## Diuretics include:

acetazolamide, amiloride, bumetanide, canrenone, chlortalidone, etacrynic acid, furosemide, indapamide, metolazone, spironolactone, thiazides (e.g. bendroflumethiazide, chlorothiazide, hydrochlorothiazide), triamterene, and other substances with a similar chemical structure or similar biological effect(s).

\* A Therapeutic Use Exemption is not valid if an Athlete's urine contains a diuretic in association with threshold or sub-threshold levels of a Prohibited Substance(s).

## **PROHIBITED METHODS**

## **M1. ENHANCEMENT OF OXYGEN TRANSFER**

The following are prohibited:

- (a) Blood doping, including the use of autologous, homologous or heterologous blood or red blood cell products of any origin, other than for medical treatment.
- (b) Artificially enhancing the uptake, transport or delivery of oxygen, including but not limited to perfluorochemicals, efaproxiral (RSR13) and modified haemoglobin products (e.g. haemoglobinbased blood substitutes, microencapsulated haemoglobin products).

## M2. CHEMICAL AND PHYSICAL MANIPULATION

The following is prohibited:

*Tampering*, or attempting to tamper, in order to alter the integrity and validity of *Samples* collected in *Doping Controls*.