

CANADIAN OUT-DOOR LIFE.

PUBLISHED MONTHLY BY THE NATIONAL SANITARIUM ASSOCIATION OF CANADA FROM THEIR OFFICES, 28 ADELAIDE STREET W. (SATURDAY NIGHT BUILDING), TORONTO, CAN.

A MAGAZINE devoted to the gospel of out-door life in the treatment of tuberculosis and the value of fresh air and hygienic living for everyone.

SUBSCRIPTION PRICE, \$2.00 a year to any point in Canada, United States or within the postal union. Single copies, 10 cents.

ADVERTISEMENTS accepted only from reliable firms. Advertising rates upon request.

CHANGE OF ADDRESS. Subscribers should notify us promptly of any change in their address. Always give the old as well as new address.

ADDRESS ALL COMMUNICATIONS, business and editorial, to J. S. ROBERTSON, Secretary National Sanitarium Association and Manager "Canadian Out-Door Life," 28 ADELAIDE ST. WEST (Saturday Night Building) - - - TORONTO, CAN.

SANATORIA AND NEAR-BY TOWNS

AT the present time when not a few municipalities are moving in the direction of establishing sanatoria or hospitals for consumptives in their midst, it may be timely to present some figures showing the influence of such institutions on the prosperity of the towns or communities where sanatoria have had an existence for a period of years.

"Population will surely decrease in any town where a sanatorium for the treatment of tuberculosis finds an existence." Common talk so affirms. Facts will not bear out the contention.

Gravenhurst is the post office town of the Muskoka Cottage Sanatorium and the Muskoka Free Hospital for Consumptives, the two institutions of the National Sanitarium Association, established in 1896 and 1902 respectively.

The assessor's roll shows that the population of this town was 1253 in 1885, 1848 in 1895, and 2482 in 1905 an increase that any municipality might be proud of.

During the past year the town has probably enjoyed a greater degree of prosperity than at any time in its history. Concrete sidewalks, the equal of those of our larger cities, have been laid, and at the present time workmen are busy bringing to completion the establishment of electric power on a scale that it is expected will make Graven-

hurst one of the most important manufacturing towns of the north.

The Gravenhurst *Banner* dealing with this question rather more than a year ago said:

"No case of consumption in town or district can be traced to its (the Sanatorium's) presence. . . . That the Sanatorium is a benefit to the town and the farmers in the district is a certainty. . . . There are no empty houses to be had. . . . There is more business done in Gravenhurst to-day than ever before. . . . Our town was never as prosperous or the future as bright than at the present."

In 1895, the total assessment of the town was \$266,750; in 1905, \$423,945; or an increase of 59 per cent. in less than a decade.

The figures of Goerbersdorf, Germany, the seat of a successful sanatorium of nearly fifty years standing, are frequently given as evidence of the relationship of a sanatorium to the health of the people.

DEATHS FROM PULMONARY TUBERCULOSIS.

1790-1799.....	14	1840-1849.....	6
1800-1809.....	5	1850-1859.....	7
1810-1819.....	9	1860-1869.....	4
1820-1829.....	9	1870-1879.....	5
1830-1839.....	8	1880-1889.....	5

Data from other sources could easily be added, all showing to what extent foolish fears and prejudice have given currency to statements that will in no particular bear comparison with the facts.