

And my conclusion was confirmed by that saying of Jesus: 'The words that I speak unto you, they are spirit and they are life.' I further discovered that 'eating his flesh and drinking his blood' was synonymous with 'believing on him,' for to both he attaches the same result. Thus, 'he that believeth on me hath everlasting life,' and 'whoso eateth my flesh and drinketh my blood hath eternal life.' The Revelator represents Christ as saying, 'Behold I stand at the door and knock: if any man hear my voice, and open the door, I will come in to him, and will sup with him, and he with me.' Paul explains this by saying, 'That Christ may dwell in your hearts by faith.' Again: 'Christ liveth in me, and the life which I now live in the flesh I live by the faith of the son of God, who loved me and gave himself for me.' I saw, too, that this saving faith is the most simple, and yet the most mighty, thing known upon earth. For Christ said to Nicodemus, 'And as Moses lifted up the serpent in the wilderness,' so that the dying Hebrews, simply looking upon it, might be healed—an historic event which Nicodemus well understood—even so must the Son of man be lifted up, and whosoever believeth in him,' or looketh unto him, though from the uttermost parts of the earth, 'should not perish, but have eternal life.'