

"My Hands Trembled and I Could Not Sleep"

Mr. Thomas Honey, Brantford, Ont., writes—



"When I began taking Dr. Chase's Nerve Food, I was so nervous that when I picked up a cup of tea my hand would tremble like a leaf. I could not sleep well; could not remember things, and there were neuralgic pains through my body. After taking seven boxes of Dr. Chase's Nerve Food, however, I am in perfect health."

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LADY LAURAS' RELEASE

THE STORY OF A SPOILED BEAUTY.

CHAPTER LVIII

"Miss Rane has been found drowned in the ornamental lake at Brantome Park."

Captain Wynyard fell, as though shot, to the ground. Colonel Moncrieff suddenly remembered to have heard some rumors about the captain and Miss Rane, and he felt how indiscreet he had been.

"I should have been more careful," he said to himself. "I ought to have remembered."

He would not call any one to his aid, but went quietly into the house, and fetched a glass of brandy. He held it to the captain's lips, and in a few minutes Captain Wynyard opened his eyes.

"Is it true?" he gasped.

"I am afraid so," replied the colonel. "Early this morning one of the keepers at Brantome, passing by the lake, noticed something unusual. He went to see what it was, and found Miss Rane's body in the lake."

"Miss Rane!" cried the captain. "It is impossible! Miss Rane drowned at Brantome! What could she have been doing there?"

"No one knows; but there she was, poor lady! And they have brought her home dead."

"Dead!" repeated the captain; and Hugh Moncrieff never forgot the horror with which his friend uttered the word. He trembled like a leaf, his brain reeled, his eyes became dim.

"Help me, Moncrieff," he said. "My sight and my strength are gone from me, for I loved Gladys Rane. Help me back to my room, and leave me there alone."

Colonel Moncrieff did as he was told; and the next minute the unhappy man was alone, his face buried in his hands.

"Let me try to think clearly," he said. "I murdered Angela Rooden—sung her into the lake. Yet Gladys Rane is found there. Are they both drowned? It was Angela; I could swear it, although I did not see her face. I knew the silver-gray wrapper, which I bought and gave to her myself and the dark rippling hair. Besides, Angela was at Brantome; but how could Gladys have come there? Yet no one speaks of finding Angela. Could I—oh, perish the thought—could I have mistaken one for the other?"

A cry of despair burst from his white lips, but he recovered himself almost immediately. The idea was absurd. Gladys knew nothing of

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ing to Cuidale, the other to Brantome, adding—"I feel sure that she took the wrong road."

It was a simple enough solution of what had seemed to him a great mystery.

"It must have been so!" he sighed. "I did not say this morning that I knew her," Angela went on. "There was no need. But why are you looking at me in that strange way?"

"Were you here yesterday," he asked, suddenly—"here, on these steps?"

"No," she replied. "I was not. I never came near here yesterday."

"You did not rest on the steps there?"

"I never even approached the lake," she answered, earnestly.

From gray to livid, from livid to a horrible white, his face changed as he listened. Whose, then, could the outstretched hand that he had turned from have been—whose the figure that he had hurled into the lake?

CHAPTER LVIII

The captain's singular questions and his general demeanor satisfied Angela that there was something terribly wrong.

"Were you here yesterday, that you ask such strange questions?" she asked. "You must have been, to have seen any one near the lake." Then she paused abruptly. "You were here!" she cried.

He stood before her, as terrible a picture of guilt as man ever presented.

Suddenly her eyes fell on a remnant of the silver-gray wrapper lying on the ground. Seizing it hastily she held it before him.

"See," she cried, "this was her shroud! It was found clinging to her dress. Oh, Heaven, I begin to understand! When I was with her yesterday I wore this; and, leaving her in great sorrow and excitement, I forgot it, and she must have put it on."

Murder shone in the livid face turned to her; murder gleamed in the fierce eyes. The girl shrank back from him, though not daunted.

"You did it!" she cried. "As surely as Heaven is above us, you did it! I read murder in your face!" She was silent for a moment, then a cry that she never forgot came from her lips. "I see it all," she went on. "Gladys Rane's life has been taken in a mistake for mine. You came here, you saw her, and, wearing this, you thought it was I—and you killed her!"

"You killed her instead of me!" she continued. "Murderer! You cannot deny it! No human eyes may have seen you; but neither you nor any other can escape the all-seeing eyes of Him before whom you have so mercilessly sent Gladys Rane. Your crime is known in Heaven, if not on earth."

(To be continued.)



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Household Notes.

Select new potatoes, slice off the tops, make a cavity large enough for two strips of bacon and a lump of butter. Replace tops with toothpicks and bake.

Mix hot mashed potato with yolk of an egg, season, egg-and-bread crumb, fry in balls, scoop out part of center, and use as casing for creamed sweetbread.

If pieces of roofing-paper are cut to fit the insides of shoes, dampness is excluded, and moisture from feet prevented. They also add comfort to tender feet.

If you do not wish to leave mouse traps around on account of the children, place sticky flypaper in front of mouse-hole. Many a mouse is caught in this way!

Just Folks

By EDGAR A. GURNEY.

THE VAGABOND.

To tread the path of glory
braver soul than I,
A man who will not stop to rest
white clouds drifting by
A man who will not pause to see
a pebble in a stream
Or stretch full length upon the
captive of a dream.

A braver soul than I must tread
rugged way and long,
A man who will not stop to rest
wild canary's song.
A man who'll pass a thousand
and never turn to see
The beauty of the petal'd tree
an apple tree.

To tread the path of glory
stronger soul than mine,
A man that isn't tempted when
is sharp as wine.
A man that has no vision
golden goal he seeks,
And doesn't hear the language
the voice of nature speaks.

But I am prey to woods and hills
sunny hills and streams,
And I've a soul which likes to
and tease itself with dreams.
And weak am I that should be
—a sunbeam on a pond
Has but to wink an eye at me,
a vagabond.

Fashion Plates

The Home Dressmaker should have a Catalogue Scrap Book of the latest fashions in women's wear. These will be found useful to refer to from time to time.

A NEW AND PRACTICAL GARMENT.



4309. Nainsook, muslin, crepe or crepe de chine or radium silk can be used for this. The closing is at centre back. One can finish this knicker or pantilette style.
The Pattern is cut in 4 sizes: Small, 34-36; Medium, 36-38; Large, 42-44; Extra Large, 46-48 inches measure. A Medium size requires yards of 36 inch material.
Pattern mailed to any address receipt of 10c. in silver or stamps.

THE "LATEST" PLAY SUIT



4042. This garment is made of freedom and comfort at play time. "toy" pockets will appeal to the play-wearer. Gingham with fancy trim, linen, or pongee with fancy trim for trimming would be attractive. Here shown figured percale and organdy are combined.
This Pattern is cut in 4 Sizes: 6 and 8 years. A 4 year size requires 3 1/2 yards of 32 inch material. Trim as illustrated requires 1/2 yard of contrasting material 32 inch wide.
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