

POOR DOCUMENT

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THE EVENING TIMES AND STAR, ST. JOHN, N. B., SATURDAY, JULY 21, 1917

SOME WAYS TO PRESERVE TOMATOES

(By Margaret Hamelin.)

Tomatoes lend themselves to such a manifold variety of delicious preserves, preserves and relishes that every housewife should have a plentiful store of them on her shelves for the winter supply.

Both the red and green varieties can be bought so cheaply, and so many substitutes have been ripening in their own gardens, that it is a simple matter to put up a few jars at a time without unduly taxing the housewife's time or energy.

In the following tested recipes will be found some old-fashioned favorites, as well as some novel formulas:

Tomato Marmalade.

Peel four quarts of ripe tomatoes and cut the pulp in thin slices. Cut six lemons in halves lengthwise, then slice exceedingly thin. Put the tomatoes, lemons and one pound of seeded raisins in a preserving kettle, alternating in layers of granulated sugar. Use one pound of sugar. Boil for one hour then let simmer until the mixture is of the consistency of marmalade. Store in jars for jelly. This quantity gives about two and a half quarts of marmalade, and it is very inexpensive.

Tomato Butter.

Take ten pounds of ripe tomatoes, kinned, three pounds of granulated sugar, three pounds of tart cooking apples, one quart of moderately strong vinegar, half an ounce of stick cinnamon, half an ounce of ginger, one-fourth of an ounce of whole cloves. Tie the pieces in a cheesecloth bag, put the other ingredients into a preserving kettle, add the spices, and boil all for three hours over a moderate heat. Stir frequently. Less vinegar may be used to suit the individual taste.

Ripe Tomato Conserva.

Remove the skin from twelve large tomatoes, then cut the flesh in small pieces. Weigh the tomatoes, and take three-quarters of a pound of sugar to

each pound of the prepared vegetables. Add the juice of four lemons and three oranges, two level teaspoonfuls of cinnamon and half a teaspoonful of cloves. Let cook slowly until quite thick, and when nearly done add two cupfuls of seeded raisins and half a pound each of candied orange peel and candied ginger, cut in tiny strips. Seal like jelly.

Green Tomato Preserve.

To ten pounds of green tomatoes, sliced thin, add one cupful of water, six unpeeled lemons thinly sliced and with the pits removed, and a small box of preserved ginger. Turn the ingredients into a preserving kettle and let boil for half an hour. Add eight pounds of sugar and let all boil slowly on the back of the range or over a moderate heat, stirring frequently, until the syrup is very thick. A small handful of dry ginger roots can be used in place of the preserved ginger. Let the dry ginger roots stand overnight in cold water, then slice and add to the tomatoes. Seal airtight in heated jars.

Tomato Jelly.

Cut tomatoes that are a little under-ripe in quarters or thick slices, let cook in a double boiler or over a slow fire until soft throughout, then drain in a jelly bag. Let drain without pressure, or two much pulp for a clear jelly will come through. For each quart of juice add the thin yellow rind and the juice of a large lemon. Let boil for twenty minutes; add a cupful of heated sugar for each cupful of juice and let cook until a little "jelly" when tried on a cold saucer. If the tomatoes are very ripe honey rather than jelly will result.

Sweet Tomato Relish.

Use one peck of green tomatoes and ten large white onions. Slice with an even thickness the tomatoes and the onions. Place a layer of tomatoes, generously deep, in an earthen crock; next a layer of onions, with liberal sprinkling of salt. When all are used, cover and weight heavily. Let stand overnight. In the morning drain and rinse with clear, cold water; then place in a large kettle, in layers, with three large cupfuls of brown sugar, two teaspoonfuls each of mace, allspice, ground cloves and celery seed, and one of ground cinnamon. Add sufficient vinegar to give



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To each pound of plums allow one-half pound of sugar. Wash and drain plums. Moisten sugar with water and place over fire in a preserving kettle. When boiling add the fruit, setting kettle on the back of the stove, where the plums will get heated through and juice commence to run before boiling. Remove scum as it rises. As soon as mixture boils once, take from stove, fill in sterilized jars immediately.

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