

TWO LITTLE FEET.

BY LAURA HARVEY.

Oh, life, so prodigal of life! Oh, love and destiny at strife! Oh, earth, so full of busy feet! Oh, woods and hills and all things sweet!

THE HOME.

Change Just for Change.

How often are we told now-a-days that physicians recommend to their patients a change as the best cure for many ills. "You must have a change, go somewhere, to the south, or the seashore, or to some cure," they say, and so, seeing that medicines do no good, they rid themselves of the care and worry of numbers of people by starting them off to other climes and scenes.

half a blade of mace, three or four cloves and a bay-leaf. Cook them about three hours longer. Season with salt and pepper. Strain it through a sieve into a deep bowl. There should be about enough to fill a quart bowl. Let it stand over night and in the morning it will be found a thick jelly. Remove the fat, and when the roulade of veal is cooked add the gravy it is cooked in this jelly.

cents an acre. The ability to work at night enables a farmer to rush his work when he is pressed for time. The main objection to running at night is the difficulty encountered in having two different crews to run the machine—one by day and the other by night. If anything goes wrong during the day, the night engineer usually falls heir to the difficulty.

Farm Economics.

A practical farmer says that taking account of all his possessions and indebtedness at the beginning of each year reveals some surprising results to each item. He reads to beneficial reflection on that one point. The cash value of the farm was yearly in the descending scale; but this season it is rising. This leads to inquiry as to the causes of "ups" and "downs" of real estate, and if there is anything he can do as a citizen to assist in avoiding such fluctuations.

I know of a neighborhood where even old horses are kept, none doing scarcely anything; all next April would not sell enough to pay their feed through the winter. All are owned by people, too, who can ill afford to lose anything. They would be better off to give the horses away now. If these were, say, three-year old colts, there would be gain for wintering them.

With people of nervous temperament and indoor habit, there is no such thing as being thoroughly warm on a very cold day without a brisk turn outdoors.

THE FARM.

It is now an established fact that whole wheat, ground coarse or fine, is the most healthful and complete of all material for human food. It has all the good qualities of oatmeal and more. Wherever there is power of any kind convenient, as on farms generally, wheat can be either cracked or fully ground on a small mill with the great advantage of using a home product, and knowing that it is clean and unpolluted by rats or mice.

The question of pruning was discussed by many large orchardists at the recent annual meeting in Rochester, of the Western New-York Horticultural Society. It was shown that orchards had been seriously injured by trimming in the fall—the effect of severe freezing being very injurious, resulting in decay of the branches or of dying back of the bark, causing a large wound. Much depends upon the severity of the weather following such pruning.

A plan has been adopted by the farmers of Colusa county, Cal., to gain time by plowing at night, says the Rural Press. The plan is to use a steam plow, which can be run day and night on the level farms at a rate of eight miles an hour. It has a traction engine and tears up the ground in strips twenty-one feet wide, doing its work much more evenly and thoroughly than the old horse plow.

—Take two large, flat stones, drill an inch hole through them, put bolts up through from below, wedge them fast. Cut two posts of square, bore a hole lengthwise as deep as the bolts are long, bore a cross hole in the middle of the posts around until it screws down tight to the stone. Nail on slats, lattice or wire, if the latter put on a slat or two to keep it straight, and you have a lay-over grate.

TEMPERANCE.

The Cure for Drunkenness.

That the Keeley treatment is effective in curing intemperance, where there is a real desire or purpose to reform, there can be no doubt. This much seems to have been put beyond question by its general and notable success, despite a few conspicuous failures. The number of those who might be benefited by the treatment is very large. Those who have thus far availed of it, are but a small percentage of the great numbers who need its aid in order to any permanent change for the better.

The government of this association, which has been duly incorporated, is by a Board of Trustees, consisting of fifteen men from several states, men who have undergone treatment and men who have not. They selected officers as follows: President: The Hon. Stephen T. Hopkins of Cahill; first vice-president, George F. Perkins, of Nashua, N. H.; second vice-president, Thomas S. Quaid, of Baltimore; secretary, S. Eric Sinclair, of New York city; treasurer, Jeremiah T. Lockwood, of White Plains.

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Boys and girls generally do not learn a practical style of writing in school. Some make their letters painfully perfect; but they do not write that way on their examination papers—and if they enter business life, they must learn over again. They lack speed and movement.

Or you can start an evening class—why not? There's little to do. SNELL'S BUSINESS COLLEGE, WILMOT, N. S.

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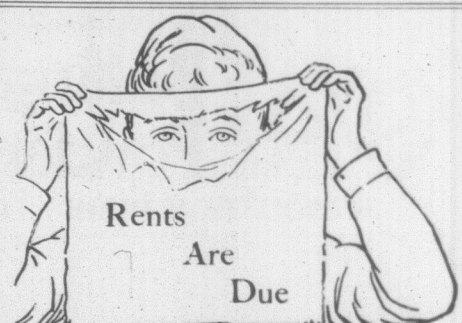
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to wash-day, unless you wash with Pearlina. It's the washing in the old way with soap and rub, rub, that makes the holes in your clothes. You can't get them clean without rubbing; you can't rub without wearing them out.

Try a little Pearlina—without soap. The dirt comes out easily and quickly without rubbing. There's no need to drag it out by main strength—there's nothing to hurt your clothes, no matter how delicate. There's no hard work about it either. It's easy washing—both for the woman who washes and the things that are washed. It's safe washing, too. Pearlina removes the dirt, but won't harm anything else.

Beware of cheap imitations and some unscrupulous grocers will tell you, "this is as good as Pearlina." It's FALSE—Pearlina is never peddled, and if your grocer sends you something in place of Pearlina, do the honest thing—and it back.

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