

THE DAILY TIMES-STAR, SAINT JOHN, N. B., FRIDAY, JULY 3, 1925

THE TIMES-STAR FEATURE PAGE

Fables On Health

HEART WRAK? BE CAREFUL
COMMON ailments of middle age are heart disease, kidney disease and hardening of the arteries. Of these, heart disease takes the greater toll of life. In fact, more deaths are caused from heart disease than any other single disease in this country.

Yet if a person has heart disease it is not an indication of sudden death. Heart disease does not mean immediate fatality.

If a person is fully aware of the condition of his heart, and the limitations this condition prescribes, he may live to a ripe old age providing judgment is used in his everyday activities.

Vigorous physical exercise should be avoided. Sometimes it is difficult to avoid nervous shocks. They occur frequently in every-day life, and a person suffering from heart trouble may be affected by misfortune that happens to a friend or acquaintance.

But one's physical exertions can be controlled, and must be controlled if the weak heart patient expects to live his allotted time.

LITTLE JOE

IT'S A POOR GAMBLER WHO ISN'T GONE TO HIMSELF



Cup for Invalids
A tablespoonful of cream added to a cup of Bovril prepared in the usual way by stirring a teaspoonful of BOVRIL in a cup of boiling water, is very tasty and most strengthening.

BOVRIL
Sold only in bottles.

Adventures of the Twins

By OLIVE ROBERTS BARTON
JOHN GILPIN'S RIDE

MI O' MI, the Story Teller, jingled his bells merrily. "Would you like to hear the story of John Gilpin and the way he rode to Edmonton?" he asked the Twins.

"I should," said Nick.

"So should I," said Nancy.

"Then that settles it," declared MI O' MI. "The story of John Gilpin is really a poem, and some day I hope you will read it. But I cannot remember poetry very well, so I shall tell it to you in my own words."

"John Gilpin was a draper, and he and his good wife and their three children lived happily together in London Town.

"One day John's wife said to him, 'John, tomorrow is our tenth wedding day (or anniversary as we call it now), so let's go on a picnic, our own family and my sister and her child.'

"That's a fine idea," said John Gilpin. "I'd like it." He never let on that the cost bothered him, which was rather fine of John, for next to his family he loved the feel of coins.

"But he didn't worry long because his thrifty wife said, 'Well, save a little by taking our own drink, John. We'll put lemonade in one jug for the children and coffee in another for us, and you can take the two of them—just, I mean—hitched to your belt. No one will see because you can cover all with your red cape.'

his wife and children were on the balcony of the inn. "Stop, stop, John Gilpin, here's the house."

"The dinner waits and we are tired," they all aloud did cry.

"Said Gilpin, 'So am I'.

"For stop his horse would not and did not. On it flew to Waver. For that is where his stable was and it wanted to get home.

"The Calender was amazed. "Why are you bareheaded, John, or why come here at all?" he cried.

"If I came because your horse would come!"

And if I will forbode, My hat and wig will soon be here, For they're upon the road," said John.

"The Calender laughed but loaned John another hat and wig, and started him back," said MI O' MI. "But it was the same thing over again. He lost both, and the horse would not stop at the inn any more than the first time, in spite of his rider's efforts and his wife's calls.

"Back to London Town he came, and his family had their picnic alone. John never heard the end of it, my dears."

To Be Continued.

Beige Lace and Beige Crepe



THE IDEAL WOMAN

Strong, healthy and beautiful in form and feature, with a happy disposition. Upon her condition depends the physical well-being of her children and the happiness of those about her. It is only by making the best of herself that a woman can give her best to the world.

When weak and ailing there is one tried and true remedy, Lydia E. Pinkham's Vegetable Compound, made from roots and herbs which for fifty years has been restoring the women of the Dominion of Canada to health and happiness.

De Luxe Luncheon, 90c. (12 to 2 p.m.)
Cafeteria open 7 a.m. to 11.30 p.m.
Table D'Hotel Dinner \$1.25 (6 to 8.30 p.m.)
Admiral Beatty, 7-4

PARTICULARLY IN RED
The gorgeous crepe frock with large velvet flowers for trimming is a popular model for dancing.

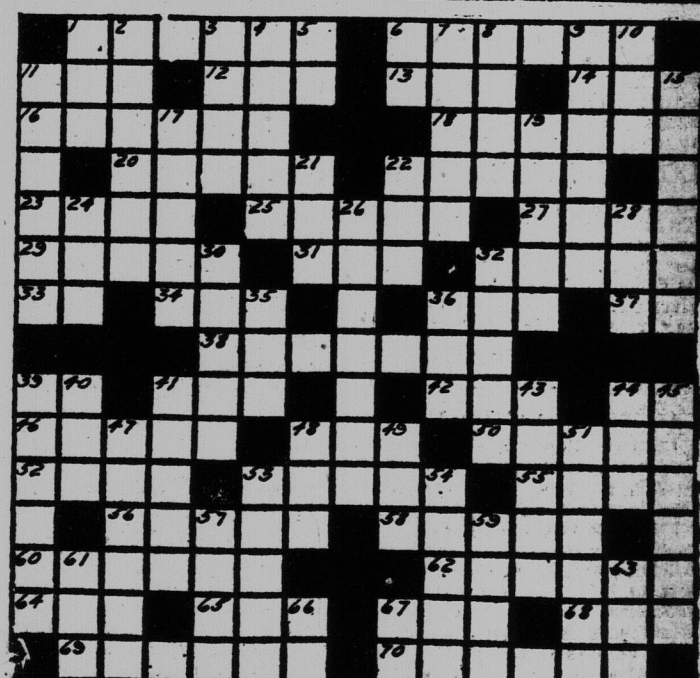
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THOROUGHLY FEMININE
Embroidered net is an effective trimming for lingerie frocks of voile and organdy.

THIS dinner frock is of beige lace and beige crepe georgette trimmed with a large ornament of rhinestones and pearls. The close bodice and full skirt make the combination that Paris decries at the present time, and the pendant sash breaks the line and adds interest.

Yesterday's Puzzle
DOWN:
1—A beverage.
2—Penetrates.
3—Try.
4—Consumed.
5—A disease.
6—Division of the day (initials).
7—Bathes.
8—Asian silk worm.
9—Going down of the sun.
10—Conclude.
11—Locations.
12—To have ambition.
13—Made comfortable.
14—Summed up.

Cross-Word Puzzle



ACROSS:
1—Tried.
2—Delight.
3—Endowment.
4—Fruiting spike of grain.
5—Injure.
6—A genuine proper name.
7—Most recent.
8—Food.
9—Corroding agent.
10—Guides.
11—Conveyance.
12—By.
13—Nostril.
14—Half.
15—A city in Germany.
16—To silence.
17—Measuring device for gas, water, etc.
18—Point of the compass.
19—Cases to exist.
20—Ward.
21—Fronson.
22—Granulated.
23—By.
24—Matters or things (legals).
25—Lair.
26—Sun rod.
27—One who unintentionally parts with something.

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THE OLD HOME TOWN

By STANLEY



THE TOWN IS PRETTY DEAD WHEN SUCH A TOWN LOOKING STRANGER IS ABLE TO WALK THE FULL LENGTH OF MAIN STREET UNNOTICED.

FLAPPER FANNY



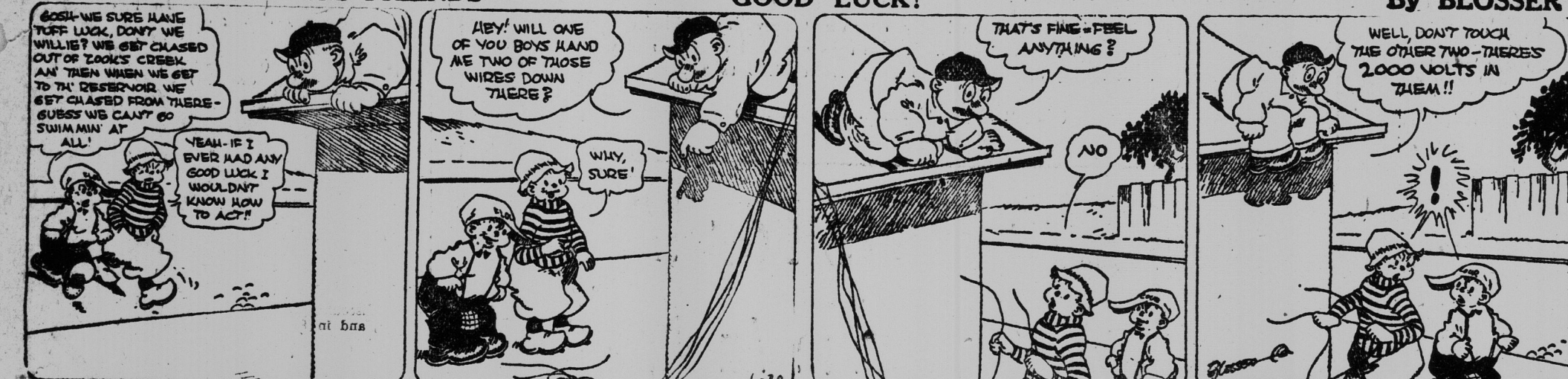
Idle rumors work overtime.

Mustard is valuable in the diet
Did you know that mustard not only gives more zest and flavor to meats, but also stimulates your digestion? Because it aids assimilation it adds nourishment to foods.

but it must be Colman's

FRECKLES AND HIS FRIENDS

GOOD LUCK!



BOOTS AND HER BUDDIES

THE IDEA

By BLOSSER



SALESMAN SAM

ANYTHING TO OBLIGE

By SWAN



Every Cake, Roll, Pie Tart, Biscuit

Three times the variety of other days tempts your curiosity and palate to Robinson's Cake Shop this week-end.

A glittering array of Cakes between 25c. and 35c. Rolls that have it all over other years like a tent. Pastries of popular appeal and price.

And a new Brown Bread. Find now no less than three types. Which recalls the Hot Baked Beans at 35c. quart in waterproof cartons. Let Saturday's fire go out and find an economical meal ready-cooked here.

Robinson's Cake Shop
173 Union St.
(Open Tonight and Tomorrow Night)

GOOD TEAM WORK
In connection with the print dress the use of the wide jabot is almost inevitable.

EASY TO MAKE
Collar and cuff sets of ribbon in black or bright colors are shown for sport costumes.

Pears

Absolute certainty of having the finest toilet soap in the world is yours when you buy Pears. That is why it is matchless for the complexion.

Ask now at your druggists for