

they really are. They will even be tempted to spurt so as to pass you soon, and you can allow them to almost come up to you. Then sprint for all you are worth. Jump right away. The man or men who have been coming up will be in rather a quandary. They will have probably taken something out of themselves in their efforts to catch you, and if now called upon to follow you in a fast sprint, will not be too confident about the result. Behind them. For if they let you go on you may put a winning distance between you, and if they accept your challenge they may have to sprint not only fast but far with the results that they will be in baking themselves into a nice pie for the scratch men to come along and eat.

Of course, in every instance it will to a certain extent, be a match between your brains (physical condition) and the other fellows'. You may not have a 100 yards sprint in you at the exact moment you want it and you may perhaps be able to sprint even 200 or 300 yards without distressing yourself overmuch. Whichever way you are situated, you must try and convince the other men to the contrary.

DISGUISE YOUR POWERS

You can deceive them as to your actual condition by setting off on your periodical or occasional sprint seemingly frantic or in a contemptuously triumphant fast. They may, in the first case, accept your challenge, you can then take it out of them; or in the other instance they may allow you to go on and back yourself up, possibly put up such a lead as will enable you to take a long "easy" and recover.

Power will depend on the skill in which you have adapted both your strategy and tactics to the situation.

Never really give in as long as you have any chance, and above all don't allow yourself any fancy you are in this predicament until the tiresome knowledge