

THE WHITE RIBBON.

For God and Home and Native Land. Conducted by the Ladies of the W. C. T. U.

OFFICERS. President—Mrs Trotter. Vice-Presidents—Mrs Hemmison, Mrs Chambers.

President—Mrs Trotter. Vice-Presidents—Mrs Hemmison, Mrs Chambers. Recording Secretary—Ernie Bishop.

Next meeting in Temperance Hall, Thursday, April 27th, at 8:30 p. m.

Bread and Bread-making. PAPER READ BY MRS SEARS AT THE MOTHERS' MEETING, MONDAY, MARCH 30TH, 1899.

Flour is composed of starch, gluten, sugar, dextrin or gums. It is ten per cent. water and about seventy per cent. starch.

When we speak of strength, as applied to flour, we mean the amount of water which it will absorb and retain.

There are four practicable methods of aerating bread—by fermentation, by the effervescence of an acid and an alkali.

Some travellers changed the meaning of this somewhat by saying—"Dis so kill you, nothing will." It requires the stomach of a wild animal or a savage to digest bread of this sort.

People of civilized countries pay much attention to producing lightness. The method of aerating bread of which we know the most and which is the time-honored custom is by fermentation.

It is a well known fact that all the women who have recovered health and strength by means of Paine's Celery Compound were induced to use it through the influence and persuasion of other women—sisters, mothers or friends.

In the spring time, when women are weak, overworked, nervous, have tired feelings, dyspepsia, headache, dizziness, neuralgia, blood troubles or any of the many nameless ills from which they suffer in silence, Paine's Celery Compound will quickly banish all dangers and sufferings; it will impart that strength, health and vivacity that make women womanly and admired.

Paine's Celery Compound is at present carrying on this joyous transformation work all over Canada, and women, young and old, of all ranks and conditions, bless the memory of Dr. Phelps who conferred such a blessing on their sex.

Dear women of our country, why continue in misery and suffering when such a friend as Paine's Celery Compound is within such easy reach, and ready to do for you all you so much desire?

Do not be deceived by any of the many nervous, bitter, cathartics or advertised pills; they cannot bestow that pearl of great price—good health. Paine's Celery Compound has given new health and life to your friends; it will not fail in your particular hour of need.

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Have you not found yourself frequently with more to say than you had breath with which to say it? It is quite as great a fault in talking to have to interrupt the utterance of a word to take breath, as in singing, unless, of course, it be done to express some special emotion.

The repose of control, which is the outward and visible sign of self-control, can never be acquired unless the breathing is regulated. Practice will help you to regulate it. Repeat these sentences, first aloud, then whispered:

"The weak eye had, with short, shrill shrieks, fits by on leathern wings." "The wind ceased, and the wave diminished its all."

"I saw an old man roll railroad iron." "Katherine E. Jenkinson in Women's Home Companion."

A shark's egg is one of the oddest looking things imaginable. It is unprovided with shell, but the contents are protected by a thick, leathery covering almost as elastic as India rubber.

The Thinning Ranks.

The day grows lonelier; the air is shillier than it used to be; We hear about us everywhere The haunting chords of memory.

Familiar names in childhood given None call us by save those in Heaven; Those who pass us with later friends Of those old times in which love lends Such mystic haze of soft regret;

Ab! the day grows lonelier here, Thank God it doth not yet appear What thrill of perfect bliss awaits Those who pass us with later friends.

Close up, O comrades, close the ranks, Press onward, waste no feasting hour! Beyond the outlook, in the banks Of that full tide, where life hath power,

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THE ACADIAN.

THE YARMOUTH STEAMSHIP CO. (LIMITED)

The Shortest and Best between Nova Scotia and the United States.

THE QUICKEST TIME, 15 to 17 hours between Yarmouth and Boston!

2 - TRIPS A WEEK - 2 The Fast and Popular Steel Steamer "BOSTON."

UNTIL further notice, the above steamer will leave Yarmouth for Boston every Wednesday and Saturday Evenings after arrival of Express Train from Halifax.

For all other information apply to Dominion Atlantic, Intercolonial, Central and Coast By agents, or to W. A. CHASE, L. E. BAKER, Secretary and Treas. Manager, Yarmouth, Oct. 30th, 1898.

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\$16.00

Will get a First-class BEAVER OVERCOAT, made in the Latest Style to measure, equal to any \$20.00 Overcoat in the city; if not money returned.

WRITE FOR SAMPLES! H. LETHBRIDGE, MY TAILOR.

235 Barrington St., Halifax. Hello! Horsemen and Farmers!

Having one of the best Harness Stores in the Province, I am prepared to give you Horse Goods of all kinds, consisting of Harness, Rugs, Robes, Whips, Collars, Oils, Brushes, Combs, etc.

W. M. RECAN. Wolfville, Oct. 14th, 1897.

IF YOU INTEND PURCHASING A FUR COAT!

Or any other Stylish Fur Garment get prices from COLEMAN & CO., HALIFAX, N. S. Largest stock of Ladies' and Gents' Furs in the Province at lowest prices.

MONUMENTS

In Red and Grey Polished Granite and Marble. Strictly first-class Work.

GRIFFIN & KELTIE, 323 BARRINGTON ST. HALIFAX.

Torbrook Myrtleton Red Wilkes 1749 28613 9577 Myrtle 2251

Nubletta Nutwood 600, 2183 Bonnie Wilkes 2251

Torbrook, bay horse foaled 1893, 16 b. h. in high, 1100 lbs, standard bred and registered, none better bred, a perfect individual, having size, style and speed, and will bear inspection. Sired by Myrtleton, 9 in list, he by Red Wilkes, the greatest living producer of speed.

Grand dam Bonnie Wilkes, by George Wilkes, has to her credit Bon Bon, 2:26; Bonnie Nutwood, 2:29; Bonnie Bon, 2:29; and Bonnie June. Will serve a few approved mares at owners' stables during April, May and June. Terms, \$15.00 to warrant.

F. W. Steadman, Spruce Bank Stock Farm, KENTVILLE.

BE SURE!

BE SURE and get our BARGAIN prices and terms on our slightly used Karn pianos and organs.

BE SURE and get the aforesaid before buying elsewhere.

WE MUST SELL our large and increasing stock of slightly used Karn pianos and organs to make room for the GOODS WE REPRESENT.

MILLER BROS., 101-103 BARRINGTON ST., 30-38 PRINCE ST., HALIFAX, N. S.

WOLFVILLE COAL & LUMBER CO.

General dealers in Hard and Soft Coals, Kindling-Wood, etc.

Also Brick, Clapboards, Shingles, Sheathing, Hard and Soft Wood Flooring and Rough and Finished Lumber of all kinds.

AGENTS FOR The Bowker Fertilizer Co., Boston, and Haley Bros., St. John.

THE SLATER SHOE

Put crape on your hat when you wear rubber on your feet!

'Draws them—'Pains them—'Kills their comfort and telegraphs the trouble to your eye-sight.'

Wear the new Waterproof Calfskin Shoe, with rubber outsole, Goodyear Welt—Safe, stylish, springy, durable, and ever ready for rain, snow or shine.

Ask for the Slater Slipless Shoe. MAKERS MONTREAL

C. H. Borden, Sole Local Agent.

DOMINION ATLANTIC RAILWAY.

"LAND OF EVANGELINE" ROUTE

On and after Wed., March 1st, 1899, the Steamship and Train service of this Railway will be as follows:

TRAINS WILL ARRIVE WOLFVILLE. (Sunday excepted).

Express from Kentville..... 5:35, a.m. Express "Halifax"..... 9:02, a.m. Express from Yarmouth..... 9:22, p.m. Express from Halifax..... 5:55, p.m. Accom. "Richmond"..... 11:40, a.m. Accom. "Annapolis"..... 11:30, a.m.

TRAINS WILL LEAVE WOLFVILLE. (Sunday excepted).

Express for Halifax..... 5:35, a.m. Express "Yarmouth"..... 9:02, a.m. Express for Halifax..... 9:22, p.m. Express for Kentville..... 5:55, p.m. Accom. "Annapolis"..... 11:40, a.m. Accom. "Halifax"..... 11:30, a.m.

Royal Mail S. S. Prince George. 2400 gross tonnage, 7000 horse power. Poston Service.

By far the finest and fastest steamer plying out of Boston, leaves Yarmouth, N. S. every MONDAY and THURSDAY, immediately on arrival of Express Train, arriving in Boston early next morning. Returning, leaves Long Wharf, Boston, every SATURDAY and WEDNESDAY at 10.00 p. m. Unexcelled cuisine on Dominion Atlantic Railway Steamers and Express Trains.

Royal Mail steamship Prince Rupert, 1200 gross tonnage, 3000 horse power. St. John and Digby. MON, WED, THURS. and SAT.

Leaves St. John, 7.15 a. m., arrive in Digby 10.00 p. m.; leave Digby 1.00 p. m., arrive St. John 3.45 p. m. Trains and Steamers are run on Eastern Standard time.

P. GIPKINS, Superintendent, Kentville, N. S.

Ask For E. B. EDDY'S INDURATED FIBRE WARE Tubs, Pails, Etc.

And insist on having them. A comparison of EDDY'S WARE with the imported ware will at once show the superiority of EDDY'S which is heavier proportionately, stronger, and will last longer, beside which ours is subjected to the very heaviest hydraulic pressure possible, and is hardened and indurated by a patent chemical process, freeing it entirely from moisture.

The E. B. EDDY CO. Ltd. Jno. Peters & Co., Agents, Halifax. Schofield Bros., Agents, St. John, N. B.

FRUIT TREES

At Wholesale in Lots of 100 and Upwards.

During the Xmas holidays I visited the Nurseries of Ontario and selected at Grimsby, and two other points near by, a car-load of (10,000) ten thousand, consisting of Apple, Pear, (Dwarf and Standard) Plum, Cherry, Peach, Quince, Currant, Gooseberry, Raspberry, Blackberry, Grapes, Strawberry plants, Lawns shrubs, Street Trees, also 1000 Roses 3 years on own roots, all of which will be dug in the spring and are first-class. I am setting a Fruit Park in the spring of 17 1/2 acres. This entire lot of trees will be disinfected before shipment and guaranteed "clean." They will be packed in moss in car without boxing, and freight rates will be reduced one half. Trees are scarce this year. I now offer a part of the above to large planters, dealers or clubs at wholesale prices where orders are sent in without solicitation. Send list of requirements for quotations. I will print a sheet list of varieties. Address W. C. ARCHIBOLD, Earncliffe Gardens, Wolfville, N. S.

St. JOHN'S CHURCH—Sunday at 11 a. m. and 7 p. m. Holy Communion at 11 a. m. and 7 p. m. Sabbath at 10 o'clock, a. m. Prayer 7.30. Service every Wednesday p. m. Sunday School at 10 a. m. Prayer Meeting on Tuesday at 7.30.

METHODIST CHURCH—Rev. H. Donkin, Pastor. Services: Sabbath at 11 a. m. and 7 p. m. Sunday School at 10 a. m. Prayer Meeting on Tuesday at 7.30. Service every Wednesday p. m. Sunday School at 10 a. m. Prayer Meeting on Tuesday at 7.30.

St. FRANCIS (H.C.)—Rev. Mr. F. J. Mass 11.00 a. m. in the fourth p. m. each month.

Masonic. St. GEORGE'S LODGE, A. O. U. L. meets at Hall on the second of each month at 7 o'clock p. m. F. A. Dixon, Sec.

WOLFVILLE DIVISION N. O. every Monday evening in the 10 o'clock.

CRYSTAL Band of Hope meet in Temperance Hall every Friday noon at 2.30 o'clock.

Court Blomfield, I. O. F., Temperance Hall on the first Thursdays of each month at 7.30 p. m.

HEADQUARTERS For Rubber Stencils, Stamps and OTHER SEALS, Markers! WHOLESALE and RETAIL London Rubber Stamp HALIFAX, N. S.

FOR SAL Dwelling House of 8 rooms by Gasparian Avenue, On 4 acres of land mostly new young orchard. For particulars apply to MRS J. B. DA

GLOBE Steam Laundry HALIFAX, N. S. "THE BEST" Wolfville Agents, Rock

DR. E. N. PAYZANT Will continue the practice of Dentistry as formerly, at his residence near the station, Wolfville. Appointments can be made by letter or at residence. Special fees on lower scale of teeth. March 20th, 1895.

DR. BARSS, Residence at Mr Knowles', Cor. Acadia street and Highland Avenue; Office over F. J. Porter's store.

Office Hours: 10—11 a. m.; 2—3 p. m. Telephone at real estate, No. 28