

for obtaining an international driver's licence. Keep in mind, however, that some countries require foreigners to acquire a local licence after a certain period. Obtain that information before leaving Canada or make enquiries at the time of your arrival. In addition, it is important that you educate yourself on the traffic rules and procedures of your host country before you get behind the wheel. Always carry your car insurance policy with you when driving in case of an accident.

## *Dual Citizenship*

Having dual citizenship does not necessarily mean you can work in the other country of which you are a citizen. Ask for a definitive ruling from the authorities of the second country. Be aware that obtaining Canadian citizenship could have led to the loss of your other citizenship without your knowledge. Call the country's embassy or consulate in Canada to obtain more information about your status. If your citizenship status is clear and you decide to work in your country of second nationality, you could be under certain obligations. For instance, you may be required to perform obligatory military service or you could lose your right to protection and assistance from Canadian consular officials.

If you do run into problems because of your dual nationality, contact the nearest Canadian government office abroad immediately.

## *Health-Related Issues*

Health Canada strongly recommends an individual risk assessment by your own family doctor or a travel medicine provider prior to travelling. Based on your health risks, the need for vaccinations or any special precautions can be determined.

It is recommended that you visit a travel clinic well before your departure. The travel clinic will ensure that you receive the most current advice, as well as any vaccinations and medications that are necessary to avoid health problems while abroad.

Contact Health Canada's Travel Medicine Program to obtain more information and a list of travel clinics in your area. A list of travel clinics may also be obtained from the Canadian Society for International Health at (613) 241-5785.

## *Vaccinations*

Before travelling to any destination, find out **well in advance of your departure** if you need any special vaccinations or preventive medications for such illnesses as