than those laid by grain-fed hens.

RUBBING.

The baby eat where the sunshine Crisp golden over the floor, And the wind-rays come smiling, Smiling through the open door.

THE HOME.

To Launder Handkerchiefs.

An excellent way to launder handkerchiefs without staining the wash-room is of use to travellers, and may have been borrowed from the customs of the Korean washerwomen, as described in a recent number of the American Agriculturist.

How We Get Tired.

The result of continued exercise is fatigue of the muscles called into play, and this is brought about by the accumulation in the tissues of the products of their own work, explains the "Thoughts." Exhaustion of work is then demanded to allow their removal.

Timely Items.

A whitewash that will not easily wash or rub off may be made of ten parts of slacked lime added to one part of the best hydraulic cement, the whole mixed with water. It should be applied thin. This recipe has the sanction of our own National Government, which has had large experience in whitewashes.

Hints for the Housewife.

TOMATO FRITTERS.—Stir two beaten eggs into a quart of stewed tomatoes, also a scant teaspoonful of soda, and add flour until of the consistency of pancakes. Fry by spoonfuls in hot fat.

Asparagus Soup.—

Out of the tender tips (and use them as though they were green peas), cut up the stalks, put into a saucepan with water, and boil till tender. Bring three pints of milk to a boil; thicken with a teaspoonful of flour rubbed into a teaspoonful of butter. Rub the asparagus through a colander and add to the milk, simmer fifteen minutes, stirring often.

everything straight. From a reader who does not think all men brutes.— Mrs. L. D. A. Sharon, in Mirror and Farmer.

A Cheap Home-Made Sprayer.

I have seen nearly all the different spraying machines for spraying grapes, from the Eureka knapsack sprayer to the large automatic sprayer on wheels made by some Western company. I am best satisfied with one of my own devising. I took the wheels and axle of an old mowing machine, rigged a framework upon it to support a canvas lying horizontally, attached heavy shafts and thus quickly and cheaply had a cart just suited to the purpose.

The Jackson Park Jerseys.

While it may be true that the Jerseys at Jackson Park are the finest specimens of their kind in the world, and have been selected by experts that are the ablest of judges, yet to many the records of the first three weeks are very disappointing, to say the least.

Some Hints from My Experience as a Butter-Maker.

Good butter cannot be made from cream which has become over-ripe, nor from cream which has been allowed to get too warm. Sixty-six degrees is the highest point cream should ever reach.

Care of Hares with Bucking Collars.

Well ordered work is not an injury to hares with bucking collars, but conditions arise in the rush of farm labor which make great care necessary in order to avoid serious injury both to mare and colt.

Farmers and Their Wives.

As I have been a farmer's wife for twelve years I thought I would write my experience. My husband is one of the best men in New Hampshire, but he is not rich as yet. He began farming with \$500, bought a farm and mortgaged it, and I must say the first five years were very hard to make both ends meet or make the necessary improvements.

TEMPERANCE.

The yearly waste in the United States through drink is at least \$500,000,000. In forty years \$10,000,000,000 have been thus wasted. This is equal to the whole savings of the people from 1783 to 1857.

It took a wise man like Professor Huxley twenty years to find out that the pleasure of smoking were more than counterbalanced by its penalties.

The rum-maker, the rum-seller and the rum-drinker make a trio so related that they constitute the whole of the liquor traffic. And they are so related that if any one of them should go out of business, nothing would remain for the other two.

The report of the Congregationalist Total Abstinence Association shows that out of 2747 Congregational ministers in England and Wales 2,663 are abstainers.

Even a small quantity of alcohol confuses the mind, and makes people less able to think and learn and in judging what is right and best. Hence the Bible says: "It is not good for man to drink wine, for he becomes strong drunk, let them drink and forget the law."

If I take alcohol I shall be less likely to choose what is good, and avoid what is wrong. Total abstinence does not make me healthy, wise, and good; but it makes sure and certain the absence of the harm which alcohol does to my body, mind, and soul, and would do if I were to take it.

The parliament of Sweden decrees that scientific temperance teaching shall be given in the public schools. The teaching in the Swedish schools is generally thorough, and if this subject does not form an exception to the rule the next generation in that country will be largely one of total abstinence.

A brand of whiskey has been advertised called "Horn of Plenty." A temperance writer says the name has been chosen wisely, for out of the thing named shall come plenty of poverty, plenty of pain, plenty of sorrow, plenty of shame, plenty of broken hearts, hopes doomed and sealed, plenty of graves in the potter's field.

That high medical authority, the London Lancet says: "It is time that the attention of all responsible persons should be seriously directed to the prevalence and increase of tobacco smoking among boys. Stunted growth, impaired digestion, palpitation, and other evidences of nerve exhaustion and irritability have again and again impressed the lesson of abstinence, which has hitherto been far too little regarded."

Canon Willberforce says: "In the old days total abstainers were scoffed at, and we almost had to apologize for drinking water; now we find constantly people murmuring something like an apology for drinking wine in our presence."

In the catalogue of harmful habits there is nothing more needless in its commission as usual during the coming vacation season.

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