

*Two*—The right hand draws the reins through the left, and shortens them, so that the left has a light and equal feeling of both reins on the horse's mouth; the right hand remaining over the left.

*Three*—The right hand throws the reins to the off side, takes a lock of the mane, brings it through the left hand, and twists it round the left thumb; the left hand closes firmly on the mane and reins, the right hand now quits the mane, and lays hold of the left stirrup with the fingers to the rear.

*Four*—The left foot is raised and put into the stirrup, as far as the ball of it; the right hand is placed on the cantle, and the left knee against the saddle on the surcingle; the left heel is to be drawn back in order to avoid touching the horse's side with the toe.

*Mount*—[In Three Motions.]—By a spring of the right foot from the instep rise in the stirrup, bring both heels together, knees firm against the saddle, heels drawn back a little, the body erect, and partly supported by the right hand.

*Two*—The right hand moves from the cantle to the pommel or off holster, and supports the body while the right leg passes clear over the horse's quarters to the off side; the right knee closes on the saddle, and the body comes gently into it.

*Three*—The left hand quits the mane, and the right the holster, the bridle hand takes its proper position; the right hand drops by the thigh, without stiffness, the back of the hand outwards.

The right foot takes the stirrup without the help of hand or eye.

*Prepare to Dismount*—[In Three Motions.]—The right hand takes the rein above the left; the right foot quits the stirrup.

*Two*—The right hand holding the rein, the left slides forward upon it, about twelve inches from the saddle, feeling the horse's mouth very lightly.

*Three*—The right hand drops the reins to the off side, takes a lock of the mane, brings it through the left hand and twists it round the thumb, the fingers of the left hand closing on it; the right hand is then placed on the holster; the body erect.

*Dismount*—[In Four Motions.]—Supporting the body with the right hand and left foot, the right leg is brought