

## An Absolute Cure For DYSPEPSIA

Dyspepsia, Indigestion, Belching of gas after eating, mean weakness.

By means of its muscles, the stomach should churn the food—changing solids into liquids—mixing in the gastric juice to start digestion.

If the stomach is weak—then food is not properly churned and mixed with enough gastric juice. Then you have indigestion and then dyspepsia.

## Fruit-a-tives

OR "FRUIT LIVER TABLETS"

strengthen the stomach—just as juicy beef and eggs and milk strengthen the wasted frame of a patient getting over Typhoid.

FRUIT-A-TIVES contain the elements that give new—vigor new energy—to the muscles lining the stomach—stimulate the digestive glands and assure a copious flow of gastric juice for each meal.

More than that, FRUIT-A-TIVES correct the Constipation which usually attends stomach trouble—and by acting directly on kidneys and liver, put the whole system in healthy condition.

FRUIT-A-TIVES are a peculiar combination of fruit juices and tonics that are known all over Canada for their wonderful cures in all stomach, liver and kidney troubles.

50c. a box or 6 boxes for \$2.50. Sent on receipt of price if your druggist does not handle them.

FRUIT-A-TIVES LIMITED, OTTAWA.

### CONSTANCY

It is mostly the object to be gained that inspires and maintains the spirit of constancy, though virtue should be practical for its own worth. Hence we see men constant in some things and inconstant in others. One man will be constant, for example, in the pursuit of worldly wealth, another will follow pleasure unceasingly, another seek honor and worldly applause, and will struggle unceasingly to obtain them. Again, in man's relations with his fellow man motives of self-interest shall have a large share in the direction they take. We see men become exclusive and attach themselves to a particular few and have no thought or concern for the vast multitude of their fellow beings. Sometimes it is friendship, sometimes it is gain that prompts them to go to the greatest length for the friends they make. We see men too, in their own regard, act firmly and with constancy in one thing, and act quite the contrary in others far more important, because they follow their passions and tastes rather than the true principles of virtue and perfection of character.

But he who offends in one, offends in all—for constancy to be a virtue, must be universal and lasting in all that is good. While it may rise to great heights when founded merely on human power and human motives, constancy attains its great heights when it is founded upon the spiritual, accepting and is animated by grace for its life and its endeavors, and His honor and glory first and above all for all its motives and undertakings. It is then we find real constancy, for a virtue is only one in name and appearance when it does not spring from union with God in the one possessing it, for He is our life, our all in all that is good, or, as the apostle says, "In Him we live, move and have our being."



From Newfoundland.

LITTLE BAY MINES, Nfld. I suffered five years from epileptic fits. I tried several doctors but they didn't do me any good. Then Pastor Koenig's Nerve Tonic was recommended to me by our pastor. Since I took it I had no more attacks in six months and I find myself as well as ever.

MRS. J. BOUZAN.

Mr. W. Perry writes from Brantford, Ontario, Canada, that he broke an arm, which caused quite a nervous shock to him, for which he took Pastor Koenig's Nerve Tonic, and derived great relief therefrom.

From Otonabee, Can., Mr. J. E. Devlin writes, I consider Pastor Koenig's Nerve Tonic a good thing for the nerves and I recommend it to every one suffering from nervousness or any disease of the brain or nerves.

A Valuable Book on Nervous Diseases and a Sample bottle to any address. Poor patients also get the medicine free. Prepared by the REV. FATHER KOENIG, of Port Wayne, Ind., since 1876, and now by the

FREE KOENIG MED. CO., CHICAGO, ILL. Sold by Druggists at \$1.00 per bottle, 6 for \$5.00. Agents in Canada—THE LYMAN BROS. & CO., LTD., TORONTO; THE WINGATE CHEMICAL CO., LTD., MONTREAL.

God is ever constant and unchangeable and will never fail those who love Him and put their trust in Him. Trials, may come, but they will not overcome us; adversity may overtake us, but it will not crush us; death itself will not conquer us, for we will triumph still, yes and forever, in a glorious immortality. It is then that constancy will receive its crown. All the days and years of a man's self-conquest will then be rewarded by the love of his Lord and Master to whom he faithfully lived by dying constantly to himself.

While constancy should extend to all things worth striving for, it may be said that our best and most persistent efforts should be for the best and most important things. This our divine Lord, Eternal Wisdom, tells us when He bids us "Seek first the kingdom of God and his justice," and all other things worth having or striving for will be added thereunto. It is in performing the chief duty of life that we shall do all the other duties devolving on us, for the greater always includes the less. In other words, being true to God we shall be true to man; laboring for heaven, we shall fulfill our part to earth. Let us, then, as kGod to give us grace to be constant. It is what poor, weak changeable nature needs, even for honorable success in this world, and what will always follow under God's blessing if such success be good for us. But we can assure our selves that we will never fail in our eternal interest—the salvation of our immortal soul—as long as we be faithful to God. He will ever be constant to us, for He had declared, "Blessed is the man who hopeth in the Lord for he will not be confounded."—Bishop Colton, in Catholic Union and Times.

### The Arch-Enemy of the Age

Not war, more deadly than ever this modern butchery—but Catarrh which leads to Consumption and annually kills more than famine and war combined. The doctors now successfully fight catarrh with a remedy that never fails—"Catarrhzone," it's death to every type of catarrh. It destroys every root and branch of the disease so thoroughly that a relapse need never be feared. If troubled with colds, nasal or throat catarrh, or subject to bronchitis or asthma, use Catarrhzone and you'll be cured forever.

### A WISE FOOL

In a little village there once lived a boy who was supposed to be dull-witted says a writer in the "Tatler." The men of the village used to find great amusement in offering him the choice between a five cent bit and a penny, of which he invariably chose the penny.

A stranger one day saw him choose the penny rather than the five cent bit, and asked him for the reason.

"Is it because the penny is larger?" the stranger asked.

"Naw," was the response, "not 'cause it is the biggest. But if I took the five cent bit they'd soon stop offering it."

Life's experiences resemble rooms the doors of which are constantly opening and closing. The past opportunities of life, whether lost or misused, stand like closed doors, behind or beyond which we cannot go, shut forever against the possibility of human opening.

Mr. Waggs—"Don't you think, dear, that bathing the baby retards his growth?"

Mrs. Waggs—"Water ridiculous idea!"

Mr. Waggs—"Well, I notice that he always shrinks when he's washed."

The man with time to waste is a bigger fool than the one with money to burn.

It is easy to imagine that if you have the wind, the Lord will find the wings. The best banks are in heaven; but the receiving tellers are likely to be in some back alley here.

A London Spiritualist says ghosts haunt houses because they have a burning love for the inhabitants and do not know that they frighten people. It is a pity that person would not open a school for ghosts and give them some needed information.

Don't be so lazy. There's plenty of room at the top, and you're clever enough to get there. "But," replied the lazy genius, "think how clever it is of me to find a place at the bottom, where there is not so much room."

As a sunbeam is mightier than a thunderbolt, so is love stronger than hate.

### Query

Representative John Sharp Williams tells of the difficulties encountered by a darky preacher in Mississippi in endeavoring to snatch a brand from the burning in the shape of one Mose Baker, who steadfastly refused to attend divine service.

The preacher's arguments were met by a discouraging silence on the part of Mose. Finally the latter condescended to speak to the extent of asking a question. "Wot are we all heah for?" he growled, morosely.

"We is heah to help odders, Moses," responded the old clergyman, a kindly smile illuminating his dusky features.

"Ef dat's so," added Moses, with a maliciously triumphant grin, "wot is de odders heah for?"—Harper's Weekly.

### A Leisurely Trip

The Nevada and California Railway wanders about a bit in the mountains, and its trains go at a leisurely rate. A mining man who travels the road much, tells of this illuminating incident regarding an Eastern visitor on the train. "He called the conductor," relates the miner, "while he was passing down the aisle and said:

"Conductor, how far is it to Hawthorne?"

"Fifty miles," said the conductor.

"Only fifty?" repeated the passenger. "You been on this road very long?"

"Twenty-five years," said the conductor.

"Is that so?" said the passenger. "Is this your second trip?"

"Then the conductor wanted to fight."—New York Tribune.

### THE KING AND THE IRISHMAN

Frederick of Prussia, it is said, had a great mania for enlisting gigantic soldiers into the Royal Guards, and paid an enormous bounty to his recruiting officers for getting them. This fact is the basis of the following story from Judge's magazine:

One day the recruiting sergeant chanced to spy a Hibernian who was at least seven feet high. He accosted him in English and proposed that he should enlist. The idea of a military life and a large bounty so delighted Patrick that he at once enlisted.

"But unless you can speak German the King will not give you so much.

"Oh," said the Irishman, "sure I don't know a word of German."

"But," said the sergeant, "these you can learn in a short time. The King knows every man in the guards. As soon as he sees you he will ride up and ask you how old you are; you will say twenty-seven; next, how long you have been in the service; you must reply 'three weeks'; finally, if you are provided with clothes and rations, you answer 'both.'"

Pat soon learned to pronounce his answers, but never dreamed of learning the questions.

In three weeks he appeared before the King in review. His Majesty rode up to him. Patrick stepped forward with "Present arms."

"How old are you?" said the King.

"Three weeks," said the Irishman.

"How long have you been in the service?" asked His Majesty.

"Twenty-seven years."

"Am I or you a fool?" roared the King.

"Both," replied Patrick, who was instantly taken to the guard-house, but pardoned by the King after he understood the facts of the case.

—The Pittsburgh Observer.

## MILBURN'S

### LAXA LIVER PILLS

Are a combination of the active principles of the most valuable vegetable remedies for diseases and disorders of the Liver, Stomach and Bowels.

### CURE CONSTIPATION

Stick Headache, Jaundice, Heartburn, Catarrh of the Stomach, Diarrhoea, Blisters and Pimples.

### CURE BILIOUSNESS

Dyspepsia, Sour Stomach, Water Brash, Liver Complaint, Bile or Muddy Complexion.

### CLEAN COATED TONGUE

Sweeten the breath and clear away all waste and poisonous matter from the system. Price 25c. a bottle or 5 for \$1.00. All dealers of THE T. MILBURN CO., Limited, Toronto, Ont.



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### An Epicure

"Oh, you little darling!" said the infants' school teacher to her new pupil. "You are a dear, pretty little boy, aren't you?"

And Ronald, aged four, owned that it was so.

"Have you any brothers and sisters like you?" the feminine admirer of infantile loveliness continued.

"Eth," said Ronald; "Brian and Tommy. But I like Tommy best."

"And why do you like Tommy best?"

"'Cos he did thumthin' for me."

"What was it?"

"He bit Brian's leg."

"But my dear little fellow, why should you want Tommy to bite Brian's leg?"

"'Cos I hate the taste of Brian's leg," said the little cherub, decisively.

### Switzerland's War Museum

It is odd that Switzerland, the country believed to be the least likely to go to war, should have planned the largest museum of military curiosities, but the Museum of Peace and War at Lucerne is intended to hold the most remarkable collection of war exhibits ever gathered. It will show an almost complete collection of offensive arms since the stone age, and these realities will be supplemented by displays of uniforms, prints dealing with the horrors of war, models of modern ironclads and submarines, and, in fact, everything bearing upon the subject. Its principal aim will be to convert other nations to the idea of universal peace, and it is believed that other countries will contribute to the collection in furtherance of this idea.—Exchange

### A Judicial Privilege

A Citizen's National League has been started in Great Britain to fight municipal socialism and municipal extravagance. The new organization has not come too soon. The idea that the municipality or the state should do everything and the individual be allowed to do nothing but work for the municipality or the state was not that out of which Great Britain's supremacy grew.—Montreal Gazette.

In a Southern court one day, says a well known attorney, one of the counsel paused in his argument, remarking to the judge:

"I observe that your Honor shakes his head at that statement. I desire to affirm it, although your Honor dis-sents."

"I am not aware," coldly responded the judge, "that I have intimated how I shall construe the evidence, nor what my decision will be in the premises. Your remark is, therefore, entirely uncalled for."

"Your Honor shook his head."

"True," said the judge; "there was a fly on my ear. And I'll have you know sir, that I reserve the right to remove a fly in whatever manner pleases me."

—Harper's Weekly.

### Vision

First Clubman—"I say—How do you spell 'temporary'?"

Second C.—"T-e-m-p-o-r-a-r-y?" and the next word has two r's, e-m-b-a-r-r-a-s-s-m—"

First C.—"Thanks,"—Punch.

## Boyd's Chocolates and Confections

They sell best wherever the best is sold. The purity and delicious quality of these sweets have made them the most popular confections in the west.

THE W. J. BOYD CANDY CO. WINNIPEG.

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is one of the most carefully selected lines of merchandise in this store. At no other store can you see such a generous variety, and nowhere else are such remarkable shirt values given for the money.

English, American, and Canadian shirts in starched and negligee styles, prices \$1.00, \$1.50 and \$2.00. Shirts of like quality to these are sold for considerable more at other stores.

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### A Warning

A young man in New York who is ambitious to attain fame at the bar, was conversing with a friend touching the probabilities of success, when the latter was moved to take a pessimistic view of the situation.

"Don't you," he asked, "ever despair of gaining a good practice at the law?"

"I do not," was the confident response of the youthful disciple of Blackstone.

"At least you will admit," went on the other, "that the profession is already overcrowded."

"Perhaps it is," laughingly responded the youth. "All the same I propose to graduate in law, and those who are already in the profession will have to take their chance,"—Harper's Weekly.

The wasp has one strong point but it is not in his favor.