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Hamilton, Ontario

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FIVE YEARS' AGONY ENDED

When He Took "Fruit-a-tives" For Rheumatism

The Medicine Made From Fruit

There can be no doubt that "Fruit-a-tives" is the long sought remedy for Rheumatism and Lumbago. From all over Canada come letters testifying to this fact.

Mr. John E. Guilderson of Parrsboro, N.S. writes: "I suffered badly with Rheumatism for five years—tried different medicines—was treated by doctors in Amherst—and here at home—but the Rheumatism came back.

In 1916, I saw an advertisement for "Fruit-a-tives" and took a box and got relief, so I took them for about six months and the Rheumatism was all gone and I have never felt it since". 50c. a box, 6 for \$2.50, trial size 25c. At dealers or from Fruit-a-tives Limited, Ottawa, Ont.

Wedding Stationery

ANNOUNCEMENTS
INVITATIONS
CAKE BOXES
CARDS

Newest Designs
Finest Quality

The Guide-Advocate

GRAND TRUNK RAILWAY SYSTEM

TIME TABLE

Trains leave Watford station as follows:

GOING WEST

Accommodation, 111.....8.42 a.m.
Chicago Express, 17.....12.40 p.m.
Detroit Express, 83.....6.51 p.m.
(a) Chicago Express.....9.11 p.m.

GOING EAST

Ontario Limited, 80.....7.48 a.m.
Chicago Express, 6.....11.22 a.m.
Express.....12.40 p.m.
Accommodation, 112.....5.38 p.m.
(a) Stops to let off passengers from Hamilton and east thereof and to take on passengers for Chicago.
C. W. VAIL, Agent, Watford.

Mother Graves' Worm Exterminator will drive worms from the system without injury to the child, because its action, while fully effective is mild.

FALL TERM OPENS AUG. 27TH

ELLIOTT Business College

Yonge and Charles sts., Toronto.
Arrange now to enter this famous school—famous for strictly high grade work and for promptly helping graduates to secure employment. None better in Canada. Catalogue free.

W. J. ELLIOTT, Principal.

Central Business College

STRATFORD, ONTARIO

WINTER TERM FROM JAN. 2
The leading practical training school of Western Ontario. The school where you get a thorough course under competent instructors in Commercial, Shorthand and Telegraphy Departments. We assist graduates to positions. Write for free catalogue.
D. A. McLACHLAN, Principal.

WATFORD - ONTARIO

GOOD WORK

PROMPT ATTENTION

REASONABLE PRICES

ESTIMATES FURNISHED

SATISFACTION GUARANTEED

RESIDENCE—ST. CLAIR ST.

Your ad. in this paper this week?

ITEMS FROM FAR AND NEAR

Some Wise, Some Otherwise
Some Newsworthy, All Readable.

Detroit authorities don't mince matters over the wild-cat management of running automobiles. 300 violators were before the bench one day and in 4 hours 150 speeders were fined \$1,400 and some were sent to prison.

Someone with nothing better to do has estimated that a man says eleven million words in a year. Perhaps a college of statisticians could essay the task of estimating how many a woman uses.

A few changes have been made in the Bank Act. One prohibits a bank from making any charge for keeping a customer's account without an agreement with the customer; and the second requires the rate of interest and discount charges by the bank to be stated on the face of the note.

Submarine X-1, the largest and most powerful underwater craft in the world, was launched at Chatham, England, on the 16th inst. The "mystery ship," as she has been called, displaces 2,780 tons on the surface and 3,600 tons submerged, which is greater by more than a thousand tons than any similar craft now afloat. The X-1 will mount a 12-inch gun and with her great speed will be a match for any surface war craft.

Senator Copeland, of New York, says that it takes 63 dozen eggs to pay a New York plasterer's wage for eight hours' work, that 17 bushels of corn are required for a bricklayer's day. The painter gets the equivalent of 42 pounds of butter, or the output of 14 cows. After eight months of feeding a hog will pay a carpenter one day's wage. These comparisons show that something is wrong in the constitution of industry and agriculture.

The Bank of Montreal crop report dated June 21st says that in the Province of Ontario good growing weather and general conditions have more than made up for the backward spring. The early June rains have made growth rapid. Although more rain is needed now, conditions on the whole are most favorable. Fall wheat heading out and growing fast, a good average crop assured. Spring wheat crop late, acreage slightly below average due to late spring. Oats doing well. Rye a small crop. Barley a little backward. Hay, all varieties, above average. Fruits show promise. Strawberries reported good. Pastures in excellent condition.

A wise old minister, before parting with a young couple he had joined in matrimony, used to slip a card into the bride's hand, on which was printed this advice: "When you marry, love him. After you marry him, study him. If he is honest, humor him. If he is generous, appreciate him. When he is sad, cheer him. When he is quarrelsome ignore him. If he is slothful, spur him. If he is noble, praise him. If he is confidential, trust him. If he is secretive, help him. If he is jealous, cure him. If he favors society, accompany him. When he does you a favor, thank him. When he deserves it, kiss him. Let him think how well you understand him; but never let him know that you manage him."

Persons who stick postage stamps on cheques and stamp tax after October 1st will have to step out and do it all over again, using inland revenue stamps. Other changes in the stamp tax act, which go into effect August 1st, include an amendment which makes it necessary to affix a two-cent stamp on post card and form letter receipts. A former ruling had held these exempt, and many ingenious forms of specially folded letters and post cards were devised to take advantage of the ruling and dodge the payment of the tax. On and after August 1st the maximum tax on cheques, bills of exchange payable at sight or after three days and receipts given bank depositors who withdraw moneys from their accounts will be \$1. For promissory notes and time bills of exchange, the tax remains as at present, two cents for each \$50, and no maximum fixed.

Asthma Victims.—The man or woman subject to asthma is indeed a victim. What can be more terrifying than to suddenly be seized with paroxysms of choking which seem to fairly threaten the existence of life itself. From such a condition Dr. J. D. Kellogg's Asthma Remedy has brought many to completely restored health and happiness. It is known and prized in every section of this broad land.

GENTLE REMINDERS

It's as easy to learn to be happy as it is to be grouchy—and there's a lot more fun in it.

You must manufacture your own joy. The only real joy-factory is with yourself.

The secret of happiness might almost be expressed in one word—Helpfulness.

THIN, IMPURE BLOOD

Means a General Weakness and Loss of Health.

If people would realize the importance of keeping the blood rich and pure there would be less sickness. The blood is the means through which the nourishment gained from food reaches the different parts of the body. If the blood is impure, the nourishment that reaches the nerves, and organs of the body is tainted with poison and disease follows. The blood is also the medium by which the body fights off disease. If the blood is thin and watery the power of resistance to disease is weakened. If you are weak and run down, if your nerves are frayed, if you lack ambition, have no appetite, and are short of breath after slight exertion, the trouble is almost always due to poor blood. In cases of this kind you should take Dr. Williams' Pink Pills to build up the blood. They help to enrich and purify the blood from first to last dose, and in this way bring new health and strength to weak, run-down people. Mrs. John Timmons, Elmville, Ont., tells of the benefit Dr. Williams' Pink Pills were to her, as follows:—"I became very weak and was hardly able to walk and had to be helped upstairs. I had no appetite and slept poorly at night. I finally went to a doctor who told me the trouble was lack of blood and that my condition was serious. He gave me medicine, which I took faithfully, but did not improve. I was advised to try Dr. Williams' Pink Pills and did so, and after I had taken two or three boxes felt that they were helping me. I could eat better, and I slept better. I continued using the pills for some time longer and quite recovered my old-time strength and feel that I have to thank Dr. Williams' Pink Pills that I am not an invalid today."

You can get these pills through any dealer in medicine or by mail, post-paid, at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Sores Flee Before It.—There are many who have been afflicted with sores and have driven them away with Dr. Thomas' Electric Oil. All similarly troubled should lose no time in applying this splendid remedy as there is nothing like it to be had. It's cheap, but its power is in no way expressed by its low price. m

FOREST

Miss Louella Shannon had the misfortune to run a staple through the forefinger of her right hand, one point penetrating the finger nail. Medical aid was secured, and it is healing nicely.

Mr. Jas. Sadler has purchased N. Dailey's mercantile business at Ravenswood, taking possession at once. Mr. Dailey will manage the hotel that is being erected at Ipperwash Beach at the foot of the 12th concession of Bosanquet.

Mr. and Mrs. Newton Tripp are on an extended visit in the west. They will go to Banff and Lake Louise, and will visit their sons, W. A. Tripp at Milestone, Sask., and J. P. Tripp, at Oxbow.

Miss Ivadell Skinner, a popular bride-elect, was tendered a miscellaneous shower at the home of Miss Thelma Rawlings with about thirty present. Master Grant Rufford and little Leah Ellerker, dressed as bride and groom, presented a gayly decorated basket filled with lovely gifts, to the future bride.

PETROLEA

H. W. McLeod, reeve of Petrolea, has sold out his barber shop to Mr. Babcock who has been employed with Mr. McLeod for the past four years.

An event of unusual interest took place in Petrolea on June 21st, when Mr. and Mrs. Charles Gregory, of Grand View Gardens, celebrated their golden wedding, having been married fifty years ago at the Baptist parsonage on the sixth line of Markham by the Rev. J. B. Moore, now of Watford, Ontario, who was present at the anniversary.

A stable on the rear of Charles Pearce's premises was destroyed by fire last week, entailing a loss of \$500, which is partly covered by insurance.

Mr. P. W. Hone has been successful in his final examinations at Toronto University, graduating with the degree of B.A., in first class honors, also specialist in mathematics and physics.

A wedding of unusual interest took place in the Marthaville Methodist church, on Tuesday, June 12th, when Mary Una, youngest daughter of Mr. and Mrs. W. J. Kerby, became the bride of Angus Edward Dobbie, son of Mr. and Mrs. A. Dobbie of Georgetown, and associate editor of the Advertiser-Topic.

ZAM-BUK

is the best remedy known for sunburn, heat rashes, eczema, sore feet, stings and blisters. A skin food!

All Druggists and Stores—50c.

Children Cry for Fletcher's

CASTORIA

Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

In Use For Over 30 Years

THE CENTAUR COMPANY, NEW YORK CITY

HELP FOR YOUNG WOMEN

Mrs. Holmberg Tells How Lydia E. Pinkham's Vegetable Compound Helped Her

Viking, Alta.—"From the time I was 15 years old I would get such sick feelings in the lower part of my abdomen, followed by cramps and vomiting. This kept me from my work (I help my parents on the farm) as I usually had to go to bed for the rest of the day. Or at times I would have to walk the floor. I suffered in this way until a friend induced me to try Lydia E. Pinkham's Vegetable Compound. I have had very satisfactory results so far and am recommending the Vegetable Compound to my friends. I surely am glad I tried it for I feel like a different person now that I don't have these troubles."

Letters like this establish the merits of Lydia E. Pinkham's Vegetable Compound. They tell of the relief from such pains and ailments after taking it.

Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, contains no narcotic or harmful drugs, and today holds the record of being the most successful remedy for female ills in this country, and thousands of voluntary testimonials prove this fact.

If you doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to the Lydia E. Pinkham Medicine Co., Cobourg, Ontario, for Mrs. Pinkham's private text-book and learn more about it.

Internal parasites in the shape of worms in the stomach and bowels of children sap their vitality and retard physical development. They keep the child in a constant state of unrest and if not attended to, endanger life. The child can be spared much suffering and the mother much anxiety by using a reliable worm remedy, such as Miller's Worm Powders, which are sure death to worms.

MEDICAL

JAMES NEWELL, PH.D., M.D., L.R.C.P. & S., M.B.M.A., England, Coronary County of Lambton, Watford, Ont. Office—Corner Main and Front Sts. Residence—Front st., one block east of Main st.

C. W. SAWERS, M.D., Phone 13. Watford, Ontario. Office—Main st. Residence—Ontario st., east. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

W. G. SIDDALL, M.D., Watford, Ontario. Office—Next to Public Library. Day and Night calls phone 26. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

DENTAL

GEORGE HICKS, D.D.S., Trinity University, L.D.S., Royal College of Dental Surgeons, Post graduate of Bridge and Crown work, Orthodontia and Porcelain work. The best methods employed to preserve the natural teeth. Office—Opposite Siddall's Drug Store, Main st., Watford. At Queen's Hotel, Arkona, 1st and 3rd Thursday, of each month.

G. N. HOWDEN, D.D.S., L.D.S., Graduate of the Royal College of Dental Surgeons of Ontario, and the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crown and Bridge work. Office—Over Dr. Sawers', Main st., Watford, Ont.

VETERINARY SURGEON

J. MCGILLICUDDY, Veterinary Surgeon. Honor Graduate Ontario Veterinary College. Dentistry a specialty. All diseases of domestic animals treated on scientific principles. Office—Two doors south of the Guide-Advocate office. Residence—Main street, one door north of Dr. Siddall's office.

AUCTIONEER

J. F. ELLIOT, Licensed Auctioneer, for the County of Lambton. Prompt attention to all orders, reasonable terms. Orders may be left at the Guide-Advocate office.

INSURANCE

THE LAMBTON

FARMERS' MUTUAL FIRE INSURANCE COMPANY (Established in 1875)

JOHN W. KINGSTON, President
JAMES SMITH, Vice President
ALBERT G. MINIELLY, Director
THOMAS LITHGOW, Director
GUILFORD BUTLER, Director
JOHN PETER MCVICAR, Director
JOHN COWAN K.C., Solicitor
J. F. ELLIOT
ROBERT J. WHITE, Fire Inspectors
ALEX. JAMIESON
P. J. McEWEN, Auditors
W. G. WILLOUGHBY, Manager
Sec.-Treasurer
PETER MCPHEDRAN, Wanstead
Agent for Warwick and Plympton