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PRESBYTERY Clerks and others, having communications to make regarding the business of the General Assembly, are asked to forward their correspondence to the undersigned, at 69 St Famille Street, Montreal. ROBERT CAMPBELL,

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ONE GIVES RELIEF. NO MATTER WHAT'S THE MATTER

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ONE OF THEM WILL DO YOU GOOD.

Rev Frederick R. Marvin, long-time pastor of the First Congregational Church, of Great Barring-ton, Mass, and at one time a practicing physician, a graduate of the College of Physicians and Surgeons, New York, says of Ripans Tabules The formula has long been in favor with medical men, and the insthod of preparation in the present form is modern and a great convenience. I always keep a vial of the Tabules upon my dressing table, and use them with confidence whenever occasion arises. For a disturbed condition of the digestive organs I know on onthing so good, and for an 'all round family remedy I do not believe there is anything better to be had.

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HEALTH AND HOUSEHOLD HINTS

When your face and ears burn so terribly, bathe them in very hot water, as hot as you can bear. This will be more apt to cool them than any cold application.

To keep the bread jar and cake box sweet, rinse after washing, with boiling water, in which a little common soda has been dissolved; then set out of doors in the sun for a few hours.

If people knew the value of red pepper as a health-giving logredient, it would, no doubt, be used more freely in soup. It stimulates the liver, destroys malaria, and is an excellent preventive of chills and fever.

The feather duster, say the physicians, should be abolished. They do not remove dust but stir it up and set it floating, bringing the germs it contains where they may be At least the dust settles somewhere else and has to be stirred up again.

It is very annoying, especially to an invalid, to have the bedstead creak with every movement as if protesting against being burdened. When this happens, take out the slats and wrap the ends of each in newspaper. There will be no more groaning and squeaking.

Chicken, veal, lamb, ham and tongue are all nice for sandwiches. Chop and mix with a nice dressing. The following will make a good dressing to be used with the meat filling: Yolks of three eggs, one tablespoonful of butter, one desert-spoonful each of mustard and salt, one saltspoonful of cayenne pepper, half a cupful of vinegar.

Cream Cake.—Break two eggs into a cup; fill cup with sweet cream. Take one cup sugar, two teaspoons baking powder, one and one-half cups flour, a little salt; flavor to suit.

Suppet Padding .- Cut slices of bread very thin, butter them and lay in a baking dish (butter the dish first), strewing over them citron, raisins and currants with sugar. Put in alternate layers of bread and the fruit. Pour over the whole an unboiled custard of milk and eggs as sweet as you like it. Bake a light brown.

Chicken Pot Pie.—Cut up a tender chicken, and stew until done. Season with pepper, salt and a small piece of butter, and thicken the gravy with flour. Make light biscuit dough, roll thin, cut in little squares, and drop in the bottom. Let boil filteen minutes, take up the chicken, lay on a dish, and pour the gravy and dumpling over.

Soup ...om Cali's Feet .- Take four calf's feet, wash and crack the bones, put them in a kettle and pour over four quarts of cold water, add a tablespoonful of salt, cover the pot and let simmer two hours. Add vegetables same as for other soups, and season with red pepper. When the vegetables have boiled tender, stir in two tablespoonfuls of tomato catsup. Strain through a coarse colander, then return to the pot; when it comes to a boil, take up and serve

Batter for Fruit Fritters .- Four tablespoonfuls of flour, a pinch of salt, one egg, half a teaspoonful of baking powder, milk to make a rather thin batter. They must be fried over a hot, clear fire or on an oil stove, and as soon as done be placed in a strainer and kept warm till served, which should be as soon as possible. A steady beat is necessary for the proper frying of fritters, and the pan should be hot before they are put in. Excellent fritters are made by cutting firm, ripe tomatoes in slices, sprinkling them with salt, and, after letting them stand ten minutes, dipping them in batter made by above directions, and frying in the same

Soup of Odds and Ends.—This is made of any scraps or bits of meat and vegetables that is left from one or more meals. As, for example, the bones of a porter-house steak, a mutton chop, a tablespoonful of hashed meat, a hard-boiled egg, picce of a chicken, one or two cold potatoes, turnips, two or three spoonfuls of cold boiled rice, meat gravy, every kind of bits of pork, ham, bread, etc., etc., may be used. Put all to-gether in a stew pan, except the bread, cover with cold water, and let simmer for half or three-quarters of an hour. Then put in a quart of beef stock, and let it sim-mer gently for half an hour longer, when it should be served hot with square pieces of toasted bread placed in the bottom of the

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DIVIDEND NO. 73.

Notice is hereby given that a dividend of 3 recent, on the Capital Stock of the Company has been declared for the current half-year, payable on the Company, corner of Victoria and Adelaide Stock Toronto.

The Transfer Books will be closed from the like to the 31st May, inclusive.

Notice is hereby given that the General Annual Meeting of the Company will be held at 3 particles of the Company will be held at 3 particles of the Company for the purpose of receiving the annual manual confidence of the Board,

By order of the Board,

S. C. WOOD,

Managing Directors.

Managing Director

Toronto, 22nd April