

# Sick Room Supplies

We have a large and well assorted stock of

ABDOMINAL BELTS,  
INVALID CHAIRS, RUBBER  
GOODS, TRUSSES  
Crutches, Hearing Horns

**The J. F. Hartz Co.**

LIMITED

Physicians' Supplies

No. 2 Richmond St. East

Confederation Life Bldg.

TORONTO

THE  
BEST TEAMS  
USE  
THE BEST GOODS  
ONLY.

SPALDING J. 5  
FOOTBALLS  
ARE  
THE  
BEST.



HARRY  
H.  
LOVE

189 Yonge St.

TORONTO



"CASEY"  
WILLIAMS'  
SUSPENSORIES

THE BEST ATHLETIC  
OUTFITTERS  
IN  
CANADA

Shredded  
Wheat

Received the Endorsation  
of Physicians]

"I most cheerfully endorse the Cereal Food (Shredded Wheat Biscuit) as a healthy and highly nutritious food. It is specially adapted for those suffering from weak indigestion, as it is easily digested and assimilated, even by those who are not able to digest other cereal foods." W. Carey Allen, M.D., Colorado Springs, Col.

Drop it postal for our book of Food and Facts and Food Values, containing 262 recipes for preparing healthful dishes.

Address

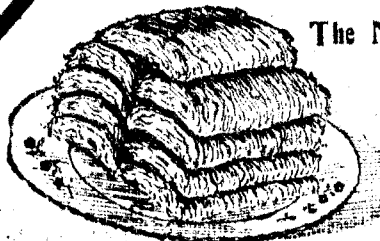
The Natural Food Co.

32 CHURCH ST.

Shredded Wheat  
Biscuit

For Sale By  
All Grocers.

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## Independent Order of Foresters

Membership 214,000. Accumulated funds over 7,000,000 of dollars. All premiums cease at 70 years of age, and at any age if member is totally and permanently disabled. Claims already paid \$14,000,000, now paying to widows and orphans \$6050 per day.

ORONHYATEKHA, M.D., J.P.,  
Supreme Chief Ranger

John A. McQuillvary, K.C.  
Supreme Secretary

HEAD OFFICE: TEMPLE BUILDING,

TORONTO