

....The HOME CIRCLE

THE WOMEN WHO WAIT. He went to the war in the morning— The roll of the drums could be heard. But he paused at the gate with his mother...

THE APPENDICITIS FAD. Appendicitis is a fad of the medical profession. Genuine cases of this disease are rare and, if genuine, usually could be cured by a proper regime. Frequently there are cases of bilious colic, gall stones and peritonitis...

TO WASH THE HAIR. A little girl's hair should never be washed in ammonia nor should it have a chemical of any kind put upon it. The hair should be shampooed not oftener than once in two weeks...

THE LONG ENGAGEMENT. Unless, providentially, the engaged pair live far apart, so that they can seldom meet, the chances are that they will spend so many evenings together and talk so much sentiment that they will finally lose the glamour of enchantment that should be theirs...

BE NOT JEALOUS. The knowledge that a woman is of a jealous, narrow disposition immediately lowers her in the estimation of others. Such a disposition is both unlovely and unhappy and its influence is baneful. Nothing could possibly be more ignoble or contemptible than jealousy...

BEAUTY RECIPE. Cheerfulness is the great and permanent beautifier in the world. It is something that can be bought with only the gold of a golden disposition. Cheerfulness makes youth radiant with a light that grows purer and steadier the whiter the hair turns...

EXERCISE. When you walk, throw your shoulders back, and swing along—just fast enough to make your blood leap, but not too fast to notice a new flower or a new bird. Make the habit of observing as definite a part of your walk as the exercise—balance them to a nicety...

Neglect the Liver And You Will Suffer SCARCELY AN ORGAN IN THE BODY BUT FEELS THE EFFECTS OF A DISORDERED LIVER. When the liver gets torpid and inactive, bile is left in the blood—causing jaundice. Indigestion results, because the liver is an important organ of digestion...

CHILDREN'S CORNER

THE FINANCIER AND THE BOY.

Thomas W. Lawson, himself an adept in unconventional tactics, recently received a shock at his own specialty. He was driving a spirited horse to a light vehicle. Having occasion to leave it in order to enter an office building, he called to a street urchin: "Sonny, hold my horse?"

POOR BIRDS

At a luncheon given by Mrs. Alice Barber Stephens, the illustrator, at her new home at Moylan, the talk turned for a while to the various charitable societies that give slum children outings in the country in the summer. Remarkable instances were narrated of slum children's ignorance of country life—their idea that milk was an extract of the milkweed, that eggs came from the eggplant, that mush was a product of the mushroom, and so on.

CHICKENS AND HAWKS

As many boys and girls as choose can play in this game at one time. One player is picked out to act as hen. Another of the same size and weight is selected to be the hawk. The player representing the hen puts a red handkerchief around his head, if he can get one, or in absence of such a thing, he trusses his coat up behind with a piece of string to represent the short perky tail of a hen.

PETS THE SAILORS' JOY

From E. W. Sturdy's "Animal Pets on Shipboard" in July St. Nicholas. Animal pets have ever been a great joy to the average sailor. There is hardly a ship afloat that does not carry one or more such little favorites, to whom the crew are universally kind. More than this, there is frequently developed an attachment between men and animals that is seldom to be seen on shore...

ATHEMATIC FREE... Koenig Med Co... 100 Lake St. Chicago

HELEN'S NEST.

(Florence A. Pardee in July St. Nicholas.) Once upon a time there was a little girl named Helen. She lived in the country, and about her house there were many fine trees, where the birds came every year to spend the summer. Now Helen loved to watch the birds, butterflies and bees doing their work. Well, one day Mr. and Mrs. Oriole came to look at the big elm tree. They soon decided to build a nest there, and each flew off in a different direction to find material.

MUD PIES

Carolyn Wells in July St. Nicholas. The Grown-Ups are the queerest folks they never seem to know. That mud pies always have to be made just exactly so. You have to have a nice back yard, a sunny pleasant day, and then you ask some boys and girls to come around and play. You mix some mud up in a pail, and stir it with a stick. It mustn't be a bit too thin, and not a bit too thick.

NIGHT AND DAY.

When the golden day is done, Through the closing portal, Chills and garden, flower and sun, Vanish all things mortal. As the blinding shadows fall As the rays diminish, Under evening's cloak, they all Roll away and vanish. Garden darkened, daisy shut, Child in bed, they slumber—Glow-worm in the highway rut, Mice among the lumber.

BLOOD POISONING

It is by teaching that we teach ourselves, by relating what we observe, by affirming that we examine, by showing that we look, by writing that we think, by pumping that we draw water into the well. It is a Liver Pill—Many of the ailments that man has to contend with have their origin in a disordered liver, which is a delicate organ, peculiarly susceptible to the disturbances that come from irregular habits or lack of care in eating and drinking. This accounts for the great many liver regulators now pressed on the attention of sufferers. Of these there is none superior to Parlee's Vegetable Pills. Their operation though gentle is effective, and the most delicate can use them.

THE RHEUMATIC WONDER OF THE AGE Benedictine Salve

This Salve Cures RHEUMATISM, PILES, FLECONS or BLOOD POISONING. It is a Sure Remedy for any of these Diseases. A FEW TESTIMONIALS RHEUMATISM What S. PRICE, Esq., the well-known Dairyman, says 212 King street east. Toronto, Sept. 18, 1902.

John O'Connor, Toronto: DEAR SIR,—I wish to testify to the merits of Benedictine Salve as a cure for rheumatism. I had been a sufferer from rheumatism for some time and after having used Benedictine Salve for a few days was completely cured. 475 Gerrard Street East, Toronto, Ont., Sept. 18, 1900. DEAR SIR,—I have great pleasure in recommending the Benedictine Salve as a cure for lumbago. When I was taken down with it I called in my doctor, and he told me it would be a long time before I would be around again. My husband bought a box of the Benedictine Salve, and applied it according to directions. In three hours I got relief, and in four days was able to do my work. I would be pleased to recommend it to any one suffering from lumbago. I am, yours truly, (MRS.) JAS. COSGROVE.

Peter Austin, writing from Des Moines, Iowa, under date of July 2nd, 1905, says: "Enclosed please find M.O. for \$1.00, for which send me 1 box of your Benedictine Salve. Rheumatism has never troubled me since your salve fixed me up in December, 1901." 198 King Street East, Toronto, Nov. 21, 1902. DEAR SIR,—I am deeply grateful to the friend that suggested to me, when I was a cripple from Rheumatism, Benedictine Salve. I have at intervals during the last ten years been afflicted with muscular rheumatism. I have experimented with every available remedy and have consulted, I might say, every physician of repute, without perceivable benefit. When I was advised to use your Benedictine Salve I was a helpless cripple. In less than 48 hours I was in a position to resume my work, that of a tinsmith. A work that requires a certain amount of bodily activity. I am thankful to my friend who advised me and I am more than gratified to be able to furnish you with this testimonial as to the efficacy of Benedictine Salve. Yours truly, GEO. FOGG.

St. James' Rectory, 428 N. 2nd street, Rockford, Ill. Mr. John O'Connor: DEAR SIR,—Please send me three more boxes of Benedictine Salve, as soon as possible. Enclose please find cheque and oblige. Yours sincerely, (Signed) FRANCIS P. MURPHY. Cobourg, April 22nd, 1905. Mr. John O'Connor, 197 King street, Toronto: DEAR SIR,—Enclosed please find one dollar (\$1), also postage, for which I wish you would mail to my address another box of Benedictine Salve. Hoping to receive same by return of mail, I am, sir, Yours truly, PATRICK KEARNS.

241 Sackville street Toronto, August 15th, 1902. DEAR SIR,—I write unsolicited to say that your Benedictine Salve has cured me of the worst form of Bleeding, Itching Piles. I have been a sufferer for thirty years, during which time I tried every advertised remedy I could get, but got no more than temporary relief. I suffered at times intense agony and lost all hope of a cure. Seeing your advertisement by chance, I thought I would try your Salve, and am proud to say it has made a complete cure. I can heartily recommend it to every sufferer. JAMES SHAW. Toronto, Dec. 30th, 1901.

John O'Connor, Esq., Toronto: DEAR SIR,—It is with pleasure I write this unsolicited testimonial, and in doing so I can say to the world that your Benedictine Salve thoroughly cured me of Bleeding Piles. I suffered for nine months. I consulted a physician, one of the best, and he gave me a box of salve and said that if that did not cure me I would have to go under an operation. It failed, but a friend of mine learned by chance that I was suffering from Bleeding Piles. He told me he could get me a cure and he was true to his word. He got me a box of Benedictine Salve and it gave me relief at once and cured me in a few days. I am now completely cured. It is worth its weight in gold. I cannot but feel proud after suffering so long. It has given me a thorough cure and I am sure it will never return. I can strongly recommend it to anyone afflicted as I was. It will cure without fail. I can be called on for living proof. I am, Yours, etc., ALLAN J. ARTINGDALE, With the Boston Laundry.

Rev. Father McDonald of Portsmouth, Ont., sent for a box of Benedictine Salve on the 11th of April, 1905, and so well pleased was he with the result of its use that he sent for more as follows: Portsmouth, 18th May, 1905. MY DEAR SIR,—Herewith enclose you the sum of two dollars to pay for a couple of boxes of your Benedictine Salve. I purpose giving one to an old cripple and the other to a person badly troubled with piles, in order that they may be thereby benefited by its use. Yours respectfully, (Signed) M. McDONALD. Address Rev. Father McDonald, Portsmouth, Kingston, Ont.

Corner George and King Streets, Toronto, Sept. 8, 1904. John O'Connor, Esq., Toronto: DEAR SIR,—I wish to say to you that I can testify to the merits of your Benedictine Salve for Blood-Poisoning. I suffered with blood poisoning for about six months, the trouble starting from a callous or hardening of the skin on the upper part of my foot and afterwards turning to blood-poisoning. Although I was treated for same in the General Hospital for two weeks without cure, the doctors were thinking of having my foot amputated. I left the hospital un cured and then I tried your salve, and with two boxes my foot healed up. I am now able to put on my boot and walk freely with same, the foot being entirely healed. I was also treated in the States prior to going to the hospital in Toronto, without relief. Your salve is a cure for blood-poisoning. MISS M. L. KEMP. Toronto, July 21st, 1902.

John O'Connor, Esq.: DEAR SIR,—Early this week I accidentally ran a rusty nail in my finger. The wound was very painful and the next morning there were symptoms of blood poisoning, and my arm was swollen nearly to the shoulder. I applied Benedictine Salve, and the next day I was all right and able to go to work. J. SHERIDAN, 34 Queen street East.

JOHN O'CONNOR 199 KING STREET EAST, TORONTO FOR SALE BY WM. J. NICHOL, Druggist, 170 King St. E. J. A. JOHNSON CO., 171 King St. E.

CANCER Permanent Cure Guaranteed, without knife, X-Ray, Arsenic or Acid; no inconvenience. Write for book. Southern Cancer Sanitarium