...Spezia,
...Andrea landed us in the Ma-
...ands, where we ramained for
before we got a ship.
...aiting to ship we heard
...d stories of German
...n the high seas.
was cited by
...of an Italian ship.
...the ship was torpedoed, the
crew, numbering forty-nine men, took to the small boats. The submarine shelled the small boats, killing twenty-five men. But this did not satisfy the Huns. They attacked two of the life-boats with axes, stoving holes in their sides so that they sank, drowning the men in them. Only eight of the crew of forty-nine escaped to tell the story. Surely, Germany cannot expect the world to ever forget her barbarities on the seas."

THE CAUSE OF BACKACHE

Every muscle in the body needs constantly a supply of rich, red blood in proportion to the work it does. The muscles of the back are under a heavy strain and have but little rest. When the blood is thin they lack nourishment, and the result is a sensation of pain in those muscles. Some people think pain in the back means kidney trouble, but the best medical authorities agree that backache seldom or never has anything to do with the kidneys. Organic kidney disease may have progressed to a critical point without developing a pain in the back. This being the case pain in the back should always lead the sufferer to look to the condition of his blood. It will be found in most cases that the use of Dr. Williams' Pink Pills to build up the blood will stop the sensation of pain in the ill-nourished muscles of the back. How much better it is to try Dr. Williams' Pink Pills for the blood than to give way to unreasonable alarm about your kidneys. If you suspect your kidneys any doctor can make tests in ten minutes that will set your fears at rest, or tell you the worst. But in any event to be perfectly healthy you must keep the blood in good condition, and for this purpose no other medicine can equal Dr. Williams' Pink Pills.

You can get these pills through any dealer in medicine, or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

LOST IN THE DESERT.

Terrible Experience in Death Valley in California.

The late Maj. Gen. Funston was once employed as a botanist in the United States Agricultural Department. He was one of a party sent out to explore Death Valley in California. The experience is said to have been the cruelest in all Funston's life, and it so nearly proved fatal that he always declared that he could not understand why he had not died or become mad.

He had started out one morning to ride one hundred and twenty miles down the desert to mail some important letters and packages at a post office. All day his pony trudged over the desert, breaking through the crust up to its fetlocks and sending up beneath its feet strangling, smoke-like clouds of powdered, white alkali.

The thermometer rose that day to one hundred and forty-seven degrees, a height no one there had ever seen it reach before. The hot air blew across the wastes so dry, so penetrating, that it peeled the skin from Funston's face, parched his lips and made them bleed, stung and burned his nostrils, and caused a thirst that nothing could satisfy.

He had only a quart of water in his canteen and no forage for his horse, and, realizing that to go on farther meant certain death, he decided to return. He picketed his horse in the evening, slept until three o'clock in the morning, then mounted and started back. When the fiery sun rose over the mountains his horse gave out and staggered weakly; and so Funston dismounted and led it. For many miles he walked, determined, in spite of his agony, not to give up until life left him.

Suddenly he heard two distinct shots. He stopped and looked in every direction, but could see no smoke or sign of anything human on the desert. Three times he heard shots, and then it dawned on him that they did not come from the desert or from the mountains. The fever brought on by the terrible heat had caused the snapping of the nerves in his head to sound like rifle shots.

At four o'clock the next morning he staggered across the doorway of a ranchman's house and weakly cried for water. He had walked forty miles through the desert in a night and day of such fearful heat as even Death Valley had scarcely ever known before.

Rose Hedge.

Rose hedges are not uncommon in Great Britain and in Europe but they are somewhat of a novelty here. Rose hedges are good for screening the vegetable garden or as a dividing line between neighbors.

Make a deep trench of well manured soil and use such varieties as American Pillar, Crimson Rambler, Dorothy Perkins, Climbing Captain Cristy, Excelsa, Caroline Testout.

For supports use posts with galvanized wire stretched between them. Three or four strands of wire will be required.

A Fashionable Winter Dress

Smart indeed is this semi-fitted dress with the shaped tunic. McCall Pattern No. 8125, Ladies' Semi-Fitted Dress. In 6 sizes, 34 to 44 bust. Price, 20 cents.

This pattern may be procured from your local McCall dealer, or from the McCall Co., 70 Bond St., Toronto, Dept. W.

A SIDNEY OF TO-DAY.

Story of Courtesy Which Surpassed That of the Famous Courtier.

We are accustomed to think of certain heroic figures of the past as a sort of supermen, whose gallant and knightly deeds we cannot expect the men we meet every day to equal. But this war—like every other war—proves that the nobility of the human spirit is eternal and essential, and that it manifests itself quite as often in men of humble birth as in the sons of the proudest families.

I remember, says a writer in the Fortnightly Review, that when I was a boy the story of Sir Philip Sidney at the battle of Zutphen bit deeply into my imagination. I derived it from a large, popular history of England, in which the incident was made the subject of a full-page engraving over which I used to linger with delight. For years afterwards the picture, with additions and embellishments, would come back at interyals to my mind. The scene, as I envisaged it, was replete with an ornate dignity. The battle raged decorously in the background; men in correct attitudes, with corselets and bright lances, stood about; in the centre lay the dying hero, an arresting figure, with his curled and, I suppose, perfumed ringlets, his elegant sword hilt, his white and spotless ruff, his slashed jerkin, his Elizabethan hose and stockings. You saw the draft of water offered (in a silver goblet); and then you beheld the knight, about to raise it to his lips, turning to the wounded soldier at his side, with his courteous "Friend, thy necessity is greater than mine." Certainly a grand thing done in the grand manner!

In the earlier days of the war I came upon a paragraph in a newspaper correspondent's letter about the fighting near Festubert. A British soldier was lying wounded on the ground, fevered with thirst, close by a German even more desperately hurt. Stretcher bearers arrived and offered the Briton a tin of water. The man was reaching for it eagerly when his glance fell on his tormented enemy. "After 'im," he said, and handed back the vessel for the German to drain.

So now, when I seek to recall my old vision of Sidney at Zutphen, it is blotted out by another: a vision of a man in drabbled khaki lying in the horrible crimsoned filth of no man's land; of another man in a torn gray tunic, drenched with blood, staring with wolfish eyes at the water; of the former shutting his own parched lips tight over his teeth and putting the precious draft by with a short, ill-said word of refusal. Surely a greater hero, that nameless cockney, than the sworded and scented courtier! "After 'im!" It is better than the nobly mellifluous phrase that made Sir Philip Sidney immortal.

Deafness in Soldiers.

A novel cure for deafness in soldiers has been found by British doctors, who believe in the power of suggestion to accomplish much that their medical skill cannot. Much of the deafness at the front is hysterical, born of the soldiers fear of going deaf from the incessant pounding of the explosives about him.

Many times these men cannot be cured by direct treatment, and it is then that the unique system is brought into play. They are given very slight anesthesia and a tiny incision made in the skin behind an ear. Then an iron plate is hammered violently close to the ear. In almost every instance where the deafness is hysterical the patients regain their hearing immediately, convinced that a serious and therefore helpful operation has been performed.

Minard's Liniment Cures Colds, Etc.

The Folly Of Taking Digestive Pills

A Warning to Dyspeptics.

The habit of taking digestive pills after meals makes chronic dyspeptics of many thousands of men and women because artificial digestents, drugs and medicines have practically no influence upon the excessively acid condition of the stomach contents which is the cause of most forms of indigestion and dyspepsia.

The after dinner pill merely lessens the sensitiveness of the stomach nerves and thus gives a false sense of freedom from pain. If those who are subject to indigestion, gas, flatulence, belching, bloating, heartburn, etc., after eating would get about an ounce of pure bisurated magnesia from their druggist and take a teaspoonful in a little water after meals, there would be no further necessity for drugs or medicines because bisurated magnesia instantly neutralizes stomach acidity, stops food fermentation and thus insures normal, painless digestion by enabling the stomach to do its work without hindrance.

Marching Men.

From the silver coasts outlying,
Where the pallid ships are plying,
Sweeping in from East and West
Over crag and mountain crest,
Up from desert, grove and glen,
Still there come those hosts of men;
In their hands the sword aflame,
On their lips an ancient name,
Cleaving hearts and lives asunder,
Trampling thrones and empires under;
Temples lately love-forsaken
They have entered and retaken,
Earth itself their tread has shaken—
Marching men, marching men,
Sleeping gods your shouts awaken!

—Helena Coleman.

LEMONS WHITEN AND BEAUTIFY THE SKIN

Make this beauty lotion cheaply for your face, neck, arms and hands.

At the cost of a small jar of ordinary cold cream one can prepare a full quarter pint of the most wonderful lemon skin softener and complexion beautifier, by squeezing the juice of two fresh lemons into a bottle containing three ounces of orchard white. Care should be taken to strain the juice through a fine cloth so no lemon pulp gets in, then this lotion will keep fresh for months. Every woman knows that lemon juice is used to bleach and remove such blemishes as freckles, sallowness and tan and is the ideal skin softener, whitener and beautifier.

Just try it! Get three ounces of orchard white at any drug store and two lemons from the grocer and make up a quarter pint of this sweetly fragrant lemon lotion and massage it daily into the face, neck, arms and hands. It is marvellous to smoothen rough, red hands.

Every piece of farm machinery should be put under cover. Grease all the bearings heavily and cover the exposed bright metal parts with cheap grease of some kind. Vaseline is good and can be had in large quantities at small cost. The iron frames and wheels of mowers etc., should be painted. It is the height of extravagance to leave tools out in the weather at any season, particularly during winter.

Minard's Liniment Co., Limited.

Gentlemen,—Theodore Dorais, a customer of mine, was completely cured of rheumatism after five years of suffering, by the judicious use of MINARD'S LINIMENT.

The above facts can be verified by writing to him, to the Parish Priest or any of his neighbors.

A. COTE, Merchant.

St. Isidore, Que., 12 May, '98.

The best mulch material to use is clean straw; this is placed on the strawberry plants four to six inches deep after the ground has been frozen. In the spring after the ground is thawed, the straw is worked around the plants. This serves several purposes, such as keeping the patch free from weeds, conserving the moisture, and forming a clean mat for the berries to ripen on. After the fruit has ripened, the straw may be removed.

Minard's Liniment Cures Diphtheria.

We saw a couple of men sawing wood the other day with a cross-cut saw, and felt sorry for them, the saw lugged so. There was not enough set in it. Half an hour spent in putting that saw in good order would have saved a great deal of strength, and the men could have sawed far more wood. Getting ready for work is just as important as working.

"It is not being out at heels that makes a man discontented: it is being out at heart."—Bliss Carman.

DODD'S KIDNEY PILLS
FOR ALL KIDNEY DISEASES
CURES RHEUMATISM
BRIGHT'S DISEASE BACKACHE
DIABETES
NUMBER 23 THE PRICE

Mesopotamia Stories.

Canon Parfit, of Jerusalem, who described himself as 'Vicar of Mesopotamia and Rural Dean of the Garden of Eden," recently told a few Eastern tales in London.

He said that when he first saw his "charge" the scenery did not impress him. The people were poverty-stricken and begged for "baksheesh," the children were brilliantly clad in olive oil and the sweetest of smiles."

A soldier, referring to scorpions and mosquitoes, said: "Everything in the Garden's lovely (I don't think!) It wouldn't take a flaming sword to drive me out of it!"

At Bagdad, the pontoon bridge having been washed away, the Sultan determined to build a new one, so he set about raising the money. The people were whipped and blackmailed into parting with £40,000. The bridge cost £4,000, the tax-gatherer pocketed the rest.

MURINE FOR YOUR EYES Granulated Eyelids, Sore Eyes, Eyes Inflamed by Sun, Dust and Wind quickly relieved by Murine. Try it in your Eyes and in Baby's Eyes. No Smarting, Just Eye Comfort. Murine Eye Remedy At Your Druggist's or by mail, 50c per bottle. Murine Eye Salve, in Tubes 25c. For Book of the Eye—Free. Ask Murine Eye Remedy Co., Chicago.

The use of glass bricks for building purposes is being adopted in many European cities. As a means of admitting light to dark hallways and basements these transporent bricks have been most satisfactory, and there has been no loss in stability of construction when they have been substituted for the ordinary clay bricks.

Minard's Liniment Cures Distemper.

When winter snows are piling over
field and fence and bough,
There are apples in the cellar, there
is fodder in the mow;
And though the north wind threatens
dreary frozen months to bring,
We laugh because beneath it all we
hear the voice of Spring.

MONEY ORDERS

The safe way to send money by mail is by Dominion Express Money Order.

The liquor business has always been a curse to the world. Before Columbus discovered America, the authorities of the city of Ghent, in Europe, found it necessary in a time of dearth to forbid the conversion of grain into the brewing of beer. Thus does history repeat itself.

WOMEN! IT IS MAGIC!
LIFT OUT ANY CORN

Apply a few drops then lift corns or calluses off with fingers—no pain.

Just think! You can lift off any corn or callus without pain or soreness.

A Cincinnati man discovered this ether compound and named it freezone. Any druggist will sell a tiny bottle of freezone, like here shown, for very little cost. You apply a few drops directly upon a tender corn or callus. Instantly the soreness disappears, then shortly you will find the corn or callus so loose that you can lift it right off.

Freezone is wonderful. It dries instantly. It doesn't eat away the corn or callus, but shrivels it up without even irritating the surrounding skin.

Hard, soft or corns between the toes, as well as painful calluses, lift right off. There is no pain before or afterwards. If your druggist hasn't freezone, tell him to order a small bottle for you from his wholesale drug house.

ABSORBINE
TRADE MARK REG. U.S. PAT. OFF.
will reduce inflamed, swollen Joints, Sprains, Bruises, Soft Bunches; Heals Boils, Poll Evil, Quittor, Fistula and infected sores quickly as it is a positive antiseptic and germicide. Pleasant to use; does not blister or remove the hair, and you can work the horse. $2.00 per bottle, delivered. Book 7 M free.

ABSORBINE, JR., the antiseptic liniment for mankind, reduces Painful, Swollen Veins, Wens, Strains, Bruises; stops pain and inflammation. Price $1.00 per bottle at dealers or delivered. Will tell you more if you write. Liberal Trial Bottle for 10c in stamps.
W. F. YOUNG, P. D. F., 516 Lymans Bldg., Montreal, Can.
Absorbine and Absorbine, Jr., are made in Canada.

MADE IN CANADA
MAGIC BAKING POWDER
READ THE LABEL
CONTAINS NO ALUM

One morning a neighbor met Spike Harrow returning from the timber with a gun over his shoulder. Spike was not so friendly, nor so inquisitive, as his neighbor, and when asked whether he had been "a-shootin'," replied shortly: "Yes." "What you been a-shootin'?" "Dog." "Your dog? My! Was he mad?" "Well, he didn't look so awfully well pleased."

Minard's Liniment Cures Garget in Cows

Oil from the sewing machine may be removed from material by tacking a piece of cotton wool on each side of the stain. The cotton will soon absorb the oil.

HELP WANTED

LADIES WANTED TO DO PLAIN and light sewing at home, whole or spare time, good pay, work sent any distance, charges paid. Send stamp for particulars. National Manufacturing Company, Montreal.

MISCELLANEOUS

CANCER, TUMORS, LUMPS, ETC., internal and external, cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.

When buying your Piano insist on having an
"OTTO HIGEL" PIANO ACTION

Ah! That's the Spot

Sloan's Liniment goes right to it. Have you a rheumatic ache or a dull throbbing neuralgic pain? You can find a quick and effective relief in Sloan's Liniment. Thousands of homes have this remedy handy for all external pains because time and time again it has proven the quickest relief.

So clean and easy to apply, too. No rubbing, no stain, no inconvenience as is the case with plasters or ointments. If you once use Sloan's Liniment, you will never be without it.

Generous sized bottles, at all druggists.

Sloan's Liniment
KILLS PAIN

CUTICURA HEALS BURNING ITCHING

Pimples on Back and Scalp. Hair Came Out. Healed at Very Trifling Cost.

"I found red pimples coming out below my right shoulder blade. The pimples festered and then spread on my back. This had a burning itching feeling. Then an eruption broke out on my scalp in a patch and hair came out.

"I used Cuticura Soap and Ointment, and after I had used two boxes of Ointment with three cakes of Soap I was healed." (Signed) Geo. J. Jones, Edmonds, British Columbia, July 4, 1917.

Cuticura Soap daily and Cuticura Ointment occasionally prevent pimples and other eruptions. Nothing better.

For Free Sample Each by Mail address post-card: "Cuticura, Dept. A, Boston, U. S. A." Sold everywhere.

Machinery For Sale

1 WHEELOCK ENGINE, 18x42.
New Automatic Valve Type. Complete with supply and exhaust piping, flywheel, etc. Will accept $1,200 cash for immediate sale.

1 ELECTRIC GENERATOR, 30 K.W., 110-120 Volts D.C.
Will accept $425 cash for immediate sale.

1 LARGE LEATHER BELT. Double, Endless. 24-inch x 70 ft.
Will accept $300 for immediate sale, although belt is in excellent condition and new one would cost about $600.

PULLEYS, Large size.
26x66—$30; 12x60—$20; 12½x48—$12; 12x36—$8.

2 BLOWERS OR FANS, Buffalo make.
One 10 inch, other 14 inch discharge—$30 each.

REAL ESTATES CORPORATION, LTD.
60 Front St. West, Toronto

...One Hundre...
Land ...

"I shall ... first experience with a U-boat," says John Nugent, able seaman from Toronto. "I had shipped out of Liverpool on a three-masted schooner called the Grenada, a vessel of some 1,200 tons. We had no cargo and were under sealed orders.

"We were tacking along in the Bristol channel when suddenly the lookout spied a periscope, and five minutes later a U-boat of a large type came to the surface. The submarine attacked us savagely, dropping shell after shell on our decks. It was cruel the way that shrapnel ripped up that wooden ship. The masts were virtually torn up by the ... bundled over the ...a. The decks were ...ndling wood, and the ...ue of the ship was blown ...oles. The submarine fired fif... shells in all.

"The crew lost no time in scrambling over the port side of the ship into small boats. We were ten miles from land, and we pulled shoreward as if the very devil was after us. Right here I want to say that I don't care to take chances again with submarines in wooden boats. The steel variety are good enough for me.

"I got my next experience with a sub when I shipped on the Mauretania, formerly in the service of the Cunard Line. Just outside of Malta a sub popped above the surface of the ocean and gave us a merry chase, firing shell after shell. But we were too spe... Hun, and finally th... of the job and sub-

...ng Adventure.

...me I met with a sub was ...iring on the steamship ...eptember 15 we left Gibral... for an Italian port with a ...rgo of gasoline and benzine ...d. About 3.15 in the afternoon ... having a peaceful pipe in the ...e room, when suddenly there was ...ific explosion 'midships. I went ...metal flooring of the ...ipe flew ten feet away. ...d happened; we had ...en torpedoed, and I lost no time in ...crambling to the deck. As I reached ...e open a shell landed on the steam...ip and exploded, a fragment strik...g my hand and inflicting a painful ...ound.

...xplosion caused by the ...ad resulted in the killing of ...

...nd everything in confusion on ...k; the crew was attempting to ... the lifeboats, of which there ...wo. Captain John Leslie, of ...th Wales, stood on the bridge ... Platuria and refused to leave ...osition. One of the lifeboats was ...unched, but the one I was in capsiz..., throwing about twenty of the crew ...o the water. Just then the Plat...a sank stem downward, and Jim ...ittaker, an oiler, of Minnesota, was ...agged to his death by the suction. ...ptain Leslie went down with his ...p.

"Those of us in the water clambered ...n top of the overturned lifeboat; the ...man clinging to the boat on my right ...was a fellow by the name of Mills, ...om Georgia, who had been torpedoed ...ur times; the experience was really ...thing new to him.

U-boat With a Conscience.

"At this juncture it seemed that the ...bmarine commander must have been ...icken with a twinge of conscience, ...or the U-boat rose to the surface and ...came toward us. He allowed us to ...come aboard the submarine while some ...his men righted our boat. He gave ...a dram of rum around and cigar...ettes. This submarine commander seemed to possess a sense of humor, ...for after we had gotten the rum into ...r systems and had lit our cigarettes, ...informed us with a grin that he ...d stolen the rum and tobacco from ...English ship. But right at that ...ent we were not at all particular ...the rum or the tobacco came ..., the liquor warmed up our ach... bodies and the cigarettes calmed ...erves.

"It developed that the Hun commander was a very curious person. He inquired concerning our nationalities, and asked a number of questions ...ut the war. It seemed that he had ...een travelling underneath for a con...erable time and was out of touch ...world-events. He asked questions concerning the name, cargo and ... of the Platuria and wanted to ... what had become of the captain. ...old him that the captain was dead ...that information seemed to give ...satisfaction. Right here I thought ...was time for the Hun to play the role of the questioned, and I asked him to give us the number of his U-boat. That made him angry.

"'Look here, young man,' he growled, 'don't get impertinent; you are lucky to be alive.'

Story of Eight Survivors.

"After that we were bundled into ...t without ceremony. We were ... from land, and our boat was ... We took turns at rowing and ...g. We were a miserable feeling ... some of us were suffering from