THE HEROIC ACT.

The Sacred Congregation of Indulgences Decides Some Doubts,

The Heroic Act consists in a voluntary offering made in favor of the faithftl departed by any one of the faithful on earth of all works of satisfaction done by him in this life, as well as of all suffrages which shall be offered for him after death, leaving them all in the hands of the blessed Virgin to distribute ther a she pleases.

This heroic act of charity has frequent ly received the authorative approbation of the Church. It has also been enriched with great indulgences: but in the course of time doubts have arisen as to some of the conditions for gaining the indulgences and recently the Sacred Congregation of indulgences has issued a de cree solving five of those most frequently recurring.

The decree decides in the first place that indulgences declared by the Holy See to be 'applicable to the souls in pur gatory" are included amongst the opera satisfactoria,' which by the Heroic Act are offered for the faithful departed' Secondly those who reserve to them selves indulgences granted to the living do not satisfy the conditions, but are bound to apply them all to the holy souls in accordance with the words of the indult- Thirdly, it is not an integral part of the Heroic Act thatthe dispensation of these spir tual favors should be placed in the hands of our Lady. Fourthly, the plenary indulgen ces which a person who has made the Heroic Act will gain by going to Holy Communion, or by hearing Mass on Mon days need not be placed at the disposa, of the Blessed Virgin, but may be ap. plied to any of the poor souls at the dis cretion of the donor. Lastly a priests who has made the Heroic Act, and who is using the privileges which some priest possess at Mass of what is called 'Priv, ileged Altar' must apply the plenary in offered,

HUSBAND AND WIFE

'We mortals says George Elliot. 'men and women' devour many a disappoin ment between breakfast and dinner time; keep back the tears and look a little pale about the lips :and. in answer down and wrong side out. Lucy goes on to enquiries, say 'Oh, nothing.' Pride the mountain trip, and mother stays at helps us, and pride is not a bad thing home and keeps house. Emily is tired when it only urges us to hide our own hurts-not to hurt others.' ,To feel the noon, but mother though her back aches chains, but take especial care the world has no time for such an indulgence shall not hear them clank. Tis a prudence toat often passes for happiness. It is oue of the decencies of matrimony.' But after all pride and submission to the | for years they have patiently done inevitable are terribly wretched substitutes for that love which exists between husband and wife. If you glue any other part than where it is joined.

while the bird which so tragically ends the song by 'nipping off her nose' is the hour of sunset. So we have the whole day, if not in a nutshell in a pie.

DON'T GRUMBLE.

Dont be grumbling about not having a fair chance. The more you have to begin with the less you have in the end, Money you can earn yourself is much brighter than any you get out of dead men's bags. A scant breakfast in the morning of life whets the appetite for a feast later in the day, He who tastes a sour apple, will have the more relish for

sweet one. Your present want will make future prosperity all the sweeter. Eighteen pence has set up many a per son in business. and he has turned it over until he has kept his carriage. As for the place you are cast in, don't find fault with that; you needn't be a horse because you are born in a statle. A hard working young man with his wits about him, will make money, while the dle will do nothing but lose it.

Who loves his work, and knows how to spare may live and flourish anywhere' As to a little trouble, who expects find cherries without stones, or roses without thorns? Who would win must learn to bear. Idleness lies in ted sick of the mulligrubs, where industry finds health and wealth. La ziness waits till the river is dry and never gets to market-'Try ' swims it and makes all the trade 'Can't do it, would not eat the bread cut for him, but 'Try' made meat out of mushrooms.

A WORD TO DAUGHTERS

It is mother's turn to be taken care of now.' The speaker was a winsome youug girl, whose bright eyes, fresh color, and eager looks told of light-hearted happiness Just out of school, she had the air of culture. which is an added at traction to a blithe young face. It was mother's turn now. Did you know how my heart went out to her, for her unsel dulgence gained thereby to the soul of fish words. Too many mothers in their the person for whom the Mass was love of their daughters, entirely overlook the idea that they themselver need recreation. They do without all the easy, pretty, and charming things, and say nothing about it, and the daughters do not think there is any self-denial in. volved. Jenny gets the new dress and mother wears the old one. turned upside of study and must lie down in the after-Dear girls; take good care of your moth. ers. Coax them to let you relieve them of some of the harder duties which

VAGARIES ABOUT SLEEP. writer, in speaking of the pieces of wood, provided that the glue question of how many hours in twenty be strong, their union will be so close four should be given to sleep, expresses that the wood will be set occurs. The officet of true conjugations is very set and probably shock some projection of the set office of the conjugation of the set of the set of the conjugation of the set of th that the wood will break more easily in himself with more common sense than usually characterizes the professional by some persons years ago who found them convenient as rules of life. Since then they have been handed down from generation to generation by people garden at work before the king- the who thought that by repeating them sun has risen, is day dawn, and the they establish their own claim to be



MAIL CONTRACTS.

Sealed tenders, addressed to the Postmaster General will be received at Ottawa until noon' on Friday 7th May 1886 for the cnveyance of Her Majesty's Mails, on proposed Contracts for four years over each of the following routes from the lst of July next. Archibald and Mowbray. Twice per

Calls attention to large line of **Heating and Parler Stoves, Cooking Stoves, Ranges, &c** Just Received. The deservedly Popular and Powerful Heater *THE SULTANA*, stands at the head of the list of all base burning stoves. The New Square Drawing Room Stove *THE PALACE*, is a highly finished stove. The as to cause equal radiation perfect, all soot and smoke instantly consumed, so constructed Stoves for large halls, public buildings, &c. &c. COOKING STOVES AND RANGES with all modern improvements MODERATE IN PRICE. week. Computed distance 25 miles,

Calgary and High River Cnce per veek.

Computed distance 40 miles.

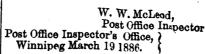
Fort NcLeod and Lethbridge. Three times per week, Computed distance 30 miles

Fort McLeod and New Oxley. Once per week. Computed distance 28 miles.

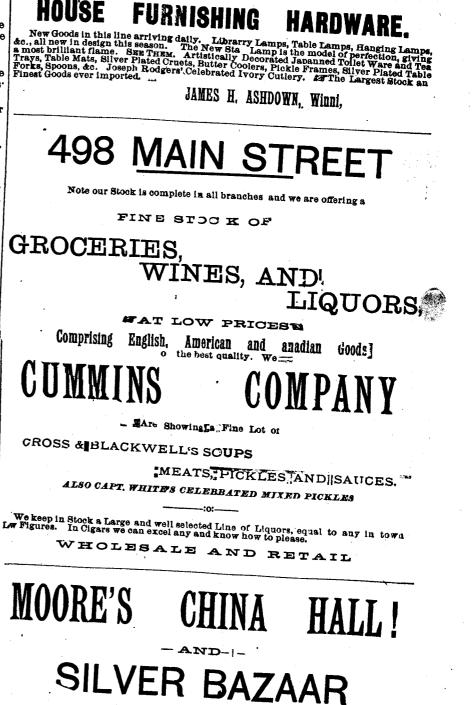
Morden and Stodderville Twice per week. Computed distance 10 miles,

Poplar Point and Ossowo. Twice per week, Computed distance 7 miles,

Printed notices containing further information as to condition of proposed Contracts may be seen and blank forms of Tender may be obtained at the Post Offices at the termini of the respective routes and at this office.



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