Cynthia Grey's Answers Follow the Bill-o'-Fare

A CONTRACTOR OF THE CONTRACTOR Cynthia Grey's Answers Helps for Every Woman Rollow the Bill-o'-Fare A PAGE FOR WOMEN

Daily Hints on Styles Women at Work and Play Stories for Children

HOMESSICHAT SOME COURT GOSSIP ON GOWNS AND

EXPENDITURE AT COURT. It is always Queen Mary's court differ greatly

substance in riotous garments, with the matter of dress. During the reign Exhaling with an evening blast? which to astonish the world they move of King Edward \$2,500 per annum was We are assured by an English considered a fair and reasonable sum authority that today a woman's dress for a lady at court to dress upon, bills are no guide to her socal rank and the salaries of the ladies were or position. Although some of the fixed at that sum in order to cover English peeresses spend from \$750 to their dress. Queen Mary, however, In spite of wishes, groans and tears; \$1,500 a year for their gowns and gen- does not expect her ladies-in-waiting But Rosemary will with thee go. eral outfit, there are many women to be as brilliantly and as modishly whose husbands are in the House of attired as did Queen Alexandra. A Lords who have to practice the most lady-in-waiting at the English court rigid economy in their dress expenditoday, if she were not constantly in tures. One lady of the royal house- attendance, could probably dress on hold has her gowns dyed at least once, \$1,000 a year, and a few do it on less. and often twice, and has them fre- The fact is that a lady in the very quently altered before she puts them best English society today—I quote out of her wardrobe to be sold. This the English correspondent-need lady acknowledges that she is obliged spend large sums upon her dress to limit her expenditure on dress to limit her expenditure of the limit her to limit her expenditure on dress to She can dress as well as ladies of the \$71.0 a year and as she has to be six highest rank on \$1,500 a year. The menths in attendance at fourt, during Duchess of Sutherland of whom we which time she must always be well hear so much, although she dresses stired, one cannot think that this is gorgeously at times, does not disdain on out of the way figure for one who to wear dresses that cost from \$15 to

pleasant to Two of the most extravagantly attired learn that wo- women in England are amongst her majesty's ladies'-in-waiting, though they are not frequently attired. Vain wretch! can'st thou expect to see men of wealth they are not frequently at court. On and social dis- the other hand the lady of the dyed Or that thy sense shall ever meet tinction do not gowns just mentioned, and one or two The spend all their others, are amazingly economical in is obliged to dress whether she will \$20, and has no hesitation in having



BY AUNT GERTIE.

The strangest, ugliest, biggest-looking its skin is quite naked, except for a few creature in the Zoo is a hippopotamus. The meaning of this queer name, which neck, ears and tail. seems to have been picked out on purpose for this remarkable animal, is quantities of a strange, only substance in ing soap, such as is used in the kitchen

land. And it has all sorts of wonderful comes blood, which produces the "bloody again. The effect is almost magical, Of oddities about it which Artist Barnle sweat" for which this animal is famous. and I discovered while we watched it Suddenly, while we were watching it, and I discovered while we watched it the creature disappeared under the dust or dirt. basin of water in the Zoo grounds.

open about FOUR FEET!

Its spongy, rough, warty skin is two quickly. That seems strange when it is inches thick in some places and is cov- such a clumsy-looking thing.

wrinkles! weighed about four tons and was at along the water's edge.

Did you ever see a hippopotamus? If not, you may not have heard that learns how!

bristles on its broad, rounded muzzle, and a few tufts of batr on sides of head.

its skin which always comes out, more or bathroom, and with a small brush sh or less. And when the "hippo" gets ex- rubs the lather well into the shoes. When It lives more in the water than on cited it comes out very fast. With it the shoes are dry, she brushes them off

What do you think, boys and girls? The first thing we learned was that the Why, this animal has a way of closing "hippo" has a huge mouth, which it can its ears and nose so that it can stay under water for quite a time. It swims well and can dive very

ered all over with a network of fine At night, it is said the hippopotamus This old river horse looks as if it on the land, eating plants that grow when living in its own haunts, wanders

There's something else you would like The body is barrel-shaped. The head to know. When baby hippopotamus is two, with a mat suspended in it. Houses is swollen-looking and very ugly; appar- very, very small, it cannot swim, so with greater pretensions, however, have

mother "hippo" puts it on her neck and carries it around in the water till it

DROBLEMS OF THE FAIR SEX SOLVED BY CYNTHIA GREY

[Correspondents are requested to make their inquiries as brief

as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letters can be answered privately.]

"He's Honest and Sincere." As I don't go with anyone, he told me without scattering it. to bring one of his friends along and become stiffened by dirt, wanted me to meet him. From the way of talking, this friend of his is well liked where he lives. Now if this friend Dear Miss Grey: Kindly give me the comes up and I like his appearance af- recipe for a harmless lotion to be used ter meeting him, do you think it would be proper to accept his company while in weak eyes.

Sticky Table Top.

Dear Miss Grey-I have an old mahogany table I have repainted mahogany color. It looks all right except the top, and that just sticks to everything. Can someone tell me what to do with PERPLEXED.

A .- If the table be real mahogany is a pity it was painted at all. It would have been far handsomer had it been cleaned and "restored" by competent hands. Were it mine I should have the paint scraped off, the surface rubbed smooth and varnished. But I submit the tale of your perplexity to wiser What can be done with the

Items Referring to Bernhardt. Dear Miss Grey-May I ask you to ald me in obtaining magazine articles newspaper clippings, or books contain-

ing information concerning Mme. Bern-HELEN C. A .- I do not know whether or not any biography of the famous actress has ever been published in book form. You may ascertain this by inquiry at the public library. It is possible that some reader can supply you with cut-tings of the kind desired. I cannot

think it probable. Dustless Mops and Dusters.

Dear Miss Grey Can you tell me

less dusters? I hope to see a recipe to the police. MRS. H. F. A.-Wash the dusters well in soft water and soap, rinse three times, dry, in France.

and lay in kerosene for ten minutes, Dear Miss Grey-I have a girl friend then wring the dusters until no oil who goes with a young man. I know drips from them, and dry in the shade. this young man is honest and sincere. Thus treated they absorb the dust when he came up again he was going should be repeated whenever the cloths

An Eye Lotion.

A .- A very harmless lotion which A .- If the young man is desirable you may use is made of: Boric acid 1 and asks for your company, there is no ounce, boiling water 1 pint. Put boric reason why you should not accept his acid in a basin. Pour water in and allow the boric acid to dissolve before bottling. Use with an eye cup.

TIT-BITS

Jennie Pickles, a shrewd little the plans of a robber to carry away egg yolks beaten to a light yellow from a house adjoining. Jennie told son with salt and one tablespoon of her suspicions to a policeman, and

A woman may not know just what she wants, but she usually gets it

It's well to be up-to-date, but it's foolish to borrow trouble in ad-

A girl who is pretty, and knows it is apt to consider herself the whole lay an individual omelet on it, which is derful river in which golden fish were ness, though, to try and make you

Woman in Watertown who married an injured man in a hospital 75 hours before his death has obtained a \$7,000 verdict for his injuries.

York, a diminutive woman weighing top. Run a knife around the edge and with their beautiful tails spread, wel- He thought he was strong enough packed tightly in a wooden trap and not more than 85 pounds, held two lift with a griddle cake turner onto the men in her apartment at the point of toast. One may fold it over or leave a hatpin until her husband and his it round, as preferred. It will slip from Fairy of Paradise.

The Poets' Corner

THE DYING MAN IN HIS GARDEN Why, Damon, with the forward day, Dost thou thy little spot survey, From tree to tree, with doubtful cheer, Pursue the progress of the year, What winds arise, what rain's descend When thou before that year shall end

What do thy noontide walks avail, To clear the leaf, and pick the snail Then wantonly to death decree An insect usefuller than thee: Thou and the worm are brother-kind, As low, as earthly, and as blind.

bean-flower's deep-embosom'e sweet.

Thy evenings will then all be past!

Thy narrow pride, thy fancied green (For vanity's in little seen), All must be left when Death appears

Home Helps

ware, the "spun" and the "cast." The spun is much lighter, and should be and pistol would yet molest her. chosen for lightweight utensils and not Never use any alkali in water in which aluminum is washed. It will cause the nice ware weekly with a good whiting of silver cream and the ware retains it

ustre longer. Often a straw hat that has grown dingy with dust and dirt may be considerably freshened. First brush it vigprously to dislodge as much dust as possible, and then with a fresh brush scrub t well with denatured alcohol or gasoline. If it is a white straw, remove any trying spots with oxalic acid and then scrub it with a pure white soap lather. Do any work with gasoline away from fire, Ox-

A fruit stain, as a rule, may be quickly emoved by sponging it with alcohol An advantage of alcohol over water treatment is that the alcohol does not injure the color or texture of most delicate fabrics. Of course, a stain on table linen may usually be removed by pouring boiling water through it, and if the water is poured from a height, the additional force t has when reaching the linen is an aid n the cleaning process.

makes a rich lather of some good scou course, before applying the lather, she Suddenly, while we were watching it, brushes the shoes to remove any surface

A Fiji Home

great oblong haystack standing on a mound raised a few feet above the sur rounding level, with a long ridgepole extending beyond the roof at either gable, ts ends sometimes ornamented The haystack has a doorway or with greater pretensions, however, have the walls prettily latticed with reeds, and distinct from the roof, which is elaborately thatched, with great projecting eaves. Inside, immense posts, usually in vesi wood, and a very ingenious framework support the roof. The interior decorations of sinnet (coccanut fibre), always in rectilinear patterns, sometimes are very pretty. The black, squared lintels of the doors are the stems of tree ferns. on a great shelf overhead is stored the lau, a word equivalent to the Italian word roba Here it comprises their fishing gear, huge rolls of tappa, or native cloth, mats, immense pottery

Daily Menu FRIDAY, AUG. 22.

BREAKFAST. Shredded Wheat. Thimbleberries Fried Herring.

DINNER Baked Whitefish. Escalloped Potatoes. Sliced Tomatoes Blueberry Pudding.

SUPPER. Potato Salad, Pickled Beets. Chocolate Cake. Pineapple.

Tomato Puff .- Scald and remove skins from eight ripe tomatoes. Cut up fine and add one clove of garlic and cook slowly one and one-half hours. Cool and press all through a sieve. To year-old girl in Philadelphia foiled every cup of tomato pulp allow two froth. Add cup of tomato and seagranulated sugar. Beat the left-over they walked through the winding paswhites to stiff dry froth and fold sages. into tomato mixture. Put into pudding dish. Set in pan of hot water path of Death to the Garden of Para- home. Make up your mind now whe- moistened with stock or cream. It minutes' time for each egg used. Serve immediately.

> Omelet For One .- Toast to a golden to them. brown a slice of bread butter it and prepared as follows: Beat one egg with swimming. There was a bridge made come. put a tin ring in a frying pan with a small piece of butter and pour into the

ring the egg and milk mixture. Mrs. Sadie Haverelkoss, of New very light and brown delicately on sang, and the whole flock of peacocks, The young Prince decided to stay. how to make dustless mops and dust- brother-in-law turned the men over the ring very easily and looks as good as it tastes.

She took the Prince by the hand and come if you want to stay here."

led him all around the beautiful gar"All right," said the Prince. "I'll re-There are 4,150,000 women workers Oregon gives special school credits to children who come to school clean. den She showed him a wonderful tree member.



she was horribly frightened of bur-

bother about her unpretentious vil-

lage · home, but she remained uncon-

vinced but that some bold highway-

On this particular morning she was

preparing for an unexpected event-

she had not seen for seven long years

It was at the impromptu time

he visit of her brother Tom, whom

aking (Brother Tom did love apple

ie), that someone knocked quietly

Enter the Book Agent.

Miss Martha Brooks' neeped from

of a book agent making his rounds,

Martha advanced cautiously to the

Next Time You

Go to a Wedding

For ages the wedding ring has been

gold symbolizes the purity of affec-

tion; the circle the endless love; the

ring is lost, tradition says, it is a

soon pass away; if broken, that he

It is customary to wear the ring on

the third finger of the left hand be-

cause the third finger of the left

hand has been supposed to be con-

nected directly with the heart by

Do you know why brides wear

brides began to introduce touches of

Yellow was never worn, as it stood

Not until Shakespeare's time, says

the Chicago Tribune, did English

wives wear veils. Until then, the cus-

tom had been for the bride to go to her wedding with her hair hang-

ng loose as a sign of freedom. Im-

nediately, however, upon entering

Wedding gifts in olden times were

pelling a present in value up to one-

Chapter IV.

"Surely we must be going over the

But the East Wind did not say a

They went into the cave and the Knowledge.

her new home she bound up her hair

This was a sign of submission.

for jealousy.

a vein called the "vena amoris."

token of binding authority. The

Brooks' heart, as she afterwards con- brother.

with literature.

vocabulary.

yet persistently, at the back door.

THE CROSS

By C. BEACH

There was once an old Crab who lived came-crowds and crowds of them run- and saw the old Crab by the sea shore, and one day he met ning down to the beach with their cried "Run, run! Here's an old Crab at Lobster while crawling along the sand palls to build castles in the coming to bite us." And off the children sand. "Dear me!" said the old Crab, as ran, while the old Crab crawled away sand. "I hear," said the Lobster, "that he peeped out of his hiding place, "I as fast as ever he could, saying to himthe girls and boys are coming, and a think, after all, I will walk along the self as he went: "Dear, dear! What a nice time we shall have while they are shore just to see what this merry laugh- fright I have had. I never did like chil-here." "A nice time, indeed," said the ter is about. He had not gone far when dren." And when Mab and Bertie came "I shall take care to keep he came to where Bertle and Mabel were timidly back at last, they said: "Dear,

When the Prodigal Returned

ad ever bothered, or was likely to day. I've got two pies in the oven."

chind the kitchen window. Rumors an inkling of the truth. Poor Mar-

and generally disturbing the peace-living villagers had reached her ears ward her. "Why, Martha, don't you

Standing on the doorstep was a man know your big brother Tom? Where

with regulation grip, supposedly filled is the fatted calf for the prodigal?

door and opened it a crack. Into this credulity written on her flushed face she thrust an eye, and in a loud voice bade the man be gone. "Is this Miss ever forgive me?" and Martha drop-martha Brooks?" quietly asked the ped her weapon of defence, and flew

man, stooping for his grip. Miss to the arms of her long-absent

fided to Mrs. Muggins, her neighbor, Tom still tells the joke of how he jumped into her mouth, but at the nearly spent the day with the sheriff,

time did not have any effect on her and laughs at his narrow escape from

the ancient purchase money. If the May 14 brings ill luck for all the rest

white? In olden days a bride of the tail coat of this ilk is the last word

not responsible for her debts. At the has been noticed, but it may be anade

beginning of the eighteenth century to work out in velvets before the sea-

color into their costumes. Blue was In such a case the upper part of the

AS TOLD BY AUNT GERTIE.

as the young Prince.

that, since she brought nothing will do well to make it her own. So

the marriage, her husband was far it is only in fur that this design

son is over.

part plain,

poorer classes went to her wedding in modish elegance, and she who en-

warning that the husband's love will productive of great misfortunes.

"Well, you can clear right out. I very penitent, but Tom declares

the door

out of their way. I don't like children." building a fine castle, and putting a flag dear! What a fright we have had. A little while after this the children on top. Just then Bertie turned round never did like Crabs, did we?"

what dishevelled to sentinel duty at

Threatens a Thrashing.

"You'll just have three minutes to

leave," she exclaimed, crossly. "I'm

expecting my brother, and you'll get

the thrashing of your life, if you don't

tha had mistaken him for a tramp.

Miss Martha stood petrified, rolling pir

still held conveniently in mid-air, in-

death by the rolling-pin. Martha is

riages contracted at such times.

THE AUTUMN COATS

The backs of the coats have just

a suspicion of pannier-like puf-

finess controlled into a base that clings

closely about the figure. A broad-

scheme. Dull moire is considered

beautiful but not very popular fur,

lynx, is worn on a long wrap-round

WHEN DARNING.

very good with winter furs.

at the large department stores.

you are for idden to do, you may."

Metal brocade or moire,

Picking up his suitcase he came

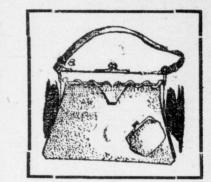
Over Tom Brooks' face there flashed

TWO CAT STORIES. Two stories of the intelligence and sympathy of our feline friends were told me during one of my numerous visits to the Tower of London, while I

vas living in England, writes T. H. lickerson, in Our Dumb Animals. [BY OLIVE.]
In the first place Miss Martha Brooks allow me to—" but Miss Brooks, allow me to—" but Miss Brooks' arm advanced with the rolling pin, "If you don't leave my Southampton was a prisoner in the Tower with the Earl of Essex during Elizabeth's reign. In some strange premises instantly I'll have the sheriff way, or by some unrecognized faculglars and tramps. Her life was spent after you. I haven't any time to spare v. a favorite cat of his found his abode To be sure no one talking about the latest fiction of the and suddenly appeared to him, having made an entrance down the chimney The smell of burning pastry issuing After his release by James I., Southfrom the region of the range, Miss ampton had his picture painted with Brooks withdrew long enough to take his faithful friend at his side. man or robber with brandishing sword from the oven a somewhat browned portrait, I believe, can today be seen pie. Then she returned hot and some-

at Wilbeck Abbey The other tale is of Sir Henry Wyatt. who was committed to the Tower dur ng the reign of Richard III, and suffered much from want of clothing and food. He would have perished if cat had not come down into his room and warmed him by lying on his breast and saved him from starvation by bringing him an occasional pigeon caught on the leads. Although the keeper was under orders not to improve his food, he agreed to cook any thing which Sir Henry provided, and the pigeons which the cat brought saved his life. He also had a picture painted, showing the cat offering pigeon through the bars of the cell

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MAIL ORDERS FILLED.



Exercise Ten Minutes a Day To Strengthen Legs and Arms

BY A PHYSICIAN.

take enough magazines and books, and only way she can square herself is brain increased control over them. muscles buckskin shoes is so simple that others may care to follow her example. She man, with a smile, said: "Well, complied.

4. Reverse, by moving the hand to ward the little finger in the same way. This prief talk on exercise is confined to the leg and arm muscles—what they ward the little finger in the same way. The man, with a smile, said: "Well, complied."

5. Bend the palm up while pulling are, and a few simple ways of making to the palm up while pulling the man, with a smile, said: "Well, complied." don't need any more," she cried, and to have apple pie for every meal, and This brief talk on exercise is confined them stronger and more pliable. The fingers, hands and wrists are moved by the msucles below the el-

bow in the arm and in the hand. The movement of hand muscles are May and February were held by the ancient Romans to be the two fist. The movement of the forearm it and are situated on the front of nonths in the year which were cermuscles consists of bending the hand the arm. The second straighten it tain to bring ill luck, while even the backward and forward, bending it to and are situated on the back of the church before the time of the Reforthe thumb side and in the opposite arm. mation placed a ban upon all mar-

Besides this, the hand can be turn-There are other traditions which ed so that the palm faces up and then if you are superstitious, it will be price paid for it takes the place of well to observe. One of these is that

Six Exercises.

of the year. A wedding on the last built up by six exercises. day of the year is also said to be with the muscles of the back of the eral way, hand and arm. 2. Open the fist antagonizing the Coats that are not altogether new are to feature the autumn styles.

3. Move the hand toward the thumb. Exercise of the muscles gives the pulling all the time on the opposing

> 4. Reverse, by moving the hand tohard on the muscles which bend it

6. Bend the plam down, using the same method of resistance. There are two groups of muscles two in kind, closing and opening the which bend the elbow. The first crook

The shoulder is lifted up by the neck muscles. It ' pulled down, forward and backward by the chest scles. This exercise should be taken regularly by forcing the one set These groups of muscles may be of muscles to outpull the other. The leg muscles, including those of 1. Close the fist by pulling hard with feet and toes, should be just as carethe palm muscles, pulling against these fully exercised and in the same gen-

> Ten minutes a day is sufficient to keep these muscles in excellent condi-

For the Midsummer Picnic

white, as a warning to the pub- counters such a coat on sale terms picnic is a course luncheon, served cupful of chicken and ruh into it for constancy and green for youth. coat would be of broche and the lower with plain charmeuse, might be a good distance. If you have the true picnic of salt and a pinch of pepper. From spirit you will make the luncheon as the paste into small balls and simple and easy to carry and serve as you possibly can and still have it at- quantity of filling may be taken if coat of black moire, with an unmis- tractive.

The Toothsome Sandwich.

the sandwich. There are numberless and mixing them with salt, pepper, a When darning stockings have twodarning balls in your darning basket- kinds of sandwiches, but a few conmere loans, to be returned when the one black and one white. By using the tinue to hold their places as favor- gar or lemon juice to taste. The mixcouple were well established in their black ball under white or light hose new home. But when the feudal lord and the white one under dark hose, the ites. Most women like salad sand- ture is replaced in the hollow of the increased in power he grew to ex- stitches of contrasting color are more wiches; that is sandwiches filled with pect presents for his newly wedded plainly seen, and darning is made much lettuce, water cress, romaine, celery children from those dependent upon easier. If you cannot readily find a tomatoes, olives or some form him. Later laws were passed com- white darning ball in the stores, a pickle or any green dressing. Chilwhite china nest egg answers the pur- dren like jelly sandwiches. Then twentieth of the yearly rent of the pose admirably. These may be found there are the heavier peanut butter, egg, cheese and meat combinations The best meats for sandwiches are ham, chicken, tongue and game. Some persons like sardines as a filling, and almost every one likes brown bread with cream cheese and English walnuts. It is well to make some plain bread and butter sandwiches to eat with the meats and jellies. which she told him was the Tree of

But it is not necessary to be con fined to sandwiches. Tea biscuits and other rolls are very good cold. But "May I stay here always?" asked ter to spread these may be taken in "If you are good and do not do what dition to the picnic lunch is made by scooping out the centre of finger "The Eas. Wind is just going back rolls and filling with minced chicken ther you want to stay here or not," she should be well seasoned. The chicken added. "If you do, you must not be may be mixed with mushrooms or word. Instead, he pointed to a wonder- tempted when I ask you to come hard-boiled eggs or celery or chopped word. Instead, he pointed to a wonderful blue light, which seemed to beckon
to them.

The third to a wonderwith me to the Tree of Knowledge,
because that is the place no human is
to them.

The third to a wonderwith me to the Tree of Knowledge,
because that is the place no human is
to them.

As picnics are remarkable for the appetites they develop there should a tablespoonful of milk and a bit of salt, of marble, which the Prince discovered put a tin ring in a frying pan with a led to the sland of Bliss. Come with me.' You must say, 'No.' for meats are the easiest to manage, boiled tongue, fried or pressed chick-ring the egg and milk mixture.

Swimming. There was a bridge made come.

"Every night I shall say to you, be at least one substantial dish. Cold meats are the easiest to manage, you say 'Yes,' and come, then you will be left or pressed chick-bridge. Right away the air grew sweet see the beautiful Garden of Palls. Salads are relished. If salad is taken never to come when the Princess call- the dressing carried in a glass And now at last they came to the ed him,
"Tonight," said the Princess before when needed and be fresh, and deli-The ingredients can then be mixed Her garment shone like the sun. She she left him, "I shall have to ask you clous. Fruit, potato or cabbage salad was very young and very beautiful. to come. Remember, you are NOT to can be managed in that way.

Eggs Are Favorites. Eggs, either devilled or stuffed, may be substituted for the cold meat, Here

Do not make the picnic hard work is a rule for devilling one dozen eggs: either for the one who provides the Boil the eggs hard, at least 20 lunch or for those who must carry it When cold cut them in halves lengthand help serve it. If one's idea of a wise and remove the yolks. Chop a with the usual china, silver, glass and butter, one of chopped parsley, one linen the porch should be the limit of raw egg well beaten, a teaspoonful the centres of each half egg. Half the number of eggs and half the

that will be sufficient. Stuffed eggs are made by boiling the The basis of every picnic lunch is eggs for 20 minutes, removing the yolks little mustard butter or oil and vinehalf egg.

very picnic party, and cheese in paper or in little jars must surely be ncluded in the supplies. Olivs and olckles must not be forgotten either. The time-honored drink for picnics s lemonade. The easlest way to manage this is to mix the lemon uice and sugar at home and carry in a bottle. The water can be dded when the lemonade is needed. Cakes of all sorts are desirable. Cookies, particularly nut cookies, go

If you have a very large party it is est to have a basket, but whenever possible take good clean cardboard boxes, line them carefully with paper and pack your food in these. It is a onvenience after you have had your incheon to be able to throw away he boxes or basket. Get plenty of paraffin paper to wrap your food in. Then ou can carry paper napking. With his outfit you can be very comfortable, have a good time in true picule fashon and not be loaded down with ac-

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