

"OLD HOME SUMMER 1924" FOR NOVA SCOTIA

Announced by Premier E. H. Armstrong at Boston

At the Canadian Club Dinner held at the City Club at Boston, Mass., on the evening of October 10, Premier Armstrong of Nova Scotia was the principal speaker and received a most cordial and enthusiastic welcome.

The banquet was honored by the presence of Secretary of State Frederick W. Cook, representing Governor Channing H. Cox, and Hon. John A. Sullivan, representing the City of Boston. A fine program of entertainment was given.

At the close of Premier Armstrong's fine eloquent address which was frequently applauded, he spoke of the wonderful scenic beauty of Nova Scotia as the Tourist Playground for New England and invited everyone to come down next year. The Premier then dwelt at some length on the "Old Home Summer 1924" and read telegrams of approval from the Canadian Club of New York, Board of Trade and the Commercial Club of Halifax. He spoke in warm approval of the idea and cited the legislation passed by the Nova Scotia legislature two years ago, being specially created to develop the "Old Home Summer" idea. He promised the audience that he would do all he could to help the idea along and promised the support of the Government in the undertaking.

Secretary John F. Masters read a telegram from Premier James D. Stewart of Prince Edward Island, as follows:

"My heartiest greetings to all present at your banquet with kindly regards and best wishes to all those who remember their Island home and hope to revisit it next year. The idea is an excellent one and will have commission appointed as requested to prepare plans we sincerely hope that our returning relatives and friends may induce many American visitors to join them on their trip to the Garden of the Gulf in the "Old Home Summer of 1924".

This was received with great enthusiasm by all present, especially the members of the Club from the "Island". A plan of organization has been suggested to Premier Armstrong providing representation from each County in the Province being a part of and associated with the main Committee at Halifax, toward the end of co-ordinating the whole plan, and allotting a week to each Town or County, to be mutually agreed upon.

We wish to say that there is the greatest interest in the "Old Home Summer 1924" throughout New England and the United States in general, also Western Canada. All the interest now requires that all the Boards of Trade and Tourist Associations communicate with Premier Armstrong with their approval and endorsement of the plan. The fine automobile highways of the Province now welcome the rush of travel next year, which will be the largest ever witnessed, not only in Nova Scotia but also throughout the Maritime Provinces.

Premier Armstrong also stated that he was authorized by Mr. George E. Graham (who was present at the Banquet), to state that the Flying Bluenose would be put on next year, which is good news.

On Tuesday, previous to the Dinner, Premier Armstrong was honored by a luncheon at the Algonquin Club, given by Governor Channing H. Cox, at which sixty persons, prominent in civic and political life were present, including officers of the Canadian Club. Premier Armstrong and Mrs. Armstrong were also received by Mayor James M. Curley and he was presented with a golden key representing the Freedom of the City while Mrs. Armstrong was presented with an autographed copy of the History of Boston.

NOT WORK, BUT WORRY

It is not the work, but the worry,
That wrinkles the smooth, fair face,
That blends gray hair with the dusky,
And robs the form of its grace;
That dims the lustre and sparkle
Of eyes that were once so bright,
But now are heavy and troubled,
With a weary, despondent light.

It is not the work, but the worry,
That drives all sleep away,
As we toss and turn and wonder
About the cares of day.
Do we think of the hands' hard labor
Or the steps of the tired feet?
Ah, no, but we plan and ponder
How to make both ends meet.

It is not the work, but the worry,
That makes us sober and sad,
That makes us narrow and sordid,
When we should be cheery and glad.
There's a shadow before the sunlight
And even a cloud in the blue,
The scent of the roses is tainted,
The notes of the song are untrue.

It is not the work, but the worry,
That makes the world grow old,
That numbers the years of its children
Ere half their story is told;
That weakens their faith in heaven
And the wisdom of God's great plan,
Ah! 'tis not the work, but the worry
That breaks the heart of man.

POOR BUSINESS

A Pictonian saw an advertisement in a Halifax Paper offering No. 1 Gravenstein apples at so much a basket direct from grower. It was so long since this chap had seen a No. 1 Gravenstein that he thought he would take a chance. He sent on the money and the apples arrived. They were not No. 1, the majority of them were windfalls and a few might have been No. 1's if they had not been bruised so much by falling from the trees, but the most of them, even if they had not been bruised, would not have graded above No. 2. Very few of the apples were ripe. The buyer was not very greatly put out personally, for he knew from previous experience that he was running a big chance when he sent for these apples, but he did think that the seller of those apples was a most short sighted man who was doing much injury to himself and to his neighbours, who was doing his little bit to prevent the building up of a home market for Gravenstein apples. There is a great market right here in the Maritimes for No. 1 Gravensteins direct from grower to consumer provided the grower will show common honesty. There should be enough selfishness among the apple growers to exert a public opinion and pressure that would prevent any of their number from ruining a good business.—Pictou Advocate.

INVESTING FOR THE FAMILY

Abraham Lincoln humorously said of a poor neighbor's assets. "He has a wife and two children which I should think were worth thirty thousand dollars to any man."

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PROMOTING HEALTH

The Life Extension Institute health rules have proved very helpful to many in promoting and keeping good health:

1. Ventilate every room you occupy.
2. Wear light, loose and porous clothes.
3. Seek out-of-door occupations and recreations.
4. Sleep out if you can.
5. Breathe deeply.
6. Avoid overeating and overweight.
7. Eat some hard, some bulky, some raw foods.
8. Eat sparingly of meat and eggs.
9. Eat slowly.
10. Use sufficient water internally and externally.
11. Evacuate thoroughly, regularly and frequently.
12. Stand, sit and walk erect.
13. Do not allow poisons and infections to enter the body.
14. Keep the teeth, gums and tongue clean.
15. Work, play, rest and sleep in moderation.
16. Keep serene.

Some day, maybe, Peace will break out; and I of few of us will be adequately prepared.—New York Evening Post.



SINKS AND DRAINS

Use a little of Gillett's Lye when the kitchen or bathroom drains are clogged. It works wonders! Use it also for cleaning and disinfecting Closets, Bowls; for softening water, making soap, cleaning dirty floors and greasy utensils. It has over 500 different uses and a can should be kept handy in every home. Avoid costly and dangerous substitutes. Insist on the genuine.

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HIS VOICE IS SAFE

A noted tenor says quarreling injures the voice, therefore he will not marry. No woman seems inclined to quarrel with him over his decision.

If everybody went to church as they ought on Sunday there would be fewer auto fatalities recorded in the daily press on Monday morning. Sometimes we wonder if the Sunday casualties are not the result of the working of the divine law, "to remember the Sabbath Day to keep it holy".

"Mother Williams" of Broadway



(1) "Mother Williams" with her New York friends, and (2) at the Canadian Pacific Windsor Station.

Of course you have visited New York, and if you have been to New York you have been to Times Square; but while you were there did you notice the neat little old lady who was acting as sales agent for the "Billboard" outside the Putnam Building? If not you are not in the show business because everyone in the show business knows "Mother Williams." Likewise the police, for it is known to all of them that "Mother Williams" is on speaking terms with Commissioner Richard Enright, and more than one "coop" indebted to the old lady—she is seventy-two years old—for her intercession with the commissioner on their behalf.

The candles she burns at the "Church of Mother Divine" for her proteges are innumerable. Many a heartick girl has been stopped by "Mother Williams" and sent on her way with enough money to tide her over until the long-sought-for engagement was secured, and the same is applicable to actors, for on more than one occasion she has been seen to "slip them change." Nor has she cause to regret it, for with her it is always "just a little loan until you sign up." Today she probably knows and is known by more producers and actors than any other woman in the country, for few, if any on Broadway ever pass without a word of greeting for "Mother Williams" and a "God bless you" from her.

Her kind old Irish heart will respond to every tale of suffering for "Mother Williams" knows. Mary Bridget Ann Williams was born in Toronto seventy-two years ago, the daughter of a prominent real estate man. At the age of eight she lost her mother, after whose decease she accompanied her father on a tour of Europe that included a stay in Ireland and a four year visit to London. Returning to Montreal, Miss Williams later became a well-known and successful teacher of music, and

SOME WAYS TO KILL AN ASSOCIATION

Don't go to the meetings. But if you do go, go late. If the weather doesn't suit you, don't think of going. If you do attend a meeting, find fault with the work of the officers and other members.

Never accept an office, as it is easier to criticize than do things. Nevertheless, get sore if you are not appointed on a committee, but if you are, do not attend committee meetings. If asked by the chairman to give your opinion regarding some important matter tell him you have nothing to say. After the meeting tell everyone how things ought to be done.

Do nothing more than is absolutely necessary, but when the other members roll up their sleeves and willingly unselfishly use their ability to help matters along, howl that the association is run by a clique.

Hold back on your dues as long as possible, or don't pay at all. Don't bother about getting new members, let the secretary do it. If you don't receive a bill for your dues, don't pay.

If you receive a bill after you've paid, resign from the association. Don't tell the association how it can help you, but if it doesn't help you resign. If you receive service without joining, don't think of joining.

If the association doesn't correct abuses in your neighbor's business, howl that nothing is done. If it calls attention to abuses in your own, resign from the association.

CHOICE RECIPES

CRABAPPLE CATSUP.—One peck crab-apples, one pint vinegar, one and three-quarter pounds sugar, one tablespoon each cinnamon, cloves, pepper and salt. Cook all together. When done, bottle.

BENGAL CHUTNEY.—Thirteen green tomatoes, 13 apples, two ounces onions, one ounce ground ginger, one-half pound raisins, two ounces mustard seed, one-half or one-quarter pound salt, one teaspoon red pepper, one pound brown sugar, three pints vinegar.

SCHOOL LUNCH PIES.—Prepare a crust like biscuit dough, roll it to an eighth of an inch thick and cut with a small cutter. On half of the pieces put apple sauce, wet the edges, place the other half on top, pinch firmly together and fry in hot fat or butter. Drain and when cold wrap in waxed paper.

PEACH COBBLER.—Line a shallow pan with good, rich pastry, fill with ripe peaches cut into halves. Sprinkle with 1 cup sugar and one tablespoonful cornstarch moistened in water. Place top crust and bake. Serve with whipped cream or a milk dip in which nutmeg or cinnamon has been placed.

DATE GEMS.—One cup dates, seeded and chopped fine, two cups milk, two tablespoons melted butter, two teaspoons baking powder, three cups flour, one egg, well beaten. Mix egg and milk. Sift dry ingredients together, add chopped dates, and combine mixture. Beat hard and bake in well-buttered gem tins for about 20 minutes.

FRUIT PINWHEELS.—Two cups flour, two teaspoons baking powder, one table-

spoon granulated sugar, two tablespoons butter, a little salt. Mix together with scant cup milk. Roll into squares one-half inch thick, spread with butter and sprinkle well with sugar and currants and a little cinnamon, and roll. Cut off in slices one-half inch thick and bake in a quick oven. Do not let slices touch.

THE GROCER'S TURN

Last evening I was talking With a grocer, old and gray, Who told me of a dream he had 'Twas just the other day, While standing in his office The vision came to view, For he saw an angel enter Dressed in garments white and new. Said the angel, "I'm from Heaven, The Lord just sent me down To bring you up to glory And put on your golden crown. You've been a frierd to everyone And worked hard night and day, You have supported many And from few received your pay, And we want you up in glory Where you desire to be."

So place your trusting hand in mine And come along with me, Then the angel and the grocer Started up to glory's gate, But when passing close to Hades The angel murmured "Wait!" I have a place to show you— It's the hottest place in h— Where the ones that never paid you Do in torment always dwell. And, behold, the grocer saw them, His old patrons by the score, And grabbing up a chair and fan He wished for nothing more But was bound to sit and watch them As they'd sizzle, singe and burn. And his eyes would rest on debtors Whichever way they'd turn. Said the angel, "Come on, grocer, "There's the pearly gate to see," But the grocer only murmured, "This is Heaven here for me."

"Where will we raise our food when all of the available farming area is taken up and worked to its fullest capacity?" asks a magazine writer. By that time we won't waste food on people with nothing to do but ask foolish questions, so there is no occasion for uneasiness.

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Mahomet Could Have Sold Your Merchandise

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That is precisely the situation today--the mountain--BUSINESS--will not come to you--you will have to go after it and go after it hard. YOU have one great advantage over the prophet--he had to take the going as he found it--you can pave the way with advertising.

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