WOMEN

By taking Lydia E. Pinkham's **Vegetable Compound**

The following letter from Mrs. Orville Rock will prove how unwise it is for women to submit to the dangers of a surgical operation when it may be avoided by taking Lydia E. Pinkham's Vegetable Compound. Shewas four weeks in the hospital and came home suffering worse than before.

Here is her own statement.
Paw Paw, Mich.—"Two years ago
suffered very severely with a displacement. I could
not be on my feet for
a long time. My
physician treated
me for seven months 1 me for seven months without much relief and at last sent me to Ann Arbor for an operation. I was

there four weeks and came home suffering worse than before. My mother advised me to try Lydia E. Pin ham's Vegetable Compound, and I did. Today I am well and strong and do all my own housework. I owe
my health to Lydia E. Pinkham's
Vegetable Compound and advise my
friends who are afflicted with any
female complaint to try it."—Mrs.
ORVILLE ROCK, R. R. No. 5, Paw Paw,
Michigan

ORVILLE ROCA, A. Michigan.

If you are ill do not drag along until an operation is necessary, but at once take Lydia E. Pinkham's Vegetable

Compound.

For thirty years it has been the standard remedy for women's ills, and has positively restored the health of thousands of women. Why don't you try it?

Guide-Advocate

Watford, Ont. PUBLISHED EVERY FRIDAY.

	ADVER	TISI	NG RAT	ES.
	Space One	Year	Half Year	3 Month
Š	One column	860	\$35	\$20
ě.	Half column	35	20	12
Ş	One fourth column	20	12	8
ý.	One-eighth "	12	8	5
	One-twelfth "	8	5	3

tile advertissrs will be allowed a change

HARRIS & CO.

Guide-Advocate

WATFORD, JULY 28, 1911.

NOTE AND COMMENT.

Canada's fifth census is being taken. The other four yielded these

1100 .		
1871	3,485,761	
1881	4,324,810	
1901	5,371,315	
vill be noticed t	hat the period o	of
1-1881.		
	1871	18713,485,761 18814,324,810 18914,833,239 19015,371,315 will be noticed that the period of trapid growth was the decad

Something new in the work of the teachers gathered in the summer school for teachers at Queen's Uni, versity was introduced by Professor MacClement, when he announced that the Secretary of the Canadian Forestry Association, James Lawler, would answer the question, "Do we need forest engineers in Canada?" This was answered in the affirmative first by a review showing the immense value of Canada's forest products, \$166,000,000 in 1909, and how these might be so conserved as to give a stable or even increasing crop and this not to the detriment of farm agriculture, but to its benefit, and by using only lands unfit for farm crops.



A WARM IMPRESSION.

Lord Clarendon Tells a Story of the

Heat of Burma.

Lord Clarendon, who, the other day, gave away his daughter in marriage to Viscount Valletort, is the sixth earl, and the son of one of the foremost statesmen of the last century. During his long public career Lord Clarendon's father was ambassador at Madrid, Lord Privy Seal, and thrice Secretary of State for Foreign Affairs. He was also Viceroy of Ireland from 1847 to 1852, a period which included the great famine and the young Ireland rebellion.

The present Lord Clarendon has been distinguished as a courtier rather than a politician, although as long ago as 1869 he was elected to the House of Commons. He only sat for a few months, however, before being called to the House of Lords by the death of his father. Queen Victoria appointed him a Lord-in-Waiting in 1895, and in 1900 he succeeded Lord Hopetoun as Lord Chamberlain, in which capacity a large quantity of hard work fell to his lot in connection with the coronation of King Edward.

nection with the coronation of King Edward.

He was born in London on February 11, 1846, and has been twice married, his first bride being Lady Caroline Elizabeth Agar, eldest daughter of the third Earl of Normanton, who died in 1894. In 1908 Lord Clarendon married the widow of the Hon. Edward Bourke.

His lordship is a keen follower of

ward Bourke.

His lordship is a keen follower of the hounds, shoots, and takes a great interest in his estate. Also, he is an excellent billiard player, and holds his own against the majority of his friends who visit the Grove, near Watford. Watford.

Lord Clarendon is also a capital Lord Clarendon is also a capital raconteur, and one story retailed runs like this: "Don't open the window, my dear," cried the colonel, as his better half made as though she would ventilate the stifling, hot apartment, "I don't find the room at all too warm. Why, I remember when I was up in Burma I got into a place where the sun actually raised great blisters on the blocks of ice which we had to sit on to prevent us getting brain fever—and in the shade, too! The water in the rivers was steaming, absolutely boiling, and the cattle in the fields used to walk about browned all over just like roast beef; even the fields used to walk about browned all over just like roast beef; even the hens used to lay boiled eggs, and when it rained hundreds of cases of scalding were treated at the local hospital. I remember how—" His wife sighed. "You'll go there again some day, Henry, if you tell yarns like that." she said.

\$100 Reward, \$100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a con-stitutional treatment. Hall's Catarrh stitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much fatth in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. testimonials. F. J. CHENEY & CO. Address:

Sold by Druggists, 75c.

Take Hall's Family Pills for consti-

On Tuesday Victor Hendrick, of Adelaide Township, appeared in the Town Hall, Ailsa Craig, charged by Fred Brent with having cut a wire fence in that Township on the 4th inst. The evidence developed that there was ill-feeling between the parties owing to the violation of the Cattle By-law by Hendrick, whose cattle were impounded by the Brents on the 4th inst, and the evidence was so conflicting that the Police Magistrate adjourned the hearing until the 18th inst. journed the hearing until the 18th inst. for further evidence.

MILD IN THEIR ACTION.—Parmelee's MILD IN THEIR ACTION,—Parmelee's Vegetable Pills are very mild in their action. They do not cause griping in the stomach or cause disturbances there as so many pills do. Therefore, the most delicate can take them without fear of unpleasant results. They can, too, be administered to children without imposing the penalties which follow the use of pills not so carefully prepared. m

use of pills not so carefully prepared. m

What might have been a serious fire occurred in Petrolea about noon Monday at the bank of Toronto. One of the clerks, having occasion to go down cellar, took with him a lighted candle. He placed it near some paper so he could better see what he was doing and in going away left the lighted candle where it was: The candle burnt down and lighted some papers, the flames spreading to others until Manager Cooper smelling smoke, investigated. An alarm was immediately sent in and the cellar was flooded with water. Nothing of value was destroyed.

Do Nor DELAY .- Do not let a cold or cough fasten upon you as it will if ne-glected. Dr. Thomas' Eclectric Oil will break up a cold and ctre a cough, and should be resorted to at once when the first symptoms appear. It can be dis-guised so that any unpleasant taste it may have will be imperceptible to the delicate, Try it and be convinced. Try it and be convinced,

A new machine will wash 18,000 dishes an hour. The owners should be very careful, or some fellow may marry it.

one of the greatest natural curiosities in Central America is the Volcan de Aqua, or water volcano, which is situated in Guatemala, about twenty-five miles southwest of the capital. Its apex is 4.450 feet above the level of the sea, and cultivated fields and forest trees extend almost to its summit. It occasionally vents forth tordents of pure cold water. On one occasion an "eruption" of this kind inundated the northern valley and destroyed a whole village situated on the side of the peak.

An Emperor's Compliment.

An Emperor's Compliment.

That Napoleon III. had his full share of the Bonaparte wit, tinged by a gracious memory recently recalled by the Paris Gaulois.

At a ball at the Tuileries a middleaged officer and his fair partner came to griet. As the mortified veteran scrambled to his feet the emperor extended a hand to him, and turning to the lady, remarked:

"Madame, this is the second time I have seen the colonel fall. The first time was on the battlefield of Magenta."

Masked Balls. -Henry VIII. introduced the bal masque into England. As this form of amusement gradually spread the people began to hire halls and charge admission fees, and the routs of the court were imitated by the origies of the mob.

Chillsome. "I once proposed to a girl in a con-

"Yith what result?"

"A lot of expensive plants were nipped by frost."

Lived a Century and a Half.
Llywarch Hen, poet and contemporary of ancient King Arthur, is said to have lived to the age of 150 years.

"Boke of Husbandrie."

The first work on agriculture published in England was the "Boke of Husbandrie." It was issued in 1534.

Knead your bread with honesty; but-ter it with serenity; chew it with delib-eration: thus treated, it will prove nourishing.

Constipation is the root of many forms of sickness and of an endless amount of human misery.

Dr. Morse's Indian Root Pills.

thoroughly tested by over fifty years of use, have been proved a safe and certain cure for constipation and all kindred troubles. Try them.

25c. a box.

NORTH AND BAKERY AND ICE CREAM PARLOR

OUR Bread, Cakes, etc., are noted for being strictly first class.

FRUITS of all kinds in season, Imported and Domestic.

CANNED FRUITS, full line, fresh and reliable.

ICE CREAM, cream soda and summer drinks.

OUR choice cigars are preferred WEDDING CAKES in the

S. E. THOMPSON, NORTH END BAKERY.

best of style.

CRAND TRUNK SYSTEM

TIME TABLE. Trains leave Watford Station as follows

C. VAIL, Agent, Watford.

Children Cry for Fletcher's

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his perhat H. Hitcher. Sonal supervision since its infancy.
Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children-Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feyerishness. It cures Diarrheea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea-The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

The Kind You Have Always Bought

In Use For Over 30 Years

Fam

Wee Wee

Wee Wee Nor Wee

Han

Tore Dai

2-3-5-E

Two Crates Dinnerware One Crate Toilet Sets One Crate English China One Crate Hand Painted Japanese China

These goods are direct from the makers at prices that will please you. See our assortment before you buy.

The N. B. Howden Est.

ROUGH AND DRESSED LUMBER

Lap and Matched Siding, Doors, Sash, Lath, Mouldings, Shingles, Posts &c.

GEORGE CHAMBERS WATFORD.

Custom Matching, Dressing and Turning done on

Electric Light Plant in Connection Order Your Coal Now.

A. D. HONE **PAINTER**and **DECORATOR**

Specialist in Hand Painted Decorations. The Best Work at Reasonable Prices. Estimates Furnished

A COMPLETE LINE OF Samples of WALL PAPER on Hand. When you have work in his li clet him figure on it.

If you have anything you want to sell try a "Special Notice" in the GUIDE-ADVOCATE. The cost is small.