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last lesson, and so that the class tuation.

his led the marvas passed, and 10) they set sail. This was the aquilo, an east3. The ship was at the mercy of the winds. Explain that the ships of Paul's day were quite unlike the great steamships of our times.

4. As a means of safety the ship was lightened by throwing out the tackling—that is, whatever was movable. The cargo, which consisted of wheat, was kept until the last (verse 38).

5. Putt's vision. Hope had been abandoned by all except Paul, who showed how superior was the power that actuated him to that in which the others trusted. Standing among them he declared that he had seen the Lord's angel.

6. Paul's exhortation. Then he exhorted them to be of good cheer, because it was God's will that he should be brought before Cæsar, and for his servant's sake God would take care of all the others.

7. The result was that, although they were greatly frightened, the shipmen heeded Paul's advice, and stayed by the ship until she struck, when they all escaped safely to Melita.

Do not dwell so long on the details of the story, as to leave no time for the application. Try to see the various incidents. Give them in outline so that the pupils will see the essentials and thus remember them. Then by questions draw from the pupils the lesson story. Finally let some member of the class give it in his own words.

## APPLICATION.

I. Let the class read verse 23, then take their pads, and each one print for himself: "I BELONG TO" and underneath the name of the one who the pupil really thinks is his master. If the truth were told there would be some strange revelations of ownership. Perhaps all will write, "I BELONG TO GOD." It may be well to speak of some who are considered masters. Many a person says, "I belong to myself." Others say, "I belong to my parents." Some, who are obliged to work hard, say, "I am a slave, I belong to my employer." Some who think they are free are really slaves to self, to Satan, to the world, or to some one who has an evil influence over them.

Try to have the pupils realize that they belong to God for two principal reasons:

1. He made them.

2. He redeemed them with a great price.

Show the article made by the teacher and explain that it is his because he made it. God made us, and because he is our Creator we belong to him.

Then holding up the cross, briefly tell the story of him who died thereon to redeem the members of the class. Ask: Do you realize that you belong to him? If the answer is in the affirmative, ask: What are you doing to show that you belong to God?

II. Now have written on the pads: "I SERVE."
If the truth were told perhaps many would have
to put under this some such word as "SELF;"
"SATAN;" "THE WORLD."

Perhaps all will print: "THE LORD." Dwell on the fact that those who belong to God ought to serve him, and have those who are willing to live up to their obligation print the following on their pads: "I WILL SERVE THE LORD BECAUSE I BELONG TO HIM."

References.

Freeman. Ver. 16: The skiff, 855. Ver. 17: Undergirding, 856.

## OPTIONAL HYMNS.

Thou art my shepherd.
In thy cleft, O Rock of Ages.
In the secret of his presence.
If on a quiet sea.
My times are in thy hands.

Jesus, Saviour, pilot me.
Master, the tempest is raging.
When in the tempest hell hide me.
Out on the midnight deep.
I am safe on the Rock.

## Blackboard.



## Thoughts for the Quiet Hour.

- At the beginning the Lord created trees with fruit on them; not a trunk, or a stock, but flourishing and abundant; so in our new creation, the tree of faith, it is presently furnished with the fruits of piety.—Bishop Brownrig.
- "Boast not thyself of to-morrow;" think not that, because the wind is now favorable, it will continue to prevail; "for thou knowest not what a day may bring forth:" the gentle south wind may be followed by a tempest.—Starke.
- -- Bind together your spare hours by the cord of some definite purpose.—Taylor.