

CRIPPLED WITH RHEUMATISM

Then She Took "FRUIT-A-TIVES" and Has Been Well Ever Since.



MADAM SLOAT.

Perth Junction, N.B., Jan. 22, 1920.

"For many years I was a great sufferer from indigestion, constipation and Rheumatism. My stomach was weak and gave me constant distress, while Rheumatism in my joints made me almost a cripple, was treated by two different doctors, but their medicine did me no good.

"Then I tried 'Fruit-a-tives,' and at once that fruit medicine helped me. Soon the Constipation and Indigestion began to go away, and in a few months entirely disappeared. For twelve years now my health has been first-class, and I attribute it to the use of 'Fruit-a-tives,' which I take regularly.

"MRS. CLARA SLOAT."

50c a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-tives, Limited, Ottawa.

OUR BOARDING-HOUSE



ALVIN, THE LANDLADY'S NEPHEW, SHOWS A TALENT FOR ART.

MANY ATTEND WEEKLY BABY CLINIC MEETING

ST. THOMAS, Nov. 18.—The baby clinic conducted by the Red Cross of this city was a busy place when 38 mothers with babies and children gathered for advice and care at the weekly meeting. A warm welcome was extended to Miss Cameron, the Red Cross nurse, as she returned to duty following a long illness. The Loyal Daughters' Class of the Christian Church served tea.

HOLD CONFIRMATION SERVICES.

ST. THOMAS, Nov. 18.—Bishop Williams of the Diocese of Huron is to hold three confirmation services in St. Thomas on Sunday. In the morning he will be at Trinity Church, in the afternoon at St. Luke's and in the evening at St. John's. Monday afternoon he will hold confirmation services at St. Stephen's, Burwell Park, Dunwich, and on Monday evening at 8 o'clock at the Church of the Redeemer, Dutton.

IF YOUR EARS RING "WITH HEAD NOISES"

If you have roaring, buzzing noises in your ears, are getting hard of hearing and fear Catarrhal Deafness, go to your druggist and get 1 ounce of Parmitin (double strength), and add to it 2 pints of hot water and a little granulated sugar. Take 1 tablespoonful four times a day. This will often bring quick relief from the distressing head noises. Clogged nostrils should open, breathing become easy and the mucus stop dropping into the throat. It is easy to prepare, costs little and is pleasant to take. Anybody who has Catarrhal trouble of the ears, is hard of hearing or has head noises should give this prescription a trial.—Adv't.

for BURNS

FOR SCALDS, CUTS AND BRUISES. FOR COLDS, COUGHS AND BRONCHIAL AFFLICTIONS. FOR STIFF MUSCLES, SPRAINS AND STRAINS AND NUMEROUS OTHER AILMENTS. COMMON TO MANY OF US. THERE IS NOTHING SUPERIOR TO THAT OLD TRIED AND RELIABLE REMEDY.

DR. THOMAS' ECLECTRIC OIL

Cruise the Seas of Eternal Summer

Forget winter in the pleasure of a cruise through the sunny waters of the Mediterranean or among the coral islands of the West Indies. Visit Italy, Greece, and ancient Egypt—see the quaint spots of palm-shaded Latin America. This is the ideal winter holiday.

TO THE MEDITERRANEAN—From New York to Madeira, Gibraltar, Algiers, Monaco, Genoa, Naples, Athens and Alexandria for Egypt and the Nile.

ADRIATIC (24,541 tons) JAN. 7, FEB. 18, MAR. 4

ARABIC (17,324 tons) JAN. 21, FEB. 11, MAR. 18

Bookings to any port. Optional Shore Excursions.

TO THE WEST INDIES—From New York to Cuba, Panama Canal, Venezuela, Windward and Leeward Islands, Virgin Islands, Porto Rico and (on third cruise) Bermuda.

MEGANTIC (20,000 tons) JAN. 17, FEB. 18, MAR. 20

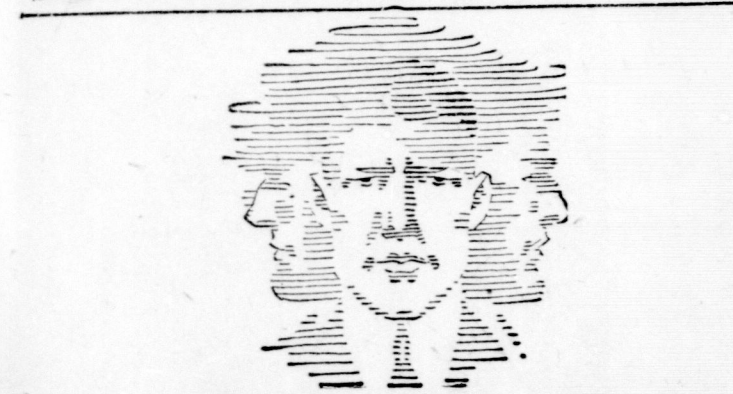
Largest dimensioned steamer sailing to the tropics.

*Nassau last port of call on first cruise.

Both the West Indies cruise and the voyages de luxe to the Mediterranean partake of that luxurious comfort that is characteristic of the White Star Line. Ask for booklets today.

White Star-Dominion Line

H. G. THORLEY
41 King Street E., Toronto, or Local Agents.



When Constipated, Bilious, Headachy "Cascarets"—10c

Clean your liver and bowels! Enjoy the nicest, gentlest bowel cleansing you ever experienced by taking one or two candy-like Cascarets tonight. They physic your bowels fully. All the constipated waste and sour bile will move out of the bowels without griping or stirring you up. There will be no bowel poison to cause colds, sick headache, dizziness, biliousness or sour stomach when you wake up in the morning. More men, women and children take Cascarets for the liver and bowels than all other laxative-cathartics combined. They cost only 10 cents a box.

SUGGESTS PLAN TO GIVE RELIEF TO THE PEOPLE

Judge C. W. Colter, Liberal Candidate, Addresses Meeting at Port Stanley.

NOT POLITICAL SCHEME

PORT STANLEY, Nov. 18.—Leaving the much-discussed tariff question advanced by the Conservatives as the basis of the election, all charges of squandering against the government, and any differences with the U. F. O. to be cared for in a written message to the electors of East Elgin, 4,000 copies of which will be distributed next week, Judge Charles Wesley Colter, Liberal standard-bearer in the riding, devoted the whole of his speech in the town hall Friday night to the National Railway problem and its solution. As a cure for all the ills of Canada's transportation system, and as a large measure of relief for the industrial and commercial depression of the country, the judge offered as a panacea "Cut in half the rates on all railroads and discharge the present heads."

To those who did not hear the clear arguments of the speaker, given in logical sequence, the proposal may seem a drastic one, but judging from the reaction with which it was greeted Friday, it would seem that his auditors were impressed that the solution was by no means impractical.

Not a Political Scheme. Judge Colter claimed it was not a political scheme which he propounded, but a plan he had worked out as the best method of helping the farmer, the consumer, in fact, every class and the country itself. He pledged himself if elected to fight for the reduction, although he knew it would receive all manner of opposition from big interests and the railways themselves.

"Canada," said Judge Colter, "differs from any other country, in that its inhabited area lies in a comparatively narrow strip of 4,000 miles, populated by less than 9,000,000, bound together only by railroads.

The speaker pointed out the fact that the price of wheat is fixed in Liverpool, and the farmer receives the price paid by the market less the cost of transportation and a few commissions. By reducing the cost of transportation the farmer would receive just that much more for his products.

"I hold," the judge continued, "the railways should be run in the interests of the farmers, for they are undoubtedly the mainstay of the country. For that the rates must be cut in two.

"Of course, the cry would go up from the operators, our deficits would be greater than they are now.

happ, but then I am not sure but that the railways are away behind the times. Henry Ford has proven beyond doubt that railroads of America are not run efficiently.

The judge made a slashing attack on Sir George Foster and Hon. Arthur Meighen for statements made recently in St. Thomas, when Sir George attempted to put the blame of the national debt resulting from the railroads on the shoulders of the Liberals. Briefly relating the history of the G. T. P., the C. N. R. and the relations of Mackenzie, Mann and Hon. Arthur Meighen, the speaker stated that the blame lay with Sir Robert Borden's administration entirely.

The candidate was assisted by J. Doyle, of Yarmouth Heights, who confined his talk to the activities of the interests whom he claimed are lined up with the Tories.

H. H. Cornell, of Port Stanley, the chairman, told of the unfair way in which the government had treated the fishermen and the people of Port Stanley on the proposed harbor improvements.

PLAN ACTIVE CAMPAIGN FOR NORFOLK COUNTY

SIMCOE, Nov. 18.—Both the farmer and government candidates are planning an active campaign in Norfolk this week. J. A. Wallace, the farmer candidate, has thirteen meetings scheduled.

Sir Henry Drayton, minister of finance, is to speak in Port Dover, and Hon. Hugh Guthrie, minister of agriculture, arrived here today to confer with local supporters. Sir George Foster will speak in Simcoe Saturday evening.

Premier Drury will speak in the armories here on Friday, Dec. 2.

REALIZE GOOD SUM.

ST. THOMAS, Nov. 18.—It was announced on Friday that the rummage sale and hot supper conducted by the Ladies' Aid Society of the Central Methodist Church netted the sums of \$200 and \$180 respectively.

A Smooth, White Skin That Defies Weather

During the coming months of biting winds and intense cold, you who would keep your skins smooth, white and velvety, should turn your attention to mercifully prevent or remove a chapped, roughened or discolored surface. By gradually absorbing the weather-beaten cuticle, the complexion is kept in perfect condition, and even the beauty of expression appears more pronounced. If your skin be coarse, blotchy, pimply, freckled, sallow or overtired, why not shed it? One ounce of ordinary mercifulized wax, to be had at any druggist's, will completely transform the most unsightly complexion in less than a fortnight. Use the wax nightly, like cold cream, washing it off in the morning.

If weather, age, or poor health has marred your face with wrinkles, here's good news. You can quickly remove every line by using a harmless, refreshing face lotion prepared by dissolving one ounce of powdered saskatol in a half pint witch hazel. The firmer, smoother skin, the more youthful appearance, even after one application, will astonish you.—Adv't.

Smoke T&B

Its use marks you as a judge of tobacco

Rheumatism Left Him As If by Magic!

Had Suffered Over 50 Years!

Now 83 Years, Yet A Big Surprise to Friends

Regains Strength Goes out Fishing, Back to Business, Laughs at "URIC ACID"

How the "Inner Mysteries" Reveals Startling Facts Overlooked By Doctors and Scientists For Centuries

"I am eighty-three years old and I doctored for rheumatism ever since I came out of the army over fifty years ago," writes J. B. Ashelman. "Like many others, I spent money freely for so-called cures, and have never about 'Uric Acid' until I could almost taste it. I could not sleep nights or walk without pain; my hands were so sore and stiff I could not hold a pen. But now, as if by magic, I am again in active business and can walk with ease or write all day with comfort. Friends are surprised at the change."

HOW IT HAPPENED. Mr. Ashelman is only one of thousands who suffered from years, owing to the general belief in the old, false theory that "Uric Acid" causes rheumatism. This erroneous belief induced him and many others to take wrong treatments. You might just as well attempt to put out a fire with oil as to try and get rid of your rheumatism, neuritis and like complaints by taking treatments supposed to drive the Uric Acid out of your blood and body. Many physicians and scientists now know that Uric Acid never existed, never will exist, and never will be a constituent of the blood; that it is found in every new-born babe, and that without it we could not live!

These statements may seem strange to some folks, who have all along been led to believe in the old "Uric Acid" humbug. It took Mr. Ashelman 50 years to find out this truth. He has now how to get rid of the true cause of his rheumatism, other disorders, and recover his strength from "The Inner Mysteries," a remarkable book now being distributed free by an authority who devoted over twenty years to the scientific study of this particular ailment.

NOTE: If any reader of The Advertiser wishes the book that reveals these facts regarding the true cause and cure of rheumatism, facts that were overlooked by doctors and scientists for centuries past, simply send a postcard or letter to H. P. Cleverley, No. 46th street, Hallowell, Maine, and it will be sent by return mail without any charge whatever. Cut out this notice lest you forget, and a sufferer yourself hand this good news to some afflicted friend.—Adv't.

SHIP GRADE BULLS OUT OF DISTRICT

Oxford Cattlemen Give the Owners Pure-Breds in Exchange.

[Special to The Advertiser.]

WOODSTOCK, Nov. 18.—The first shipment of grade bulls out of the county has been made by the Livestock Improvement Association. The lot consisted of 27 bulls. Twenty-one of these animals have been replaced by pure-breds contributed by the members of the association in accordance with the plan for improving the standard of the stock of the county. These pure-bred animals are donated to the farmers free, the farmer simply turning over the grade. These have been shipped to Toronto, the Cattle Breeders' Association having paid the freight, while the livestock department and the Farmers' Co-operative Company will sell the animals free of charge.

The breeders of Oxford County are the first in the province to come forward and offer thoroughbred stock in exchange for grades of serviceable animals. Up to date 80 breeders have offered to contribute bulls. The association has also made arrangements whereby any farmer wishing to sell his grade bull may take advantage of the free freight and free sale, even though he does not apply for pure-bred animals in exchange.

TO PROBE CAUSE OF STORE BLAZE

St. Thomas Fire Chief Decides To Summon Marshal.

ST. THOMAS, Nov. 18.—Suspicious of the circumstances surrounding a fire which caused several hundred dollars damage to the rear of a candy and fruit store operated by Isaac Cassis, 296 Talbot street, early Friday morning Fire Chief Henderson has requested Provincial Fire Marshal Reardon to make an investigation.

The fire apparently was started by an overheated stove in the candy kitchen used in connection with the store. It is claimed that a large quantity of pine was piled in the proximity of the stove, when the firemen arrived.

Save Store. Alarm was given by a young man who noticed considerable smoke coming from the building as he was passing. The firemen succeeded in extinguishing the flames before the section of the store was damaged. Woodwork in the kitchen was badly damaged and considerable stock was destroyed.

Cassis claimed to have \$6,000 worth of stock in the store. He told the firemen that he had not been at the store during the evening previous, as he was playing cards at a friend's home. His wife had locked the store at 11:30 p.m.

A lively scene developed in front of the store when Cassis arrived. The property was recently purchased by Frank Sooleen, who resides in the apartments over Jacksons, Limited, and Cassis is reported to have received notice from Sooleen to vacate the store for some weeks, and Sooleen promptly accused Cassis of being responsible for the fire. Cassis resented the accusation and a heated verbal encounter developed. Police Constable Charles

"Ruggles-Built"

To put it briefly, "Ruggles-Built" is a guarantee of good units and honest workmanship. The word

RUGGLES

denotes the most efficient motor truck transportation unit that has ever been produced.

"There's a RUGGLES for every purpose"

RUGGLES MOTOR TRUCK COMPANY, LIMITED
LONDON - CANADA



RUGGLES MOTOR TRUCK COMPANY, LIMITED
LONDON - CANADA

Hawkins intervened when the quarrel took on serious aspects. Sergeant James Geddes and Fire Chief Henderson visited the scene of the fire Friday morning and decided to call the fire marshal.

COME BACK TO ERIN and "Macushla." Two famous Irish ballads, beautifully sung by Gerald Griffin, lyric tenor, on Starr Genett record No. 4433. Price 65 cents.—Adv't.

Higher Food Value

GOOD, wholesome, fresh butter is rich in the indispensable, growth-promoting elements called vitamins.

But the air in ordinary butter soon begins to destroy these precious vitamins.

There is no air in Silverwood's Carbonated Butter—hence the full vitamin values are retained and Silverwood's has highest food value, always.

"Carbonated" simply means replacing the bacteria-cultivating air with an absolutely harmless and tasteless atmosphere a thousand times purer than air.

The full 100 per cent. food value is retained until the last delicious ounce is enjoyed.

Just try it once.

Then you will demand Silverwood's Carbonated Butter and no other will satisfy you, for never was such delicious, always fresh butter thought possible. Be sure. Ask your grocer for it—keep asking and he will get it for you.



Silverwood's Carbonated Butter

Silverwood's Limited, London, Canada
Makers of . . .

Silverwood's Carbonated Ice Cream, famous for delicious quality and flavor.

Silverwood's Carbonated Butter can be obtained in the following stores in London:

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| Ackland, Mrs. E., 75 Wharnclyffe Rd. N. | Gilligan, M., 124 Chesley Ave. | O'Donnell, J., 460 Egerton St. |
| Adams, S. J., Richmond St. North. | Greene, A. L., 216 Wharnclyffe Rd. | Offenheimer, Mrs. R., 215 Ottawa Ave. |
| Anderson Bros., 1-5 Market House. | Greenstein, Mrs., Horton and Waterloo Sts. | Onn, F. S., 143 King St. |
| Arctos, 50 Wharnclyffe Rd. N. | Goldberg, H., 466 Ottawa Ave. | Peters, Jas., 266 Richmond St. |
| Arscott's Meat Shop, 1162 York St. | Gyde, Miss, William and Oxford Sts. | Plewes & Roe, 85 Wellington St. |
| Bailey, W. A., 694 Hamilton Road. | Geach, H., Simcoe and Maitland Sts. | Ranahan, Harry, 515 Richmond St. |
| Barr, Allen, 540 Dundas St. | Haverstock & Pierce, 461 Piccadilly St. | Reeve, W. H., 404 Pall Mall St. |
| Beam, W. S., 610 Dundas St. | Hill, Mrs. M., 847 Lovett St. | Rosser, H. P., 727 Richmond St. |
| Bodkin, A. E., 516 Adelaide St. | Hudson, Fred., 468 Talbot St. | Rouillon, H., 583 Adelaide St. |
| Boug Bros., 58 Wharnclyffe Rd. | Humphrey, J. H., 108 Adelaide St. | Roulet, T. A. & Co., 260 Dundas St. |
| Boug, E. & O., Market House. | James, M. & Co., 247 Wortley Rd. | Ruth, H. A., 656 Dundas St. |
| Bryce, G. L., 217 Waterloo St. | Johns, R. W., 46-48 Blackfriars St. | Ruddy, Jas., 308 1/2 Dundas St. |
| Bere, J. J., Waterloo and Oxford Sts. | Joffe, W. L., 126 Hamilton Rd. | Saddy Bros., 80 Dundas St. |
| Carrothers, C. B., Briscoe and Edward Sts. | Jones, J. B., 100 Adelaide St. | Saddy Bros., Corner York & Thames Sts. |
| Chapple, R., 1094 Dundas St. | Johnson, A., 247 Talbot St. | Sampson, H., 132 Colborne St. |
| Chapple, J. J., 12 Wharnclyffe Rd. S. | Kelly, T. J., 474 St. James St. | Sandercott, W. R., 474 Central Ave. |
| Clark, A. J. & Co., 719 Richmond St. | Lankin, L., 423 Hamilton Rd. | Sands, P. A., 687 Dundas St. |
| Clark, A. J. & Co., 754 Dundas St. | Laphorne, F. J., 730 Adelaide St. | Shaw, Thos., 670 Dundas St. |
| Clark, A. J. & Co., 574 Adelaide St. | Leader, J. L., Richmond St. | Shobottom, W. H., Market House. |
| Coleman & Patterson, 608 Maitland St. | Livingstone, W. H., 128 Briscoe St. | Simons, S., 310 Dundas St. |
| Connor Bros., 751 Richmond St. | Longfield, W., 160 Wortley Rd. | Slobaskey, L. & S., 212 Hamilton Rd. |
| Connor, Miss K., 462 Chesapeake St. | McAlpine, H., 135 King St. | Stanley, J. A., 285 Wortley Rd. |
| Crosley, F., 20 Adelaide St. | McCormick, A. & Son, 346 Richmond St. | Summers, Bert, 471 Dundas St. |
| Crowe, A., Chelsea Green. | McCormick, H., 257 Wellington St. | Summers, G., 271 Wellington St. |
| Depper, C., 239 Hamilton Rd. | McGuire, D. J., 879 Waterloo St. | Smith, C., 447 Quebec St. |
| Depotte, J. A., 442 Egerton St. | Marr, Jas., 167 Wellington St. | Stallard, F. J., 547 Richmond St. |
| Desand, C. W., 327 Waterloo St. | McFarland & McDonald, 408 Hamilton Rd. | Tack, J., 796 Hamilton Rd. |
| Doig, Paul L., Market House. | McFarland, G. D., 109 Wellington St. | Taylor, A. H., 89 High St. |
| Donnelly, C. J., 409 Ridout St. | McIntosh, R., 255 Wellington St. | Thompson, H., 583 Quebec St. |
| Drake, G. B., 413 Hamilton Rd. | Mills, A. C., 122 Wharnclyffe Rd. | Thrower, A. R., Wellington and High St. |
| Ead, C. R., 302 1/2 Ridout St. | Mitchell, H., 50 Grand Ave. | Tucker, Miss Blanche, 502 Egerton St. |
| Egan, J., 474 Dundas St. | Moffatt, W. C., 113 Wellington St. | Tupholme, A. E., 841 Hamilton Rd. |
| Engleish, H. E., 1006 Dundas St. | Monrohouse, L. P., 152 1/2 Wharnclyffe Rd. | Weinstein, Samuel, 535 Philip St. |
| Finlayson, F., William and Central. | Mullins, W. T., 43 Dundas St. | Westhead, F., 601 Hamilton Rd. |
| Finlayson, Geo., 45 Blackfriars St. | Mustard, W. J., 752 Waterloo St. | Willinsky Bros., 467 Grey St. |
| Foreman, H., 87 William St. | Nichol, E. G., 13 Blackfriars St. | Wilson, C. E., 2 Rathgar St. |
| Fowler, M., 53 Oxford St. | North, A. E., 212 Richmond St. | Wilson, T. H., 144 Hamilton Rd. |
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| | | Willis & Co., 565 Richmond St. |
| | | Williams, J. J., 366 Dundas St. |
| | | Woolcott & Carter, Richmond & Horton Sts. |
| | | York, D. D., 414 Piccadilly St. |