

It Cleans and Safeguards

Lifebuoy Soap is always on guard against dirt and disease. In the home, at your work, for hands and face, for shampoo and bath it will be found always on the watch against germ and microbe. Withal. the rich, creamy Lifebuoy lather makes it a real pleasure to use this "super soap."

LIFEBUO HEALTH S

The old proverb "prevention is better than cure" is another way of saying use Lifebuoy Soap. Start using it to-day and see that the children use it.

The mild antiseptic odor vanishes quickly after use.

At All Grocers-

LEVER BROTHERS LIMITED TORONTO



COUCHS, COLDS,

HORLICK'S

Malted Milk for the Home

A nourishing food-drink for

All Ages. Anywhere at anytime.

Delicious sustaining. No cooking

choking from restricted throat muscles find

derful help and permanent benefit.

Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered

Who Can Oblige? Dear Miss Grey,—Can you or your readers please print the directions for the knitted gloves, also child's petti-coat, and I will do what I can in re-

Ans.-Referred to readers who kni and may possess these directions. Who can help "C."? I shall be glad to print any directions sent in.

Facts For "Historian."

Dear Miss Grey,—Being a constant reader of your valuable "Mail-Box," I hought I would try and give a little telp. I saw in Monday's paper where 'Historian'' was asking for the date of the Donnelly tragedy, and as I have the history of the whole affair, thought

would send it.
The tragedy occurred on the night of February 4, 1880; about twenty persons went to the house of the Donnelly's and murdered four, old Mr. and Mrs. Donnelly, Thomas Donnelly and Bridget Donnelly, a neice. John Donnelly was also murdered the same night at the home of his brother William about three miles distant. Would leno whole history to "Historian," but would

Re the piece in recent paper about he mailman, I think it was just fine. We should be more considerate. We ould not get along without our mail-ourier. He is so obliging, and we have ecided since seeing the piece in The

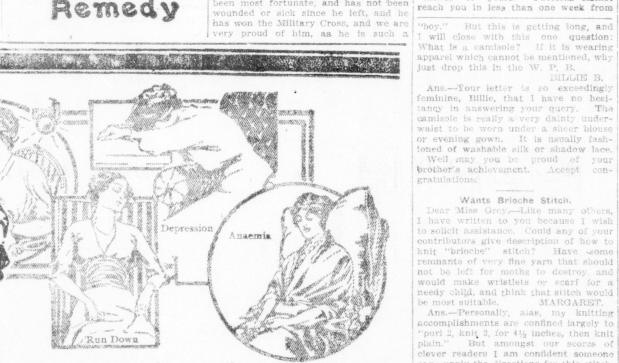
Hope I have not remained too long for new-comer. May I come again? Your pinion of my scrawl? PATSY.

Ans.—Anyone coming in the spirit of elpfulness, is always sure of a wel-ome, and is certainly invited to come Am very glad if the publishing of "Mail Courier's" protest has borne fruit for the relief of some other courier. It must be a long, cold drive in regular shirtwaist s hese winter days. Your writing is ed with a neat cuff.

oldier brothers, so think I could write m an interesting letter. One of my A pattern of this illustration mailed rothers is already in France, the other to any address on a England. I saw in The Advertiser a in silver or stamps. ew days ago where a reader was senda Scotch laddie's address. If no a has already got his address send to me please. If it has already gone and me another's address. I find your lumn a very interesting page. Yours sincerely,

Yours sincerely, GLAD, Ans.—You will have noticed from the But I shall send you his addres y, as I am sure your letters be appreciated.

Brother Gets the M. C Dear Miss Grey,-I always enjoy "Wait a Minute" column, by J. H. F., pondents from the front do not write first contingent went. It seems very, the age. It is not necessar; to write very long ago to me, though he has "inches" or "very". Pattern contingent been most fortunate, and has not been wounded or sick since he left, and he



New Health and New Life for the Ailing

It is wonderful how quickly Wincarnia will benefit you when you are

WEAK, ANAEMIC NERVOUS, RUN-DOWN

Only those who are in this condition can realize what the promise of new health really means. Yet many are still suffering needlessly, because they do not take advantage

of the new health and new life 'Wincarnis' offers them. They put it off from day to day, saying—
"Perhaps I shall feel better to-morrow." How much better to say—"I will get a bottle of 'Wincarnis' and begin to get well to-day." How much less suffering to undergo. How much sooner to enjoy new and vigorous health. How much quicker that pinched, haggard look would disappear and give place to that "health beauty" which every woman should possess.

Wincarnis is Recommended by over 10,000 Doctors

Quarts \$1.50



is not a luxury, but a positive necessity to all who are Weak, Anæmic, Nervous, Run-down - to Invalids striving to regain strength after an exhausting illness-to all martyrs to Indigestionto all enfeebled by old age—and to all who are depressed and "out of sorts." 'Wincarnis' is the quick, sure and safe way to new health.

Ask Your Doctor.

Quick because the benefit begins at once. Sure because for over 30 years it has given new health to countless thousands of sufferers. Safe, because it does not contain depressing drugs. Don't continue to suffer needlessly. Try just one bottle of 'Wincarnie.'

Get It At Your Druggists

in turn. No letter can be answered privately.?

Advertiser Patterns

A New and Up-to-Date Design.

1501

for this style, with collar and cuffs of organdie. The fronts are full and gathered to square yoke portions. The closing is in coat style. The sleeve is in regular shirtwaist style and finish worse. I've seen better and I've seen also good for velvet, flannel, madras, lawn, chambrey, voile, batiste or cor-Two Brothers Overseas.

Dear Cynthia,—Will you kindly send me a soldiers' address. One who has 40, 42 and 44 inches bust measure. It friends in Canada. I have two requires 2% yards of 40-inch materia

ADVERTISER PATTERN DEPT.

Age (if child's or misses' pattern) ...

Measurement: Bust Waist Caution: Be careful to inclose the above illustration, and send size of pat-tern wanted. When the pattern is bust measure you need only mark 32, 34 or whatever it may be. When in waist measure, 22, 24, 25 or whatever it may ener, but suppose they are kept be. If a skirt, give waist and length busy. I have a dear brother in measure. When misses' or child's pattern, write only the figure representing

"inches" or "vears." Patterns cannot

Ans.—Your letter is so exceedingly cotton gloves.

3. In England, unless he has recently the outside of 2. Some offer. feminine, Billie, that I have no hesiwaist to be worn under a sheer blouse shall mail them to you or evening gown. It is usually fashfoned of washable silk or shadow lace. 'Thank you for the soldiers' names. Well may you be proud of your Are they Canadians and "lonelies"? the correct number, brother's achievement. Accept con- You forgot to say.

knit "brioche" stitch? Have some remnants of very fine yarn that should not be left for moths to destroy, and would make wristlets or scarf for a needy child, and think that stitch would be most suitable.

Ans.—Personally, alas, my knitting accomplishments are confined largely to "purl 2, knit 2, for 4½ inches, then knit plain." But amongst our scores of clever readers I am confident someone can supply the directions. clever readers I am confident someone der the arms? Can supply the directions for this stitch.

What a nice idea to utilize the wool to Mail-Box every success. I am, yours poetry, not be,

someone can help me. Can any of the Mail-Box readers let me have the Ladies' Home Journal

2. Dust liberally with this power Can any of the Mail-Box readers let me have the Ladies' Home Journal (published by the Curtis Pub. Co., Philadelphia), for the month of December, 1916, and January, 1917? I want them for a "shut in" and will pay the regular price for them. If I can't get both, will be glad of one, but The Curtis Pub. Co., Philadelphia, for the month of December, 1916, and January, 1917? I want them for a "shut in" and will pay the regular price for them. If I can't get both, will be glad of one, but The Curtis would be all right.

2. Dust liberally with this powder: it stands, and points out the time with its two pretty hands; The one shows the minute and the other the hour, Which you offtimes have seen in the church's clock tower.

LA P. S.—

"Peachet and powdered it stands, and points out the time with its two pretty hands; The one shows the minute and the other the hour, Which you offtimes have seen in the church's clock tower.

"Peachet Ans.—

"THE CLOCK SONG.

See the neat little clock, in the corner it stands, and points out the time with its two pretty hands; The one shows the minute and the other the hour, Which you offtimes have seen in the church's clock tower. am anxious for both. I will send pay for them and address if any one can get them for me. Will watch the Mail- ed, with thanks. Box for answer. Hoping some one can help me in this, I will close with best wishes to the Mail-Box for the coming

DAILY BIBLE QUESTION CLUB

By Rev. T. S. Linscott, D.D. (All Rights Reserved.)

The six daily studies for this week constitute the International S. S. Lesson for next Sunday. Read the Bible Story on which this study is based, as

Tomorrow Is Positively the Last Day

Then the "WHITE" Progressive Sewing Machine Club Closes. Only a few machines left.

YOU MUST HURRY

If You Expect to Get a "White" on This Plan.

Membership in the "WHITE" Progressive Club means many advantages not to be had any other way. Come before the list closes, make an initial payment of TWENTY-FIVE CENTS and enroll as a member. Have this wonderful machine sent to your home, and enjoy the privilege of paying the balance on small Easy

The "WHITE" Sewing Machine Delivered for only 25c

Of all the articles we take so much pleasure in selling, none is more satisfacory than the New "White" Sewing Machine. It is unquestionably Canada's Finest. White" on a Sewing Machine means Comfort, Ease and Real Pleasure while sewing. Many styles from which to choose

and every one brand new. This beautiful four-drawer model is specially priced at \$39.20

Every Machine Is Absolutely Guarant eed

10c Saved each time you make an advance final payment. A wonderful opportunity to reduce the cost of your machine.

You Had Better Come Early

The Easy Payment Schodule

FIRST	2nd Paym't	3rd Paym't	6th Payer't
	25c	25c	25c
25c	5th Paym't	6th Paym't	7th Paym't
	50c	50c	50c
8th Paym't	9th Paym't	10th Paym't	11th Payer's
50c	75c	75c	75c
12th Paym't	18th Paym't	14th Paym't	15th Paym's
75c	\$1.00	\$1.06.	\$1.00
16th Paym't	17th Paym°t	18th Paym't	19th Paym's
\$1.00	\$1.10	\$1.10	\$1.10
20th Paym't	21st Paym°t	22nd Paym't	23rd Paym°t
\$1.10.	\$1.20	\$1.20	\$1.20
24th Paym't	25th Paym't	26th Paym't	27th Paym't
\$1.20	\$1.30	\$1.30	\$1.30.
28th Paym't	29th Paym't	30th Paym't	31st Paym's
\$1.30	\$1.40	\$1.40	\$1.40
32nd Paym't	33rd Paym't	34th Paym't	35th Paym't
\$1.40.	\$1.50	\$1.50	\$1.50
S6th Paym't \$1.50	37th Paym't \$1.60	LAST	\$1.60

Ontario Furniture

226-228-230 DUNDAS STREET.

in" girl has wanted so much that I dier a little bit of good. have ventured to ask for them. | dering if there was any

A SAD MOTHER. Ans.—Sincerely hope your request is a thing became necessary. What do not in vain. Anyone who wishes to you think of our idea of the jokebooks supply these for "Sad Mother's" shut— We cut jokes and short stories ou in will please not mail them to me, but obtain her address first and send them direct. Shall be so glad to hear tell me the collision and the methods of the method of the methods of the from some one.

To Have Boy Friends.

1. Is a girl of 15 too young to have cels for a society, and addressed

Where is "Twenty-One"? 4. Would you send me two songs if trouble, I remain, yours respectfully ou have them, "Good Luck to the Boys of the Allies" and "We'll Never Let the

I am sending you a stamp and my appearance with a bit of comic verse address for songs, also two addresses now and then. To boys from your now and then. of soldiers. Will close now. From

sense of the word; it is when little girls once in a while as "beaux," that is when sensible folks returned mentoned, why
P. B.
BHALE B.
So exceedingly

do not approve of.

2. Rub your hands with mentholatum before retiring and wear a pair of loose

write "If not delivered to the contents."

feminine, Billie, that I have no horizontal tange in answering your query. The been sent to the firing line, been sent to the firing line.

4. If I can find a copy of these words the property of the companion o

5. Is is legible but irregular.

Dear Miss Grey,-Well, I have not to solicit assistance. Could any of your your page is certainly helpful. Say, eentributors give description of how to it is nearly a year since I wrote before

truly, Ans .- A box of flowers or of nice These Sad Times.

Dear Miss Grey.—This time I come among the permissible tokens, to ask a favor and will be glad if "Frosty." If you wish to be more I practical a pair of gloves or a box of

Books for Tommy,

could nelp me solve a few questions? Sometime I may be able to do something to help. In these sad times we should try and cheer others if we can and this is something this poor "shut the socks we mail to our friends. If we mailed the book of short stories. We intend putting the jokes in the socks we mail to our friends. If we mailed the book of short stories (with other things) to a friend in the trenches, and (as often happens) he renches, and (as often happens) he were killed before receiving same, what would be done with it? We would not wish any of our parcels returned, as they might better do some other sol-

SEVERE RHEUMATIC PAINS DISAPPEAR

ering if there was any way we could mark the parcel to save return, if s parcels to friends in France, and ha Dear Miss Grey,-Will you answer received no word of their received whereas other people who mailed pa France, at the same time, have ha 2. What is a good remedy for chapped word back for two weeks. I addresse my parcels, "Care of Army Postoffic London, Eng." Hoping this will be I

What do you think of my writing? books with cartoons, and vary the home town, a clipping from the loca

Ans.-When you take such an interes it below, just especially for you, and there is any other piece you are anxio to get, do not hesitate to inquire for through out page.

and lest is should go too slow or too quick.

It swings to and fro with a tick, tock, tick. Dear Miss Grey,—I wonder if you It swings to and fro with a tick, tock,

Is She Too Hasty?

miss Grey,—Noticing a letter fied in a recent issue on your signed "Peaches," am taking the First, I am going to gave a description of the one signed "Peaches." on ther think it is a cold-footed slacker the has been told by some loyal young dy that he ought to have donned the hakl, so then just to "bunn" the girl

constitute the International S. S. Lesson for next Sunday. Read the Bible Story on which this study is based, as you pender the "ollowing questions:
"Reverence of Jesus For His Father's House." John, il., 13-22.
Golden Text—"My house shall be called the house of prayer." Matt., xxi., 13.

10. Verses 18-19—What more authority does any man want then than the Bible, for the right to condemn present-day commercial methods for financing the church?

11. To what extent is it right, or wrong, for us to make a statement that we know will be misunderstood?

12. Would you say, or not, and why, that Jesus knew that his words about destroying the temple and raising it in three days, would be misunderstood?

13. Golden Text—"My house shall be called the house of prayer." Matt., xxi., 160 as any man want then the Bible, for the right to condemn present-day to my sand skin are too torpid to carry it off.

Hood's Sarsaparilla, the old-time blood tonic, is very successful in the treatment of rheumatism. It acts we know will be misunderstood?

12. Would you say, or not, and why, that Jesus knew that his words about destroying the temple and raising it in three days, would be misunderstood?

13. Golden Text—"My house shall be called the house of prayer." Matt., xxi., 160 as and joints, producing inflammation, stiffness and pain. This acid gets into the blood, affecting the misunderstood to the liver. kidneys and skin are too torpid to carry it off.

Hood's Sarsaparilla, the old-time blood tonic, is very successful in the treatment of rheumatism. It acts with the treatment of rheumatism. It acts with the same time it improves the digestion.

Get Hood's Sarsaparilla today. Sold the same time it improves the digestion.

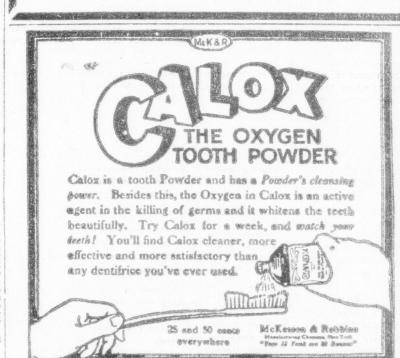
Get Hood's Sarsaparilla today. Sold by all druggists.

EDDY'S MATCHES

Company,

Although somewhat increased in price owing to the continued high cost of potash, glue and other raw material, are of the usual high standard of quality which has made them famous for twothirds of a century.

Always Ask For



for your valuable time and le. Yours truly, LAMBTON'S DRUMMER GIRL.

Dear Cynthia Grey,—Please find included the long church's clock tower.

LADY BETTY.

LADY BETTY.

The pendulum swings inside the long case, case

known. The whole wheat

Wheat Biscuit prepared in

a digestible form. It con-

tains more real body-build-

ing material than meat or

eggs, is more easily digested,

and costs much less. The

A CLEANER AND A DISINFECTANT, The Bread Problem is not a problem in the home where Shredded Wheat is

UNDERCLOTHING grain is the real staff of life, Guaranteed Not To Shrink and you have it in Shredded



breakfast or any meal, with For excellence and delicacy this is the cheapest vegetable now offered.

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