

WHAT AILS THE MODERN GIRL?—A writer in *Harper's Bazaar* makes a pretty close diagnosis for a layman, as to what ails the modern girl, at least a good many of her. It is well deserving of record as an *indicatio causalis* in the disease which is so often the despair of the doctor. "The modern girl hardly knows what she wants, whether it is the higher education, an æsthetic wardrobe, love or fame. She plays tennis and progressive euchre, and flirts and does Kensington work, and reads Herbert Spencer, and very often writes; she dabbles in music and talks theosophy, and if there are more things in heaven and earth than are dreamed of in her philosophy, one questions, what they can be. Withal, she is as restless as the wind. She does not love the quiet of home; she lives on excitement; she goes to Europe, to the springs, the mountains, the theatres, the receptions, if she can get there, or to the modiste; she can always fall back upon clothes as a diversion, and, when everything else fails, she has nervous prostration and a trained nurse. In fact, the chief trouble with the modern girl, be she rich or poor, is that she does either too much, keeps her nerves on the strain, and by and by goes to the other extreme, and does literally nothing but consume drugs, talk of her ills, and consult the Christian scientists; or she has no real interests, fritters away her time in shallow pursuits, becomes pessimistic and dyspeptic, dissatisfied with herself and all the world; cries and questions if life is worth living, and feels especially blue on holidays. The remedy for all this is, perhaps, an object in life; those who are well and unselfishly occupied do not question if life is worth living; they know it is; and whether they are busy in the shoe factory, behind a counter, at the fireside, in the kitchen or the dining-room, so long as they are busy and not shirking or reaching forward for something more congenial, and neglecting present duty, their minds are at rest and uninvaded by despondency. One of the best remedies for depression of spirits is the effort to bestow happiness; it has been known to prove effectual when all other methods have failed; when novels and new gowns, and cod-liver oil, and bovine, and bromide; when admiration and flattery are no more serviceable than an abracadabra or any

heathen spell. Melancholy or other ills of this nature are the direct result of a too strong egotism, and an absorbing interest in others is a safe and agreeable medicine, and is usually the last thing a modern girl tries."—*Boston Medical and Surgical Journal*.

Births, Marriages, and Deaths.

BIRTHS.

CLEMENS.—On Feb. 3rd, at "Blairholme," Port Perry, Ont., the wife of G. H. Clemens of a daughter.

MARRIAGES.

MORDEN-CLARK.—On Feb. 1st, at Adolphustown, J. B. Morden, M.D., Picton, to Miriam A. Clark, Adolphustown.

CAMPBELL-DALE.—On Wednesday, 25th of January, by the Rev. Wesley Casson, at the residence of the bride's mother, Alexander A. Campbell, M.B., Warton, to Elizabeth, daughter of the late John Dale, Esq., Mitchell.

BELFRY-SUTHERLAND.—On the 16th of February, at the Methodist Parsonage, Windsor, by the Rev. Geo. W. Henderson, assisted by the Rev. J. M. Hodson, B.A., Oran Merton Belfry, M.D., of Saginaw City, to Clara Sutherland, of London, Ont.

WOODGATE-COVERNTON.—Dec. 29th, at the parish church of Rosario de Santa Fe, Henry Hammond, second son of Frederic Woodgate, Esq., of Buenos Ayres, to Fanny, eldest daughter of Dr. W. Covernton, of Rosario, and granddaughter of Dr. Covernton, of this city.

DEATHS.

MCCOLLUM.—On Monday, Feb. 13th, at 154 Jarvis Street, John H. McCollum, M.D., aged 47 years.

MURRAY.—On Feb. 12th, at New Glasgow, N.S., George Murray, M.D., ex-M.P.P. for Pictou.

MCGUIRE.—On Saturday, February 11th, at Guelph, Marianna, wife of E. W. McGuire, M.D., of that city.

ZIMMERMAN.—On Saturday, Feb. 4th, at 283 Church Street, Richard Zimmerman, M.D., L.R.C.P. London, aged 37 years.

JACKES.—On Feb. 8th, at Winnipeg, Albert G. Jackes, M.D., son of the late Franklin Jackes, of Eglinton, Ont., aged 44 years.

CASSELS.—On Feb. 3rd, at Bedford, P.Q., of inflammation of lungs, James McNab Cassels, M.D., eldest son of the late Robert Cassels, aged 48 years and 6 months.