OF UPPER CANADA.

These are for the most part composed fever. of bitter vegetable infusions and ardent spirits, to which are added Cayenne pepper, nutmeg, and other aromatic stimulants. They are exhibited in small quantities, and at short intervals, before the cold fit is expected. Their operation, as far as I have observed, is always of a violent kind. They are productive of much sickness at stomach, heat of skin, and ultimately throw the patient into a profuse perspiration, which often continues for the space of thirty-six hours. In this manner he becomes exempted, for a few days, from a return of his ague. The debility, however, which follows the operation of such mixtures, is often serious in its consequences. The constitution of the patient now appears to be more immediately under the influence of those causes which at first occasioned the fever. He again relapses into his complaint, which is not only more aggravated in its paroxysms, but more deeply rooted in the system. Such medicines no doubt have been found useful, when taken

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