

# GET 100% FOR YOUR MONEY.

If you paid \$1 for a can of milk and proved it to be three-quarters water, would you be satisfied?

If you paid the price for a silk sweater coat and found it nine-tenths cotton, wouldn't you complain?

The makers of Zam-Buk believe you should buy your medicine as critically and carefully as you buy food and clothing. When you buy Zam-Buk you get a remedy that is 100% medicine—not a small proportion medicine and the balance animal fat! See the advantage?

Again, animal fats won't keep for very long; yet how often do you need to use a whole box of ointment right away? Zam-Buk's absolute freedom from animal fat prevents its turning rancid. It will keep for months and yet retain all its medicinal powers.

These are but two of the many reasons why Zam-Buk is the most widely used balm. It has been proved best for all sores, eczema, bad legs, ulcers, abscesses, scalp sores, boils, pimples, ringworm, blood-poisoning, piles, burns, scalds, cuts, stiff neck and rheumatism. 50c. box, 3 for \$1.25. All dealers or Zam-Buk Co., Toronto. Send this advertisement and 1c. stamp (for return postage) and FREE TRIAL BOX will be sent you.

## Zam-Buk



## As the sun of life sinks toward the west

Life has been said to consist of a constant succession of breakdowns and repairs. In old age, the former predominate. The body machine is more or less worn out. Digestion is less perfect, elimination of waste is increased in quantity, but reduced in efficiency.

Hence, constipation is particularly pernicious. Constipation means more than mere failure of the bowels to move regularly and thoroughly. It means stagnation of the contents of the intestine, increased fermentation, putrefaction and germ action, the production of irritating and poisonous substances, that are absorbed into the blood and carried all over the body.

This is always serious—in old age it is especially dangerous.

Constipation cannot be cured by drugs at any age. It is especially harmful to an aged person to use pills, salts, and similar strong purges in order to force the bowels to act.

But the Nujol Treatment for Constipation is not only safe, it is in every way efficient.

Nujol is not a drug, does not act like any drug. Nujol helps nature to re-establish easy, soft, thorough bowel evacuation—as "regular as clockwork."

Nujol softens and keeps perfectly moist the intestinal waste.

Nujol makes it easy for the intestinal muscles to act, and prevents them from overwork.

Nujol absorbs poisons and carries them out of the body.

Get Nujol from your druggist and take it according to directions.

**Warning:** Nujol is sold only in sealed bottles bearing the Nujol Trade Mark. Insist on Nujol. You may suffer from substitutes.

Send for Samples of Literature

CHARLES GYDE & SON

P.O. Box 875, Montreal

CANADIAN SELLING AGENTS FOR

Nujol Laboratories

STANDARD OIL CO. (NEW JERSEY)

NEW YORK CITY

"Regular as  
Clockwork"



## HIRST'S PAIN EXTERMINATOR

**Stops the Pain—and acts quickly**

Rheumatism, lumbago, neuralgia, sprains, lame back, toothache, earache, sore throat, swollen joints and all similar troubles are quickly relieved by Hirst's Pain Exterminator. It has been sold for 40 years and should be in every household—has a hundred uses.

All dealers or write us.  
HIRST REMEDY COMPANY, Hamilton, Canada

## NEWS

**LIEUT. RANKIN WOUNDED.**—Today's official casualty list includes among those wounded the name of Lieut. J. Rankin of this city.

**DONATIONS TO RELIEF FUND.**—The London Branch of the S. A. C. gratefully acknowledges the donations to the relief fund: Bethel War Workers, Walkers P. O., \$10; Patriotic League, Florence, \$20; Thorncliffe Women's Institute, \$20.

**BLACK DYES IN DEMAND.**—The dyers and cleaners of this city report that in the last two days they have had large numbers of suits left at their places of business to be dyed black, which goes to show that an alarming rate of deaths are occurring in this vicinity.

**CHURCHES INCLUDED.**—The secretary of the Ministerial Alliance, after consultation with E. H. Russell, chairman of the board of health, would require the churches and church people of the city that the interpretation of the order of the board of health in that all public gatherings in churches should be cancelled until permission be granted by the board of health.

**MANY SERIOUSLY ILL.**—Mrs. Percy Strong of Edward street this city, is seriously ill at her home with pneumonia. Many such cases are being found throughout the city. Mrs. A. McFargar of Tecumseh avenue, also is seriously ill with Spanish influenza. Salesmen for different firms report that in every second house a case of sickness is encountered. The doctors usually point to Spanish influenza.

### MEDICAL STUDENT DIES FROM PNEUMONIA; HAD UNDERGONE OPERATION

Archibald McLarty Had Been Acting As House Surgeon in Victoria Hospital.

Archibald McLarty, son of Mr. and Mrs. McLarty of Wardville, and one of the most popular of the fifth year medical students, died at Victoria Hospital at 11:30 o'clock Monday night from pneumonia, which developed following a recent operation. He had been acting as house surgeon in Joseph's Hospital for about one year, and had spent considerable time in the same capacity in Victoria Hospital. He was beloved of all the boys in his class, and was a well known and popular member of the Victoria Hospital football team. He was president of the fourth year class, and it was said by one of his fellow students that he was "the best student in the whole class."

In London he leaves a wide circle of friends by his relatives live in the district of Wardville. Mr. McLarty was to have graduated this coming June, and it was his ambition to have a good overseas at the first possible chance.

### PROVINCIAL SECRETARY URGES ENLISTMENT OF VOLUNTEER NURSES NOW

Confirms Appointment of Mrs. J. B. McKillop For London.

Mrs. J. B. McKillop has today received a telegram from Hon. W. D. McPherson, provincial secretary, the president of the newly-organized Ontario Emergency Volunteer Auxiliary, confirming her appointment as vice-president for London, and asking her to take steps toward local organization at once, to enlist voluntary nurses to cope with the prevailing influenza epidemic. It is suggested that she confer with the mayor and board of health, and lectures being given today and tomorrow in Toronto to volunteers for direction in their work of nursing. The influenza sufferers will be telegraphed to London for the use of recruits here. The volunteers are to be given a badge bearing the name of the association and the letters, S. O. S. (Sisters of Service).

### AMATEUR NURSES BADLY NEEDED, BUT ARE SLOW IN OFFERING SERVICES

Appeals for assistance to help fight the influenza epidemic are heard on every hand. Practically the whole staff of the Children's Shelter in South London is down with the disease. At the board of trade luncheon volunteered to assist in the fight up to noon. There were numerous calls for assistance, however.

Many of the large offices of the city are completely tied up because the members of the staff are laid up. Manager J. W. Clark of the Prudential Life Assurance Company, was holding today, all members of his staff being laid up.

### WEDDING BELLS

**HOUSTON-PERRY.**

The marriage took place on Monday of Miss Margery Mae Perry, daughter of Mr. and Mrs. George E. Perry, Burwell street, to W. Laird Houston of the Canadian Bank of Commerce, Tremont street, by Rev. W. R. Mcintosh of the King Street Presbyterian Church officiating.

The bride looked charming in a gown of ivory satin with fur trimmings. She was attended by her sister, Miss Jean, and little Miss Peggy Shannon was flower girl. C. R. Brown of Toronto supported the groom. Miss Dorothy Wilson of Plattville, cousin of the bride, played the wedding march. During the signing of the register, Miss Mayme Patterson sang "O Promise Me." Following a buffet luncheon, Mr. and Mrs. Houston left for the west, the bride traveling in a suit of green broad cloth with hat to match. They will visit in Fort Frances and Winnipeg before taking up their residence in Tremont.

### DEATHS AND FUNERALS

**DEATH OF SYDNEY GARLEY.**—Sydney Garley, son of John Garley, died this morning at his home, 164 Adelaide street. He contracted Spanish influenza. He will be buried on Thursday. Funeral arrangements will be made later.

### DEATH OF MRS. YOUNG.

The death of Mrs. Sophia Young occurred at her home, 973 Elias street, yesterday from pneumonia, resulting from the contraction of Spanish influenza. Mrs. Young is the wife of Pte. Charles Young of Wolseley Barracks.

### MILITARY NOTES

**GO TO TANK BATTALION.**—The following appointments to the 2nd Tank Battalion were published in orders today: To be major, Major N. K. Cameron, from 63rd Battery. To be captain, F. B. Scullard (24th Regiment). To be lieutenant, Lieut. H. Tennant, Lieut. W. J. Brownridge, Lieut. J. N. Cantin and Lieut. I. B. Cassidy.

**TAKEN ON STRENGTH.**—The following officers have been taken on the strength of the C.E.F. in Canada, having returned from overseas: N. Slater M. Macintosh, Capt. N. Amoy, Capt. G. W. McIntyre, Lieut. E. A. Dryden, Lieut. D. L. MacDougall, N. Slater M. B. Hanna.

**GOES TO HOSPITAL.**—Capt. George Banton, M.C., is transferred to the London Military Convalescent Hospital from October 5, from the A. D. M. S. staff.

**CHURCHES IN ANNUAL RALLY.**—A large crowd of 14-15-16-17-18-19-20-21-22-23-24-25-26-27-28-29-30-31-32-33-34-35-36-37-38-39-40-41-42-43-44-45-46-47-48-49-50-51-52-53-54-55-56-57-58-59-60-61-62-63-64-65-66-67-68-69-70-71-72-73-74-75-76-77-78-79-80-81-82-83-84-85-86-87-88-89-90-91-92-93-94-95-96-97-98-99-100-101-102-103-104-105-106-107-108-109-110-111-112-113-114-115-116-117-118-119-120-121-122-123-124-125-126-127-128-129-130-131-132-133-134-135-136-137-138-139-140-141-142-143-144-145-146-147-148-149-150-151-152-153-154-155-156-157-158-159-160-161-162-163-164-165-166-167-168-169-170-171-172-173-174-175-176-177-178-179-180-181-182-183-184-185-186-187-188-189-190-191-192-193-194-195-196-197-198-199-200-201-202-203-204-205-206-207-208-209-210-211-212-213-214-215-216-217-218-219-220-221-222-223-224-225-226-227-228-229-230-231-232-233-234-235-236-237-238-239-240-241-242-243-244-245-246-247-248-249-250-251-252-253-254-255-256-257-258-259-260-261-262-263-264-265-266-267-268-269-270-271-272-273-274-275-276-277-278-279-280-281-282-283-284-285-286-287-288-289-290-291-292-293-294-295-296-297-298-299-300-301-302-303-304-305-306-307-308-309-310-311-312-313-314-315-316-317-318-319-320-321-322-323-324-325-326-327-328-329-330-331-332-333-334-335-336-337-338-339-340-341-342-343-344-345-346-347-348-349-350-351-352-353-354-355-356-357-358-359-360-361-362-363-364-365-366-367-368-369-370-371-372-373-374-375-376-377-378-379-380-381-382-383-384-385-386-387-388-389-390-391-392-393-394-395-396-397-398-399-400-401-402-403-404-405-406-407-408-409-410-411-412-413-414-415-416-417-418-419-420-421-422-423-424-425-426-427-428-429-430-431-432-433-434-435-436-437-438-439-440-441-442-443-444-445-446-447-448-449-450-451-452-453-454-455-456-457-458-459-460-461-462-463-464-465-466-467-468-469-470-471-472-473-474-475-476-477-478-479-480-481-482-483-484-485-486-487-488-489-490-491-492-493-494-495-496-497-498-499-500-501-502-503-504-505-506-507-508-509-510-511-512-513-514-515-516-517-518-519-520-521-522-523-524-525-526-527-528-529-530-531-532-533-534-535-536-537-538-539-540-541-542-543-544-545-546-547-548-549-550-551-552-553-554-555-556-557-558-559-560-561-562-563-564-565-566-567-568-569-570-571-572-573-574-575-576-577-578-579-580-581-582-583-584-585-586-587-588-589-590-591-592-593-594-595-596-597-598-599-600-601-602-603-604-605-606-607-608-609-610-611-612-613-614-615-616-617-618-619-620-621-622-623-624-625-626-627-628-629-630-631-632-633-634-635-636-637-638-639-640-641-642-643-644-645-646-647-648-649-650-651-652-653-654-655-656-657-658-659-660-661-662-663-664-665-666-667-668-669-670-671-672-673-674-675-676-677-678-679-680-681-682-683-684-685-686-687-688-689-690-691-692-693-694-695-696-697-698-699-700-701-702-703-704-705-706-707-708-709-710-711-712-713-714-715-716-717-718-719-720-721-722-723-724-725-726-727-728-729-730-731-732-733-734-735-736-737-738-739-740-741-742-743-744-745-746-747-748-749-750-751-752-753-754-755-756-757-758-759-760-761-762-763-764-765-766-767-768-769-770-771-772-773-774-775-776-777-778-779-780-781-782-783-784-785-786-787-788-789-790-791-792-793-794-795-796-797-798-799-800-801-802-803-804-805-806-807-808-809-810-811-812-813-814-815-816-817-818-819-820-821-822-823-824-825-826-827-828-829-830-831-832-833-834-835-836-837-838-839-840-841-842-843-844-845-846-847-848-849-850-851-852-853-854-855-856-857-858-859-860-861-862-863-864-865-866-867-868-869-870-871-872-873-874-875-876-877-878-879-880-881-882-883-884-885-886-887-888-889-890-891-892-893-894-895-896-897-898-899-900-901-902-903-904-905-906-907-908-909-910-911-912-913-914-915-916-917-918-919-920-921-922-923-924-925-926-927-928-929-930-931-932-933-934-935-936-937-938-939-940-941-942-943-944-945-946-947-948-949-950-951-952-953-954-955-956-957-958-959-960-961-962-963-964-965-966-967-968-969-970-971-972-973-974-975-976-977-978-979-980-981-982-983-984-985-986-987-988-989-990-991-992-993-994-995-996-997-998-999-1000-1001-1002-1003-1004-1005-1006-1007-1008-1009-1010-1011-1012-1013-1014-1015-1016-1017-1018-1019-1020-1021-1022-1023-1024-1025-1026-1027-1028-1029-1030-1031-1032-1033-1034-1035-1036-1037-1038-1039-1040-1041-1042-1043-1044-1045-1046-1047-1048-1049-1050-1051-1052-1053-1054-1055-1056-1057-1058-1059-1060-1061-1062-1063-1064-1065-1066-1067-1068-1069-1070-1071-1072-1073-1074-1075-1076-1077-1078-1079-1080-1081-1082-1083-1084-1085-1086-1087-1088-1089-1090-1091-1092-1093-1094-1095-1096-1097-1098-1099-1100-1101-1102-1103-1104-1105-1106-1107-1108-1109-1110-1111-1112-1113-1114-1115-1116-1117-1118-1119-1120-1121-1122-1123-1124-1125-1126-1127-1128-1129-1130-1131-1132-1133-1134-1135-1136-1137-1138-1139-1140-1141-1142-1143-1144-1145-1146-1147-1148-1149-1150-1151-1152-1153-1154-1155-1156-1157-1158-1159-1160-1161-1162-1163-1164-1165-1166-1167-1168-1169-1170-1171-1172-1173-1174-1175-1176-1177-1178-1179-1180-1181-1182-1183-1184-1185-1186-1187-1188-1189-1190-1191-1192-1193-1194-1195-1196-1197-1198-1199-1200-1201-1202-1203-1204-1205-1206-1207-1208-1209-1210-1211-1212-1213-1214-1215-1216-1217-1218-1219-1220-1221-1222-1223-1224-1225-1226-1227-12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