

RUB RHEUMATIC PAIN RIGHT OUT

Don't suffer! Relief comes the moment you rub with "St. Jacobs Liniment"

What's rheumatism? Pain only! Stop rubbing! Not one case in fifty requires internal treatment. Rub the misery right away! Apply soothing, penetrating "St. Jacobs Liniment" directly upon the "tender spot" and relief comes instantly. "St. Jacobs Liniment" is a harmless rheumatism and sciatica relief which never disappoints and can not burn or discolor the skin. Limber up! Get a small trial bottle from your druggist, and in just a moment you'll be free from rheumatic and sciatic pain, soreness, stiffness and swelling. Don't suffer! "St. Jacobs Liniment" has relieved millions of rheumatism sufferers in the last half century, and is just as good for sciatica, neuralgia, lumbago, backache, sprains and swellings.

SWITCH OFF!

Put aside the Salts, Oil, Calomel, or Pills and take "Cascarets."

Are you keeping your bowels, stomach and stomach clean, pure and fresh with Cascarets, or merely whipping them into action every few days with Salts, Cathartic Pills, Oil, or Purgative Waters? Stop having a bowel wash-day. Let Cascarets gently cleanse and regulate the stomach, remove the sour and fermenting food and foul gases, take the excess bile from the liver and carry out of the colon and bowels all the constipated waste matter and poisons so you can straighten up. Cascarets tonight will make you feel great by morning. They work while you sleep—never gripe, sicken, or cause any inconvenience, cost so little too.

"My ambition is to have my name on some high roll of honor." "Mine is to have my name on some permanent payroll."—Baltimore American.

Mathieu's SYRUP OF TAR & COD LIVER OIL STOPS COUGHS

Sold in generous size bottles by all dealers.
THE J. L. MATHIEU CO., Props., SHELBROOKE, P.Q.
Makers also of Mathieu's Nerveine Powders the best remedy for Headaches, Neuralgia, and feverish colds.

A. E. Morris, P. O. Box 423, Amherst, N. S., Sales Agent for the Maritime Provinces.

Teeth Are Ruined

By a Film—Millions of Them

All Statements Approved by High Dental Authorities

Free A 10-Day Tube of Pepsodent, to show you how to end film. See below.

On Your Teeth Now

There is now on your teeth a slimy film. You can feel it with your tongue. It clings to teeth, gets between the teeth and stays.

The tooth brush alone doesn't end it. The ordinary tooth paste does not dissolve it. So month after month it stays there and may do a ceaseless damage.

That film is what discolors—not the teeth. It is the basis of tartar. It holds food substance which ferments and forms acid. It holds the acid in contact with the teeth to cause decay.

Millions of germs breed in it. They, with tartar, are the chief cause of pyorrhea. Most tooth troubles are now traced directly to that film.

Dental scientists have for years sought a way to end film. They have known that brushing could not save teeth if it left that film upon them. Now that film combatant has been found. Convincing tests, under laboratory conditions, have proved it beyond question. The method is now embodied in a dentifrice called Pepsodent. And we supply it free for testing to anyone who asks.

Pepsodent

REG. IN CANADA
The New-Day Dentifrice
After convincing tests, it is now advised for daily use by leading dentists everywhere.

Chinese Woman, In Paris Gown, To Aid Countrymen

Miss Soumy Tchong Would Wipe Out "Chinatowns" And Establish Education Facilities

New York, Dec. 2.—Among the passengers on board the Lafayette was Miss Soumy Tchong, twenty-seven years old, and one of the most remarkable Chinese women who ever set foot in the United States. She was dressed in modern European garb and wore a fur coat and jewels. Miss Tchong declared she had gone to Paris, where she had previously spent six years in school, to represent the many millions of women of China at the peace conference, but that the questions uppermost in her mind and which she had intended to lay before the conference had been sidetracked by the Shantung affair.

Miss Tchong acted for a time as a secretary of the Chinese delegation at the conference. She will spend two months in the United States delivering lectures. She speaks French and English, and while herself representing the young Chinese movement, is a daughter of one of the old school Chinese dignitaries. Her father is a prominent financier in Canton.

"China must emulate the example of the United States," said Miss Tchong. "The trouble with the Chinese in America is that they are all of the poorer, uneducated classes. The Chinese here should be educated. That is what they have done in France, where the laborers from China spend half of each day in school. Your worst feature here is the maintenance of the so-called 'Chinatowns.' This is not helping your Chinese population to lift itself out of the lower strata."

SKIRTS MUST REACH KNEE SAYS SPRINGFIELD CENSORS

Springfield, Dec. 2.—Skirts must reach the knee, according to the decision of the Springfield censoring committee, composed of Mayor Adams, Chief of Police Quilty and Lieut. George H. Kory. After a visit to all of the theatres of the city in response to criticisms of the character of attractions by the Epworth League, Chief Quilty said:

"In all the theatres visited I have heard but a few remarks by persons on the stage that could be considered objectionable. Every theatre manager has

HEALTH OFFICIALS ON THE WARPATH

Crusade is Being Started Against Violent Sneezing in Public

The epidemic of colds which is now sweeping the country has led health officials to start an educational campaign showing the dangerous effects of violent sneezing in public.

"Check your Sneeze"—"Every public sneeze is a public danger"—"Think twice before sneezing once"—are slogans which are being emphasized in the effort to check the epidemic and the results it threatens.

A prominent feature of the campaign is the education of the public to the necessity of treating every case of cold in the head promptly. If taken at once it is declared that a simple treatment will give relief in a single night, and the patient can remain steadily at work.

The treatment recommended for colds is a compound of Aspirin, Phenacetin, Quinine, Salol, Caffein Citrate, Cascara and Camphor Monobromate. This is now offered the public under the name of Grip Fix. Every home should have a box on hand while the epidemic of colds prevails. It comes in capsule form and acts quickly.

Two capsules, taken two hours apart, over a period of six hours gives effective results with one capsule at a time thereafter to complete the work.

Grip Fix is not a patent medicine, but when getting it is sure to ask for Grip Fix as there is no home treatment for colds which equals it. On sale at 33 cents per box at all druggists.

Eyes Tired?

If your eyes are tired and overworked; if they itch, ache, burn or smart, go to any drug store and get a bottle of Bon-Opto tablets. Drop one tablet in a fourth of a glass of water and use to bathe the eyes from two to four times a day. You will be surprised at the rest, relief and comfort Bon-Opto brings.

Notes: Doctors say Bon-Opto strengthens eyes, acts in a time in many instances. Watson's Drug Store and other druggists.

A FAREWELL GIFT

The Lend-a-hand Circle of the King's Daughters met in the Guild last night with the president, Mrs. H. Coby Smith, in the chair. The circle voted the sum of \$300 to furnish the infant's room in the new Provincial Memorial Home for Children in Wright street. As Mrs. Ernest Waring, of the circle, is leaving shortly to spend the winter in Bermuda, last night's meeting was made the occasion of a presentation to her. Mrs. Coby Smith, on behalf of the circle, presented to Mrs. Waring a beautiful writing portfolio which Mrs. Waring accepted most graciously. The members of the circle are engaged in making puffs and preparing the linen for the room which they will furnish in the Memorial Home. There were about forty members present, and at the close of the meeting refreshments were served by a committee.

WAR DECLARED ON BEAVER

Edmonton, Alta., Dec. 2.—The busy beaver has been getting quite too active in some parts of Alberta, and to pay him up for the mischief he has been causing to farm property and live stock he is to be legally hunted and trapped in all the country south of the 55th parallel. Notice is being sent out by the game guardian's office to that effect.

KIDD'S TREASURE OR IS HE KIDDING?

(Occasional in Halifax Recorder.)
South Maitland, N. S., Nov. 20, 1919. Dear Occasional—Reading your paper of the 17th, I noted a piece in "Occasional's" letter about Captain Kidd's treasure. I can beat that right here at home. I am enclosing you a couple of charts, the exact copy of which I found buried, and besides, I found some hieroglyphics cut on stone. After I studied how to work the charts, I began prospecting. I got down to the wood cement. Also found old shovels, held together by the cement. This season was so wet I had to abandon the work. I have located by the charts where it is buried. This is an Oak Island affair. There are a lot of marked stones all about the place. It was always supposed the pirates had been here digging, but they never struck the right place, and gave it up. But I caught on their plan and searched and found the charts. You will notice on both the charts of the river marked on the shore is the one to follow. I also enclose a triangular one, which is the exact size. These were all buried. The tree is still standing—a very old Balm of Gilead. It is cut out on the triangle, showing the hill. The square points to the tree.

BEAUTIFUL ROXANA BOWEN IN RENO FOR A DIVORCE

New York, Dec. 2.—Mrs. William Stephen Van Rensselaer, who as the beautiful Roxana Bowen was a leader in the younger social set of the city, is in Reno, Nevada, seeking a divorce on the grounds of cruelty.

To a reporter Mr. Van Rensselaer made this admission, and said further: "Yes, Mrs. Van Rensselaer is now in Reno. I do not know whether or not she has made the application for divorce, but when she does I will not contest it. I shall grant her the separation on the grounds of desertion. What else could I do? It is terrible, isn't it?"

He denied a report that his wife had applied last year in Scotland for an annulment of the marriage on the ground that he had never been consummated.

The marriage of the Van Rensselaers only two and a half years ago was one of the fashionable events of the season. Mr. Van Rensselaer at the time was third secretary of the American embassy at Rome. He obtained special permission from President Wilson to return.

Are You Fat? Just Try This

Thousands of overfat people have become slim by following the advice of doctors who recommend Marmola Prescription Tablets, those which reduce the fat without the use of the famous Marmola Prescription.

If too fat, don't wait for the doctor's advice. Go now to your druggist or write to the Marmola Co., 864 Woodward Ave., Detroit, Mich., and for \$1.00 procure a large case of these tablets.

They reduce two, three or four pounds a week without exercising, dieting or any unpleasant effect whatever. If too fat, try this today.

Cardinal Condemns Fashions

Paris, Dec. 2.—Cardinal Arette, Archbishop of Paris, has issued a pastoral letter protesting against the immodest toilettes of women and indecent dances, saying that Christian women and girls ought to abstain from such dressing and such amusements. The cardinal affirms that these dances are exotic by origin and by name. Presumably he refers to "craze" Amusan dances which have become the fashion in Paris in recent months.

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Ten-Day Tube Free

THE PEPSODENT COMPANY
Dept. J, 701, 1104 S. Wabash Ave., Chicago, Ill.
Mail 10-Day Tube of Pepsodent to

NOVEMBER IN U. S. BUSINESS

Severe Break in Stock And Bond Prices During Month

High Money Rates—Rejection of Peace Treaty—Decline in the Rails, Tractions And Coppers

(New York Evening Post.)

The security markets during the month of November experienced the most drastic liquidation witnessed since the days immediately following the signing of the armistice. This liquidation, however, was confined not merely to the stock markets, as some very sharp declines were also recorded in the bond markets. This liquidation was due to many causes. First being an over-extended speculative position brought about by virtually ten months of continuous advance in security prices. This brought about an over-extended speculative position which caused the Federal Reserve banks to advance discount rates which was done on Nov. 5, the announcement of the change being made at Washington on Nov. 3 (election day).

This was the main cause for commencement of the downward reaction in security prices for the month. Following the advance in discount rates by the Federal Reserve banks, rejection of the peace treaty, and the decline in the price of the rails, the Bank of England advanced its minimum rediscount rate from 5 to 6 per cent, the first change since April 4, 1917. Call money rates gradually moved upward in the month, and the rate was 12 per cent, on the 10th 16, on the 11th 25, on Nov. 12, 30 per cent, the highest rates since the panic of 1907. These high rates caused much uncertainty and prices of stocks just seemed to melt away. For instance, on the 11th when call money rates touched 30 per cent, declines of from 10 to 25 points were numerous in the high-priced speculative shares. General Motors on that day dropped 8½ points. And these declines came on top of a drop of 5 to 30 points the previous day when call money was quoted at 20 per cent.

Following these high money rates, there was naturally some reaction, and money gradually became easier, until rates again ran as low as 8 per cent, on the 20th. But when money eased considerably, there were many other factors to upset the nerves of the stock market, such as the rejection of the peace treaty, the soft coal strike, unfavorable reports regarding financial conditions abroad, and late in the month the Mexican crisis.

Except for the sharp break in the copper market, which are dependent to a large extent on buying from Europe to continue the present large surplus, it can be said that the peace treaty had little effect upon the stock markets. Rejection of the treaty in the senate on Nov. 19, effected a panic in the foreign exchange markets, and business was completely demoralized. Sterling exchange on the dollar fell to 84½, an absolute low record, while other rates also collapsed to new levels.

In exchange, however, did affect the security markets. The wrangling over the peace treaty in the senate held up much needed legislation, most important of which was that affecting the roads in view of their return to private ownership on Jan. 1. The failure of congress to enact necessary legislation preparatory to the return of the railroads to their owners was responsible for some drastic liquidation in the issues, as the securities of the roads were firm in the early part of the month in hope of such legislation.

Both stocks and bonds declined, and many new low records for several years were established. The high grade investment issues at times seemed weakest.

Another outstanding feature of the month was the collapse in prices of local traction stocks and bonds, these issues selling for cents on the dollar. These declines followed the reports of several engineers forecasting huge deficits for the roads on Jan. 1, because of the losses in operation on present rate of fares.

Business on the exchange in both stocks and bonds was again an enormous scale. Stock transactions on one day during the month exceeded 2,000,000 shares, while million-share days were numerous.

LIMITED INCOME OF YOUNGER STEINWAY

Piano Maker Left Estate Which is Inventoried at \$5,000,000.

Leominster, Dec. 2.—Charles F. M. Steinway, of Mountain Lakes, N. J., son of Charles H. Steinway, president of Steinway & Sons, piano manufacturers, here, receives a trust fund of one-third of the residue of the estate of his father, which inventories upward of \$5,000,000, and shares a third left to his mother at her death and upon whose death the father directs that the income be paid to him be limited to \$100 a week. The testator says:

"I make this provision for my son because I am of the opinion that he is lacking in business ability and is not competent to take charge of and prudently use, manage and dispose of money and property."

Young Steinway while an apprentice at his father's factory here two years ago married Miss Florence Garland, daughter of Mr. and Mrs. Samuel Garland, of North Leominster. She is provided for by the testator, who directs that she receive \$20 a week for her support out of the son's income and a like amount from the same source for the maintenance of a minor son of the couple.

The elder Steinway died on Oct. 30. His widow lives in Pasadena, Calif. Young Steinway was prominent here in 1917, and as an expert tennis player of the Monocook Country Club.

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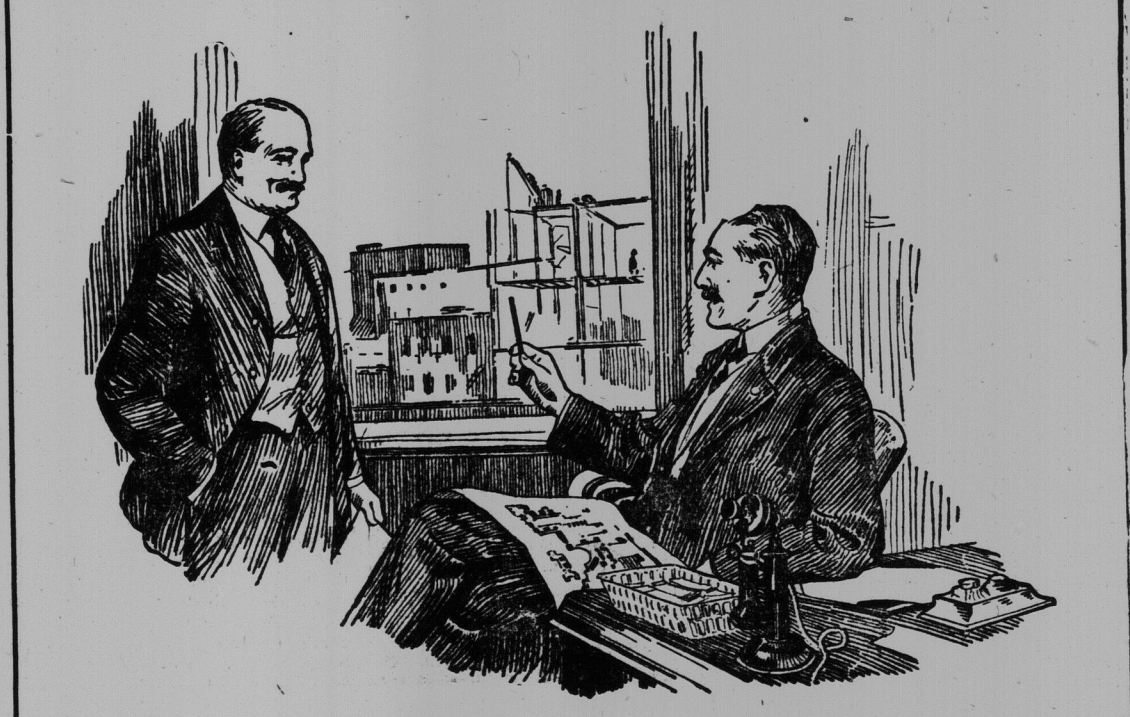
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Bigger Business From Better Health

"WHAT is this notion you have about the health of employees?"

"It is no notion, but a great big idea that I got when on military duty. It is one of the biggest benefits that is going to result from the war."

"Well?"

"What set me thinking was the report of the draft board. Forty per cent. of the men examined were turned down as medically unfit. These men were from all classes, and since they were mostly young men it stands to reason that a far larger proportion of our men would be in the 'unfit' class."

"That is just it. We must help it if we are going to build bigger business and get the production we are after. What is the use of spending hundreds of thousands of dollars on the extension of buildings and then fill them with men who are not in a condition of health to do a day's work?"

"That is true. What was wrong with most of those culled out?"

"Twenty-five per cent. were incapacitated because of nervous disorders. Malnutrition, the doctors said, was the cause of their condition. That way from childhood, perhaps. Their blood was thin and watery and their nervous system starved. As a

result they were easily tired and had no reserve force. They would catch cold easily and in fact be easy prey to any germ disease.

"What can we do?"

"We can see that they get half a day a week for outdoor recreation, and I am going to recommend the use of Dr. Chase's Nerve Food to these men. You know what the Nerve Food did for me when my nerves gave out. If I have my way it is going to have a good try-out among the men, for there is nothing I know of that will build them up so well."

"You certainly should know after the condition you were in, for I sometimes thought you would never get around."

"There are other ways we can help the men by better working conditions, but these are included in these building plans."

"Bigger business from better health" is my motto, and I know Dr. Chase's Nerve Food is going to help me carry out this program."

Dr. Chase's Nerve Food is so universally used that you can obtain it from any dealer at 50 cents a box, 6 for \$2.75, or from Edmanston, Bates & Co., Limited, Toronto. The portrait and signature of A. W. Chase, M.D., the famous Receipt Book author, are on every box of the genuine.

Blind Man River, and in other sectors of central and southern Alberta,

beaver have been at their old tricks building dams, with the result that water levels have been raised and number of cattle and horses have been drowned crossing the thinly frozen streams swollen beyond their usual proportions. The complaint is also made that they are destroying the brush along the river, which is wanted for shelter.

Tempering the Wind

"How many law books will you use to carry to court, counselor?"

"Not over four. It's only a \$10 a case."—Louisville Courier-Journal.

Things are not the same today. Fresh air and

HAWKER'S TOLU AND CHERRY BALSAM

do the work. And they do it in Nature's way—expelling the germs and then soothing and healing the injured membranes of the throat and lungs. In these days colds are easy to cure.

Read what the Hon. H. A. McKeown, Chief Justice, N. B. Supreme Court, has to say about Hawker's Tolu and Cherry Balsam:

"I take pleasure in stating that I have used Hawker's Tolu and Cherry Balsam for the last eight years and consider it the best cure I have ever used. I find Hawker's Liver Pills an excellent liver regulator."

Sold by all druggists and general stores. The same price everywhere—5c and 10c. None genuine without the Company's name.

The Canadian Drug Co., Limited, St. John, N.B.

The Stomach Begins

digestion, but the most important work is done by the bowels, liver and kidneys. Failure of these to act efficiently allows the whole body to be poisoned.

BEECHAM'S PILLS do more than produce bowel movement. Liver, skin and kidneys are influenced to more active effort with resulting increased effect. It is always safe to take

Beecham's Pills

Sold everywhere in Canada. In boxes, 25c., 50c.