THE HOUSEHOLD.

MAY 18, 1887

To keep moths out of drawers, wet a piece of cloth in spirits of turpentine and put in each

To take out scorch caused from using a too hot iron, lay the garment where the bright suffishing will fall directly on it. It will take the scorch entirely out.

corch entirely out. To make furniture look, now, take three parts weet oil and one part spirits of turpentine.

Mix. Rub the dust from the furniture and ap ply the mixture with a flangel cloth.

ply the mixture with a hander doom.

It is a great mistake to iclean brass articles
with acid, as they very soon become dull after
such treatment. Sweet oil and putty powder,
followed by soap and water, is one of the heat
mediums for brightening brass and copper.

Two ounces of soda dissolved in a quart of Two ounces of socia dissolved in a quart of hot water will make a ready and useful solution for cleaning old painted work preparatory to repainting. This mixture, in the above proportion, slould be applied when warm, and the wood work is afterward washed with water to remove all traces of soda.

Tender chickens cooked in the following way Tender chickens cooked in the following way are as good as if they were broiled: Open them in the back, season, and put them in a bakingpan with a little water in it. Turn another pan over it, and bake for an hour and a half or two hours, according to the size. If they are not hours, when nearly done, take off the upper when nearly done, take off the upper parts of the size. bours, according to the size. If they are not brown when nearly done, take off the upper pan. Cut off the neck before nutting in the oven, and b il it along with the giblets in half a pint of water. Take the bones out of the neck, pint of water. Take the nones out of the neck, cut the gizzar i and heart into fine pieces; Mash the liver with a spoon, and add them all, with the water in which they were boiled, to

Rosst chickens are a d-licacy if the chickens are of good quality. Obtain, if possible, chickens with a whole breast bone, truss them chickens with a whole breast bone, truss them neatly, and let them be carefully singed; put celery dressing inside each chicken; the a piece of buttered paper or a slice of button over the breast, and roast in a moderate oven, basting frequently. Time of masting about an hour. That the minutes before they are done remains About ten minutes before they are done remove About tea manters before they are gone remove the paper or bacon and sprinkle them freely with salt. Serve with plain gravy in a boat, not in the dish; garnish with thin slices of bacon rolled up.

APPLE PUDDING .- Pare and quarter ripe. APPLE PUDDING.—Fare and quarter ripe, tart apples; place them in a deep dish, adding a little water; make a crust as you would for biscuit; rell about about an inch thick. Place over the apples and steam an hour. Serve with sauce made of one-third butter, two-thirds sugar, stirred to a cream.

MASHED PARSNIPS .- Boil the parsnips unt'l tender, then strain and mash them very inc. Warm in a stew pan with a little milk, a good piece of butter, pepper and sait; when warm put in the dish in which they are roing to be served, smooth the top nicely, brush over with beaten egg and put in a hot oven to brown.

POTTED SHELMPS .- Shell a quart of shrimps freshly boiled, chop them lightly, then pound them with about two ounces of fresh butter, cayenne, a suspicion of mace, and, just at the last, some finely chopped chives. Serve with hot dry toast.

POTTED HERRING.—Pick the flesh from two cold oiled herrings free from bone and skin, and pound it in a mortar with a little butter, cayenne pepper, salt and atom of mace. Serve as before. Cold smoked sum n or Finnan haddles done in this way, with a dust of curry powder, are excellent.

Mock CAVIERE.—Bone some anchovies, chop them lightly and pound them in a mortar with a little dried parsley, a clove of garlic (shallot is usually strong enough, especially if a piece of garlic has been rubbed once or twice across the mortar), cayenne, salt, a good squeeze of lemon juice and a very few drops of salad oil.

Serve in glass dish with hot dry toast.

CAUS—Pound together to a smooth paste one small onion or shallet (in Russia, the home of this dish, they use a cloue of garlic), four anthis dish, they use a cloud of garner, four anchovies, about the same of cheese, a small piece of butter, one tearp onful of mustind, cayenne and salt to taste. Shape like a tiny cream cheese, and serve like the preciding. Chopped

chives are often used instead of the onion.

General Burters.—Wash and pick carefully two onice of parsley; boil it well, then p und it thoroughly with the same quantity of anchories, washed and boned; rub it through a chories of the same of the sieve, and mix it with four ounces of fresh butter. Serve in a little pot under a lump of ice, with hot crisp teast, or else heaped smoothly on little squares of fried bread with an olive stoned and curled round a fillet of anchory on the top. SAVORY EGGS.—Hard boil two eggs and cut them in two across. Remove the yorks and fill the whites (from the tips of which a but should be cut to let them stand) with a mixture of chopped olives, tongue, an anchovy or two, best-root and some capers; season each with a few drops of best salad cil or a squeeze of lemon, and grate over each the yolk of egg.
Serve on some crisp, dry toast, cut in tiny
squares or c reles. The advantage of the preceding half dozen savories is that they can be

Prepared some time before rerving.

SINCE LAST OCTOBER I have suffered from acute inflammation in my nose and head. For acute innaumation in my nose and head. For a week at a time I could not see. I have used no end of r-medies, also employed a doctor, who said it was impure blocd—but I got no help. I used Ely's Cream Balm on the recommendation of a friend. I was taithless but in a few days was cured. My nose now, and also my eyes, are well. It is wonderful how quick it helped me.-MRS. GEORGIE S. JUDSON, Hartford,

FREE TRADE.

The reduction of internal revenue and the taking off of revenue stamps from Proprietary Medicines, no doubt has largely benefitted the consumers, as well as relieving the burden of home manufacturers. Especially is this the case with Urcen's August Flower and Boschee's German Syrup, as the reduction of thirty six cents per Gozen has been added to increase the size of the bottles containing these remedies, thereby giving one-fitth more medicine in the 75 cent size. The August Flower for Dyspepsia and Liver Complaint, and the German Syrup for Courh and Lung troubles have, perhaps, the largest sales of any medicine in the world The advantage of increased size of the bottles will be creatly appreciated by the sick and afflicted in every town and village in the civilized countries. Sample bottles for 10 cents remain the same size.

A citizen of Sumterville, Fla., set out an scre of strawberry plants two years ago, and from the crop alone has supported his family in com-fort, and spent six months of the year in the

CONSUMPTION CURED.

An old physician, roured from practice, hav-An old physician, retired from practice, having had placed in his hands by an East India missionary the formula of a simple vegetable remedy for the speedy and permanent cure of Consumption, Bronchitis, Cararrh, Asthma and all throst and Lung Affections, also a positive and radical cure for Norvous Debility and all Nervous Complaints, after having tested its wonderful curative powers in thousands of cases, has felting curative powers in thousands of cases, has feltith is duty to make it known to his suffering fellows. Actuated by this motive and a desire to relieve human suffering, I will send free of charge, to all who desire it, this recipe, in German, French or English, with full directions for preparing and using. Sent by mail by addressing with stamp, naming this paper, W. A. Noves, 149 Power's Block, Rochester, N. Y. 39—9sow

Inventor Edison is described in a Florida naventor Edison is described in a florida paper as a smooth-faced man, apparently forty years of age, with a slightly sunburnt face, and wearing dark clothes, white fiannel shirt and a jaunty tie.

The state of the s

NOT ASHAMED OF ENGLISH CRIME. Apparently Mr. De Lisle, the notorious English Catholic M.P. who wanted to have Archibishop Croke tried for high treason by an English jury, thicks that that other great Irish Archbehop—who was "tried and condemned and hanged in England a couple of Coutaries axo endeavored as heat he could to prevent the Irish propers in the House of Comment the Other

the report:

'Mr. Sexton The prop sal to bring Itishmen to trial in England revives the memory of
the Sinted Oliver Pounket, Archbishop of
Armagh. (Loud Irish cheers.) The Irish law Armagh. (Loud Irish cheers.) The drish hiw officer of the Crown of that day saw he could not get a conviction in Ireland, so he brought the Archbishop to London for trial, and the Archbishop pathetically appealed to judges who knew nothing of him not to say him guilty until they were aware of his antecedents. He pleaded for delay until his witnesses and records could be produced by the headed and appealed in for delay until his witnesses and records could (or woman's either) place when the day of be produced, but he pleaded and appealed in [mal reckoning comes, for I should expect to be vain. He was found guilty by a British jury and

wain. He was found guilty by a British jury and was hanged at Tyburn."
"Mr. De Lisle—On the evidence of Insh priests." (Cries of "perjurers" and "traitors" from the Irish benches.)
"Mr. Sexton—On the evidence, Sir, of two unfrocked and diagraced friars who bore the same relations towards the priests of the Irish Church as some Catholics to-day bear to the laity. (Irish cheers.) The great Archbishop of Armagh was taken to Tyburn, was hanging, was cut down slive, was disembowelled before death, was beheated, was drawn and guartered. This was the result of the last trial of an Irishman taken away from Ireland to be tried before

an English jury. (Loud Irish cheers.)"

Mr. De Lisle tried to make it appear that the
Archbishop had a fair trial, and that he was
c indemned on the evidence of men who were, not only his own coun rymen, but his own coreligionists. What sort of trial it was may be judged from the following skeech from the "Crimmal History of the British Empire," a series of papers addressed some years ago to Mr. Gladstone by the editor of the Irish World:—

"The offence charged against Archbishop Plunket was treason. One count was that he 'sought to establish the Romish religion in Ireland.' Here is the closing scene in the

trial:"Clerk of the Crown-Oliver Plunket, hold up thy hand. You of the jury look at the prisoner and hearken to the charge :-"He stands indicted. . . For that he is a false traitor against the most illustrious and most excellent prince, our sovereign lord, Char-

les the Second. Attorney-General—'May it please your lordship, and you, gentlemen of the jury, the character this gentleman bears, as Primate under a foreign and usurped jurisdiction, will be a great inducement to you to give credit to the

evidence."
"Lord Chief Justice (to Archbishop Plunket) - I am sorry to see you persist in the principles of that religion."

"Archbishop Plunket—'They are these principles that God Almighty cannot dispense

"Lord Chief Justice-Well, however, the judgment which we give you is that which the law says and speaks. And therefore you must go from hence to the place from whence you must came—that is, to Newgate; and from thence you saal be drawn through the city of London to Tyburn; there you shall be hanged by the bowels shall be taken out and burnt be-fore your face, your head shall be cut off, and your body be divided into four quarters to be disposed of as his Majesty plasses. And I pray

God to have mercy on your soul.
"Then the keeper tank away his prisoner,

and upon I'riday, the lat of July, he was executed according to his sentence."

In the barbarous "trial" thus conducted and the brutal murder thus perpetrated, the Eng. lish Catholic De Lisle, who has so much to say about "Irish crime and outrage" does not ap pear to see anything very wrong or very much to be aslamed of.—Irish World.

Consumption Surely Cured.

To the Editor-Please inform your readers that I have a posi-

HANDY THINGS TO KNOW.

Here are some figures and rules very handy to know and have at hand, in the mind or on

paper:-A rod is 163 feet or 51 yards. A mile is 320 rods. A mile is 1760 yards. A mile is 5280 feet.

A square foot is 144 square inches. A square yard contains nine square feet. A square rod is 2721 - quare feet. An acre contains 43,560 square feet. An acre contains 4 840 square yards. An acre contains 160 square rods.

A section or square mile contains 640 acres. A quarter section contains 160 acres. An acre is 10 rods wide by 16 rods long.

An acre is about 2083 feet square.

A solid foot contains 1528 solid inches. A pint of water weighs one pound.

A solid foot of water weighs 623 pounds. A gallon (of water) holds 234 solid inches.

A gallon of milk weighs 8 pounds and 10

A pint (of water) holds 27% solid inches

A barrel (31½ gallons) holds ½ solid feet (4,211.)

A solid feet contains nearly 7½ solid pin's (7.48.)

7.48.)
A bushel (struck) contains 2,150 inches.
A bushel (heaping) contains 14 struck A struck bushels contains about 11 solid feet.

A VERY LUCKY CALIFORNIA MER-CHANT.

Two portions of a \$150,000 lottery prize won here. One of them it happened was number

here. One of them it happened was number 66,551 drew the first capital prize of \$150,000 in the March drawing of The Louisiana State Lottery; Joseph Dannenbuum sent for one-tonth of that amount and received his money through the Loudon, Paris and American bank of this city. His firm is well known here and in San Diego and Vallejo, where they have stores. Another holder of a one-tenth received his 315,000 through Wells, Fargo & Co.'s bank of this city, but his name has not transpired .-San Francisco (Cal.) Call, April 6.

IT IS WELL TO REMEMBER That the world deals good-naturedly with

good natured people.

That the brightest lightning comes from the blackest clouds and the purest faith from the

severest trials.

That no character is complete that has not some mental treasures on which it may drawsome mentat treasures on which to may draw during the treachery of fortune.

"That young men are apt to think themselves wise enough, as drunken men are apt to think the mselves sober enough.

That's dishonest man gives no more light to

the world than a tallow candle, and, when he dies he leaves as bad an odor behind him. That we are sowing seeds of tru h or error, of dishobsty or integrity, every day we live and everywhere we go, that will take root in somebody's life. 🔟

A GOOD TEST.

By advertisement it will be seen that the offices and warerooms of the Montreal Furniture Co. have been removed from Craig street to the new factory, 967 St. James street west, where all orders from the trade for the manufacture of furniture and cabinet work of every description will have prompt attention.

What everyone anys must be true, or have some foundation at least, and everyone who has tested it, says that Hagyard's Pretoral Balsam is a prompt and reliable cure for the various throat and lung troubles caused by colds, which are always prevalent at this season of the year.

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LAZY FOLKS

"Poverty is no disgrace," is an old saying, timeworn and honored, and some witty poor fellow has added, "but it is very inconvenient." Yet I am disp sed to consider poverty a disgrace when it proceeds from laziness or shift-lessness.

nake an estimate of all the instances of poverty of which you have knowledge, and if you don't members in the House of Commons the other of which y u have knowledge, and if you don't day from exposing the fiendish infamy of the Archbishop's murder. Here is an extract from or shiftlessness, I shall be disposed to send you my compliments.

When I h ar a man complaining that business is dull, and he can't get anything to do, I always set him down in the book of my rem m brance as a lazy, shiftless do-nothing, who will drift through the world dependent on anybody and everybody who may give him a lift on the way, without doing any good himself, or helping any one clse to do any.
But I wouldn't like to stand in the lazy man's

sent to wo k that would make me sweat, when I had confessed that I had been lazy all my

lifetime.

Besides being inconvenient, to be lazy is a sin. A sin to cut the bread of idleness, for somebody mest work for all that is catea, and he who does not carn the food he eats, must ea what another came, and that is cheating, and

cheating is a in.

A common excuse of the lazy person is that ne has no chance to do anything.

My gracious! No chance!

Look about you and see the worl

about you and see the work constantly wai ing to be done. Haven't we the Divine command, "Whatsoever thy hands first to do, do it with all thy

And wouldn't it be a poor excuse to reader the Creator, when asked if we had obeyed this command, that we couldn't find anything to

For shame, lazy one! Go to work, and let it not be said of you that, having health and strength, you were an idler in the vineyard.

Backward, turn backward, O Time in your flight, Make me a child again, just for to-night,"

is the explanation, in thought, of many a man who has suffered through a long life, from some distressing disease, that he might have cured with a few bottles of medicine like Dr. Pierce's with a few bottles of medicine like Dr. Pierce's "Golden Medical Discovery," which cures all blood and skin disease, as well as consumption or scrofula of the lungs. If he were "a child again," he would know enough to have a bottle of the Discovery "to-night," and in an old age would not implore Father Time to "fly backward" for his special benefit. Hence, "Be wise to-day, 'tis madness to defer." Get a bottle at the nearest denerist. the nearest druggist.

NEW YORK'S SYMPATHY.

New York, May 13.—The twelve members of the Irish Constability who, rather than evict poor tenants, resigned and landed here a few days ago, are happy men to-day. They were found by a reporter hard at work mastering the intreacies of the clothing trade in the London and Liverpool clothing store, at Bowery and Heater store; in the physical paragraphs of the contractions of the clothing trade in the London and Liverpool clothing store, at Bowery and the contractions of the clothing store are stored as Heater street, where they have been engaged as salesmen at \$15 a week, with a guarantee for six months. Bright and early to-day they left the Kenwood House, where they are stopping, and went to work. Mr. Davis, the manager, received them cordially and they were given in charge of a few old salesmen, who ex-plained to them the various fabrics and the qualities and prices of the goods. They were leasted on the second floor and as soon as they are thoroughly posted will be distributed through all the departments. Mr. Davis caid that the men were exceptionally intelligent and apt. They were cordially greeted by their fellow-salesmen. When it became known that the ex-policemen were at work in the store hundreds of people crowded in, expecting to see the twelve stalwarts on exhibition in one of the front windows. They were dissappointed, however, but were sent to the floor on which the men were working, and the recent arrivals showed their ability as salesmen by inducing many of the visitors to depart in brand new suits. "Where's them constabulary men?" asked an old women, "I want to give them a lift." She went away smiling with two suits of clothes for the boys Please inform your readers that I have a positive remedy for the above named disease. By its timely use thousands of hopeless cases have been permanently cured. I shall be glad to send two bottles of my remedy first to any of your readers who have consumption if they will need no hear agrees and P. O. address.

Respectfully,

Respectf

SUDDEN DISAPPEARANCE.

"My face was covered with sores, arising from bad b ood. By the use of three bottles of Burdeck Blood Bitters I was completely cured. R. E. S nclair, of Port Burwell,

A bird's nest found on a roof near the United States Mint in Washington was beautifully lined with gold. The parent bird had carried off gold dust in its feathers and shaken them out in its tiny home.

LIABLE TO HAPPEN.

Sudden attacks of colds, sore throat, croup, swol'en glands, theumatism, neuralgia, and similar troubles, are very liable during the winter and early spring. As a prompt remedy there can nothing excel Yellow Oil. "I never feel safe to be without it," says Mrs. Henry Dubbe of Braidel Ord Dobbs, of Berridale, Ont.

A mid cator used in weaving, which strikes when a thread in a warp breaks, thereby saving the warper from taking out any of the work to find the flaw, is among the newest as well as the most curious applications of electricity.

"It is a Great Public Benefit."-These significant words were used in relation to Dr. Thomas' Electric Oil by a gentleman who had thoroughly resied its merits in his own casehaving then cured by it of lameness of the knee of three or four years' standing. It never fails to remove sorenessas well as lameness.

To REMOVE DANDRUFF. -Take a thimbleful of powdered refined borax, let it disselve in a tea cupful of water; first brush the head well, then wet a brush and appy it to the mixture and then to the head. Do this every day for a week, and twice a week after for two or three times and you will effectually remove the dandruff.

To lessen mortality and stop the inroads of disease, use Northrop & Lyman's Vepetable Discovery and Dyspeptic Core. For all diseases arising from impure Blood, such as Pimples, Bloiches, Biliousness, Indigestion, etc., etc., it has no equal. Mrs. Themas Smith, Elim, writes: "I am using this medicine for dyspepsis. I have tried many remedies, but this is the only one that has done me any good."

DON'T DESPAIR OF RELIEF, if troubled with Chronic Dyspepsia or Constipation. These al-ments, as well as Biliousness, Kidney infirmities, and feminine troubles, are endicated by Northrop & Lyman's Vegetable Discovery and Dyspeptic Cure, an alterative of long tried and clearly proven efficacy. It is a fine blood depurent as well as corrective, and contains no ingredients which are not of the highest standard

Buffalo has a citizen who staggers under the name of "Carbolic O. Maginnis."

Joseph Rusan, Percy, writes:-"1 was in-duced to try Dr. Thomas' Edectric Oil for a lameness which troubled me for three or four years, and I found it the best article I ever tried. It has been a great blessing to me."

Emperor William has given Dr. Von Lauer's his physician, a present of \$75,000 cash. en en afte de de la lateration de la constitución d

[FOR THE POST AND TRUE WIT. VESS.] HEART OF JESUS, FOUNT OF' LOVE,

Sweet heart of Jesus! fount of love!

Most merciful and meek;
As travilers through this "vale of tears," We at thy waters meet.

At this clear fount some are refreshed-Thou hast invited all-The weary, burdened and oppressed,
Who heark n to thy call.

Oft have I dallied near its source, As oft my cup did fill; Tho' thousands daily do the same, It's full and flowing still.

Bless'd Sacrament !- too great for words, Gitt of Thy bounteous store;
"O Lord of Hosts! my King, my God,"
How could st love give more. Sweet Heart of Jesus! fount of love!

Twould be my highest bliss.
To live, to love, to die in Thee— This-this alone my wish. -A. J. M. D. Fort Augustus, P.E.I., May 6, 1887.

OUR MARRIAGEABLE CATHOLIC

GIRLS. We have often been consulted by numbers of our young la 'y friends (we are proud to claim them as our most stannel supports) says Father Grooin in the Buffato Union, as to the most prudent method of selecting a partner for life and requesting us to point out some rules by particular method of selecting a partner for life and requesting us to point out some rules by which they may guide themselves in taking this most important step. As we dread incurring the displeasure of our fair friends, by leaving this matter undiccussed, we will hesitate no longer but plunge boldly in. We hope that our words of counsel will put an end to the vacilating of counsel will put an end to the vacilating of counsel. lating of many a young lady who by the coquetry has kept some poer youth in a state of uncertainty and almost driven him to the horrors of dispair. Car Catholic girls we will sup-

"Standing with reductant feet
Where the brook and river meet,
Worn inhead and childhood fleet!"
They have left the tender care of the good

sisters, who for yours, by wise precepts and good example, have been fortifying them for good example, have been fortifying them for the future when they must accept the cares of life. They now enter the world; some so favored by fortune that their chief duty will consist in brightening the homes of fend parents who tenderly nourished them in their young years, Others go travely forth in the battle of life and parkens here the pariette of life and perhaps become the mainstay of their home, or, as we have often seen, become sec nd mother" to little orphan brothers and sisters, the roby drawing down heaven's blessing on them. But we must not linger over those Or them. But we must not linger over those beaut ful pictures of fillal picty and develop but pass on some few years to the time when the young girl resolves to go from the home thresh-hold and take a decisive step as to her future career.

We know they do not all marry. Some of the choicest flowers in the garden of youth and in-noceace voluntarily bid good by to the allurements of the world and choose the religious sta e. We point with pride to the thousands of gentle souls, whose hearts and minds are con-secrated solely to the service of their Master, and congratulate those of our young ladyfriends, who have chosen "the better part." However, for most of our fair readers marriage is the thing; most as we know are destined to become wives, and all these are thinking the one thing—"What sort of a man shall I marry ?"

Deny it, girls if you dare ; that is just what you are thinking of—the whole bevy of you.

Then if a young man of the right description singles anyone of you out as the girl he will choose for his partner through life, the Union advises you to cease doubting, nor fear to join your fortune with his.

Even if adversity should come, and it does come to your a young could have nind. come to many a young couple, never mind; with God's help and strong in each other's affection, you will be sure to overcome it in time. Do your best both of you, aiding each other by mutual good example and forbearance, with love galore and all the blessings which that implies. These are the Easter blessings the Union wishes its young triends of the marrying order.

THE BODY AND ITS HEALTH.

just before going to bed, as any danger of catching cold is thus avoided, and the comp.ex:on is improved by keeping warm for several hours after leaving the bath. A couple of pounds of bean put into a thin bag and then in the bath tub is excellent for softening the skin, it should be left to soak in a small quantity of water several hours before being used. The internal aims Da clear complexion are most of them well known, and the present reason is the best for a thorough cleansing and purifying of the blood. Top old-fashioned remedy of sulphur and molas-es is considered the best. Clarcoal powdered and taken with water is said to be exc-lient, but it is most difficult to take. A strictly vegetable and fruit diet is followed by many for one or two weeks.—London Lancel.

BRIGHT'S DISEASE INCREASING. -So many obituary notices of the day contain the phrase. "Bright's disease," that the general impression is that the majority is more common than in former years. is more common than in former years. Recent statistics would appear to justify this belief. In 1871, according to the New York Bureau of Vital Statistics, Bright's disease was seventh in order of fatality. In 1885 it ranked fifth. Laborers are most subject to the disease, female domestics come next, clerks, salesmen, merchan a and housekeepers follow. These furnish one tenth of the victims. They are distributed with the appeal in incidence are now the buted with no special significance among the other occupations. In sex the males are in exces of the emules, and three quarters of all the deaths occur between 25 and 65. The foreign born population supply nearly twice as many cases as the native born Dr. John T. Nagle, Deputy Regis rar of Vital Statistics, says dampness is a promisent cause of it. Infectious diseases or anything that inflames the kidneys, are causes direct or remote. It often accompames heart disease. Albaminaria do not al-ways indicate the disease.—Pittsbury Commer-

How to Preserve the Hair, —A good supply of oxygen is necessary for the healthy growth of the hair; the hair should be well aired. The hat has made sad havor with many a caput. Endeavor to go be reheaded as often as possible. When walking, lift the hat from off the head frequently, and, if the sun is not too strong, hold the hat in your hand a while. The bluecoat schoolboys, formerly of Christ Church, London, who wear the costume of Edward VI., go bare-headed the year round. They wear no hats in the coldest days of winter. They are remark-ably healthy, and have a redundant crop of hair, which hasts them a lifetime. If we must wear a hat let it be light in texture and well ventilated Henry M. Stanley, the explorer, takes souff from the top. One reason that women keep when travelling in very hot regions. He says that it helps to preserve his eyesight. gear allows of better ventilation. Business men sometimes wear their hats in their office, or have a special hat which they put on. This is very injurious. The brokers of Wall street are noted for wearing their bats indoors as well as outdoors. They are notorious for having bald heads. This may account for it. When the head is well shorn of its locks this does not apply.—N. X. Medical Journal.

> Free and easy expectoration immediately relieves and frees the throat and lungs from viscid phlegm, and a medicine that promotes this is the best medicine to use for coughs, colds, inflammation of the lungs and all affections of the throat and chest. This is precisely what Bickle's Anti-Consumptive Syrup is a specific for, and whoever used it has given unbounded satisfaction. Children like it because it is pleasant, adults like it because it relieves and cures the

A Kentucky candidate for school director was elected because his opponent spelled horse with an "r." an hang shall hit have

togade of a few law, was not smaller and a set of the language.

that we see a suff to partitioners have to have

More Facts.

Sterling, Ill., August 22, 1885. cess of Hop Bitters. Their sale is thribble that of any other article of medicine. Hence we feel it but justice to you and your Bitters to say that it is a medicine of real merit and virtue, and doing much good and effecting great current. and doing much good and effecting great cures Yours, J. F. & H. B. UTLEY.

HAVESVILLE, OHIO, Feb. 11, 1886. I am very glad to say I have tried Hop Bitters, and I never took anything that did me as much, good. I only took two bottles and I would not take \$100 for the good they did me. I recommend them to my patients, and get the best of results from their use.

C. B. MERDER, M.D.

New Haven, Conn., Sept. 15, 1885. We take pleasure in giving you a notice and a nice, strong one, as it (Hop Bitters) deserves it. We use it, and we know it deserves it.— The Register.

GREENWICH, Feb. 11, 1886.

Hor Bitters Co.: Sus-I was given up by the doctors to die of scrofula consumption. Two bottles of your Bitters cured me. They are having a large sale

GREENWICH, N.Y., Feb. 12, 1885. Hop Bitters are the most valuable medicine I ever knew. I should not have any mother now

but for them. HENRY KNAPP. LONE JACK, Mo., Sept 14, 1885.

I have been using Hop Bitters, and have re-ceived great benefit from them for liver com-plaint and malarial fever. They are superior to

LEROY BREWER.

all other medicines. P. M. BARNES,

Карамагоо, Місн., Есь. 2, 1886.

HOP BITTERS MEG. CO.: I know Hop Bitters will bear recommendation ionestly. All who use them confer upon then the highest encomiums and give them credit for making cures—all the proprietors claim for them. I have kept them since they were first offered to the public. They took high rank from the first. and maintained it, and are more called for that all others combined. So long as they keep up their high reputation for purity and usefulness I shall continue to recommend them—something I have never done before with any patent medi-cine, J. J. BABCOCK

Physician and Druggist.

Канока, Мо , Гев. 9, 1886. I purchased five bottles of your Hop Bitter of Bishop & Co. last fall, for my daughter, and am well pleased with the Bitters. They did her more good than all the medicine she has taken for six years.

WM. T. McCLURE The above is from a very reliable farmer, whose daughter was in poor health for seven or eight years, and could obtain no relief until shoused Hop Bitters. She is now in as good health as any person in this country. We have large with their and their seconds.

sales, and they are making remarkable cures. W 4. BISHOP & CO.

WORDS OF WARNING. FATHER T. J. CONATY OF BOSTON APPRALS TO THE

MEN WHO LAHOR.

In the Catholic World for May this distinguished and indefatig the apostle of temperance speaks as follows: Who support the saloons? Certainly not the wealthy classes; they colden. seldom enter any establishment that may be called by that name. It is the poor foolish workingman who al-lows hunself to be bled that the liquor traffic may live. In one of our factory cities in Massachusetts, with 15,000 operatives, there are 375 public saloons, or one in every 40, to say, 40 working people are supposed That is to sup-THE BEST TIME TO BATHE.—It is best to bathe port a saloon. When you consider that out of ust before going to bed, as any danger of these 15,000 operatives there must be several thousands who never use liquor, you can readily see how heavy this blood tax is upon the classes that drink. And we can also see why so many are in misery and degradation, perfect strangers

to happiness, contentment or independence, always paying rent and always in dobt.

Workingmen, open your eyes! Protect your labor, save your carnings. You are in a great contest for your rights; you need clear heads; you need manhood, which teaches to make the most of every day, which enables you to earn and to enjoy. Labor is the badge of manhood. Labor is the noblest title in America. It is the key to American success. Intemperance has already swept out of life more than war and famine have destroyed. Its scythe is still deep in the harvest. Men are still falling beneath it. Be men. Break off every chain of slavery. Protect your labor from the tyranny of drink. If you are going to be Knights of Labor and struggle for your rights, be also knights of temperance. Preserve the powers given by God to enable you to labor and to earn, and, when you have earned, to pur-chase happiness, comfort and independence, and not misery, misfortune and slavery, for these are the fruits of intemperance. Labor has too noble a mission to be allowed to become handmaid of intemperance.

Holloway's Pills .- Nervousness and want of Energy.—When first the nerves feel unstrung, and listness supplants evergy, the time has come to take some such alterative as Hollowsy's Pills to restrain a disorder from developing itself into a disease. These excellent Pills correct all irregularities and weaknesses. They act so kindly, yet so energetically on the functions of digention and assimilation that the whole body is revived, the blood rendered richer and purer, while the muscles become firmer and stronger, and the nervous and absorbent systems are invigorated. These Pills are suitable for all classes and ages. They have a most marvellous effect on persons who are out of condition; they to the body and confidence to the mind.

The captive balloon proposed by M. G. You for the French Exhibition in 1889 will have the for the French Exhibition in 1889 will have the enormous volume of 60,000 cubic meters. The maximum altitude for the ascensions will be 1000 meters, and it will be possible to take 100 passengers, a winding engine of 600 horse-power being employed. In the construction of this balloon, the following point is of some interest:—The surface of the balloon must always be tight, in order to prevent the damage which otherwish a strong wind might cause. To preserve tightness, notwithstanding variations in serve tightness, notwithstanding variations in temperature, another small balloon is placed inside the large one, and the volume of this small balloon, which is filled with atmospheric air, can be increased or diminished by pumping m or exhausting air by means of an air-pump worked by an electric motor in the car, the cur rent being supplied by a twin cable from a dynamo on the ground.

If your children are troubled with worms, give them Mother Graves' Worm Exterminator; safe, sure and effectual. Try it, and mark the improvement in your child.

Wife (reading the paper)—Hero is an account of a man in Iowa who sold his wife for seventy-five dollars. Isn't it dreadful? Husband is to be run over thoughtfully)—Well, I durno. Seventy-five railroad iron.

A STATE OF THE STATE OF THE STATE OF

[FOR "THE TRUE WITNESS."]

IRELAND'S ANTI-EVICTION ENVOY. Whence those vague assumed alerms, That abroad and here are felt? Why are flunkeys up in arms

Gainst our best and noblest Celt? Still must true men-freemen fear Ruffian misdeeds to expose? Must we stell, perchance, revere Crune because it wears fine clothes?

Kings and queens are, in this age, Spite their 'hedging in,' but myths! Men now guage them as they guage Simple, plebeing Browns and Smiths.

Why, then, should their henchmen claim More excuptions still than they?
Why should tyrant Lansdowne's name
Be more sacred held, I pray?

Man himself's the guinea stamp,
Not his senseless 'blue-blood' prate!
Bluer blood may grace the tramp
Than is found with titled state!

Thus, a spade is still a spade-Royal Neros, royal brutes, And that brutes of viceroy grade May exist, too, who disputes?

What else but a brute is he Who, like Lansdowne, prides in strife, Mocks distress and gloats to see Scenes would beggar cowboy life?

Neither age nor sex he spares-Ruin and misery mark his path! Eleeding Luggacurrar bears Direful tokens of his wrath!

Helpless wemen—children nude On the highways rudely cast— Stripped of shelter, are and food, Chilled by each recurring blast!

Vain their looks for mercy suc-Looks would make e'en stones relent! But a Lansdowne's heart ne'er knew What sweet, gentle mercy meant !

There, behold his mercy, there ! In those charred, dismantled walls-In you din of wild despair

That humanity appals! In those poer old outcasts, borne Down with weight of years and woes, From their childhood's thatches torn

'Midst the jeers of rack-rent foes. Hail, then, to our patriot guest!
To humanity's bold knight,
To the friend of all oppressed, Peerless champion of the right!

Hail! the fearless tongue and pen-That have fixed the Castle's shame, That have, in its godless den,
Deeds unearthed too gross to name.

That by Luggacurran's cause
Here come pledged to stand or fall,
Trampling those who trample laws
Dear to Ireland—dear to all!

WILLIAM O'BRIEN IN NEW YORK.

The following is the text of the address presonted to Mr. William O'Brien by representatives of Irish societies, on board the Umbria, on her arival in New York harbor yesterday ;-

DEARSIB,-On behalf of the Irish American people of our great city we well me you heartily and cordially to Now York. You are no stranger in a strange land, for beyond the brief period of your former stay in this country you have found lodgment in our hearts, and we welcome you again and again. We honor you for the years of service which have made your name a household word, for, wherever the exiled chil-dren of our race dwell, there is the name of

William O'Brien revered and respected. When five years ago you went down to Mallow, your native town, to stand as the Nationalist candidate, your success caused dismay to tre'and's enemies, and gave a death blow to the rotten borough system, so well adapted to the

ne-dy placemen who are ever ready to placate power and worship the golden calf. It is not necessary to follow the record of your Parliamentary career. In the light of the splendid services of the trish party no better cul-gium is required than to say you performed edigitin is required than to say you performed your whole duty, disregarding every consideration of health and looking to Ireland's welfare alone. But perhaps the highest claim you have on our affections is your position as editor of United Ireland. In the dericest hours of almost hopeless despair the clarion voice of Ireland's greatest journal rang out in thunder tones sentiments that made the enomies of the usuale writhe 'ment than has of

enemies of the people writhe 'neath the lash of one who never knew fear! The jury packer paused in his foul work, par-tisan judges and every tool of tyranny cowered under the exposure that brought their infamy to light. Oppression and a free press cannot coexist and the fiatwent forth that United Ireland must be suppressed and its editor imprisoned. In vain doth the heathen rage, and so with re-newed vigor you carried on the warfare and tore the mask from the unspeakable orgies of the Castle.

Moral and political corruption go hand in

Moral and political corruption go hand in hand, so when, in God's providence, Ireland shall gain the inestimable boon of self-government a grateful people will not forget your services in ridding them of a cancerous plague that has cursed Dublin for years.

And now, sir, to conclusion, we trust the mission on which you are engaged will be eminently successful. In it you have our hearty support, and we wish you God speed in your endeavor to save the neoule of Ireland from the endeavor to save the people of Ireland from the sentences of death to which alien landlordism

would gladly consign them.
Thanks to the National League, to the indomitable spirit of our people in Ireland and to the moral and material aid they obtain here and elsewhere, the battle is progressing gloriously and onens of certain victory in the coming time are clear to every discerning mind. We much mistake our brethern in Canada if you much mistake our brethern in Canada if you do not receive from them a genuine Irish welcome. Already the action of the sympathizers of representative Canadians through their Parliament has been heard and they have spoken with no uncertain words. This warrants us in expecting a renewal of the cordial and sincers expressions of moral support and such evident acts of friendship as will give an exmest of their freedly feeling to the cause your represent.

friendly feeling to the cause you represent.

This we do know, you have the kindest wishes of the Irish-Americans of New York, and we trust that you will ever retain pleasant memories

of them. You can assure Mr. Parnell and his colleagues of our fullest confidence in them, and our deter mination to continue the struggle until the end shall crown the work in the restoration to Ireland of self-government and the freedom which we Americans justly regard as our dearest and most sacred possession.

Ill-fitting boots and shoes cause corns. Holloway's Corn Cure is the article to use. Get a bottle at once and cure your corns.

PROMPT ACTIONA

THE CUNARD LINE THREATENED WITH BOYCOTT. Dublin, May 12.-At a meeting of the Nationalists at Limerick to-day, the vice-president, Mr. O'Shea, proposed that the Irish boycott the Cunard Line if it should be proved the Umbria's captain was implicated in the action of the English mob in insulting Mr. O'Brien.

The only thing which will cure a girl who wants to go on the stage and become an actress is to be run over by a freight train loaded with

THERE IS NO ONE ARTICLE IN THE LINE OF medicines that gives so large a return for the money as a good porous strengthening plaster, such as Carter's Smart Weed and Belladonna Backuche Plasters.

Editor (to new reporter)—It is evident from this item that you have had very little experience in newspaper work. Reporter—What does it say, sir? "You speak of heavy weights in the coal business—comething absolutely unknown."

Committee the some way