

"A Terrible Experience"

"I Recall My Experiences with the Burglar with Feelings of Horror!"

"How would you feel if you wakened in the middle of the night with a flashlight shining in your eyes and the gruff voice of a man threatening that, 'If you make the slightest noise, I'll shoot?' That was my experience the end of last March when my husband was away in the woods and I was alone with my three children. Everytime I think of this experience a shudder passes over me and for long as I live I shall remember it. At the time I really thought I would die. It's a wonder my heart did not stop beating. I was so weak that even if I had any desire to move, I could not. I was bedded in a cold, clammy perspiration. Even to recall the shocking details now makes me shudder. It was a result of this shock that I contracted a high fever and for hours at a time I was delirious. I got so bad that the doctor finally gave up hope of my ever recovering, but by careful nursing, I was finally pronounced out of danger. The shock had left me so weak, that, for no reason whatever, I would suddenly burst into tears. All the life seemed to have been taken out of me. I kept

getting weaker and weaker, so much so that my husband and children were constantly worrying about me. Doctors prescribed for me and while I willingly tried their medicines, only very few of them did me any good, but unfortunately the good was not lasting. My family asked me if I would try Carnol and I said, 'I was willing to try anything,' but felt that it would not do me any good. Four bottles of Carnol taken regularly, has completely restored my former health and strength and, while I occasionally recall my experience with the burglar with feelings of horror, I am otherwise as well and strong as I have ever been. Carnol is the most wonderful preparation I have ever used for building and restoring health and strength. It has done wonders for several of my friends to whom I have recommended it." Mrs. McC. O.L.

Carnol is sold by your druggist, and if you can conscientiously say, after you have tried it that it hasn't done you any good, return the empty bottle to him and he will refund your money.

LADY IRIS' MISTAKE;

Hero of 'Surata'

CHAPTER XXXVI.

She had never even dreamed of winning his love—he was so handsome and seemed so far above her; and then any one could see that he loved Lady Iris. But, when it was known that Lady Iris had refused him, she took heart of grace, and, when he returned, made herself very attractive to him. She believed in the truth that many a heart is caught at the rebound. Every time he met her Sir Fulke grew more and more charmed with her. She had such excellent qualities, he told himself. He said to her laughingly one day—

"My mother says you manage me so well, Marie; is it true?"

"What do you think about it yourself, Sir Fulke?" she asked.

"I do not quite know. I am not sure if the masculine mind has a clear idea as to what the word 'manage' so used, may mean. Certainly your ways with me are very pleasant; and, if that means management, I am quite content."

The wedding was a grand one—one of the grandest on record in the country; and it turned out to be a very happy marriage. Not many months after it had taken place, the Government again tendered Richard Bardon a baronetage, and he accepted it.

"Are you proud of it, John?" asked the newly-made baronet of his son.

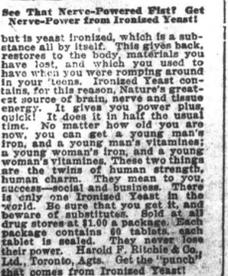
"Of course I am, sir," he replied; but to himself he owned that neither that nor anything else had power to make him happy in this world again.

Do You Feel Like an Old Young Man?

Do You Know That Without Vitamins and Iron You Would Be Dead? Ironized Yeast Builds Amazing Power!

The man with a punch is the man with many vitamins and much iron. The man of drooping shoulders, flabby nerves is the man with few vitamins and mighty little iron. Ironized Yeast gives you both. It is not a mere mixture of yeast and iron.

See That Nerve-Powered Plant? Get Nerve-Power from Ironized Yeast but is yeast ironized, which is a substance all by itself. This gives back, restores to the body, and builds you up in your veins. Ironized Yeast contains, for this reason, Nature's greatest source of brain, nerve and tissue energy. It gives you power plus quick! It does it in half the usual time. No matter how old you are now, you can get a young man's iron, and a young man's vitamins; woman's iron, and a young woman's vitamins. These two things are the twins of human strength, human charm. They mean so you success—social and business. There is only one Ironized Yeast in the world. Be sure that you get it, and beware of substitutes. Each package contains 10 tablets, each tablet is sealed. They never lose their power. Harold F. Ritchie & Co., Ltd., Toronto, Agts. Get the "punch" that comes from Ironized Yeast!



The Heir of Bayneham

Lady Hutton's Ward.

CHAPTER II.

Having no mischief ready-made to his hand, Stephen went out to seek it for himself; he sought and found it in the shape of the gamekeeper's beautiful daughter. Wandering one day through the woods of Brynmar, he sauntered down a broad path to enjoy a cigar. The day was fine and the cigar a good one. Stephen sat on the trunk of a fallen tree in order to enjoy both, and as he sat there a girl, beautiful as a fairy vision, came tripping down the path.

Stephen Hurst saw her with a thrill of delight; he had been idle and listless; here was something to do; here was a beautiful young face, pure, sweet, and happy, he could teach it to blush and to glow. Here was a pure, innocent young heart, he could teach it to love. All that he said to himself as the girl drew near. She did not perceive him until he, to attract her attention, spoke; then Magdalen Burns raised her eyes to his face, and in that one look met her fate. He asked some idle questions as to the nearest way to the Hall, and she replied; then gradually he drew from her her name and her simple little history. Nothing could be better, he said to himself.

There was no one to interfere while he remained at this dull place; it would be a magnificent resource to be able to meet this beautiful, simple girl, out in the bonny woods of Brynmar. He never calculated on Donald Burns' strength of arm or strength of will.

Lord Hutton could not imagine how it happened that Stephen Hurst, who used to complain the whole day long of the dullness of the place and every one in it, suddenly grew attached to it, and absolutely tried to persuade him to prolong his stay.

Brynmar woods could have told him why. There was no day passed that Stephen Hurst did not meet Magdalen under the shade of their tall trees.

What need to tell the story? He wooed, as idle men do woo when they have no other occupation, and she learned to love, as the young and happy love when they are so wooed. She thought him a king among men; no one was so handsome, so brave, so kindly; he was like one of the knights of old. Who else spoke so gently and musically? What voice, what face was like his? She never thought of herself; she never asked herself if it were wrong or foolish to spend long hours in these summer woods, listening to the sweetest and falsest words that ever fell from false lips. How true he seemed!—how noble, how good! What had she done that this great happiness should come to her, the priceless love of this greater and nobler of men?

Poor Magdalen! Did she ever see him as he was—mean, false, and narrow, without one good instinct, without one noble quality? Did she ever see him as he was—handsome, with a coarse, animal beauty, selfish, cowardly, and ungenerous. Never, until the time came when all things were made clear to her eyes. The golden veil of romance had fallen over him; he was a hero, a knight, he loved her, and what could she do to show her gratitude for so priceless a treasure as this love? So while the warm, bright summer days lasted she met him under the shade of the tall green trees, and she learned to love him as women love once in life, and can never love again.

(to be continued.)

A consultation was held by those in command. There was no means of making a prolonged defense—when ever the attack came it would be almost a hand-to-hand fight, and numbers perhaps would gain the victory. The first thing to be done was to get the women and children out of the way. This did not seem very difficult. Fort George, which was well garrisoned and almost impregnable, was but a day's march from Surata, the women and children would be safe there, and there they must be placed.

"I am no alarmist," said Captain Osburn at the military council, "and I am, I hope, a tender-hearted man; but I would rather our women and children were slain by us than that they should fall into the hands of the enemy. If you will follow me, I will undertake to escort them and place them safely in Fort George, or die in the attempt."

His dauntless men inspired his hearers with courage and hope. After a little while it was decided that he, with a body of picked men, should escort the women and children, with a number of invalid soldiers who were worse than useless, to the fort.

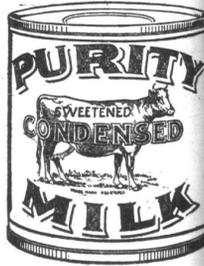
(To be continued.)



All's Well!

If you make sure you use Purity Condensed Milk in all cooking that calls for milk and sugar, for Purity is the richest country milk combined with the highest grade sugar prepared in a convenient form—so that you may keep an always available supply on hand.

Borden's PURITY BRAND CONDENSED MILK



Lower Prices, Better Values

Men's Suits, Overcoats and Mackinaws

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| <p>TWEED SUITS.
REAL VALUE.
Plain Dark Grey Wool Tweed, well made, good trimmings.
Price \$20.00</p> | <p>OVERCOATS.
EXCEPTIONAL VALUES.
Mixed Brown Coating; double breasted; half belt.
\$16.00.</p> |
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In Dark Grey mixtures, heavy and warm and will stand hard wear.
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\$12.50, \$15.00, \$17.50</p> | <p>Dark Grey, Striped, fine Cloth finish Coating; double breasted; half belt.
\$25.00.</p> |
| <p>NAVY SERGE SUITS.
Job Line; sizes 6 and 7 only. Pinch Back style.
Price \$15.00</p> | <p>MACKINAW COATS.
Real cold excluders. Made of heavy Blanket Cloth Coating; in Plaid and Plain colors.
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| <p>Navy Serge Suits; Plain Back.
\$20.00, \$25.00, \$30.00</p> | <p>Sheepskin Lined Mackinaws.
\$13.50.</p> |

Steer Brothers

Fads and Fashions.
The red hat is having an amazing vogue. The pinky beige shade still leads in stockings.
Many French frocks are draped and beltless. The bloused waistline is accented in misses' frocks. Wide bands of chenille trimming give the effect of seal.
In London, satin coats trimmed in moleskin are worn. Metal cloth is used for dresses, turbans and striking bandeaux. Both the draped and fitted plain velvet gowns are extremely good.

Telegram Fashion Plate

The Home Dressmaker should keep a Catalogue Scrap-Book of new patterns. These will be found very useful to refer to from time to time.



GIRL'S DRESS WITH OR WITHOUT FULL SLEEVE PORTION.
4189. The panel and peasant sleeve are new features in this "little girls'" dress. One may omit the peasant sleeve. Gabardine or crepe would be attractive for this model.
The Pattern is cut in 4 Sizes: 4, 6, 8, and 10 years. A 6 year size requires 2 1/2 yards of 40 inch material.
Pattern mailed to any address on receipt of 10c. in silver or stamps.

A DAINY FROCK FOR A "LITTLE TOT."
3802. A "four year old" will ever be true to comfort and ease as shown in this charming model. It is simple in construction and lends itself well to all materials.
Soft crepes and silk, wash fabrics, flannel, challie, check and plaid suiting, gabardine and viole. The Pattern

scut in 4 Sizes: 2, 3, 4 and 5 years. A 4 year size requires 3 yards of 44 inch material.
A pattern of this illustration mailed to any address on receipt of 10c. in silver or stamps.

A POPULAR PRACTICAL GOWN.
2314—In these days of post-war training, a suit of this kind is appropriate. A skirt may be made for ordinary wear, which can be put on easily when required. Drill, khaki, gingham, gabardine, flannel and cashmere are good materials for this model.
The Pattern is cut in 5 sizes: 8, 10 and 12 years. Size 12 requires 4 yards of 44-inch material.
A pattern of this illustration mailed to any address on receipt of 10c. in silver or stamps.



A NEW SET FOR MISS DOLLY.
3061—This attractive group comprises a simple dress, good for lawn, batiste, silk or dimity, a stylish cape that may be developed in satin, flannel, velvet or silk, and a bonnet to match the cape or to be of lawn, velvet, or embroidery.
The Pattern for this set is cut in 4 Sizes for Dolls: 16, 18, 20, 22 and 24 inches in height. Size 18 will require 1/2 yard of 40 inch material for the cape and 1/2 yard of 20 inch material for the bonnet.
A pattern of this illustration mailed to any address on receipt of 10c. in silver or 1c. and 2c. stamps.

A SET OF TOY ANIMALS.
2967. These toys will please the "little tots." They may be made of toweling, flannel, felt, plush, velvet, and other pile fabrics. For stuffing cork could be used if one wants a toy that will stand wetting; or one could use sawdust, bran or cotton.
The Pattern is cut in one size. The Cow requires 1/2 yard of 27 inch material and the Horse, 3/4 yard of 36 inch material.
Pattern mailed to any address on receipt of 10c. in silver or stamps.

A NEW DOLL SET.
4186. The little doll mother may not only make dolly's clothes but also the doll, from the models supplied herewith. The body may be of drill, unbleached muslin, oil cloth or satin.

Dressed as a clown this doll is very attractive. The suit may be calico, crumpled or scraps of any fabric. One or two colors of muslin may be used. For the Romper-tonne or singham is pleasing. It will be so glad of the dear little eyes in her bonnet, and "Pierrot" clown will do all sorts of tricks in comfortable costume, if his arms and legs are fastened so as to be movable.
The Pattern comprising the suit and the garments, is cut in 3 sizes: Small—12 inches, Medium—16 inches, Large—20 inches in length. The Hat, 1 1/4 yard of 27 inch material.
Pattern mailed to any address on receipt of 10c. in silver or stamps.

NORTHERN SPIES APPLES, ETC.
130 BARRELS NORTHERN SPIES APPLES.
100 BARRELS WAGNER APPLES.
100 BAGS ONIONS (SILVER PEEL).
30 CASES VALENCIA ONIONS—S's
And to arrive on return Sackem:
1 CASE OF GOOD WINTER KEEPING APPLES.
BURT & LAWRENCE.

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